**2018 BREA RELAYS**

Dear Coaches,

I would like to invite you and your team to participate in the Brea Relays on Saturday, March 3rd at Brea Olinda High School. The meet is CIF sanctioned and is a great early season meet to get both individual and relay marks. The format will be the same as the previous Brea Rotary Relays with both individual races as well as relays. Field events will be scored as relays as well (three athletes per team).

**INDIVIDUAL RACES** **RUNNING RELAYS** **FIELD RELAYS**

(\*one entry per team)

100 LH (GIRLS) 4 X 100 LONG JUMP

110HH (BOYS) 4 X 200 HIGH JUMP

100 4 X 400 TRIPLE JUMP

400 4 X 800 SHOT PUT

1600 SPRINT MEDLEY (1-1-2-4) POLE VAULT

SHUTTLE HURDLE DISCUS

THROWERS 4 X 100

DISTANCE MEDLEY

COACHES MEDLEY (800-400-300-100)

**DATE/TIME:** Saturday, March 3rd, 2018 8:20am-5:00pm

**DIVISIONS:** Boys and Girls Varsity and Frosh/Soph

**AWARDS:** Top 5 individual/relays per event. Top 2 overall teams.

**FEES:** $125 per team

**SPIKES:** 3/16

**ENTRY:** Entries will be made on [www.finishedresults.com](http://www.finishedresults.com). Seeding of all races will be random.

We wish to run a timely meet and will be limiting entries to the first 23 teams to respond/sign up/send contract (We are the 24th team). If you have questions, please feel free to call me at (714)292-6915. We are looking forward to hosting you at our meet. **Please contact me ASAP if you are planning to attend to reserve your spot!**

Sincerely,

Dreux Valenti

Head Coach, Brea Olinda Track and Field

(714)292-6915

[dvalenti@bousd.us](mailto:dvalenti@bousd.us)

Brea Relays Time Schedule (we will run ahead if possible—but will not run more than 30 minutes ahead of schedule…**Schedule is based on 24 teams and 3 heats for lane races**). A final schedule will be sent the week of the meet.

**RUNNING EVENTS**

8:20am 100/110 Hurdles

9:10am 400m

9:55am 100m

10:20am 1600m

11:00am 4 x 200m relay

12:00 4 x 100m Throwers Relay (must compete in one of the throwing events)

12:20 4 x 100m Relay

1:00pm Distance Medley

Coaches Relay

2:10pm Sprint Medley (1-1-2-4)

2:50pm 4 x 800 Relay

3:55pm Shuttle Hurdle Relay

4:30pm 4 x 400 Relay

**FIELD EVENTS** (3 athletes per event)

LONG JUMP DISCUS

8:00am -10:00am Boys Frosh/Soph 8:00am-10:00am Girls F/S

10am-12:00 Boys Varsity 10:00am-12:00 Girls Varsity

12:00-2:00pm Girls Varsity 12:00-2:00pm Boys F/S

2:00pm-4:00pm Girls Frosh/Soph 2:00pm-4:00pm Boys Varsity

TRIPLE JUMP

8:00am-10:00am Girls Varsity SHOT PUT

10:00am-12:00 Girls Frosh/Soph 8:00am-10:00am Boys Varsity

12:00-2:00pm Boys Varsity 10:00am-12:00 Boys F/S

2:00pm-4:00pm Boys Frosh/Soph 12:00-2:00pm Girls Varsity

2:00pm-4:00pm Girls F/S

HIGH JUMP

8:00am-10:00am Girls Frosh/Soph

10:00am-12:00 Girls Varsity

12:00-2:00pm Boys Frosh/Soph

2:00pm-4:00pm Boys Varsity

POLE VAULT

8:00am-10:00am Boys Varsity

10:00am-12:00 Girls Varsity

12:00-2:00pm Boys Frosh/Soph

2:00pm-4:00pm Girls Frosh/Soph