

“Cal State L.A. Invitational”

Friday & Saturday March 3-4, 2017

at Jesse Owens Track on the campus of Cal State LA

Please Note: The Hammer & Discus will be conducted at Cerritos College
on March 3

Entry Fees

College team entries will be \$350 per team /\$700 for men's and women's teams. For Colleges only if less than 350 then it would be \$25 per student-athlete.

Open/Club- \$30 per event. Relays are \$30 per relay team. Date of meet payments will be charged a \$50 late fee.

Please note: THERE WILL BE ABSOLUTELY NO REFUNDS

Entry Information

All collegiate teams must enter using the Direct Athletics website at <http://www.directathletics.com>. If your team does not have a username and password already set up with Direct Athletics, you must do so before entering. Entries will close on Monday, February 27, 2017 at 5:00 p.m.

The meet is open to all club teams and unattached athletes using the Direct Athletics website at <http://www.directathletics.com>. If you do not have a username and password already set up with Direct Athletics, you must do so before entering. Club teams and unattached athletes are required to pay by credit card before their entries are accepted. Once the credit card has been successfully processed, your entries will be declared and accepted into the meet. Entries will close on Monday, February 27th; at 5:00 p.m. Date of meet payments will be charged a \$50 late fee.

Entry Limits: Due to the restrictions of our facility, all field events will be limited to the top 27 competitors. The top 27 marks will be included in the meet.

Opening Heights: Opening heights for high jump and pole vault have been established by meet management at the following standards:

Men's Pole Vault: 3.90 meters (12-9.5)

Women's Pole Vault: 2.51 meters (8-2.75)

Men's High Jump: 1.72 meters (5-7.75)

Women's High Jump: 1.39 meters (4-6.75)

Heat Sheets

Heat sheets will be posted on the Finished Results website on Thursday, March 3rd.

Honest Entries

Please enter marks only from the 2015 or 2016 seasons. Marks that cannot be verified will be automatically seeded into a slower section upon protest. Please do not exaggerate marks in order to get an athlete into the meet.

Late Entries/Scratches

Late entries will not be accepted after the deadline. Scratches will not be refunded. There will be no exceptions.

Timing

Timing will be done with FinishLynx fully automatic timing system.

Rules

This meet will be conducted under NCAA Rules. No false starts and all field events will be measured in metric. Division 1 teams will be scored against each other.

Check-In

Field Events: Check-in to your event 30 minutes prior to start of event. Pole Vault, Javelin and Shot Put will report directly to the event. High, Long and Triple jump athletes will check-in at the baseball field 30 minutes prior to be escorted to their event location. A final call will be given 15 minutes prior to the start of the event. Athletes who do not report by the deadline will be scratched.

Track Events: Report to the clerk of course 30 minutes prior to the start of the event. Athletes who do not report by this time will be scratched.

Field Event Information

There will be implement weigh-ins at this meet. All implements should be checked and approved by the USATF official on-site 2 hours before the start of the event. Four attempts only in all throws and horizontal jumps. Opening heights for high jump and pole vault have been established by meet management at the following standards:

Men's Pole Vault: 3.90 meters (12-9.5)

Women's Pole Vault: 2.51 meters (8-2.75)

Men's High Jump: 1.72 meters (5-7.75)

Women's High Jump: 1.39 meters (4-6.75)

Implement Certification

Implement Weigh-ins will be done at the south end of the track near the green sheds for the shot put and javelin. Implement weigh-ins will be done at the competition site on the North Field for the discus and hammer throw.

Food and Beverage: Food and beverage brought into Reeder Field is limited to those carried by athletes and coaches at the time of your initial arrival at Jesse Owens Track. All other food and beverage must be purchased at the Golden Eagle concession stand.

Parking for spectators: The most convenient public parking lot for cars and minivans is located adjacent to the Luckman Fine Arts Complex. Cash boxes are located throughout the lot.

Spikes: No spikes longer than 1/4 pyramids permitted.

Team Drop-off and Team Parking: Athletes and coaches may be dropped off along Circle Drive at the main entrance to Reeder Field (baseball facility) lot 10. There will be no parking at the track and field complex.

Warm-ups: Warm-ups will be done on Reeder Field (baseball field). The warm-up area also is convenient to the trainer's area, which is located inside the track near the finish line.

Coaching Box: There will be coaching boxes located at each field event area; these will be the only locations coaches will be allowed to stand on the field.

Lodging Info:

Doubletree Hotel Los Angeles/Rosemead

888 Montebello Blvd.

Rosemead, Ca 91770

Telephone: 323-201-3461

Fax: 323-722-1775

Event Schedule

Tentative Meet Program:

Cerritos College – Only Events at Cerritos will be the Hammer and Discus

(Address: 11110 Alondra Blvd, Norwalk, CA 90650)

Friday March 3, 2017

9:00 a.m. Hammer Throw

(Women's followed by men's)* - Cerritos College

12:30 p.m. Discus Throw

(Women's followed by men's)* - Cerritos College

Cal State LA – All other Events will be contested at Cal State LA

Saturday, March 4, 2017

Field Events

8:00 a.m. -Javelin Throw

(Women's followed by men's)

10:00 a.m. -Long Jump

(Women's followed by men's)

10:00 a.m.-Pole Vault

(Men's followed by women's)

12:45 p.m.-High Jump

(Women's followed by men's)

1:00 p.m.-Shot Put

(Women's followed by men's)

2:00 p.m.-Triple Jump (women's followed by men's)

Running Events

10:00 a.m. Opening Ceremonies & Senior Day

10:30 a.m. Women's 4x100m relay

10:40 a.m. Men's 4x100m relay

11:00 a.m. Women's 1500m

11:10 a.m. Men's 1500m

11:20 a.m. Women's 100mH

12:00 p.m. Men's 110mHH

12:35 p.m. Women's 400m

12:55 p.m. Men's 400m

1:15 p.m. Women's 100m

1:35 p.m. Men's 100m

2:20 p.m. Women's 800m

2:35 p.m. Men's 800m

3:00 p.m. Women's 400m LH

3:25 p.m. Men's 400m IH

3:40 p.m. Women's 200m

4:10 p.m. Men's 200m

4:55 p.m. Women's 5000m

5:10 p.m. Men's 5000m

5:25 p.m. Women's 4x400m relay

5:55 p.m. Men's 4x400m relay

6:25 p.m. Women's 3000m

7:00 p.m. Men's 3000m