

## 2017 TRACK & FIELD STATE CHAMPIONSHIPS QUALIFYING STANDARDS

	MEN		WOMEN	
	A	B	A	B
<b>100</b>	10.64	10.75	12.15	12.35
<b>200</b>	21.46	21.71	24.95	25.32
<b>400</b>	48.30	48.76	57.69	58.62
<b>800</b>	1:55.00	1:56.00	2:19.40	2:21.20
<b>1500</b>	3:58.70	4:00.10	4:50.70	4:53.80
<b>5000</b>	15:13.90	15:21.10	18:40.80	18:57.80
<b>10000</b>	32:36.70	32:54.50	40:26.20	41:14.60
<b>110H/100H</b>	14.98	15.21	15.00	15.51
<b>400H</b>	54.55	55.51	1:05.90	1:07.70
<b>3000SC</b>	9:52.30	9:59.50	12:16.70	12:32.40
<b>4X100</b>	41.97	42.62	48.97	50.34
<b>4X400</b>	3:18.30	3:22.30	4:03.50	4:11.00
<b>HJ</b>	1.95	1.90	1.55	1.50
<b>PV</b>	4.50	4.40	3.10	2.95
<b>LJ</b>	7.00	6.93	5.36	5.28
<b>TJ</b>	14.12	13.89	10.95	10.68
<b>SP</b>	14.56	14.22	11.79	11.46
<b>DT</b>	45.48	44.25	38.78	37.52
<b>HT</b>	48.35	46.64	43.96	42.31
<b>JT</b>	53.01	51.61	34.36	33.03
<b>DEC/HEP</b>	5515	5223	3645	3366

## 2017 TRACK & FIELD SOCIAL REGIONAL QUALIFYING STANDARDS

	MEN		WOMEN	
	Auto	Minimum	Auto	Minimum
	10.55	11.40	12.07	13.74
	21.20	22.97	24.59	27.72
	47.72	51.80	56.45	1:06.75
	1:53.40	2:03.20	2:15.60	2:36.50
	3:55.30	4:16.70	4:43.90	5:25.40
	14:46.70	16:41.60	18:02.50	22:10.20
	31:41.00	38:11.00	38:45.60	47:45.70
	14.59	19.56	14.61	20.34
	53.39	1:06.25	1:04.00	1:20.52
	9:35.40	11:45.60	11:44.70	14:24.60
	41.49	44.48	47.69	52.88
	3:15.20	3:33.00	3:54.70	4:22.90
	2.05	1.60	1.60	1.25
	4.75	2.85	3.40	2.25
	7.26	5.97	5.58	4.13
	14.62	11.41	11.49	8.96
	15.33	10.41	12.67	7.40
	47.37	31.15	42.22	20.61
	51.25	23.49	48.16	22.19
	56.04	35.26	38.66	17.37
	6060	4259	4231	2195