



# Great Cow Run

9.2.2017 - Don Knabe Park, Cerritos, CA

## Race 5 - Girls Varsity - 3 Mile

9/2/2017 - 8:50am

### team race results

place	team	score	team time	runner avg	avg mile	5 man gap	finish order	scoring order
1	CALIFORNIA SS	82	1:35:16	19:03	6:21	0:45	9, 13, 16, 20, 26, 65, 66, 88	9, 13, 16, 19, 25, 62, 63
2	FOUNTAIN VLLY	135	1:36:10	19:14	6:24	2:03	5, 15, 25, 32, 63, 109, 135, 153, 192, 198	5, 15, 24, 31, 60, 103, 127
3	SAN JUAN HILLS	213	1:37:58	19:35	6:32	1:44	10, 11, 47, 71, 82, 107, 117, 195	10, 11, 46, 68, 78, 102, 111
4	LAGUNA BEACH	213	1:37:49	19:34	6:31	2:17	3, 33, 53, 55, 75, 115, 132, 134	3, 32, 52, 54, 72, 109, 125
5	REDLANDS	243	1:39:16	19:51	6:37	1:14	18, 44, 52, 58, 80, 123, 205	17, 43, 51, 56, 76, 116, 185
6	AYALA	245	1:37:52	19:34	6:31	2:59	1, 34, 68, 69, 84, 89, 104, 108, 148	1, 33, 65, 66, 80, 84, 99
7	PARAMOUNT	251	1:39:30	19:54	6:38	0:53	28, 38, 40, 77, 79, 150, 170	27, 37, 39, 73, 75, 141, 159
8	WILSON/LB	270	1:39:42	19:56	6:38	1:31	19, 49, 50, 59, 103, 133, 173	18, 48, 49, 57, 98, 126, 161
9	SAGE CREEK	274	1:39:07	19:49	6:36	2:22	7, 37, 42, 90, 111, 125, 176	7, 36, 41, 85, 105, 118, 163
10	SOUTH TORRANCE	286	1:40:07	20:01	6:40	0:56	29, 48, 61, 74, 85, 93, 194	28, 47, 59, 71, 81, 88, 177
11	LOS ALAMITOS	290	1:39:19	19:51	6:37	2:22	6, 45, 60, 86, 105, 114, 126	6, 44, 58, 82, 100, 108, 119
12	MATER DEI SS	310	1:40:23	20:04	6:41	1:24	22, 24, 72, 101, 106	21, 23, 69, 96, 101
13	KATELLA	347	1:40:51	20:10	6:43	2:29	12, 36, 78, 100, 139, 161, 219	12, 35, 74, 95, 131, 150, 196
14	TORRANCE	370	1:40:31	20:06	6:42	3:05	4, 46, 83, 127, 129, 159, 164, 177, 183, 199	4, 45, 79, 120, 122, 148, 153
15	YORBA LINDA	377	1:41:33	20:18	6:46	1:18	35, 39, 92, 112, 119, 130, 137, 158, 174	34, 38, 87, 106, 112, 123, 129
16	SANTA MARGARITA	394	1:41:52	20:22	6:47	2:11	21, 23, 98, 131, 143	20, 22, 93, 124, 135
17	EDISON-HB	401	1:42:52	20:34	6:51	2:47	41, 57, 67, 81, 179, 181	40, 55, 64, 77, 165, 167
18	CENTENNIAL-COR	443	1:41:46	20:21	6:47	4:01	2, 70, 95, 140, 163, 191	2, 67, 90, 132, 152, 175
19	ROSEMEAD	468	1:44:11	20:50	6:56	3:14	30, 31, 110, 142, 186	29, 30, 104, 134, 171
20	DOWNEY SS	496	1:45:18	21:03	7:01	6:00	8, 14, 146, 156, 211	8, 14, 138, 146, 190
21	EL RANCHO	499	1:43:51	20:46	6:55	2:10	27, 99, 113, 136, 154, 171, 189	26, 94, 107, 128, 144, 160, 173
22	POLY (LB)	523	1:44:21	20:52	6:57	1:30	51, 102, 120, 138, 141, 162, 175	50, 97, 113, 130, 133, 151, 162
23	MARINA	544	1:45:34	21:06	7:02	2:20	64, 73, 96, 169, 178, 220	61, 70, 91, 158, 164, 197



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# Race 5 - Girls Varsity - 3 Mile

9/2/2017 - 8:50am

## team race results

place	team	score	team time	runner avg	avg mile	5 man gap	finish order	scoring order
24	SANTA ROSA	573	1:45:03	21:00	7:00	1:02	91, 116, 124, 128, 147, 151, 157	86, 110, 117, 121, 139, 142, 147
25	IRVINE	662	1:50:46	22:09	7:23	5:06	43, 97, 165, 200, 215	42, 92, 154, 180, 194
26	CERRITOS	705	1:49:17	21:51	7:17	2:33	94, 121, 168, 184, 193, 203	89, 114, 157, 169, 176, 183
27	BELL GARDENS	727	1:49:53	21:58	7:19	2:33	87, 155, 166, 185, 190, 197	83, 145, 155, 170, 174, 179
28	BELLFLOWER	738	1:53:20	22:40	7:33	4:17	54, 144, 201, 202, 207, 209, 212	53, 136, 181, 182, 186, 188, 191
29	HUNTINGTON BCH	747	1:50:03	22:00	7:20	2:19	122, 145, 160, 182, 196, 204, 213, 216, 218, 221	115, 137, 149, 168, 178, 184, 192
30	WHITNEY SS	845	1:55:17	23:03	7:41	3:09	152, 167, 180, 208, 214, 217, 225	143, 156, 166, 187, 193, 195, 200
31	MAYFAIR /SS	898	2:03:27	24:41	8:13	5:48	149, 188, 210, 222, 223	140, 172, 189, 198, 199
DNP	RANCHO VERDE		19:06	19:06	6:22		17	1 Runner
DNP	BISHOP AMAT		20:18	20:18	6:46		76	1 Runner
DNP	CONTRERAS LC		1:39:08	24:47	8:15		56, 187, 224, 226	4 Runners
DNP	KENNEDY SS		1:27:24	21:51	7:17		62, 118, 172, 206	4 Runners



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9.2.2017 - Don Knabe Park, Cerritos, CA

## Race 5 - Girls Varsity - 3 Mile

9/2/2017 - 8:50am

### individual race results

place	name	grade	school	time	points	place	name	grade	school	time	points
1	MIKAELA RAMIREZ	11	Ayala	17:25.8	1	36	PAOLA GAMEZ	11	Katella	19:37.2	35
2	RYLEE PENN	12	Centennial-Cor	17:48.0	2	37	LAVANYA PANDEY	10	Sage Creek	19:37.5	36
3	EVIE CANT	12	Laguna Beach	17:58.5	3	38	REBECCA MEJIA	10	Paramount	19:40.7	37
4	ARIANA ANDERSON	12	Torrance	18:03.7	4	39	BELLA WACHTER	10	Yorba Linda	19:41.2	38
5	ASHLEY FALLER	11	Fountain Vly	18:04.5	5	40	MARICARMEN AYALA	12	Paramount	19:42.7	39
6	DELANEY SANACORE	12	Los Alamitos	18:20.4	6	41	AVERY DORFF	12	Edison-HB	19:43.7	40
7	SKYLER WALLACE	10	Sage Creek	18:27.0	7	42	BROOKLYNN DEAL	11	Sage Creek	19:43.7	41
8	LAURA VELASCO	11	Downey SS	18:37.1	8	43	REBECCA REA	11	Irvine	19:44.1	42
9	ASHLEY URIOSTEGUI	12	California SS	18:39.8	9	44	RINI PERENCNIK	11	Redlands	19:44.7	43
10	KIRSTEN BREHMER	10	San Juan Hills	18:40.4	10	45	AMANDA MUNIZ	11	Los Alamitos	19:45.0	44
11	KATIE HANSEN	11	San Juan Hills	18:48.6	11	46	MEGAN NEUMANN	12	Torrance	19:49.3	45
12	SUSET MALDONADO	12	Katella	18:53.8	12	47	SOLEI SARMIENTO	11	San Juan Hills	19:50.8	46
13	STEPHANIE REYNOSO	11	California SS	18:55.4	13	48	KANON MORI	11	South Torrance	19:52.3	47
14	ADRIANA HIGUERA	12	Downey SS	18:57.0	14	49	ALIYAH MESIHOVICH	10	Wilson/LB	19:53.8	48
15	SARA FEITZ	11	Fountain Vly	18:59.0	15	50	RUBY PROSSER	11	Wilson/LB	19:54.4	49
16	ARIANA CHACON	12	California SS	19:02.1	16	51	SYDNEY CARLSON	11	Poly (Lb)	19:55.1	50
17	KIMBERLY LIMA	10	Rancho Verde	19:06.1		52	SERENA PLUMB	10	Redlands	19:57.5	51
18	CHELSEY ROMO	10	Redlands	19:08.7	17	53	SIERRA READ	10	Laguna Beach	19:58.9	52
19	RYANN MAYO	10	Wilson/LB	19:10.2	18	54	MELISSA FLORES	10	Bellflower	19:59.9	53
20	ZOE GURULE	11	California SS	19:14.4	19	55	JESSIE ROSE	9	Laguna Beach	20:00.1	54
21	TAMARA HIRSCHMAN	10	Santa Margarita	19:15.1	20	56	GEORGINA HENRIQUEZ	12	Contreras LC	20:00.8	
22	BERENICE RODRIGUEZ	9	Mater Dei SS	19:20.3	21	57	LAUREN HAMEL	12	Edison-HB	20:01.9	55
23	SOPHIE GETZ	11	Santa Margarita	19:21.1	22	58	ISABELLE SWANSON	12	Redlands	20:02.5	56
24	CLAUDIA STIGLITZ	12	Mater Dei SS	19:22.3	23	59	SABRINA DELBELLO	12	Wilson/LB	20:02.8	57
25	ISABELLA GUERRA	11	Fountain Vly	19:23.2	24	60	SOPHIA CRAIG	12	Los Alamitos	20:03.9	58
26	KATE MATA	12	California SS	19:25.1	25	61	ASHLEY HUANG	12	South Torrance	20:04.3	59
27	JESSICA HERNANDEZ	11	El Rancho	19:26.9	26	62	SUNG MIN CHANG	11	Kennedy SS	20:06.2	
28	BRIANA DIAZ	12	Paramount	19:27.4	27	63	ANNA GOELLER	11	Fountain Vly	20:08.0	60
29	CLARA CHAN	11	South Torrance	19:29.1	28	64	MELISSA MENDEZ	12	Marina	20:10.0	61
30	CASSANDRA CHIN	12	Rosemead	19:33.8	29	65	SERENA LOPEZ	12	California SS	20:10.1	62
31	MELANIE MACH	11	Rosemead	19:35.2	30	66	VIVIAN FLORES	12	California SS	20:10.7	63
32	MADDIE JAHSHAN	10	Fountain Vly	19:35.3	31	67	JAYLEN SHERMAN	10	Edison-HB	20:11.6	64
33	HANNAH KONKEL	11	Laguna Beach	19:35.9	32	68	JEANIE COX	12	Ayala	20:12.3	65
34	ERIN FACENDA	11	Ayala	19:36.4	33	69	MAKENA MORRIS	12	Ayala	20:12.5	66
35	PAYTON JANISH	11	Yorba Linda	19:36.7	34	70	AVA NOUCHI	10	Centennial-Cor	20:13.1	67



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9/2/2017 - 8:50am

## individual race results

place	name	grade	school	time	points	place	name	grade	school	time	points
71	HEATHER JOHNSON	12	San Juan Hills	20:14.4	68	112	KAILEY COOK	10	Yorba Linda	20:49.4	106
72	CAMILLE MCDONNELL	12	Mater Dei SS	20:15.5	69	113	ESTEPHANIE REYES	10	El Rancho	20:49.7	107
73	GRACE ELLIS	11	Marina	20:15.9	70	114	HEATHER DOLLINS	11	Los Alamitos	20:50.8	108
74	MIA TRODDEN	10	South Torrance	20:16.1	71	115	KAITLIN RYAN	10	Laguna Beach	20:51.1	109
75	EMILY ENGEL	11	Laguna Beach	20:16.3	72	116	MARIE DOYLE	12	Santa Rosa	20:52.5	110
76	GIA CARRERA	11	Bishop Amat	20:18.2		117	MAKENZIE MONCRIEF	10	San Juan Hills	20:54.0	111
77	FERNANDA CORONA	12	Paramount	20:19.1	73	118	ELIZABETH SILENGO	12	Kennedy SS	20:54.0	
78	ANNIE QUACH	12	Katella	20:19.8	74	119	HANNAH IRELAND	10	Yorba Linda	20:55.6	112
79	NATALIE ACOSTA	10	Paramount	20:21.0	75	120	AISLINN BAUTISTA	10	Poly (Lb)	20:57.2	113
80	NIKITA FRICHE	12	Redlands	20:23.4	76	121	LAURA SATO	12	Cerritos	20:58.6	114
81	HANNAH GALLEGOS	12	Edison-HB	20:24.2	77	122	LAUREN HIMES	11	Huntington Bch	20:58.6	115
82	MADDY SIU	12	San Juan Hills	20:24.6	78	123	SOPHIA MENDOZA	11	Redlands	21:00.2	116
83	KIRA FARNHAM	11	Torrance	20:25.1	79	124	JORDAN PRIDE	10	Santa Rosa	21:01.1	117
84	BRIANNA KING	10	Ayala	20:25.3	80	125	TRISTIN HOFFMAN	10	Sage Creek	21:01.9	118
85	EMMA GLOYER	11	South Torrance	20:25.9	81	126	DELANEY FALSKEN	12	Los Alamitos	21:03.7	119
86	AMBER DEMARCO	11	Los Alamitos	20:26.5	82	127	PAIGE BEEDY	12	Torrance	21:03.8	120
87	JIMENA VAZQUEZ	10	Bell Gardens	20:27.6	83	128	JACQUE HALE	11	Santa Rosa	21:07.7	121
88	ISABELA GARCIA	11	California SS	20:28.6		129	JULIA CATIPON	11	Torrance	21:09.5	122
89	ALLISON OH	12	Ayala	20:29.1	84	130	GRACE CAMPBELL	12	Yorba Linda	21:11.3	123
90	NATALIE HUESTIS	10	Sage Creek	20:29.6	85	131	HAILEY FRANZEN	12	Santa Margarita	21:12.8	124
91	CAROLINE DUFFY	11	Santa Rosa	20:29.8	86	132	SIDNEY SCHAEFGEN	9	Laguna Beach	21:18.4	125
92	JAYLIN MANDLEY	12	Yorba Linda	20:30.4	87	133	HILLARY SIM	11	Wilson/LB	21:19.0	126
93	PREETHY ABRAHAM	12	South Torrance	20:31.1	88	134	ANGELINA DYRNAES	10	Laguna Beach	21:19.3	
94	JAIDE LIN	11	Cerritos	20:31.2	89	135	ABBEY ROSE	10	Fountain Vly	21:19.7	127
95	EMILY MORAN	12	Centennial-Cor	20:31.8	90	136	JAZMIN MORALES	12	El Rancho	21:20.9	128
96	MEGAN HINES	10	Marina	20:31.8	91	137	AMAYA COLBURN	11	Yorba Linda	21:21.6	129
97	FLORENCE LEE	11	Irvine	20:36.3	92	138	CHELSEA CRIM	12	Poly (Lb)	21:22.2	130
98	KADEN JACOBS	12	Santa Margarita	20:36.9	93	139	TIFFANY RAMIREZ	12	Katella	21:23.7	131
99	DESTINY RIVERA	11	El Rancho	20:36.9	94	140	TATIANA PETERS	12	Centennial-Cor	21:24.0	132
100	DIANA RAMIREZ	9	Katella	20:36.9	95	141	CHLOE FUSON	10	Poly (Lb)	21:26.0	133
101	ABIGAIL SPITZER	12	Mater Dei SS	20:40.6	96	142	HELEN TAN	11	Rosemead	21:26.5	134
102	FIONA O'LEARY	12	Poly (Lb)	20:41.0	97	143	OLIVIA DELARIVA	12	Santa Margarita	21:26.6	135
103	DARIA RABY	12	Wilson/LB	20:41.7	98	144	CHRISTINA LORTA	11	Bellflower	21:26.7	136
104	SOPHIA BYERS	9	Ayala	20:43.0	99	145	SIERRA GREEN	10	Huntington Bch	21:27.0	137
105	ANNIE BLISS	12	Los Alamitos	20:43.2	100	146	CAMILA AGUILAR	11	Downey SS	21:28.1	138
106	CAMERON MARTINEZ	11	Mater Dei SS	20:44.4	101	147	ANIKA WILLIAMS	11	Santa Rosa	21:31.9	139
107	EMILY THRALL	10	San Juan Hills	20:44.9	102	148	KATIE BASSETT	10	Ayala	21:32.9	
108	MEGAN OH	10	Ayala	20:46.3		149	WENDY VILLALOBOS	10	Mayfair /ss	21:33.2	140
109	ELLIE PETERSON	10	Fountain Vly	20:47.7	103	150	DANIELA SANTOS	10	Paramount	21:34.6	141
110	WANQIAN WU	10	Rosemead	20:47.7	104	151	BRIA KEELTY	11	Santa Rosa	21:34.7	142
111	MADISON STRINGFELLOW	10	Sage Creek	20:49.2	105	152	SUNITHA VALLINAYAGAM	12	Whitney SS	21:34.9	143



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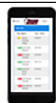
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## individual race results

place	name	grade	school	time	points	place	name	grade	school	time	points
153	GRACE PETERSON	10	Fountain Vlly	21:35.4		194	DESIREE POWERS	12	South Torrance	23:08.1	177
154	ROCIO ESTRADA	10	El Rancho	21:37.1	144	195	TOMMI CARVALHO	10	San Juan Hills	23:15.3	
155	DARLING GONZALEZ	11	Bell Gardens	21:39.1	145	196	JAYME LEMUS	11	Huntington Bch	23:17.9	178
156	VANESSA VANDA	12	Downey SS	21:39.6	146	197	ASHLEY CEA	11	Bell Gardens	23:21.5	179
157	SEDONA HOWELL	11	Santa Rosa	21:41.0	147	198	LAUREN KORALEK	10	Fountain Vlly	23:31.1	
158	AVI CALAVITTA	12	Yorba Linda	21:42.5		199	EMILY PEAY	12	Torrance	23:31.7	
159	KIERSTEN CARROLL	12	Torrance	21:43.1	148	200	MEGAN VU	12	Irvine	23:39.2	180
160	ASHLEY ETHIER	10	Huntington Bch	21:44.4	149	201	RAQUEL MORALES	12	Bellflower	23:43.8	181
161	LUCERO TORRES	12	Katella	21:46.8	150	202	PAULINA PONTON	10	Bellflower	23:52.7	182
162	JULIA SOLANO	12	Poly (Lb)	21:48.2	151	203	PATRICIA GOMEZ	11	Cerritos	23:58.2	183
163	ANAGORETTI CASTRO	12	Centennial-Cor	21:49.2	152	204	GENEVIEVE MANGOLD	11	Huntington Bch	24:05.7	184
164	KANON LOPEZ	11	Torrance	21:53.1	153	205	EVELYN MARTINEZ	10	Redlands	24:05.7	185
165	FAITH LEE	10	Irvine	21:56.2	154	206	LUCILLE MARIN	11	Kennedy SS	24:10.9	
166	KATIE VELASQUEZ	11	Bell Gardens	21:59.9	155	207	DIANA HERNANDEZ	10	Bellflower	24:17.4	186
167	CHRISTINE MIKA HAMAKAWA	11	Whitney SS	22:00.6	156	208	ANGELINA CRITTENDEN	12	Whitney SS	24:25.8	187
168	CLAIRE LEE	11	Cerritos	22:03.7	157	209	ALANNHA SANCHEZ	11	Bellflower	24:27.2	188
169	MARIA SAPORITO	12	Marina	22:06.4	158	210	VERONIKA FERRELL	11	Mayfair /ss	24:29.4	189
170	KARLA PELCASTRE	12	Paramount	22:09.9	159	211	JILLIAN RAMIREZ	11	Downey SS	24:37.1	190
171	HAYA VILLARREAL	11	El Rancho	22:11.7	160	212	ASHLYN PUENTE	11	Bellflower	24:38.4	191
172	HANNAH LARVIN	11	Kennedy SS	22:13.4		213	EDEN HENRY	10	Huntington Bch	24:43.9	192
173	REBEKAH PINEDO	10	Wilson/LB	22:15.1	161	214	JOANNA HUANG	11	Whitney SS	24:44.2	193
174	KATIE VALDEZ	10	Yorba Linda	22:16.4		215	SUMMER ZIMMERMAN	11	Irvine	24:50.4	194
175	LAURA YONTZ	10	Poly (Lb)	22:17.3	162	216	HANNAH SJORGREN	12	Huntington Bch	24:52.9	
176	ARIANA BECKETT	11	Sage Creek	22:18.1	163	217	SARA RYAVE	11	Whitney SS	25:08.4	195
177	LEAH ADAME	12	Torrance	22:23.8		218	LIANA BRANYAN	10	Huntington Bch	25:38.8	
178	SOPHIA FLORES	11	Marina	22:30.1	164	219	CHRISTINA MEDINA	12	Katella	25:58.5	196
179	JULIA KEOUGH	12	Edison-HB	22:30.7	165	220	KELLY JUSTIN	11	Marina	26:19.3	197
180	EMMA CENTENO	11	Whitney SS	22:31.8	166	221	RACHEL FRANCIOSA	10	Huntington Bch	27:06.9	
181	DANIELLE PHILLIPS	12	Edison-HB	22:34.3	167	222	SAMANTHA VILLEGAS	10	Mayfair /ss	27:12.5	198
182	KYLA MCNARMA	11	Huntington Bch	22:35.4	168	223	VIANEY GAMEZ	10	Mayfair /ss	27:21.2	199
183	DAISY CENDEJAS	12	Torrance	22:35.9		224	MERARI MEJIA	12	Contreras LC	27:21.4	
184	MARIE CHU	12	Cerritos	22:38.8	169	225	JILLIAN MORRIS	12	Whitney SS	28:46.1	200
185	JESSY VERJAN	10	Bell Gardens	22:46.3	170	226	SILVIA SUAREZ	12	Contreras LC	28:55.7	
186	JILLIAN NGO	12	Rosemead	22:48.3	171						
187	GENESIS SANTOS	12	Contreras LC	22:50.3							
188	TORI CASTILLO	12	Mayfair /ss	22:51.1	172						
189	GEYSHA GOVEA	11	El Rancho	22:55.0	173						
190	SUZETT MACIAS	11	Bell Gardens	23:00.7	174						
191	GISELLE SOTO	12	Centennial-Cor	23:04.5	175						
192	SAVANNAH BUHMAN	12	Fountain Vlly	23:04.5							
193	ISHA PEMA	11	Cerritos	23:05.0	176						



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