

# 2017 PacWest Track & Field Championships

Hosted by Point Loma Nazarene University

## Friday

### Multi-event schedule

9:30 am	100 meters - men
10:00 am	100 Hurdles - women
10:05 am*	Long jump – men
10:40 am*	High Jump – women
11:00 am*	Shot Put - men
12:00 pm*	High jump - men
12:10 pm*	Shot put - women
1:00 pm*	200 meters - women
2:00 pm*	400 meters - men

### Field event schedule

11:30 am	JAVELIN women-FINAL
11:30 am	LONG JUMP women-FINAL
1:15 pm	JAVELIN men-FINAL
1:30 pm	LONG JUMP men-FINAL
2:00 pm	POLE VAULT women-FINAL
3:15 pm	DISCUS women-FINAL
4:00 pm	POLE VAULT men-FINAL
4:45 pm	DISCUS men-FINAL

### Track event schedule

12:30 pm	Technical Meeting (coaches)
1:30 pm	1500 meters women-trials
1:45 pm	1500 meters men-trials
2:05 pm	100 hurdles women-trials
2:20 pm	110 hurdles men-trials
2:35 pm	400 meters women-trials
2:45 pm	400 meters men-trials
3:00 pm	100 meters women-trials
3:10 pm	100 meters men-trials
3:20 pm	800 meters women-trials
3:30 pm	800 meters men-trials
3:45 pm	400 hurdles women-trials
4:00 pm	400 hurdles men-trials
4:15 pm	200 meters women-trials
4:25 pm	200 meters men-trials
4:45 pm	3000 steeplechase women-FINAL
5:05 pm	3000 steeplechase men-FINAL
5:20 pm	10000 meters women-FINAL
6:10 pm	10000 meters men-FINAL

## Saturday

### Multi-event schedule

10:00 am	110 Hurdles - men
10:40 am*	Discus - men
10:45 am	Long jump - women
11:30 am*	Pole Vault – men
11:40 am*	Javelin - women
12:30 pm#	800 meters – women
1:00 pm	Javelin - men
3:15 pm#	1500 meters - men

### Field event schedule

8:15 am	Hammer men-FINAL
	Hammer women -FINAL to follow men
10:00 am	HIGH JUMP men-FINAL
Noon	TRIPLE JUMP men –FINAL
1:00 pm	SHOT PUT men-FINAL
1:30 pm	HIGH JUMP women-FINAL
2:00 pm	TRIPLE JUMP women-FINAL
2:30 pm	SHOT PUT women-FINAL

### Track event schedule

12:25 pm	Opening Ceremony & National Anthem
12:40 pm	4 x 100 women-FINAL
12:45 pm	4 x 100 men-FINAL
12:55 pm	1500 meters women-FINAL
1:05 pm	1500 meters men-FINAL
1:15 pm	100 Hurdles women-FINAL
1:25 pm	110 Hurdles men-FINAL
1:40 pm	400 meters women-FINAL
1:45 pm	400 meters men-FINAL
1:55 pm	100 meters women-FINAL
2:05 pm	100 meters men –FINAL
2:15 pm	800 meters women-FINAL
2:25 pm	800 meters men-FINAL
2:40 pm	400 hurdles women-FINAL
2:50 pm	400 hurdles men-FINAL
3:00 pm	200 meters women-FINAL
3:10 pm	200 meters men-FINAL
3:25 pm	5000 meters women-FINAL
3:50 pm	5000 meters men-FINAL
4:10 pm	4 x 400 women-FINAL
4:15 pm	4 x 400 men-Final
4:30 pm	Closing Ceremony & Award Presentations

*\* Tentative times. Events will begin 30 minutes after the conclusion of the previous event.*

*# Earliest or designated start time.*