

Hosted by Arizona State University March 25-26, 2016

## Friday, March 25, 2016

FIELD EVENTS (Women first, Men to follow)

2:30 PM Hammer

5:05 PM Javelin

7:30 PM 5,000m

## Saturday, March 26, 2016

FIELD EVENTS (Women first, Men to follow)

2:30 PM Discus

5:00 PM Pole Vault

5:30 PM Long Jump

6:00 PM High Jump

6:30 PM Shot Put

8:00 PM Triple Jump

## RUNNING EVENTS (Women first, Men to follow)

6:15 PM National Anthem

6:20 PM 100m Hurdles Women

6:35 PM 110m High Hurdles Men

6:45 PM 100m Wheelchair (exhibition)

6:50 PM 4x100m Relay

7:00 PM 1500m

7:23 PM 400m Dash

7:35 PM 100m Dash

7:45 PM 800m Run

8:05 PM 400m Hurdles

8:18 PM 200m Dash

8:35 PM 3000m Steeplechase

9:15 PM 4x400m Relay















