

South Bay Champs

West Torrance High School
20401 Victor Street • Torrance, CA 90503

Frosh/Soph: Friday, April 17th
Field Events and Running Events: 5pm

Varsity: Saturday, April 18th
Field Events and Running Events: 6pm

Thank you for taking interest in the South Bay Championships. This will be run as a South Bay Championship meet with traditional races and somewhat of a traditional schedule. It should be an exciting event for all of the athletes to compete at night under the lights. The following information should help you with the details of the meet.

How do I do my entries?

Please log on to episports.com and set up an account if you do not already have one. Set up your roster and then enter your athletes in the events they would like to compete in.

When are entries due?

Entries Open Now

Entries will close at 5pm on Monday, April 13th

A performance list will be posted on our website: www.westhightrack.com by Wednesday night, April 15th (maybe sooner), so that you can notify your athletes as to who will be competing.

What about meet entry fees?

Payment must be received prior to the meet. Entry fees are as follows: \$400 for your entire team (boys/girls/frosh-soph and varsity) or \$100 for any one part of the package. If you want to pay by athlete it will be \$10 per event. Thanks to all of you who have already taken care of this☺.

How many athletes will compete?

**All entries in the following events will be allowed to compete:
1600m, 100m, Long Jump, Shot put.**

We will be taking the top 32 marks in the South Bay in the other running and field events

Throws will be divided into flights, long/triple jump pits will be open for 75 minutes and vertical jumps will use the 5 Alive Method).

Jason Druten
310-701-8923
DRUTEN@OUTLOOK.COM