



Redlands Final Qualifying Meet  
Wednesday May 17 – Thursday May 18, 2017

Entries/Deadline

- Entries are due **by 11:59 pm (PST) on Monday, May 15** at **Direct Athletics**.
- Late entries will not be accepted.
- Entries/Changes will not be allowed on meet day.
- If needed, a revised schedule will be made available Tuesday, May 16, 2017, reflecting all entries

Entry Fee

- \$350 maximum per team per gender (\$700 for both men and women)
- Individual entries are \$25 per gender per event. Relays are \$100.
- Individual entries must be paid online through Direct Athletics. Only teams may bring cash or checks payable to “*University of Redlands Track & Field*” on meet day.

Advancement Procedures

**Track Events**

All running events will be contested as finals with heats being run against time with the number of participants in each heat as per NCAA rules - (time section finals).

**Field Events**

Horizontal jumps and throws will be conducted in flights per NCAA rules with 3 prelim attempts and the top 9 advancing to the finals for 3 more attempts. If less than 9 competitors enter into an event, each individual will receive 3 prelim attempts and then each competitors will receive 3 final attempts provided they had a valid mark in the prelim round.

Vertical jumps (pole vault and high jump) will be contested per NCAA rules with starting heights and progressions to be determined, published and forwarded to the NCAA a minimum of 24 hours prior to the start of the meet.

Facilities

6,750-capacity stadium surrounding a nine-lane Mondo® surfaced track with surfaced HJ, LJ, TJ, Jav areas. Shot-put ring located on north side of stadium, discus and javelin held on inside field, hammer ring located directly outside stadium in dirt lot. ¼” spikes preferred. No “Christmas Tree” spikes allowed.

Timing

Timing services will be provided by Finished Results.



### Check-In

- Athletes must check in at least 20 minutes prior to the scheduled start of their event, regardless of heat or flight.
- Running event athletes will check in at the tent located inside the track near the finish line.
- Field event athletes will check in at the site of the event.

### Weigh-ins

- Implements will be weighed in and certified underneath the stadium on the home side.
- Wednesday Hours: 3:30-4:30 p.m.
- Thursday Hours: 1:30-2:30 p.m.

### Results

Results will be available as soon as possible after the conclusion of each event. They will also be available at <http://www.goredlands.com/sports/track/2015-16/schedule>

### Athletic Trainer & Inclement Weather

- An athletic trainer will be available on the east side of the track near the end of the stadium.
- Restrooms are available underneath the bleachers and locker rooms can be found in the field house next to the stadium.
- Athletic Training will follow standard protocols for any inclement weather. If there is a weather delay, warm-up time and event start times will be determined by the Redlands Staff (Athletic Training, Administration, and Redlands Coaches).
- Updated information will be posted on the board east of the home-side bleachers.

### Parking

Parking is available in the dirt lot to the west of the stadium as well as the Chapel parking lot across the street to the south of the stadium.

### Questions

Call Mike Schmidt at (909)748-8403 or e-mail [mike\\_schmidt@redlands.edu](mailto:mike_schmidt@redlands.edu)



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Time Schedule

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<b>Wednesday</b>		
5:00	Discus	W/M
	Javelin	W/M (follows Women's Discus)
7:00	1500 Meters	W
7:20	1500 Meters	M
7:45	5000 Meters	W
8:10	5000 Meters	M
8:30	10000 Meters	W/M (Combined)

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<b>Thursday</b>		
3:00	Hammer	W/M
3:00	Long Jump	W/M
3:00	Shot Put	M/W
3:00	Pole Vault	M/W
3:00	High Jump	W/M
5:00	Triple Jump	W/M
4:00	4x100 Meters	W
4:10	4x100 Meters	M
4:25	100 Meter Hurdles (Final)	W
4:35	110 Meter Hurdles (Final)	M
4:50	400 Meters	W
5:05	400 Meters	M
5:25	100 Meters (Final)	W
5:30	100 Meters (Final)	M
5:40	800 Meters	W
5:55	800 Meters	M
6:10	400 Meter Hurdles	W
6:25	400 Meter Hurdles	M
6:40	200 Meters	W
6:55	200 Meters	M
7:10	Steeplechase	W
7:30	Steeplechase	M
8:00	4x400 Meters	W
8:15	4x400 Meters	M