

Orange Empire Conference Championships Preliminaries
Friday, April 21, 2017

****Coaches Scratch Meeting at 12:15 pm at the starting line**

<u>Running Events*</u>		<u>Field Events</u>	
2:30pm	Women's 3000m Steeplechase	12:30am	Men's Hammer (<i>Saddleback</i>)
3:00	Men's 3000m Steeplechase		Women's Pole Vault (<i>Saddleback</i>)
3:20	Women's 100m Hurdles		
3:35	Men's 110m Hurdles	2:30pm	Women's Long Jump (<i>Golden West</i>)
3:50	Women's 100m		
4:00	Men's 100m	2:30pm	Women's Shot Put (<i>Fullerton</i>)
4:10	Men's 800m		Men's Javelin (<i>Orange Coast</i>)
4:25	Women's 400m Hurdles		
4:35	Men's 400m Hurdles	4:30pm	Men's Shot Put (<i>Fullerton</i>)
4:45	Women's 200m		Women's Javelin (<i>Orange Coast</i>)
4:50	Men's 200m		Men's Long Jump (<i>Golden West</i>)
5:00	Women's 10000m		
6:00	Men's 10000m		

Blocks (*Riverside*)

Hurdle Crew (*Riverside and Santa Ana*)

Clerks Table, Finish Line, Finish Video, Back-up Timer, Results & Awards (*Riverside*)

*****NOTE*****

The running event schedule (including preliminaries) will be strictly adhered to regardless of events finishing early. As we have done in the past few years due to low numbers in certain events, we reserve right to change the time schedule of the preliminary running events to avoid large time gaps in between races. We will send this information out via email on Wednesday, April 19, the day after entries are due.

Orange Empire Conference Championships Finals
Friday, April 28th, 2017

****Coaches Meeting at 9:45 am at the starting line**

<u>Running Events</u>		<u>Field Events</u>	
		11:00am	Men's Pole Vault (Saddleback)
3:00	Women's 400m Relay	11:00am	Women's Hammer (<i>Fullerton</i>)
3:05	Men's 400m Relay		
3:10	Women's 1500m	1:00pm	Men's Discus (<i>Fullerton</i>)
3:20	Men's 1500m	1:00pm	Men's Triple Jump (<i>Golden West</i>)
3:30	Women's 100m Hurdles		Women's High Jump (<i>Santa Ana</i>)
3:40	Men's 110m Hurdles		
3:50	Women's 400m	3:30pm	Men's High Jump (<i>Saddleback</i>)
3:55	Men's 400m		
4:05	Women's 100m	4:00pm	Women's Triple Jump (<i>Golden West</i>)
4:10	Men's 100m		Women's Discus (<i>Orange Coast</i>)
4:15	Women's 800m		
4:20	Men's 800m		
4:30	Women's 400m Hurdles		
4:40	Men's 400m Hurdles		
4:50	Women's 200m		
5:00	Men's 200m		
5:10	Women's 5000m		
5:40	Men's 5000m		
6:05	Women's 1600m Relay		
6:15	Men's 1600m Relay		

Relay Zone Judges:

Zone #1 - Fullerton & Golden West
Zone #2 - Riverside & Orange Coast
Zone #3 - Saddleback & Santa Ana

Blocks (*Riverside*)

Hurdle Crew (*Riverside and Santa Ana*)

**Clerks Table, Finish Line, Finish Video, Back-up Timing,
Results & Awards** (*Riverside*)

*****NOTE*****

**The running event schedule will be strictly adhered to
regardless of events finishing early**