**LA SIERRA AND MARTIN LUTHER KING HIGH SCHOOLS WELCOME YOU TO THE THIRD ANNUAL RUNNING OF THE:**

**RIVERSIDE SHOWCASE**

**CROSS COUNTRY INVITATIONAL**

**SATURDAY, SEPT. 2, 2017**

**LA SIERRA AND MARTIN LUTHER KING HIGH SCHOOL INVITE YOU TO TAKE PART IN THE THIRD ANNUAL RIVERSIDE SHOWCASE!! AT THE NEW RIVERSIDE CITY CHAMPIONSHIP CROSS COUNTRY COURSE---THE SITE OF THE 2017 CIF CROSS COUNTRY PRELIMS AND FINALS!! WE HOPE THIS MEET SERVES AS A GOOD EARLY SEASON INDICATOR OF WHERE YOUR TEAM IS AND AS AN OPPORTUNITY TO PROMOTE THE SPORT OF CROSS COUNTRY WITHIN THE INLAND EMPIRE AND BEYOND!! IF YOU ARE INTERESTED OR HAVE ANY QUESTIONS, PLEASE CONTACT EITHER JOHN CORONA OF KING HIGH SCHOOL OR WILL JACOBSMEYER OF LA SIERRA HIGH AT THE BELOW NUMBERS.**

**HOPE TO SEE YOU ON SATURDAY SEPTEMBER 2, 2017**

**JOHN CORONA WILL JACOBSMEYER(Ret.)**

**CO-MEET DIRECTOR CO-MEET DIRECTOR**

**KING HIGH SCHOOL LA SIERRA HIGH SCHOOL**

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**951-789-5690-ext. 62028**

**DATE AND TIME--SATURDAY, SEPT 2,  2017**

**FIRST RACE SET TO GO OFF AT 7:30 AM**

**LOCATION--EVENT WILL BE RUN ON THE RIVERSIDE CITY CHAMPIONSHIP CROSS COUNTRY COURSE (OLD RIVERSIDE GOLF COURSE) AT 1011 ORANGE STREET IN RIVERSIDE. IT IS ON THE CORNER OF ORANGE AND COLUMBIA. THE COURSE FOR THIS MEET IS 2.25 MILES OVER 13 ELEVATION CHANGES (OLD TEE BOXES AND GREENS).**

**DIVISIONS--THERE WILL BE A LARGE SCHOOLS (LS) AND SMALL SCHOOLS (SS) DIVISION THAT FEATURE BOYS AND GIRLS VARSITY/JV AND SOPH/FROSH LEVELS—A TOTAL OF 12 RACES ON THE DAY**

**SCHEDULE OF RACES**

Race/Div\_\_\_\_\_\_\_\_\_\_\_\_\_Gender\_\_\_\_\_\_\_\_\_\_\_\_\_Level\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Approx. Time

1LS Boys JV 7:30 am

2LS Girls JV 7:55 am

3LS Boys FS 8:20 am

4LS Girls FS 8:45 am

5LS Boys V 9:10 am

6LS Girls V 9:35 am

7SS Boys V 10:05 am

8SS Girls V 10:30 am

9SS Boys FS 10:55 am

10SS Girls FS 11:15 am

11SS Boys JV 11:35 am

12SS Girls JV 11:55 am

**AWARDS—MEDALS WILL BE AWARDED TO THE FIRST 25 FINISHERS IN EACH RACE. THIS TOTAL COULD BE ADJUSTED UPWARD OR DOWNWARD DEPENDING ON THE NUMBER OF ENTRIES IN THE MEET. THERE WILL BE NO TEAM AWARDS FOR THIS EVENT.**

**ENTRY FEES--$40 DOLLARS A TEAM-3 LEVELS-2 GENDERS. MAXIMUM PAYMENT IS $200. $10 PER INDIVIDUAL ENTRY. WE WILL CAPPING THE NUMBER OF TEAM ENTRIES AT 30. MAKE YOUR CHECKS OUT TO THE KING HIGH XC/TRACK BOOSTERS**

**TIMING—CHIP TIMING SYSTEM WILL BE PROVIDED BY FINISHED RESULTS.**

**DECLARATIONS/REGISTRATION-WE ARE ASKING THAT ALL TEAMS DECLARE THEIR INTENTION TO COMPETE BY AUG. 14 ON FINISHEDRESULTS.COM. ONCE YOU HAVE DECLARED, YOU CAN REGISTER YOUR TEAM-ALSO ON FINISHEDRESULTS.COM.**

**THE TEAM ENTRY MUST BE COMPLETED BY AUG. 28. GO TO FINISHEDRESULTS.COM-CLICK ON THE SCHEDULE –FIND “RIVERSIDE SHOWCASE.” CLICK ON THAT AND IT WILL TAKE YOU TO A PAGE WHERE IN THE HEADER, IT SAYS “TEAM ENTRY”. CLICK ON THAT AND ENTER YOUR TEAM. BECAUSE IT IS THE FIRST MEET OF THE YEAR FOR MOST, IT MAY TAKE SOME TIME IN ENTERING YOUR ROSTER, ETC. DON’T WORRY ABOUT BEING SPECIFIC ABOUT WHAT LEVEL YOUR ATHLETES COMPETE AT. BECAUSE WE ARE TIMING WITH CHIPS, YOU JUST SEND YOUR ATHLETES TO THE RACE YOU WANT THEM TO COMPETE IN. WHEN YOU REGISTER ONLINE, IT WILL APPEAR THAT ALL YOUR ATHLETES ARE VARSITY ATHLETES BUT OF COURSE, THEY ARE NOT.**

**PARKING—PARKING FOR TEAMS IN VANS WILL BE OFF OF ORANGE JUST SOUTH OF THE FIRE STATION. SPECTATORS WILL PARK IN THE LOT OFF ORANGE ST. AND WILL BE CHARGED $5.00 PER CAR. TEAM BUSES WILL BE SENT AROUND THE COURSE ONTO MAIN ST, HANG A RIGHT AND COME AROUND ON COMMERCE AND GO SOUTH ON ORANGE. THEY WILL BE DIRECTED TO UNLOAD IN THE PARKING LOT OF THE CLUB HOUSE AND THEN TO OFF-SITE PARKING. THE ATHLETES ENTRANCE FROM THE BUSES IS THROUGH A GATE BY THE CLUBHOUSE. THERE IS ALSO PARKING AT NEARBY REID PARK.**

**FACILITIES-THE COURSE IS A WIDE OPEN DIRT COURSE WITH NOT A LOT OF SHADE. IT IS VERY SPECTATOR FRIENDLY. CANOPIES AND TARPS ARE A NECCESSITY!!! THERE IS A TEAM CAMP AREA WITH A WARMUP AREA NEARBY. PORTA POTTIES WIL BE ON SITE AS WILL SOME VENDORS AND CONCESSIONS. PLEASE EMAIL COACH JACOBSMEYER FOR PICTURES OF THE COURSE AS WELL AS A VIRTUAL RUNNING OF THE COURSE PROVIDED BY WALTER LANGE OF JESUIT HIGH**

**COACHES CHECK-IN- COACHES CHECK-IN WILL BE AT THE TEAM ENTERANCE AREA BY THE SOUTHEAST CORNER OF THE CLUBHOUSE. COACHES WILL PICK UP THEIR PACKETS OF INFORMATION AND THIER TIMING CHIPS AT THAT TIME. COFFEE AND DONUTS WILL BE AVAILABLE. IT WILL BE UP TO THE INDIVIDUAL COACH TO HAND OUT AND COLLECT INDIVUAL CHIPS, AND TURN THEM INTO MEET MANAGEMENT AT THE END OF THE MEET.**

**TRAINER- THE ATHLETIC TRAINERS WILL BE CLOSE TO THE FINISH LINE. PLEASE BRING YOUR OWN TAPE AND PRE-WRAP.**