



Arnie Robinson Invite College/Open Time Schedule

Time	Event	Gender	Division	# of Heats
12:00	4x100M Relay	F	College/Open	1
12:05	4x100M Relay	M	College/Open	1
12:15	1500M	F	College/Open	2
12:35	1500M	M	College/Open	3
1:00	100M Hurdles	F	College/Open	2
1:15	110M Hurdles	M	College/Open	2
1:30	400M	F	College/Open	3
1:40	400M	M	College/Open	5
2:05	100M	F	College/Open	3
2:15	100M	M	College/Open	5
2:30	800M	F	College/Open	2
2:40	800M	M	College/Open	4
3:05	400M Hurdles	F	College/Open	2
3:20	400M Hurdles	M	College/Open	2
3:35	200M	F	College/Open	4
3:50	200M	M	College/Open	7
4:15	5000M	F	College/Open	1
4:45	5000M	M	College/Open	1
5:10	4x400M Relay	F	College/Open	1
5:15	4x400M Relay	M	College/Open	2
5:35	4x1600m Relay	G	HS	1
6:00	4x1600m Relay	B	HS	1
6:25	3K Steeple	F	College/Open	1
6:45	3K Steeple	M	College/Open	1
7:00	10000M	M	College/Open	1
Time	FIELD EVENTS	Gender	Division	# of Flights
9:00	Hammer	W	College/Open	1
10:30	Hammer	M	College/Open	2
12:30	Shot Put	W	College/Open	2
12:30	Javelin	M	College/Open	2
1:00	Long Jump	W	College/Open	1
1:00	Long Jump	M	College/Open	3
TBA	Triple Jump to follow LJ	W	College/Open	1
TBA	Triple Jump to follow LJ	M	College/Open	2
2:00	Pole Vault	W	College/Open	1
2:00	Javelin	W	College/Open	1
2:30	Shot Put	M	College/Open	3
3:00	Discus	W	College/Open	2
3:00	High Jump	W	College/Open	1
4:00	Pole Vault	M	College/Open	1
5:00	Discus	M	College/Open	2
4:30	High Jump	M	College/Open	1