

CCCAA Southern California Regional Prelims and Championships - 5/4/2019 to 5/1

Riverside College

Results

Event 1 Women Javelin Throw

Name	Year	School	Finals	H#
Finals				
1 Hannah Katches	SO	Cuesta	38.98m	127-11 2
33.93m 29.34m FOUL 31.59m 32.11m 38.98m				
2 Gabriela Sanabria	SO	Riverside	38.10m	125-00 2
28.33m 34.99m 38.10m 34.90m 33.68m 36.04m				
3 Senna Forkner	FR	Mt. Sac	37.74m	123-10 2
32.10m 37.29m 35.27m 37.74m 34.43m 32.32m				
4 Anyese Kirkland	FR	Santa Monica	34.68m	113-09 2
21.01m 28.85m FOUL FOUL 21.39m 34.68m				
5 Callissa Candalot	FR	Long Beach	34.42m	112-11 2
32.40m 31.25m 34.42m 30.39m FOUL 29.12m				
6 Chloe Wood	SO	Cuesta	33.02m	108-04 2
32.10m 33.02m 32.81m 31.05m FOUL 32.38m				
7 Nanati Alailefaleula	SO	Cerritos	31.52m	103-05 2
24.46m 27.17m 29.73m 24.66m 31.52m 30.48m				
8 Raelynn Denson	SO	Orange Coast	31.46m	103-02 2
FOUL FOUL 31.46m 24.47m 28.34m FOUL				
9 Jessica Dutton	FR	Palomar	30.56m	100-03 2
23.03m 24.38m 27.99m 28.64m 24.97m 30.56m				
10 Keanna Daramola	FR	Cerritos	28.07m	92-01 2
21.61m 28.07m 25.31m FOUL 18.52m 17.83m				
11 Kimora Pooler	FR	Ventura	28.00m	91-10 2
27.33m 27.22m 28.00m 23.50m FOUL 23.19m				
12 Darlena Robinson	SO	Cerritos	27.70m	90-10 2
FOUL 26.61m 27.70m PASS 27.44m FOUL				
13 Alexis Kotey	FR	Fullerton	27.53m	90-04 1
27.53m FOUL FOUL				
14 Mckayla Edwards	FR	Riverside	27.26m	89-05 1
26.13m 23.84m 27.26m				
15 Charlotte Kraushaar	FR	Orange Coast	25.88m	84-11 2
25.79m 24.79m 25.88m				
16 Daila Bell	FR	Cerritos	24.63m	80-10 1
FOUL 20.48m 24.63m				
17 Yvette Perez	FR	Riverside	24.45m	80-02 1
23.94m 24.32m 24.45m				
18 Elizabeth Chidester	FR	Mt. Sac	24.16m	79-03 1
21.71m 24.16m 22.15m				
19 Annie Doherty	FR	Moorpark	23.40m	76-09 1
23.40m FOUL 19.47m				
20 Zulema Juarez	SO	Orange Coast	22.97m	75-04 1
21.69m 21.57m 22.97m				
21 Reginalyn Patricio	FR	Cuyamaca	22.69m	74-05 1
16.90m 19.96m 22.69m				
22 Ashley Duniphan	FR	Palomar	22.28m	73-01 1
22.28m 21.40m 19.45m				
23 Hanna Lauritzen	FR	Palomar	22.01m	72-02 1
19.41m 18.53m 22.01m				



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....Event 1 Women Javelin Throw

24	Angellee Vernon	FR Fullerton	21.44m	70-04	1
	21.44m 20.91m FOUL				
25	Leslie Valoaga	SO Ventura	20.80m	68-03	2
	20.80m FOUL FOUL				
26	Ana Bernstein	SO Santa Monica	19.44m	63-09	1
	17.73m FOUL 19.44m				
27	Erin Williams	FR Cuyamaca	J19.44m	63-09	1
	17.56m FOUL 19.44m				
--	Sarah Downs	FR Long Beach	FOUL		1
	FOUL FOUL FOUL				

Event 2 Men Javelin Throw

Name	Year School	Finals	H#
1 Marcos Gonzalez	SO Riverside	55.69m	182-08 2
	46.56m 49.84m FOUL 55.69m FOUL 50.18m		
2 Patrick Maria	FR Riverside	52.77m	173-01 2
	51.88m 50.76m 52.77m 51.42m 49.00m 43.40m		
3 Yuki Ishida	FR Orange Coast	52.63m	172-08 2
	FOUL 47.47m 44.61m 43.59m 45.87m 52.63m		
4 Dwight Isaiah Johnson	FR Santa Monica	50.61m	166-00 2
	46.28m 47.94m 47.24m 48.03m 50.61m 45.81m		
5 Andrew Mitchell	FR SD Mesa	50.55m	165-10 2
	47.05m FOUL 50.55m FOUL 46.51m FOUL		
6 Delon Buncio	SO Canyons	49.67m	162-11 2
	49.67m FOUL FOUL PASS PASS 49.24m		
7 Oscar Navarro	FR SD Mesa	48.79m	160-01 1
	46.61m 42.54m 43.52m 40.90m 48.79m 47.96m		
8 Chance Thomas	FR Santa Monica	47.66m	156-04 2
	45.02m 47.66m 43.85m FOUL FOUL 47.13m		
9 Victor Zuniga	SO Moorpark	47.65m	156-04 2
	47.65m 40.36m 37.63m 43.57m 40.91m 46.45m		
10 Reece Smith	FR Moorpark	47.37m	155-05 2
	45.81m 46.08m FOUL 41.98m 44.63m 47.37m		
11 Shea Wissler	FR El Camino	46.30m	151-11 2
	46.30m 40.72m 34.49m 43.19m 38.09m 43.11m		
12 Luis Marquez	FR Fullerton	45.46m	149-02 1
	37.56m 40.47m 45.46m 41.57m FOUL 40.66m		
13 Joshua Briscoe	FR Riverside	44.46m	145-10 1
	FOUL 44.46m 40.19m		
14 Noah Kilburg	SO Orange Coast	44.02m	144-05 1
	43.14m 39.70m 44.02m		
15 Terrence Allen	FR SD Mesa	43.54m	142-10 2
	43.54m 40.08m FOUL		
16 Drew Dobbs	SO Orange Coast	42.66m	139-11 2
	38.45m 42.66m 41.58m		
17 Jacob Woods	FR Riverside	42.01m	137-10 1
	39.25m 42.01m 36.47m		



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....Event 2 Men Javelin Throw

18	Jorge Gonzalez	SO	Cerritos	40.44m	132-08	2
	40.44m 35.84m 36.28m					
19	Thomas Pool	SO	Long Beach	40.18m	131-10	1
	40.18m 39.50m FOUL					
20	Eugene Leduc	SO	Cerritos	39.42m	129-04	2
	33.69m 39.42m 33.65m					
21	Angel Giron	FR	Glendale	39.06m	128-02	1
	38.43m 37.02m 39.06m					
22	Thomas Salado	FR	Glendale	37.61m	123-05	1
	37.13m 34.48m 37.61m					
23	Travis Allen	FR	SD Mesa	37.35m	122-06	1
	37.35m FOUL FOUL					
24	Kyle Ebersole	SO	El Camino	36.68m	120-04	1
	32.04m 36.44m 36.68m					
25	Venture O'Neal	FR	Cerritos	36.19m	118-09	1
	36.19m FOUL 36.05m					
26	Timothy Sloan Jr	SO	Cerritos	35.79m	117-05	1
	35.79m FOUL FOUL					
27	Miguel Ocampo	SO	Glendale	35.42m	116-02	1
	32.71m 35.42m 33.96m					
28	Alan Perez	FR	Cuyamaca	32.48m	106-07	1
	32.48m FOUL FOUL					

Event 3 Men Hammer Throw

Name	Year	School	Finals	H#
1 Alec Jones	SO	Riverside	53.14m	174-04 2
	49.86m FOUL 52.62m	53.14m 50.43m 52.60m		
2 Russell Bedre	SO	Riverside	51.86m	170-02 2
	50.58m 51.86m FOUL	51.19m 48.77m 49.02m		
3 Alex Schechter	SO	Saddleback	50.93m	167-01 2
	50.36m 50.53m FOUL	FOUL 50.93m FOUL		
4 Jacob Whitby	SO	Bakersfield	50.36m	165-03 2
	FOUL 49.14m 46.92m	50.36m 47.36m FOUL		
5 Brett Shiflett	SO	Riverside	49.17m	161-04 2
	46.35m FOUL 43.59m	FOUL 49.17m 47.58m		
6 Trevor Nakata	SO	Riverside	48.55m	159-03 2
	46.69m FOUL 47.02m	45.90m FOUL 48.55m		
7 Wayne Garcia	FR	Cuesta	45.85m	150-05 2
	41.95m 41.05m 43.71m	44.98m 45.85m FOUL		
8 Brandon Harris	FR	Riverside	44.95m	147-06 2
	44.55m FOUL 36.91m	42.42m 41.97m 44.95m		
9 Marcos Gonzalez	SO	Riverside	44.88m	147-03 2
	44.01m 44.70m FOUL	FOUL 44.88m 43.27m		
10 Matt O'Henley	FR	Cuesta	43.15m	141-07 2
	41.42m FOUL 43.15m	38.54m FOUL FOUL		
11 Travis Allen	FR	SD Mesa	40.46m	132-09 1
	39.80m FOUL 40.46m	FOUL FOUL FOUL		



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....Event 3 Men Hammer Throw

12	Cody Hartsfield	FR Bakersfield	39.87m	130-10	2
	39.87m FOUL FOUL 37.12m FOUL FOUL				
13	Marcos Varela	SO Bakersfield	39.59m	129-11	2
	39.59m 37.49m FOUL				
14	Robert Moreno	FR Fullerton	38.95m	127-09	1
	38.53m FOUL 38.95m				
15	Oscar Navarro	FR SD Mesa	38.72m	127-00	1
	37.70m 38.72m FOUL				
16	Javier Sandoval Guzman	FR Mt. Sac	38.31m	125-08	2
	38.31m 35.72m FOUL				
17	Hermes Cardenas	SO Glendale	36.75m	120-07	1
	36.75m 36.44m FOUL				
18	Harry Starling	FR Antelope Valley	36.29m	119-01	1
	FOUL 36.29m FOUL				
19	Jonathan Vaoifi	FR Cerritos	35.34m	115-11	1
	35.34m 34.03m 34.94m				
20	Elvis Sanchez	SO Bakersfield	35.17m	115-05	2
	32.42m 35.17m FOUL				
21	Josh Martz	FR SD Mesa	34.54m	113-04	1
	FOUL 34.54m 33.36m				
22	Juan Leyva	FR SD Mesa	34.18m	112-02	1
	31.75m 32.39m 34.18m				
23	Riley Center	FR Glendale	32.50m	106-07	1
	32.50m FOUL FOUL				
24	Austin Freeman	FR Cerritos	30.97m	101-07	1
	30.97m 2.36m 28.24m				
25	Jorge Gonzalez	SO Cerritos	30.76m	100-11	1
	27.46m 30.76m FOUL				
26	Emmanuel Hernandez	FR Cerritos	28.28m	92-09	1
	27.84m 26.46m 28.28m				
--	Terrence Allen	FR SD Mesa	FOUL		1
	FOUL FOUL FOUL				
--	Davey Folsom	FR SD Mesa	FOUL		1
	FOUL FOUL FOUL				

Event 4 Women Discus Throw

Name	Year School	Finals	H#
1 Cynthia Tuzak	FR Ventura	39.52m	129-08 2
	35.61m 39.52m FOUL 39.08m FOUL 39.47m		
2 Tayler Salley	FR Riverside	39.04m	128-01 2
	FOUL FOUL 39.04m 37.48m FOUL 38.05m		
3 Nanati Alailefaleula	SO Cerritos	38.83m	127-05 2
	38.83m 31.49m 32.74m 36.70m 33.74m 33.95m		
4 Necole Ellis	FR El Camino	38.01m	124-08 2
	33.57m 36.24m 36.98m 35.09m 35.98m 38.01m		
5 Estafani Flores	FR Riverside	36.23m	118-10 2
	36.23m 33.82m 35.78m 30.73m 34.83m 34.46m		



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....Event 4 Women Discus Throw

6	Jocelyn Galloway	FR Long Beach	36.19m	118-09	2
	33.20m 36.19m 31.20m 31.39m 30.94m 36.02m				
7	Kyja Free	SO El Camino	35.63m	116-11	2
	FOUL 35.09m 30.81m 35.63m 34.53m 34.98m				
8	Angelique Hudson	SO Riverside	35.44m	116-03	2
	35.44m 35.18m 34.89m FOUL 31.33m FOUL				
9	Raelynn Denson	SO Orange Coast	34.01m	111-07	2
	33.25m FOUL 34.01m FOUL FOUL FOUL				
10	Keiana Turner	FR Riverside	32.60m	106-11	2
	31.81m FOUL FOUL 31.53m 29.48m 32.60m				
10	Kimberly Mataia	SO Fullerton	32.60m	106-11	1
	28.90m 32.60m 21.88m 26.97m 29.45m 22.52m				
12	Malan Baxter	FR Santa Monica	32.28m	105-11	2
	32.28m FOUL FOUL 30.34m FOUL 31.25m				
13	Alexis Kotey	FR Fullerton	31.78m	104-03	2
	29.03m FOUL 31.78m				
14	Gianna Jacoub	SO Mt. Sac	31.54m	103-06	2
	FOUL 30.07m 31.54m				
15	Megan Robles	FR Golden West	31.48m	103-03	1
	29.07m 31.15m 31.48m				
16	Sarah Hernandez	FR Cerritos	31.46m	103-02	1
	31.46m FOUL FOUL				
17	Leslie Valoaga	SO Ventura	29.86m	97-11	1
	29.86m FOUL FOUL				
18	Bianca Encio	FR SD Mesa	29.44m	96-07	1
	FOUL 29.44m FOUL				
19	Jessica Dutton	FR Palomar	29.21m	95-10	1
	29.21m 27.72m 27.84m				
20	Doinielle Hutchinson	FR Riverside	28.97m	95-00	1
	26.02m FOUL 28.97m				
21	Amanda Guerrero	FR Long Beach	28.92m	94-10	1
	26.87m 27.38m 28.92m				
22	Karleigh Cundiff	FR Moorpark	28.31m	92-10	1
	27.37m 28.31m FOUL				
23	Kimora Pooler	FR Ventura	27.92m	91-07	1
	27.92m FOUL FOUL				
24	Brittney Allen	FR Cuyamaca	27.41m	89-11	1
	27.41m 26.77m 22.43m				
25	Domonique Tanori	FR San Bernardino	25.17m	82-07	1
	25.17m FOUL FOUL				
--	Cara Jones	FR Cuesta	FOUL		2
	FOUL FOUL FOUL				
--	Patricia Valle	SO Moorpark	FOUL		1
	FOUL FOUL FOUL				



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Results

Event 5 Men Long Jump

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1 Justin Reed	SO	Riverside	7.01mq	+0.0	23-00.00 1
6.89m(+0.0)	6.66m(0.2)	7.01m(+0.0)			
2 Titus Houston	FR	Cerritos	6.92mq	2.1	22-08.50 2
6.54m(+0.0)	FOUL(2.2)	6.92m(2.1)			
3 William Dower	FR	Riverside	6.91mq	1.7	22-08.00 2
6.91m(1.7)	6.84m(0.2)	FOUL(0.1)			
4 Steven Ashby	FR	West Los Angeles	J6.91mq	0.1	22-08.00 1
FOUL(+0.0)	6.79m(+0.0)	6.91m(0.1)			
5 Qwintin Workman	SO	El Camino	6.74mq	0.1	22-01.50 1
6.74m(0.1)	6.59m(+0.0)	FOUL(2.0)			
6 Andrew Mercado	SO	Canyons	6.66mq	1.6	21-10.25 1
6.53m(+0.0)	FOUL(1.6)	6.66m(1.6)			
7 Troy Cristobal	FR	SD Mesa	6.57mq	1.2	21-06.75 1
6.57m(1.2)	6.08m(0.3)	FOUL(1.9)			
8 Jared Whitt	FR	Pasadena	6.55mq	0.4	21-06.00 2
9 Ezekiel Cruz	FR	Southwestern	6.51mq	0.2	21-04.25 2
6.49m(+0.0)	6.51m(0.2)	6.29m(-0.3)			
10 Delon Buncio	SO	Canyons	6.43mq	1.3	21-01.25 1
FOUL	6.43m(1.3)	FOUL(1.5)			
11 Shay Nelson	SO	Santa Monica	6.41mq	0.6	21-00.50 2
6.41m(0.6)	6.36m(0.4)	6.39m(+0.0)			
12 Reece Smith	FR	Moorpark	6.39mq	1.5	20-11.75 1
6.23m(1.5)	6.39m(1.5)	FOUL(1.9)			
13 Adam Kasten	SO	Riverside	6.38m	1.9	20-11.25 1
FOUL	FOUL	6.38m(1.9)			
14 Robert Clayton	SO	Moorpark	6.35m	+0.0	20-10.00 2
6.29m(1.1)	6.24m(+0.0)	6.35m(+0.0)			
15 Andrew Aguilar	FR	Mt. Sac	J6.35m	1.4	20-10.00 2
6.35m(1.4)	FOUL(+0.0)	6.06m(+0.0)			
16 Cahari Allen	FR	Antelope Valley	6.34m	+0.0	20-09.75 2
FOUL	6.24m(+0.0)	6.34m(+0.0)			
17 Moise Calloway	FR	SD Mesa	6.33m	1.6	20-09.25 1
FOUL	5.49m(0.3)	6.33m(1.6)			
18 Isaiah Galloway	FR	Orange Coast	6.28m	0.3	20-07.25 1
6.26m(+0.0)	6.28m(0.3)	FOUL			
19 Patrick Maria	FR	Riverside	6.25m	-0.9	20-06.25 2
6.25m(-0.9)	ND(NWI)	ND(NWI)			
20 James Martin	SO	Long Beach	6.24m	1.0	20-05.75 2
6.24m(1.0)	5.94m(0.4)	6.15m(-0.1)			
21 Christian Trickey	FR	SD Mesa	6.13m	1.3	20-01.50 1
6.13m(1.3)	FOUL	FOUL			
22 Jacob Woods	FR	Riverside	6.09m	1.6	19-11.75 2
4.96m(+0.0)	5.91m(1.1)	6.09m(1.6)			
23 Andres Ramirez	FR	Santa Ana	5.98m	+0.0	19-07.50 2
5.98m(+0.0)	5.87m(1.6)	5.73m(0.6)			
24 Timothy Sloan Jr	SO	Cerritos	5.89m	1.7	19-04.00 1
5.77m(-1.0)	FOUL(1.9)	5.89m(1.7)			



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Results

....Event 5 Men Long Jump

--	Travion Phillips	FR Mt. Sac	FOUL	NWI	2
	FOUL	FOUL	FOUL		
--	Jordan Baylis	FR El Camino	FOUL	NWI	1
	FOUL	FOUL	PASS		
--	Billy Hale	FR SD Mesa	FOUL	NWI	1
	FOUL	FOUL	FOUL		

Event 5 Men Long Jump

Name	Year School	Finals	Wind
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Finals			
1	Qwintin Workman	SO El Camino	7.24m 1.7 23-09.00
	6.96m(1.7) 5.03m(0.3) FOUL(0.8) 6.61m(2.0) 6.76m(1.0) 7.24m(1.7)		
2	William Dower	FR Riverside	7.10m 1.3 23-03.50
	6.68m(0.4) 6.67m(0.6) 6.92m(1.4) 7.08m(1.4) 6.94m(1.2) 7.10m(1.3)		
3	Justin Reed	SO Riverside	J7.10m -0.1 23-03.50
	6.31m(0.2) 6.92m(+0.0) 7.10m(-0.1) 6.08m(0.3) 6.97m(1.7) FOUL(0.4)		
4	Steven Ashby	FR West Los Angeles	7.09m 0.7 23-03.25
	6.89m(0.8) 7.04m(0.6) FOUL(1.8) 6.58m(+0.0) FOUL(0.6) 7.09m(0.7)		
5	Titus Houston	FR Cerritos	6.99m +0.0 22-11.25
	6.71m(-0.2) 6.90m(1.1) 6.99m(+0.0) FOUL(0.4) FOUL(2.2) 6.66m(1.4)		
6	Delon Buncio	SO Canyons	6.91m 2.0 22-08.00
	6.59m(0.5) FOUL(1.2) 6.82m(0.7) 6.91m(2.0) 6.60m(2.0) 6.89m(2.8)		
7	Troy Cristobal	FR SD Mesa	6.88m 2.2 22-07.00
	6.16m(1.4) 6.49m(2.8) 6.88m(2.2) FOUL(2.0) 6.52m(+0.0) 6.61m(1.7)		
8	Andrew Mercado	SO Canyons	6.84m +0.0 22-05.25
	FOUL(1.2) 6.84m(+0.0) FOUL(1.9) FOUL(0.5) FOUL(0.6) FOUL(1.8)		
9	Adam Kasten	SO Riverside	6.58m +0.0 21-07.25
	6.58m(+0.0) 6.39m(+0.0) 6.41m(1.5)		
10	Reece Smith	FR Moorpark	6.42m -0.7 21-00.75
	6.40m(1.2) 6.42m(-0.7) 4.86m(0.7)		
11	Ezekiel Cruz	FR Southwestern	6.38m 1.3 20-11.25
	FOUL(1.2) FOUL(2.3) 6.38m(1.3)		
12	Shay Nelson	SO Santa Monica	6.31m -0.9 20-08.50
	6.31m(1.7) 6.31m(-0.9) FOUL(1.6)		

Event 6 Women Long Jump

Name	Year School	Prelims	Wind	H#
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Preliminaries				
1	Holly Stallman	SO SD Mesa	6.10mq +0.0 20-00.25	1
	5.47m(-0.0) 5.95m(-0.0) 6.10m(+0.0)			
2	Daizhiana Ebert	FR Bakersfield	5.95mq 1.5 19-06.25	1
	5.33m(-0.0) 5.77m(-0.0) 5.95m(1.5)			
3	Kierra King	SO Cerritos	5.89mq 0.4 19-04.00	1
	5.02m(-0.0) 5.89m(0.4) 5.78m(-0.0)			
4	Imani Jones	SO Cerritos	5.73mq 0.8 18-09.75	2
	5.54m(-0.0) 5.70m(-0.0) 5.73m(0.8)			



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5	Ashlie Curenton	SO West Los Angeles	5.69mq +0.0	18-08.00	2
	5.33m(-0.0) 5.59m(-0.0) 5.69m(+0.0)				
6	Justice Smith	FR Cerritos	5.43mq +0.0	17-09.75	2
	FOUL 5.43m(+0.0) FOUL				
7	Myrna Gillas	SO Fullerton	5.42mq 2.0	17-09.50	1
	FOUL 5.22m(-0.0) 5.42m(2.0)				
8	Samantha Ealy	FR El Camino	5.09mq 2.2	16-08.50	1
	4.89m(-0.0) 5.01m(-0.0) 5.09m(2.2)				
9	Samantha Starkey	FR Fullerton	5.03mq 2.1	16-06.00	2
	4.79m(-0.0) 4.83m(-0.0) 5.03m(2.1)				
10	Charlotte Kraushaar	FR Orange Coast	5.02mq +0.0	16-05.75	2
	4.69m(-0.0) 5.02m(+0.0) 4.88m(-0.0)				
11	Alicia Zappia	FR Palomar	5.01mq 2.6	16-05.25	2
	5.00m(-0.0) 5.01m(2.6) 4.90m(-0.0)				
12	Aliyah Grissett	SO El Camino	4.99mq 1.6	16-04.50	1
	4.55m(-0.0) 4.93m(-0.0) 4.99m(1.6)				
13	De'Chanelle Goynes	SO West Los Angeles	4.90m 1.0	16-01.00	2
	4.76m(-0.0) 4.90m(1.0) 4.79m(-0.0)				
14	Keanna Daramola	FR Cerritos	4.88m 2.1	16-00.25	2
	4.57m(-0.0) 4.88m(2.1) 4.69m(-0.0)				
15	Zaila Clark	FR Bakersfield	4.75m 0.3	15-07.00	2
	4.75m(0.3) 4.58m(-0.0) 4.64m(-0.0)				
16	Darlana Robinson	SO Cerritos	4.73m 1.5	15-06.25	2
	4.47m(-0.0) 4.68m(-0.0) 4.73m(1.5)				
17	Diana Giraldo	SO Golden West	4.72m 2.5	15-06.00	2
	4.59m(-0.0) 4.72m(2.5) 4.51m(-0.0)				
18	Annie Doherty	FR Moorpark	4.67m 1.4	15-04.00	1
	4.25m(-0.0) 4.64m(-0.0) 4.67m(1.4)				
19	Julie Mariano	SO Orange Coast	J4.67m 1.5	15-04.00	1
	4.30m(-0.0) 4.39m(-0.0) 4.67m(1.5)				
20	Davina Valerio	FR Allan Hancock	4.59m 1.5	15-00.75	2
	4.59m(1.5) 4.59m(-0.0) 4.36m(-0.0)				
21	Daila Bell	FR Cerritos	4.58m +0.0	15-00.50	1
	4.38m(1.0) 4.58m(+0.0) PASS				
22	Roxanne Cuevas	FR Fullerton	4.51m 1.7	14-09.75	2
	4.42m(-0.0) 4.51m(1.7) 4.39m(-0.0)				
23	Angela Hicks	SO Riverside	4.28m NWI	14-00.50	1
	4.28m(NWI) FOUL FOUL(-0.0)				
24	Deborah Jackson	FR Cerritos	3.92m 1.1	12-10.50	1
	3.92m(1.1) 3.40m(-0.0) FOUL				
--	Lachelle Autry	SO Southwestern	FOUL NWI		1
	FOUL FOUL FOUL				
--	Kayla Castro	FR Southwestern	FOUL NWI		1
	FOUL x x				
--	Skyler Weiden	FR SD Mesa	FOUL NWI		1
	FOUL PASS PASS				



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Results

Event 6 Women Long Jump

Name	Year	School	Finals	Wind
Finals				
1 Kierra King	SO	Cerritos	6.03m	2.2 19-09.50
			5.73m(+0.0) 5.81m(+0.0) 5.62m(1.9) 5.93m(2.2) 5.77m(0.7) 6.03m(2.2)	
2 Holly Stallman	SO	SD Mesa	5.97m	2.3 19-07.00
			5.77m(0.3) FOUL(1.7) 5.97m(2.3) FOUL(1.9) 5.93m(3.0) 5.90m(1.9)	
3 Justice Smith	FR	Cerritos	5.89m	2.5 19-04.00
			5.67m(1.1) 5.49m(+0.0) 5.60m(+0.0) FOUL(1.5) 5.45m(0.4) 5.89m(2.5)	
4 Daizhiana Ebert	FR	Bakersfield	5.79m	+0.0 19-00.00
			5.79m(+0.0) 5.79m(+0.0) 5.58m(2.2) 5.61m(+0.0) 5.68m(-0.2) 5.27m(2.6)	
5 Imani Jones	SO	Cerritos	5.78m	3.0 18-11.75
			5.34m(0.2) 5.20m(+0.0) 5.59m(1.2) 5.40m(0.7) FOUL(1.6) 5.78m(3.0)	
6 Ashlie Curenton	SO	West Los Angeles	5.62m	3.0 18-05.25
			5.45m(0.9) 5.50m(1.7) 5.57m(+0.0) 5.46m(+0.0) 5.62m(3.0) 5.60m(2.4)	
7 Alicia Zappia	FR	Palomar	5.31m	2.0 17-05.25
			FOUL(+0.0) 5.31m(2.0) 5.28m(2.7) 5.10m(0.9) 4.98m(2.8) 4.98m(+0.0)	
8 Charlotte Kraushaar	FR	Orange Coast	5.27m	3.7 17-03.50
			4.95m(+0.0) 4.95m(2.0) 5.26m(2.4) 4.82m(0.1) 5.07m(2.2) 5.27m(3.7)	
9 Myrna Gillas	SO	Fullerton	5.24m	1.8 17-02.25
			FOUL(+0.0) FOUL(0.9) 5.24m(1.8)	
10 Aliyah Grissett	SO	El Camino	5.15m	2.4 16-10.75
			4.88m(1.1) 5.15m(2.4) FOUL(3.2)	
11 Samantha Ealy	FR	El Camino	5.06m	0.9 16-07.25
			5.06m(+0.0) 5.06m(0.9) 4.99m(1.2)	
12 Samantha Starkey	FR	Fullerton	4.87m	1.1 15-11.75
			4.81m(+0.0) 4.78m(+0.0) 4.87m(1.1)	

Event 7 Women Pole Vault

Name	Year	School	Prelims
Preliminaries			
1 Darla Gonzalez	FR	Mt. Sac	3.45mq 11-03.75
			3.45 XO
2 Karen Orozco	SO	Riverside	3.00mq 9-10.00
			2.70 2.85 3.00 0 0 0
2 Amy Campos	FR	Mt. Sac	3.00mq 9-10.00
			3.00 0
2 Amanda Amundson	SO	Saddleback	3.00mq 9-10.00
			2.85 3.00 0 0
2 Alison Young	FR	Orange Coast	3.00mq 9-10.00
			2.85 3.00 0 0



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....Event 7 Women Pole Vault

6	Kiersten Wilbourn	SO Mt. Sac	J3.00mq	9-10.00
	2.70 2.85 3.00			
	XO O O			
7	Mayara De Souza	FR Mt. Sac	J3.00mq	9-10.00
	3.00			
	XO			
8	Bailey Price	SO Cuesta	2.85mq	9-04.25
	2.55 2.70 2.85 3.00			
	O O O XXX			
9	Lyling Irwin	FR Long Beach	J2.85mq	9-04.25
	2.70 2.85 3.00			
	O XO XXX			
9	Thy Pham	SO Riverside	J2.85mq	9-04.25
	2.55 2.70 2.85 3.00			
	O O XO XXX			
11	Davina Valerio	FR Allan Hancock	2.70m	8-10.25
	2.40 2.55 2.70 2.85			
	O O O XXX			
11	Mayra Aranda	FR Saddleback	2.70m	8-10.25
	2.55 2.70 2.85			
	O O XXX			
11	Eli Arnaudo	FR Cuesta	2.70m	8-10.25
	2.40 2.55 2.70 2.85			
	O O O XXX			
14	Clarissa Orna	SO Cerritos	J2.70m	8-10.25
	2.55 2.70 2.85			
	XO XO XXX			
15	Izzy Devera	FR SD Mesa	2.55m	8-04.25
	2.25 2.40 2.55 2.70			
	XO O O XXX			
16	Mackenzie Perez	FR Saddleback	J2.55m	8-04.25
	2.40 2.55 2.70			
	O XO XXX			
17	Diana Giraldo	SO Golden West	J2.55m	8-04.25
	2.10 2.25 2.40 2.55 2.70			
	O O XXO XO XXX			
18	Natalie Seelenfreund	FR Cuesta	J2.55m	8-04.25
	2.40 2.55 2.70			
	O XXO XXX			
19	Kyra Hendrickson	FR Palomar	2.40m	7-10.50
	2.25 2.40 2.55			
	O XO XXX			
20	Alexandria Stuart	FR Orange Coast	2.25m	7-04.50
	2.10 2.25 2.40			
	O O XXX			
21	Erin Williams	FR Cuyamaca	J2.25m	7-04.50
	2.10 2.25 2.40			
	XO O XXX			



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....Event 7 Women Pole Vault

-- Nikki Liddicoat FR Cuesta NH
2.55
XXX

Event 7 Women Pole Vault

Name	Year	School	Finals
Finals			
1 Darla Gonzalez	FR	Mt. Sac	4.05m 13-03.50
2.40 2.55 2.70 2.85 3.00	3.15 3.30 3.45 3.60 3.76 3.90 4.05 4.12		
PPP PPP PPP PPP PPP	PPP PPP XO O XO PPP XXO XXX		
2 Amy Campos	FR	Mt. Sac	3.45m 11-03.75
2.40 2.55 2.70 2.85 3.00	3.15 3.30 3.45 3.60		
PPP PPP PPP PPP PPP	O O XXO XXX		
3 Alison Young	FR	Orange Coast	3.30m 10-10.00
2.40 2.55 2.70 2.85 3.00	3.15 3.30 3.45		
PPP PPP PPP XO XXO	XO O XXX		
4 Mayara De Souza	FR	Mt. Sac	J3.30m 10-10.00
2.40 2.55 2.70 2.85 3.00	3.15 3.30 3.45		
PPP PPP PPP PPP O	O XO XXX		
5 Kiersten Wilbourn	SO	Mt. Sac	3.15m 10-04.00
2.40 2.55 2.70 2.85 3.00	3.15 3.30		
PPP PPP PPP O O	O XXX		
6 Karen Orozco	SO	Riverside	J3.15m 10-04.00
2.40 2.55 2.70 2.85 3.00	3.15 3.30		
PPP PPP PPP O XO	XO XXX		
7 Amanda Amundson	SO	Saddleback	3.00m 9-10.00
2.40 2.55 2.70 2.85 3.00	3.15		
PPP PPP PPP O O	XXX		
8 Lyling Irwin	FR	Long Beach	J3.00m 9-10.00
2.40 2.55 2.70 2.85 3.00	3.15		
PPP PPP O O XO	XXX		
9 Thy Pham	SO	Riverside	2.85m 9-04.25
2.40 2.55 2.70 2.85 3.00			
PPP O O O XXX			
10 Bailey Price	SO	Cuesta	J2.85m 9-04.25
2.40 2.55 2.70 2.85 3.00			
PPP O O XO XXX			

Event 8 Women High Jump

Name	Year	School	Prelims
Preliminaries			
1 Myrna Gillas	SO	Fullerton	1.50mq 4-11.00
1.50			
O			



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....Event 8 Women High Jump

2	Toriana Palacki	FR SD Mesa	1.45mq	4-09.00
	1.35 1.40 1.45			
	o o o			
2	Isabella Molony	SO Santa Barbara	1.45mq	4-09.00
	1.35 1.40 1.45			
	o o o			
2	Anyese Kirkland	FR Santa Monica	1.45mq	4-09.00
	1.45			
	o			
5	Victoria Vally	FR Moorpark	J1.45mq	4-09.00
	1.35 1.40 1.45			
	XO o o			
5	Darlena Robinson	SO Cerritos	J1.45mq	4-09.00
	1.30 1.35 1.40 1.45			
	o o XO o			
5	Julie Mariano	SO Orange Coast	J1.45mq	4-09.00
	1.40 1.45			
	XO o			
8	Jasmine Perez	FR SD Mesa	J1.45mq	4-09.00
	1.35 1.40 1.45			
	o o XXO			
9	De'Chanelle Goynes	SO West Los Angeles	1.40mq	4-07.00
	1.35 1.40 1.45			
	o o XXX			
9	Elizabeth Chidester	FR Mt. Sac	1.40mq	4-07.00
	1.30 1.35 1.40 1.45			
	o XO XO XXX			
11	Lyling Irwin	FR Long Beach	1.35m	4-05.00
	1.35 1.40			
	o XXX			
11	Daila Bell	FR Cerritos	1.35m	4-05.00
	1.30 1.35 1.40			
	o o XXX			
11	Roxanne Cuevas	FR Fullerton	1.35m	4-05.00
	1.35 1.40			
	o XXX			
14	Skyler Weiden	FR SD Mesa	J1.35m	4-05.00
	1.35 1.40			
	XO XXX			
15	Annie Doherty	FR Moorpark	J1.35m	4-05.00
	1.30 1.35 1.40			
	o XXO XXX			
16	Keanna Daramola	FR Cerritos	1.30m	4-03.25
	1.30 1.35			
	o XXX			
16	Yasmine Cocotis	SO Orange Coast	1.30m	4-03.25
	1.25 1.30 1.35			
	o o XXX			



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Results

....Event 8 Women High Jump

16 Crystal Vongphrasouk	FR Mt. Sac	1.30m	4-03.25
1.30 1.35			
O XXX			
19 Sierra Browne	FR Orange Coast	1.25m	4-01.25
1.25 1.30			
O XXX			
-- Hanna Lauritzen	FR Palomar	NH	
1.25			
XXX			

Event 8 Women High Jump

Name	Year School	Finals
Finals		
1 Anyese Kirkland	FR Santa Monica	1.60m 5-03.00
1.30 1.35 1.40 1.45 1.50 1.55 1.60 1.65		
PPP PPP PPP O O O XXO XXX		
2 Victoria Vally	FR Moorpark	1.55m 5-01.00
1.30 1.35 1.40 1.45 1.50 1.55 1.60		
PPP O O O XO O XXX		
3 Myrna Gillas	SO Fullerton	J1.55m 5-01.00
1.30 1.35 1.40 1.45 1.50 1.55 1.60		
PPP PPP PPP PPP PPP XO XXX		
4 Toriana Palacki	FR SD Mesa	J1.55m 5-01.00
1.30 1.35 1.40 1.45 1.50 1.55 1.60		
PPP O O O O XXO XXX		
5 Julie Mariano	SO Orange Coast	1.50m 4-11.00
1.30 1.35 1.40 1.45 1.50 1.55		
PPP PPP O O O XXX		
6 Isabella Molony	SO Santa Barbara	J1.50m 4-11.00
1.30 1.35 1.40 1.45 1.50 1.55		
PPP XXO O XO XXO XXX		
7 De'Chanelle Goynes	SO West Los Angeles	1.45m 4-09.00
1.30 1.35 1.40 1.45 1.50		
PPP PPP O XO XXX		
8 Elizabeth Chidester	FR Mt. Sac	J1.45m 4-09.00
1.30 1.35 1.40 1.45 1.50		
PPP O XO XXO XXX		
9 Darlena Robinson	SO Cerritos	1.40m 4-07.00
1.30 1.35 1.40 1.45		
O O O XXX		
10 Jasmine Perez	FR SD Mesa	1.35m 4-05.00
1.30 1.35 1.40		
PPP O XXX		



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Results

Event 9 Women Hammer Throw

Name	Year	School	Finals	H#
1 Tayler Salley	FR	Riverside	47.16m	154-09 2
FOUL 47.16m 45.72m	FOUL	FOUL	FOUL	
2 Keiana Turner	FR	Riverside	46.00m	150-11 2
FOUL 42.02m 45.64m	46.00m	FOUL	FOUL	
3 Jay Rhambo	SO	El Camino	43.83m	143-09 2
43.83m FOUL 40.16m	41.45m	42.42m	43.78m	
4 Patricia Valle	SO	Moorpark	42.73m	140-02 2
38.70m 39.99m 36.96m	42.73m	FOUL	36.61m	
5 Nanati Alailefaleula	SO	Cerritos	41.84m	137-03 1
37.14m 41.65m	FOUL	32.92m	41.84m	FOUL
6 Cyan Gutierrez	FR	Antelope Valley	41.24m	135-04 2
37.90m 41.24m	FOUL	37.36m	39.78m	FOUL
7 Kyja Free	SO	El Camino	41.19m	135-02 2
38.30m FOUL 38.78m	41.19m	38.29m	37.67m	
8 Alexis Kotey	FR	Fullerton	39.61m	129-11 2
36.90m 35.96m 39.61m	38.83m	33.46m	FOUL	
9 Cara Jones	FR	Cuesta	39.31m	129-00 2
38.74m 39.01m 38.87m	FOUL	39.31m	37.62m	
10 Estafani Flores	FR	Riverside	35.79m	117-05 2
35.79m FOUL 35.62m	FOUL	35.44m	FOUL	
11 Kimberly Mataia	SO	Fullerton	35.43m	116-03 2
FOUL 35.43m 29.49m	32.69m	FOUL	29.78m	
12 Zulema Juarez	SO	Orange Coast	34.96m	114-08 2
34.96m 24.31m	FOUL	26.21m	29.41m	28.11m
13 Gianna Jacoub	SO	Mt. Sac	34.58m	113-05 2
FOUL 34.58m	FOUL			
14 Raelynn Denson	SO	Orange Coast	34.07m	111-09 1
29.55m 33.03m	34.07m			
15 Brittney Allen	FR	Cuyamaca	33.92m	111-03 1
33.47m 33.92m	32.33m			
16 Leslie Valoaga	SO	Ventura	33.03m	108-04 1
33.03m 31.15m	FOUL			
17 Yarabi Campos	FR	Bakersfield	32.97m	108-02 2
32.97m 31.80m	29.03m			
18 Emily Gamboa	SO	Cerritos	32.45m	106-05 2
31.07m 32.45m	32.39m			
19 Sarah Hernandez	FR	Cerritos	31.28m	102-07 1
31.28m 26.64m	FOUL			
20 Bianca Encio	FR	SD Mesa	30.77m	100-11 1
30.77m	FOUL	FOUL		
21 Doinielle Hutchinson	FR	Riverside	29.31m	96-02 1
28.35m 25.68m	29.31m			
22 Samantha Mabee	FR	Mt. Sac	27.81m	91-03 1
27.81m 23.48m	FOUL			
23 Ashley Dearinger	FR	Moorpark	27.76m	91-01 1
FOUL 26.28m	27.76m			
24 Caroline Chee	FR	Moorpark	26.81m	87-11 1
26.81m 26.59m	23.40m			



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....Event 9 Women Hammer Throw

25 Leah Mitchell	FR Mt. Sac	26.61m	87-04	1
26 Stefani Valdez	FR Santa Barbara	25.38m	83-03	1
27 Jessica Dutton	FR Palomar	24.57m	80-07	1
-- Karleigh Cundiff	FR Moorpark	FOUL		1

Event 10 Men Discus Throw

Name	Year School	Finals	H#
1 Alec Jones	SO Riverside	49.62m	162-09 2
2 Spencer Blake	FR Golden West	46.46m	152-05 2
3 Jacob Whitby	SO Bakersfield	45.32m	148-08 2
4 Jordan Palmer	FR Canyons	43.64m	143-02 2
5 Brandon Harris	FR Riverside	43.13m	141-06 2
6 Blake Baloun	FR Saddleback	42.69m	140-01 2
7 Jorge Gonzalez	SO Cerritos	42.22m	138-06 2
8 Kevin Oliva	FR El Camino	41.78m	137-01 2
9 Russell Bedre	SO Riverside	41.15m	135-00 2
10 David Leber	FR Cuyamaca	40.65m	133-04 2
11 Andrew Mitchell	FR SD Mesa	40.36m	132-05 2
12 Pablo Gamez	FR Glendale	40.03m	131-04 2
13 Alex Schechter	SO Saddleback	38.87m	127-06 2
14 Matt O'Henley	FR Cuesta	38.69m	126-11 1
15 Cody Hartsfield	FR Bakersfield	38.32m	125-09 2
16 Andrew Aguilar	FR Mt. Sac	37.29m	122-04 1
17 Darius Johnson	FR Ventura	35.92m	117-10 1
18 Travis Allen	FR SD Mesa	35.66m	117-00 1



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Results

....Event 10 Men Discus Throw

19 Micah Katz	FR Cuesta	35.51m	116-06	1
33.76m 35.51m FOUL				
20 Elvis Sanchez	SO Bakersfield	35.30m	115-10	1
35.30m FOUL 34.98m				
21 Ben Nathanson	FR Saddleback	35.07m	115-01	1
FOUL FOUL 35.07m				
22 Juan Leyva	FR SD Mesa	34.21m	112-03	1
FOUL 34.21m 34.12m				
23 Jacob Guzman	FR Ventura	33.78m	110-10	1
29.41m FOUL 33.78m				
24 Oscar Navarro	FR SD Mesa	32.92m	108-00	1
32.92m FOUL FOUL				
25 Jonathan Vaoifi	FR Cerritos	32.80m	107-07	1
32.80m FOUL 32.06m				
26 Thomas Craig	SO El Camino	32.74m	107-05	1
FOUL 32.74m FOUL				
27 Josh Martz	FR SD Mesa	32.00m	105-00	1
31.77m 32.00m 30.63m				
28 Austin Freeman	FR Cerritos	29.87m	98-00	1
FOUL FOUL 29.87m				

Event 11 Men High Jump

Name	Year School	Prelims
=====		
Preliminaries		
1 Timothy Sloan Jr	SO Cerritos	1.90mq 6-02.75
1.85 1.90		
XO XO		
1 Robert Clayton	SO Moorpark	1.90mq 6-02.75
1.85 1.90		
O XO		
1 Destin Flucas	FR Cerritos	1.90mq 6-02.75
1.80 1.85 1.90		
O O XO		
1 Shallamar Poole	FR Mt. Sac	1.90mq 6-02.75
1.90		
XO		
1 Travion Phillips	FR Mt. Sac	1.90mq 6-02.75
1.85 1.90		
O XXO		
1 Vincent Ketelaar	FR Cuesta	1.90mq 6-02.75
1.70 1.75 1.80 1.85 1.90		
O O O XO O		
7 Mles Johnson	FR Pasadena	1.85mq 6-00.75
1.80 1.85 1.90		
O O XXX		
7 Reece Smith	FR Moorpark	1.85mq 6-00.75
1.80 1.85 1.90		
O XO XXX		



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....Event 11 Men High Jump

7	Jaycion Vasquez	FR Antelope Valley	1.85mq	6-00.75
	1.80 1.85 1.90			
	O XO XXX			
7	John Skocilic	FR Golden West	1.85mq	6-00.75
	1.80 1.85 1.90			
	O O XXX			
7	Justin Campbell	FR Pasadena	1.85mq	6-00.75
	1.80 1.85 1.90			
	O O XXX			
7	Jordan Baylis	FR El Camino	1.85mq	6-00.75
	1.80 1.85 1.90			
	XO O XXX			
7	Chayin Osgood	FR Southwestern	1.85mq	6-00.75
	1.75 1.80 1.85 1.90			
	O O XO XXX			
7	Victor Anthony	FR Glendale	1.85mq	6-00.75
	1.75 1.80 1.85 1.90			
	O O XO XXX			
15	Troy Cristobal	FR SD Mesa	1.80m	5-10.75
	1.75 1.80 1.85			
	XXO O XXX			
16	Justin Reed	SO Riverside	J1.80m	5-10.75
	1.80 1.85			
	XXO XXX			
16	Dylan Coleman	FR Cuyamaca	J1.80m	5-10.75
	1.80 1.85			
	XXO XXX			
18	Jarrod Morris	FR Riverside	J1.80m	5-10.75
	1.75 1.80 1.85			
	XXO XXO XXX			
19	Demetrius Houston	FR Riverside	1.75m	5-08.75
	1.75 1.80			
	O XXX			
20	Patrick Maria	FR Riverside	J1.75m	5-08.75
	1.75 1.80			
	XXO XXX			
21	Layne Larsen	FR Cuyamaca	1.70m	5-07.00
	1.70 1.75			
	O XXX			
21	Ian Koontz	FR Orange Coast	1.70m	5-07.00
	1.70 1.75			
	O XXX			
23	Jacob Maldonado	FR Orange Coast	J1.70m	5-07.00
	1.65 1.70 1.75			
	O XXO XXX			
--	Justin Phan	SO Moorpark	NH	
	1.70			
	XXX			



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Results

....Event 11 Men High Jump

-- Billy Hale	FR SD Mesa	NH
1.65		
XXX		
-- Daniel Nichols	FR Bakersfield	NH
1.85		
XXX		

Event 11 Men High Jump

Name	Year School	Finals
Finals		
1 Shallamar Poole	FR Mt. Sac	1.95m 6-04.75
1.75 1.80 1.85 1.90 1.95 2.00		
PPP PPP PPP O O XXX		
2 Timothy Sloan Jr	SO Cerritos	J1.95m 6-04.75
1.75 1.80 1.85 1.90 1.95 2.00		
PPP PPP XO XO XO XXX		
2 Vincent Ketelaar	FR Cuesta	J1.95m 6-04.75
1.75 1.80 1.85 1.90 1.95 2.00		
O O O XXO XO XXX		
4 Travion Phillips	FR Mt. Sac	1.90m 6-02.75
1.75 1.80 1.85 1.90 1.95		
PPP PPP XXO XO XXX		
5 Destin Flucas	FR Cerritos	J1.90m 6-02.75
1.75 1.80 1.85 1.90 1.95		
PPP PPP O XXO XXX		
6 Robert Clayton	SO Moorpark	J1.90m 6-02.75
1.75 1.80 1.85 1.90 1.95		
PPP PPP XO XXO XXX		
7 Jaycion Vasquez	FR Antelope Valley	1.85m 6-00.75
1.75 1.80 1.85 1.90		
PPP PPP O XXX		
8 Victor Anthony	FR Glendale	J1.85m 6-00.75
1.75 1.80 1.85 1.90		
O O O XXX		
9 Reece Smith	FR Moorpark	J1.85m 6-00.75
1.75 1.80 1.85 1.90		
PPP PPP XO XXX		
10 Mles Johnson	FR Pasadena	J1.85m 6-00.75
1.75 1.80 1.85 1.90		
PPP O XO XXX		
11 Justin Campbell	FR Pasadena	J1.85m 6-00.75
1.75 1.80 1.85 1.90		
PPP PPP XO XXX		
12 John Skocilic	FR Golden West	J1.85m 6-00.75
1.75 1.80 1.85 1.90		
PPP XXO XXO XXX		



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Results

....Event 11 Men High Jump

13 Chayin Osgood FR Southwestern 1.75m 5-08.75
 1.75 1.80
 XXO XXX

Event 12 Men Pole Vault

Name	Year School	Prelims
Preliminaries		
1 Ryan Fegan 4.45 XXO	SO Orange Coast	4.45mq 14-07.25
2 Shane Peterson 4.15 4.30 O XXO	FR West Los Angeles	4.30mq 14-01.25
2 Brian Lantan 4.15 4.30 O O	FR Cerritos	4.30mq 14-01.25
2 Jimmy Escobar 4.00 4.15 4.30 O O O	SO Cuesta	4.30mq 14-01.25
2 Nathaniel Carranza 4.15 4.30 O XXO	FR Mt. Sac	4.30mq 14-01.25
2 Tyler Harper 4.15 4.30 O O	SO Riverside	4.30mq 14-01.25
2 Victor Zuniga 4.15 4.30 XO XXO	SO Moorpark	4.30mq 14-01.25
2 Giulio Giordani 4.15 4.30 O XO	FR Santa Barbara	4.30mq 14-01.25
9 Wesley Coleman 3.85 4.00 4.15 4.30 O XO O XXX	FR Cuyamaca	4.15mq 13-07.25
9 Jack Porter 3.70 3.85 4.00 4.15 4.30 XO O XXO O XXX	SO Moorpark	4.15mq 13-07.25
9 Armon Gorgani 3.85 4.00 4.15 4.30 O O O XXX	FR El Camino	4.15mq 13-07.25
12 Ryan Lopez 4.00 4.15 O XXX	FR Mt. Sac	4.00m 13-01.50
12 Nico Fitzgerald 4.00 4.15 O XXX	FR SD Mesa	4.00m 13-01.50



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....Event 12 Men Pole Vault

12 Daniel Starkey	SO Mt. Sac	4.00m	13-01.50
3.85 4.00 4.15			
O O XXX			
12 Declan Harman	FR El Camino	4.00m	13-01.50
4.00 4.15			
O XXX			
12 Dustin Davis	FR Riverside	4.00m	13-01.50
4.00 4.15			
O XXX			
12 Tyler Young	FR Orange Coast	4.00m	13-01.50
3.55 3.70 3.85 4.00 4.15			
XO P XO O XXX			
12 Brian Castillo	SO Cerritos	4.00m	13-01.50
4.00 4.15			
O XXX			
12 Christian Virga	FR Long Beach	4.00m	13-01.50
3.85 4.00 4.15			
XO XXO XXX			
12 Andrew Aguilar	FR Mt. Sac	4.00m	13-01.50
3.55 3.70 3.85 4.00 4.15			
XO O O O XXX			
21 Vincent Ketelaar	FR Cuesta	3.85m	12-07.50
3.55 3.70 3.85 4.00			
O O XO XXX			
22 Moise Calloway	FR SD Mesa	3.55m	11-07.75
2.95 3.10 3.25 3.40 3.55 3.70			
O XO XO O XO XXX			
23 Thomas Rusnak	FR Cuyamaca	3.40m	11-01.75
3.25 3.40 3.55			
XO O XXX			
24 Alan Perez	FR Cuyamaca	3.10m	10-02.00
3.10 3.25			
XO XXX			
-- Timothy Weaver	FR Orange Coast	NH	
3.55			
XXX			
-- Calvin Oury	FR Mt. Sac	NH	
4.00			
XXX			

Event 12 Men Pole Vault

Name	Year School	Finals
=====		
Finals		
1 Jimmy Escobar	SO Cuesta	4.75m 15-07.00
3.85 4.00 4.15 4.30 4.45 4.60 4.75 4.91 5.05		
PPP PPP PPP PPP O XXO O XPP XX		



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....Event 12 Men Pole Vault

2	Tyler Harper	SO Riverside	4.60m	15-01.00
	3.85 4.00 4.15 4.30 4.45 4.60 4.75 4.91			
	PPP PPP O O O XO XPP XX			
3	Ryan Fegan	SO Orange Coast	J4.60m	15-01.00
	3.85 4.00 4.15 4.30 4.45 4.60 4.75			
	PPP PPP PPP PPP XXO XO XXX			
4	Nathaniel Carranza	FR Mt. Sac	4.45m	14-07.25
	3.85 4.00 4.15 4.30 4.45 4.60			
	PPP PPP PPP O O XXX			
5	Shane Peterson	FR West Los Angeles	J4.45m	14-07.25
	3.85 4.00 4.15 4.30 4.45 4.60			
	PPP PPP O XO XO XXX			
6	Victor Zuniga	SO Moorpark	J4.45m	14-07.25
	3.85 4.00 4.15 4.30 4.45 4.60			
	PPP PPP O O XXO XXX			
7	Giulio Giordani	FR Santa Barbara	J4.45m	14-07.25
	3.85 4.00 4.15 4.30 4.45 4.60			
	PPP O XO XO XXO XXX			
8	Brian Lantan	FR Cerritos	4.15m	13-07.25
	3.85 4.00 4.15 4.30			
	PPP PPP O XXX			
9	Wesley Coleman	FR Cuyamaca	4.00m	13-01.50
	3.85 4.00 4.15			
	PPP XO XXX			
10	Jack Porter	SO Moorpark	J4.00m	13-01.50
	3.85 4.00 4.15			
	XXO XO XXX			
--	Armon Gorgani	FR El Camino		NH
	3.85 4.00			
	PPP XXX			

Event 13 Women Shot Put

=====					
Name	Year School			Finals	H#
=====					
1	Angelique Hudson	SO Riverside	13.70m	44-11.50	2
	12.76m 13.66m FOUL 13.70m 12.89m 13.32m				
2	Kimora Pooler	FR Ventura	11.90m	39-00.50	2
	11.74m 11.11m 11.05m 11.80m 11.12m 11.90m				
3	Nanati Alailefaleula	SO Cerritos	11.81m	38-09.00	2
	11.42m 11.24m 11.81m FOUL 11.57m FOUL				
4	Bianca Encio	FR SD Mesa	11.60m	38-00.75	2
	11.60m 11.39m 11.57m 11.23m 10.94m 10.97m				
5	Sarah Hernandez	FR Cerritos	11.42m	37-05.75	2
	10.20m 9.34m 10.99m 10.56m 11.42m FOUL				
6	Keiana Turner	FR Riverside	11.26m	36-11.50	2
	10.46m 10.86m 11.26m 11.18m 11.25m 10.97m				
7	Chloe Wood	SO Cuesta	11.24m	36-10.50	2
	9.95m FOUL 10.60m 11.24m 11.18m 11.05m				



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....Event 13 Women Shot Put

8	Alexis Kotey	FR Fullerton	11.18m	36-08.25	2
	FOUL 10.26m 11.18m	FOUL 10.78m 10.48m			
9	Hannah Katches	SO Cuesta	10.93m	35-10.50	2
	9.67m 10.16m 10.93m	10.88m 10.88m 10.38m			
10	Callissa Candalot	FR Long Beach	10.91m	35-09.50	2
	10.91m 10.87m FOUL	10.41m 10.38m 10.56m			
11	Kimberly Mataia	SO Fullerton	10.85m	35-07.25	2
	10.36m 9.65m 10.57m	10.85m 8.88m 9.65m			
12	Jocelyn Galloway	FR Long Beach	10.72m	35-02.00	2
	10.72m FOUL 10.56m	10.34m 10.67m FOUL			
13	Elizabeth Chidester	FR Mt. Sac	10.54m	34-07.00	2
	10.51m 10.54m 10.22m				
14	Raelynn Denson	SO Orange Coast	10.47m	34-04.25	1
	10.43m 10.25m 10.47m				
15	Kyja Free	SO El Camino	J10.47m	34-04.25	1
	10.47m 10.15m FOUL				
16	Estafani Flores	FR Riverside	10.25m	33-07.50	1
	10.25m 9.60m 9.92m				
17	Jay Rhambo	SO El Camino	J10.25m	33-07.50	2
	FOUL 10.25m FOUL				
18	Deja Marsh	SO Glendale	10.11m	33-02.00	1
	10.04m FOUL 10.11m				
19	Megan Robles	FR Golden West	9.96m	32-08.25	1
	9.31m 8.73m 9.96m				
20	Jessica Dutton	FR Palomar	9.85m	32-03.75	1
	8.64m 9.36m 9.85m				
21	Defries Alexis	FR Golden West	9.84m	32-03.50	1
	FOUL 9.84m 9.15m				
22	Patricia Valle	SO Moorpark	9.60m	31-06.00	1
	9.43m 9.60m 8.78m				
23	Malan Baxter	FR Santa Monica	9.36m	30-08.50	1
	9.19m 9.34m 9.36m				
24	Domonique Tanori	FR San Bernardino	9.32m	30-07.00	1
	9.11m 9.00m 9.32m				
25	Daila Bell	FR Cerritos	9.19m	30-02.00	1
	9.19m 8.74m 8.22m				
26	Amanda Robles	FR Golden West	8.99m	29-06.00	1
	7.95m 8.99m 8.94m				
27	Ashley Duniphan	FR Palomar	7.75m	25-05.25	1
	7.75m 7.53m 7.29m				
--	Leslie Valoaga	SO Ventura	FOUL		1
	FOUL FOUL FOUL				

Event 14 Men Triple Jump

Name	Year School	Prelims	Wind	H#
Preliminaries				
1 Joseph Anderson	SO West Los Angeles	14.40mq	2.1	47-03.00 2
		14.02m(1.1) 13.75m(2.3) 14.40m(2.1)		



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....Event 14 Men Triple Jump

2	Titus Houston	FR Cerritos	14.14mq	2.6	46-04.75	2
	FOUL	14.14m(2.6)	FOUL			
3	Jared Whitt	FR Pasadena	14.05mq	2.4	46-01.25	2
	14.05m(2.4)	PASS	PASS			
4	Shay Nelson	SO Santa Monica	13.92mq	1.7	45-08.00	2
	13.27m(2.1)	13.92m(1.7)	13.44m(1.2)			
5	Isaiah Mitchell	FR Mt. Sac	13.79mq	1.8	45-03.00	1
	13.79m(1.8)	12.79m(2.0)	12.05m(1.5)			
6	Isaiah Galloway	FR Orange Coast	13.73mq	0.7	45-00.50	2
	13.73m(0.7)	PASS	PASS			
7	James Martin	SO Long Beach	13.67mq	0.1	44-10.25	1
	13.61m(2.1)	13.23m(1.8)	13.67m(0.1)			
8	Darius Jackson	FR Cuesta	13.64mq	1.9	44-09.00	1
	13.20m(0.4)	13.64m(1.9)	13.08m(2.8)			
9	Adam Kasten	SO Riverside	13.35mq	1.3	43-09.75	1
	12.76m(0.6)	13.03m(2.9)	13.35m(1.3)			
10	Reece Smith	FR Moorpark	13.31mq	1.3	43-08.00	2
	13.31m(1.3)	13.08m(0.7)	13.31m(2.4)			
11	Christian Gbla	FR Riverside	13.23mq	1.6	43-05.00	1
	13.23m(1.6)	13.11m(2.2)	13.00m(1.3)			
12	Brian Nnoli	SO Santa Barbara	13.22mq	1.6	43-04.50	1
	12.63m(0.6)	13.10m(1.3)	13.22m(1.6)			
13	Semaj Lewis	FR Long Beach	J13.22m	1.3	43-04.50	2
	12.90m(1.9)	12.88m(1.1)	13.22m(1.3)			
14	Jarrood Sanchez	FR Mt. Sac	13.16m	1.8	43-02.25	2
	13.16m(1.8)	12.98m(1.8)	FOUL(3.4)			
15	Nathan Wong	FR Fullerton	13.09m	1.9	42-11.50	2
	12.93m(2.0)	13.07m(2.3)	13.09m(1.9)			
16	Jesus Vasquez	FR Cuyamaca	13.04m	0.8	42-09.50	1
	13.04m(0.8)	12.22m(1.4)	13.01m(1.8)			
17	Tevin Gordon	SO Riverside	12.81m	1.5	42-00.50	2
	FOUL	FOUL	12.81m(1.5)			
18	James Mazzeo	FR Orange Coast	12.74m	2.2	41-09.75	1
	12.32m(+0.0)	12.74m(2.2)	12.16m(2.0)			
19	Andres Ramirez	FR Santa Ana	12.73m	2.0	41-09.25	2
	12.73m(2.0)	12.07m(2.8)	12.54m(+0.0)			
20	Chayin Osgood	FR Southwestern	12.63m	1.2	41-05.25	1
	12.26m(0.9)	12.63m(1.2)	12.21m(2.4)			
21	Da'Vean Randall	FR West Los Angeles	12.62m	1.7	41-05.00	1
	12.47m(3.0)	12.53m(1.1)	12.62m(1.7)			
22	Isaiah Mageo	SO Long Beach	12.58m	1.5	41-03.25	2
	12.58m(1.5)	12.32m(1.1)	12.55m(2.4)			
23	Dakari Bell	FR Glendale	12.54m	+0.0	41-01.75	2
	11.74m(1.5)	12.20m(1.2)	12.54m(+0.0)			
24	John Skocilic	FR Golden West	12.45m	+0.0	40-10.25	1
	11.75m(2.7)	12.30m(1.5)	12.45m(+0.0)			
25	Adam Hokoki	FR Saddleback	12.26m	2.3	40-02.75	1
	12.20m(2.3)	FOUL(1.4)	12.26m(2.3)			
26	Justin Phan	SO Moorpark	12.15m	2.2	39-10.50	1
	11.75m(0.3)	12.15m(2.2)	12.08m(3.3)			



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....Event 14 Men Triple Jump

27	Rylan Gray	FR Long Beach	12.02m	1.6	39-05.25	2
	12.02m(1.6) 12.00m(1.1) 12.02m(2.1)					
28	Lam Nguyen	SO Santa Barbara	12.01m	1.7	39-05.00	1
	11.85m(1.4) FOUL(4.0) 12.01m(1.7)					

Event 14 Men Triple Jump

Name	Year	School	Finals	Wind
------	------	--------	--------	------

Finals

1	Titus Houston	FR Cerritos	14.66m	1.9	48-01.25
	13.80m(-0.0) 13.95m(1.7) 14.66m(1.9) 13.88m(+0.0) FOUL(1.9) 14.28m(1.7)				
2	Joseph Anderson	SO West Los Angeles	14.43m	3.0	47-04.25
	13.86m(0.7) 14.43m(3.0) 14.31m(3.5) 14.15m(1.3) 13.95m(0.9) FOUL(0.2)				
3	Brian Nnoli	SO Santa Barbara	14.33m	+0.0	47-00.25
	13.83m(0.9) 13.90m(1.8) 14.08m(2.0) 13.72m(2.2) 14.33m(+0.0) 14.21m(1.4)				
4	James Martin	SO Long Beach	14.16m	1.0	46-05.50
	11.43m(2.6) 12.60m(1.6) 13.52m(2.3) 13.39m(1.6) 13.44m(1.6) 14.16m(1.0)				
5	Shay Nelson	SO Santa Monica	14.11m	1.0	46-03.50
	FOUL(0.6) 13.01m(2.1) 13.84m(+0.0) 13.68m(0.8) FOUL(2.3) 14.11m(1.0)				
6	Isaiah Mitchell	FR Mt. Sac	13.86m	1.8	45-05.75
	FOUL(0.3) 11.20m(2.8) 13.86m(1.8) 13.73m(3.4) 13.73m(1.9) 13.83m(3.8)				
7	Isaiah Galloway	FR Orange Coast	13.85m	3.4	45-05.25
	FOUL(1.7) 13.53m(2.6) 13.85m(3.4) 13.61m(1.6) 12.23m(1.2) 13.77m(1.7)				
8	Christian Gbla	FR Riverside	13.54m	1.5	44-05.25
	13.54m(1.5) 13.49m(1.0) 13.24m(1.1) 13.18m(1.1) 13.16m(1.7) 13.08m(3.4)				
9	Adam Kasten	SO Riverside	13.50m	1.7	44-03.50
	12.92m(2.6) FOUL(2.8) 13.50m(1.7)				
10	Reece Smith	FR Moorpark	13.22m	1.4	43-04.50
	13.22m(1.4) 13.07m(3.6) FOUL(2.9)				
11	Darius Jackson	FR Cuesta	12.95m	2.0	42-06.00
	FOUL(2.0) FOUL(2.5) 12.95m(2.0)				

Event 15 Women Triple Jump

Name	Year	School	Prelims	Wind	H#
------	------	--------	---------	------	----

Preliminaries

1	Justice Smith	FR Cerritos	12.18mq	2.5	39-11.50	1
	FOUL(-0.0) 12.07m(1.7) 12.18m(2.5)					
2	Imani Jones	SO Cerritos	12.03mq	1.5	39-05.75	2
	FOUL 12.03m(1.5) 11.88m(2.2)					
3	Zaila Clark	FR Bakersfield	11.45mq	2.9	37-06.75	1
	7.29m(3.1) 11.45m(2.9) 10.98m(2.7)					
4	Samantha Ealy	FR El Camino	11.22mq	3.0	36-09.75	2
	11.22m(3.0) 10.36m(2.1) PASS					
5	Aliyah Grissett	SO El Camino	11.12mq	1.3	36-05.75	2
	10.69m(3.8) 11.12m(1.3) FOUL(2.2)					
6	Kierra King	SO Cerritos	10.90mq	2.6	35-09.25	1
	10.47m(0.4) FOUL 10.90m(2.6)					



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....Event 15 Women Triple Jump

7	Lachelle Autry	SO Southwestern	10.68mq	2.3	35-00.50	1
	FOUL	FOUL	10.68m(2.3)			
8	Aaliyah Graves	FR El Camino	10.59mq	1.5	34-09.00	2
	FOUL	10.59m(1.5)	10.57m(1.4)			
9	De'Chanelle Goynes	SO West Los Angeles	J10.59mq	2.1	34-09.00	2
	10.27m(1.5)	10.59m(2.1)	9.77m(1.7)			
10	Beth Andrade	FR Cuesta	10.09mq	2.1	33-01.25	2
	9.83m(1.7)	10.09m(2.1)	FOUL(1.8)			
11	Julie Mariano	SO Orange Coast	10.06mq	2.3	33-00.25	1
	FOUL	10.06m(2.3)	9.74m(3.1)			
12	Isabella Molony	SO Santa Barbara	9.96mq	1.8	32-08.25	2
	9.96m(1.8)	9.95m(2.8)	9.83m(2.1)			
13	Ashlie Curenton	SO West Los Angeles	J9.96m	3.7	32-08.25	1
	9.96m(3.7)	FOUL	FOUL			
14	Yasmine Cocotis	SO Orange Coast	9.77m	1.3	32-00.75	2
	FOUL	FOUL	9.77m(1.3)			
15	Lilly Christenson	FR Ventura	9.59m	0.4	31-05.75	1
	FOUL	FOUL	9.59m(0.4)			
16	Joie Cosentino	FR Santa Monica	9.54m	3.0	31-03.75	1
	9.49m(0.6)	9.54m(3.0)	FOUL(1.5)			
--	Darlana Robinson	SO Cerritos	ND	NWI		1
	ND(-0.0)	x				
--	Elisa Poeiry	FR Santa Barbara	FOUL	NWI		2
	FOUL	FOUL	FOUL			

Event 15 Women Triple Jump

Name	Year	School	Finals	Wind
Finals				
1	Justice Smith	FR Cerritos	12.81m	2.3 42-00.50
	12.21m(4.2)	12.01m(1.6)	12.60m(2.4)	12.19m(2.9)
	12.23m(3.4)	12.81m(2.3)		
2	Imani Jones	SO Cerritos	12.24m	2.5 40-02.00
	11.73m(1.8)	FOUL(2.1)	12.24m(2.5)	FOUL(3.0)
	11.70m(1.9)	12.05m(3.5)		
3	Lachelle Autry	SO Southwestern	12.02m	4.9 39-05.25
	FOUL(3.4)	11.37m(2.1)	11.94m(3.9)	11.76m(3.0)
	FOUL(3.3)	12.02m(4.9)		
4	Zaila Clark	FR Bakersfield	11.61m	1.3 38-01.25
	11.11m(+0.0)	11.40m(1.8)	FOUL(3.5)	FOUL(2.7)
	FOUL(0.6)	11.61m(1.3)		
5	Samantha Ealy	FR El Camino	11.59m	2.5 38-00.25
	11.33m(1.5)	11.59m(2.5)	11.49m(3.4)	FOUL(2.5)
	11.34m(3.4)	FOUL(4.0)		
6	De'Chanelle Goynes	SO West Los Angeles	11.47m	1.5 37-07.75
	11.12m(1.9)	11.20m(3.3)	FOUL(3.7)	FOUL(2.5)
	11.23m(2.2)	11.47m(1.5)		
7	Aliyah Grissett	SO El Camino	11.26m	3.6 36-11.50
	10.78m(1.8)	11.14m(1.9)	FOUL(2.9)	FOUL(1.2)
	11.26m(3.6)	11.06m(3.3)		
8	Kierra King	SO Cerritos	10.85m	2.4 35-07.25
	10.51m(2.5)	PASS	PASS	10.85m(2.4)
	9.62m(1.9)	10.71m(1.7)		
9	Aaliyah Graves	FR El Camino	10.43m	2.6 34-02.75
	FOUL(2.2)	FOUL(4.3)	10.43m(2.6)	
10	Isabella Molony	SO Santa Barbara	10.15m	0.8 33-03.75
	9.69m(-0.0)	10.15m(0.8)	9.77m(5.5)	



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...Event 15 Women Triple Jump

11 Julie Mariano	SO Orange Coast	10.13m	3.2	33-03.00
FOUL(+0.0) 10.12m(3.5) 10.13m(3.2)				
12 Beth Andrade	FR Cuesta	9.81m	4.3	32-02.25
9.75m(1.7) 9.81m(4.3) FOUL(2.3)				

Event 16 Men Shot Put

Name	Year School	Finals	H#
1 Jordan Palmer	FR Canyons	16.02m	52-06.75 2
14.75m 15.04m FOUL FOUL 16.02m FOUL			
2 Blake Baloun	FR Saddleback	15.08m	49-05.75 2
FOUL 14.79m FOUL 14.48m 15.08m FOUL			
3 Alec Jones	SO Riverside	14.96m	49-01.00 2
13.13m 14.38m 14.88m 14.91m 14.96m FOUL			
4 Spencer Blake	FR Golden West	14.80m	48-06.75 2
14.57m 14.80m 14.76m FOUL 14.40m 14.34m			
5 Davey Folsom	FR SD Mesa	14.74m	48-04.50 1
14.47m FOUL FOUL FOUL 14.58m 14.74m			
6 Marquice Bowman	SO West Los Angeles	14.51m	47-07.25 2
13.45m 13.06m 13.10m 14.21m 14.51m 14.37m			
7 Jorge Gonzalez	SO Cerritos	14.38m	47-02.25 2
14.02m 13.71m FOUL 14.38m 14.27m FOUL			
8 Jacob Whitby	SO Bakersfield	14.29m	46-10.75 2
14.29m 13.57m 13.63m FOUL FOUL FOUL			
9 Reuben Jacob	FR Ventura	14.11m	46-03.50 2
13.38m 13.61m 13.38m 13.26m 13.54m 14.11m			
10 Riley Center	FR Glendale	13.85m	45-05.25 2
13.66m 13.85m FOUL 13.83m 13.92m 13.98m			
11 Luis Marquez	FR Fullerton	13.51m	44-04.00 2
12.87m 12.84m 13.51m 12.63m 12.97m 13.14m			
12 Matt O'Henley	FR Cuesta	13.42m	44-00.50 1
11.86m 12.56m 13.42m 13.08m FOUL FOUL			
13 Austin Freeman	FR Cerritos	13.08m	42-11.00 1
FOUL 12.68m 13.08m			
14 Kevin Oliva	FR El Camino	13.05m	42-09.75 2
13.05m 12.89m 12.98m			
15 Russell Bedre	SO Riverside	13.02m	42-08.75 2
12.81m 13.02m FOUL			
16 John Estaban-Carlos	FR Santa Barbara	13.02m	42-08.75 2
12.39m 13.02m FOUL			
17 Terrence Allen	FR SD Mesa	12.86m	42-02.25 1
11.95m 12.86m 12.69m			
18 Trevor Nakata	SO Riverside	12.83m	42-01.25 1
11.85m FOUL 12.83m			
19 Brandon Harris	FR Riverside	12.81m	42-00.50 2
12.62m FOUL 12.81m			
20 Thomas Pool	SO Long Beach	12.44m	40-09.75 1
FOUL FOUL 12.44m			



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...Event 16 Men Shot Put

21 Andrew Mitchell	FR SD Mesa	12.38m	40-07.50	1
11.32m 12.35m 12.38m				
22 Darius Johnson	FR Ventura	12.04m	39-06.00	1
12.04m 11.92m 11.57m				
23 Jacob Guzman	FR Ventura	11.97m	39-03.25	1
11.97m FOUL FOUL				
23 Brendan Jordahl	SO Orange Coast	11.97m	39-03.25	1
FOUL FOUL 11.97m				
25 Jonathan Vaoifi	FR Cerritos	11.35m	37-03.00	1
11.35m 10.85m 11.27m				
26 Andrew Aguilar	FR Mt. Sac	11.23m	36-10.25	1
11.01m FOUL 11.23m				
27 Kyle Ebersole	SO El Camino	11.19m	36-08.50	1
10.50m 11.19m 11.11m				
28 Travis Allen	FR SD Mesa	10.76m	35-03.75	1
10.76m FOUL FOUL				

Event 17 Women 3000 Meter Steeplechase

12 Advance: Top 4 Each Heat plus Next 4 Best Times

Name	Year School	Prelims	H#
Preliminaries			
1 Pheobe Forsyth	FR Glendale	11:53.50Q	2
2 Maribel Madera	SO Riverside	12:11.99Q	1
3 Yesenia Flores	FR Mt. Sac	12:19.03Q	2
4 Genesis Siam-Alvarez	SO Glendale	12:23.71Q	1
5 Destiny Diaz	FR Long Beach	12:19.43Q	2
6 Hannah Lopez	SO Palomar	12:27.00Q	1
7 Annette Jimenez	SO Cuyamaca	12:23.37Q	2
8 Estrella Montiel	SO West Los Angeles	12:29.35Q	1
9 Evelyn Peralta	FR Mt. Sac	12:44.51q	1
10 Cayla Porter	FR Saddleback	12:45.07q	2
11 Darilyn Hernandez	SO San Bernardino	12:53.11q	1
12 Hailey Hunner	FR Saddleback	13:02.55q	2
13 Aily Camacho	FR Riverside	13:18.34	2
14 Holly Morales	FR Saddleback	13:27.19	1
15 Rosalina Castro	SO Glendale	13:27.52	1
16 Brianna Frain	FR Palomar	13:31.60	2
17 Genesis Obispo	FR Riverside	13:33.72	1
18 Analisa Arrington	FR Cuyamaca	13:35.70	1
19 Julianne Ibarra	FR Mt. Sac	13:52.09	2
-- Alyssa Armendariz	SO Mt. Sac	DNF	2
-- Chloe Davis	FR Mt. Sac	DNF	2



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Event 17 Women 3000 Meter Steeplechase

Name	Year School	Finals
Finals		
1 Pheobe Forsyth	FR Glendale	11:45.63
2 Estrella Montiel	SO West Los Angeles	12:07.58
3 Destiny Diaz	FR Long Beach	12:14.19
4 Yesenia Flores	FR Mt. Sac	12:20.24
5 Hannah Lopez	SO Palomar	12:22.90
6 Annette Jimenez	SO Cuyamaca	12:29.06
7 Genesis Siam-Alvarez	SO Glendale	12:36.90
8 Darilyn Hernandez	SO San Bernardino	12:40.95
9 Maribel Madera	SO Riverside	12:41.03
10 Cayla Porter	FR Saddleback	12:47.31
11 Evelyn Peralta	FR Mt. Sac	13:19.93
12 Hailey Hunner	FR Saddleback	13:32.00

Event 18 Men 3000 Meter Steeplechase

12 Advance: Top 4 Each Heat plus Next 4 Best Times

Name	Year School	Prelims	H#
Preliminaries			
1 Ariel Conde	SO West Los Angeles	9:35.53Q	1
2 Colby Penn	SO Mt. Sac	9:46.36Q	2
3 Caleb Ko	SO El Camino	9:35.57Q	1
4 Phillip Rocha	FR Mt. Sac	9:50.13Q	2
5 Joseluis Pluma	FR Mt. Sac	9:39.09Q	1
6 Spencer Geck	FR Glendale	9:50.42Q	2
7 Sal Salinas	SO Cuyamaca	9:48.29Q	1
8 Ethan Comeaux	FR El Camino	9:52.35Q	2
9 Bobby Brana	FR SD Mesa	9:54.33q	1
10 Mauro Rosales	FR Fullerton	9:56.34q	1
11 Cam Goldstone	FR Cuesta	10:02.98q	2
12 Usiel Ulloa	FR Glendale	10:03.59q	2
13 Alejandro Hernandez	SO Riverside	10:06.66	2
14 Jose Jaques	FR Cuyamaca	10:12.37	1
15 Jaime Quinones	FR Cerritos	10:15.39	1
16 Wesley Poulson	FR Cuesta	10:16.69	2
17 Nicholas Dorsett	SO Mt. Sac	10:17.30	2
18 Adrian Hernandez Jr.	FR Mt. Sac	10:26.70	1
19 Cutberto Salgado	SO Bakersfield	10:29.48	2
20 Lizandro Hernandez	SO Santa Ana	10:34.08	1
21 Armando Lozano	SO West Los Angeles	10:34.28	2
22 Michael McHugh	FR Riverside	10:35.57	2
23 Harrison Wykoff	SO Bakersfield	10:35.73	1
24 Angel Flores	FR Glendale	10:43.14	1
25 Jacob Acosta	SO Canyons	10:55.43	1
26 Luis Garcia	FR San Bernardino	11:04.79	2
27 Cameron Poole	SO Riverside	11:17.25	1
28 Giovanni Medina	SO Riverside	11:18.81	2



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Event 18 Men 3000 Meter Steeplechase

Name	Year School	Finals
Finals		
1 Ariel Conde	SO West Los Angeles	9:38.07
2 Colby Penn	SO Mt. Sac	9:39.19
3 Sal Salinas	SO Cuyamaca	9:39.24
4 Caleb Ko	SO El Camino	9:44.32
5 Bobby Brana	FR SD Mesa	9:46.63
6 Phillip Rocha	FR Mt. Sac	9:49.48
7 Ethan Comeaux	FR El Camino	9:54.82
8 Joseluis Pluma	FR Mt. Sac	10:00.87
9 Usiel Ulloa	FR Glendale	10:04.90
10 Spencer Geck	FR Glendale	10:17.28
11 Mauro Rosales	FR Fullerton	10:21.98
12 Cam Goldstone	FR Cuesta	10:46.46

Event 19 Women 4x100 Meter Relay

8 Advance: Top 1 Each Heat plus Next 6 Best Times

School	Prelims	H#
Preliminaries		
1 Cerritos	45.67Q	1
1) Kenyla Miles FR	2) Kierra King SO	
3) Mahlaya Salter FR	4) Alona Davis FR	
2 West Los Angeles	47.02Q	2
1) Aria Calhoun FR	2) Aja Hill FR	
3) Tania Cunningham SO	4) Ashlie Curenton SO	
3 Long Beach	47.91q	1
1) Destinee Augustus FR	2) Cicely Arana FR	
3) Aazalet Danage FR	4) Vanessa Marchorro FR	
4 SD Mesa	48.39q	1
1) Carli Nosler FR	2) Holly Stallman SO	
3) Kayla Walker FR	4) Skyler Weiden FR	
5 Fullerton	49.86q	1
1) Alicia Victoria FR	2) Myrna Gillas SO	
3) Samantha Starkey FR	4) Shenise West FR	
6 Bakersfield	50.35q	1
1) Bree McCabe SO	2) Joycelind Currie SO	
3) Noemi Esparza SO	4) Daizhiana Ebert FR	
7 Santa Monica	50.48q	1
1) Valeria Romo FR	2) Sienna James FR	
3) Joie Cosentino FR	4) Sarah Smith FR	
8 El Camino	50.60q	2
1) Samantha Ealy FR	2) Aaliyah Graves FR	
3) Aliyah Grissett SO	4) Elizabeth Ibidunni SO	
9 Mt. Sac	50.62	2 50.614
1) Elizabeth Chidester FR	2) Kayla Rodriguez SO	
3) Maia Harvey FR	4) Terra Valadez SO	
10 Southwestern	50.62	2 50.618



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....Event 19 Women 4x100 Meter Relay

1) Kryschiana Pharr SO	2) Lachelle Autry SO	
3) Gabriela Montini-Maxwell FR	4) Tajanique Bell SO	
11 Antelope Valley		50.86 2
1) Tamear Newsome FR	2) Estrella Bradford FR	
3) Briann Brazil FR	4) Kim Crosby FR	
12 Orange Coast		51.65 1
1) Paige Fults SO	2) Katherine Ngo FR	
3) Jordyn Martin SO	4) Charlotte Kraushaar FR	
-- Riverside		DNF 2
1) Selena Tucker FR	2) Annayah Pelt FR	
3) Alana Wilson FR	4) Victoria Williams FR	

Event 19 Women 4x100 Meter Relay

School	Finals
1 Cerritos	46.14
1) Kenyla Miles FR	2) Kierra King SO
3) Mahlaya Salter FR	4) Alia Scott FR
2 West Los Angeles	46.60
1) Aria Calhoun FR	2) Aja Hill FR
3) Tania Cunningham SO	4) Ashlie Curenton SO
3 Long Beach	47.74
1) Destinee Augustus FR	2) Cicely Arana FR
3) Aazalet Danage FR	4) Vanessa Marchorro FR
4 SD Mesa	48.78
1) Carli Nosler FR	2) Holly Stallman SO
3) Kayla Walker FR	4) Skyler Weiden FR
5 Fullerton	49.82
1) Alicia Victoria FR	2) Myrna Gillas SO
3) Samantha Starkey FR	4) Shenise West FR
6 El Camino	49.84
1) Samantha Ealy FR	2) Aaliyah Graves FR
3) Aliyah Grissett SO	4) Elizabeth Ibidunni SO
7 Bakersfield	50.04
1) Bree McCabe SO	2) Joycelind Currie SO
3) Noemi Esparza SO	4) Daizhiana Ebert FR
8 Santa Monica	50.29
1) Valeria Romo FR	2) Sienna James FR
3) Joie Cosentino FR	4) Sarah Smith FR

Event 20 Men 4x100 Meter Relay

8 Advance: Top 1 Each Heat plus Next 6 Best Times

School	Prelims	H#
1 Riverside	40.45Q	2
1) Antonio Mitchell SO	2) Jamal Palmer SO	



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....Event 20 Men 4x100 Meter Relay

3) William Dower FR	4) Keylan Dennis SO		
2 Cerritos		41.35Q	1
1) Jacobi Hardy FR	2) Trevor Reid SO		
3) kawika Jones FR	4) Kendall Turner FR		
3 El Camino		42.02q	2
1) Jordan Baylis FR	2) Timothy Mates SO		
3) Christopher Pitts FR	4) Landon Sharp SO		
4 Moorpark		42.24q	1
1) James Galindo FR	2) Anthony Palumbo SO		
3) Ryan Matlock FR	4) Jamar Sims-Drummonds FR		
5 West Los Angeles		42.46q	1
1) Darrian Boyd FR	2) Dre'von Macon SO		
3) Da'Vean Randall FR	4) John Chambers FR		
6 Canyons		42.48q	2
1) Delon Buncio SO	2) Andrew Mercado SO		
3) Tony Collier FR	4) Lavell Bailey FR		
7 Antelope Valley		42.85q	1
1) Jalen Perdue FR	2) Dante Carter FR		
3) Evan Adams FR	4) Marquise Shuler FR		
8 Mt. Sac		43.40q	2
1) Jonathan Jackson-Williams SO	2) Azad Arnaud FR		
3) Brandon Chau FR	4) Gregory Hennes FR		
9 Long Beach		43.68	2
1) Darnelle Harris SO	2) Marquel Angelo SO		
3) Emari Bennett FR	4) Rickie Taylor FR		
10 Ventura		43.77	1
1) Jaedon Rodgers FR	2) Brandon Sarmiento FR		
3) Dillon Chong FR	4) Wyatt Stevenson FR		
11 Santa Barbara		43.91	2
1) Nathan Brooks FR	2) Nicolas Murillo-Perez FR		
3) Sean Fitzgerald FR	4) Lam Nguyen SO		
12 Pasadena		44.37	1
1) Uri S. Mafate FR	2) Jared Whitt FR		
3) Asher Smith FR	4) Justin Campbell FR		
13 Orange Coast		45.14	2
1) Uriah Shaw FR	2) Jonah Slack FR		
3) James Mazzeo FR	4) Matthew Rodgers FR		
-- Southwestern		DNF	1
1) Cullin Paisely FR	2) Isaiah Brown FR		
3) Diego Sanchez FR	4) Marvin James FR		
-- Fullerton		DQ	2 zone 3
1) Dejonte Thomas FR	2) Xavion Steele FR		
3) Conley Hillegas FR	4) Alan Soto FR		
-- Santa Monica		DQ	1 zone 2 violation
1) Dajone Averett SO	2) Chris Davis FR		
3) Nigel Davis SO	4) Shay Nelson SO		



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Event 20 Men 4x100 Meter Relay

School	Finals
Finals	
1 Riverside	40.17
1) Antonio Mitchell SO	2) Jamal Palmer SO
3) William Dower FR	4) Keylan Dennis SO
2 Cerritos	40.59
1) Daniel Stokes SO	2) Christian Shakir-Ricks FR
3) Trevor Reid SO	4) Kendall Turner FR
3 El Camino	41.77
1) Jordan Baylis FR	2) Timothy Mates SO
3) Christopher Pitts FR	4) Landon Sharp SO
4 Moorpark	41.98
1) James Galindo FR	2) Anthony Palumbo SO
3) Ryan Matlock FR	4) Jamar Sims-Drummonds FR
5 Antelope Valley	42.30
1) Jalen Perdue FR	2) Dante Carter FR
3) Evan Adams FR	4) Marquise Shuler FR
6 West Los Angeles	42.49
1) Darrian Boyd FR	2) Dre'von Macon SO
3) Da'Vean Randall FR	4) John Chambers FR
7 Canyons	42.62
1) Delon Buncio SO	2) Andrew Mercado SO
3) Tony Collier FR	4) Lavell Bailey FR
-- Mt. Sac	DNF
1) Jonathan Jackson-Williams SO	2) Azad Arnaud FR
3) Brandon Chau FR	4) Gregory Hennes FR

Event 21 Women 1500 Meter Run

12 Advance: Top 4 Each Heat plus Next 4 Best Times

Name	Year School	Prelims	H#
Preliminaries			
1 Megan Good	SO Saddleback	4:58.04Q	1
2 Gabriella Lugo	SO Bakersfield	4:58.21Q	2
3 Rebecca Ruiz	FR Mt. Sac	4:58.09Q	1
4 Dana McGrath	FR Saddleback	4:58.64Q	2
5 Daisy Romero	SO Glendale	4:59.36Q	1
6 Christy Chavira	SO Santa Barbara	4:59.38Q	2
7 Brenda Rosales-Coria	SO West Los Angeles	4:59.45Q	2
8 Andrea Gonzalez Macias	SO West Los Angeles	5:03.36Q	1
9 Savannah Sehenuk	SO El Camino	5:04.18q	2
10 Carmen Hernandez	FR El Camino	5:08.39q	2
11 Celeste Gonzalez	SO Canyons	5:08.68q	2
12 Andrea Anaya	FR Orange Coast	5:13.16q	1
13 Dasani Zavala	FR Long Beach	5:18.61	1
14 Courtney Clifford	FR Cuyamaca	5:26.17	1
15 Maria Marroquin	FR Santa Ana	5:32.83	2
16 Samantha Bell	SO Canyons	5:33.23	1



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...Event 21 Women 1500 Meter Run

17	Maria Elizarraraz	FR Ventura	5:37.15	1
18	Rebeca Perez	FR Fullerton	5:37.64	2
19	Adriana Perez	FR Moorpark	5:57.45	2
--	Chloe Davis	FR Mt. Sac	DNF	1

Event 21 Women 1500 Meter Run

Name	Year School	Finals
------	-------------	--------

Finals

1	Brenda Rosales-Coria	SO West Los Angeles	4:52.31
2	Gabriella Lugo	SO Bakersfield	4:54.69
3	Andrea Gonzalez Macias	SO West Los Angeles	4:56.40
4	Daisy Romero	SO Glendale	4:58.64
5	Christy Chavira	SO Santa Barbara	5:00.58
6	Savannah Sehenuk	SO El Camino	5:01.59
7	Celeste Gonzalez	SO Canyons	5:03.90
8	Carmen Hernandez	FR El Camino	5:05.84
9	Dasani Zavala	FR Long Beach	5:15.47
10	Rebeca Perez	FR Fullerton	5:25.84
11	Maria Marroquin	FR Santa Ana	5:32.36

Event 22 Men 1500 Meter Run

12 Advance: Top 4 Each Heat plus Next 4 Best Times

Name	Year School	Prelims	H#
------	-------------	---------	----

Preliminaries

1	Chris Weiland	SO Mt. Sac	3:58.59Q	2
2	Enrique Villa	SO Riverside	4:00.80Q	1
3	Isaiah Wilson	FR Mt. Sac	4:01.26Q	1
4	Isaiah Labra	FR SD Mesa	4:02.42Q	2
5	Carlos Rivera	SO Glendale	4:01.68Q	1
6	Joshua Velasco	SO West Los Angeles	4:02.79Q	2
7	Carson Bix	SO El Camino	4:03.94Q	1
8	Alberto Serrano	FR Cerritos	4:05.05Q	2
9	Jesus Gutierrez	SO Glendale	4:05.79q	2
10	Victor Akende	FR El Camino	4:07.00q	1
11	Manny Gil	FR El Camino	4:07.27q	1
12	Bryce Butler	FR Mt. Sac	4:07.92q	2
13	Pablo Calderon	FR Cerritos	4:08.96	1
14	Jared Falcone	FR Cuesta	4:09.30	2
15	Andrew Teasdale	FR Moorpark	4:09.62	2
16	Devon Kutin	FR Moorpark	4:11.72	2
17	Cristian Alcantar	FR SD Mesa	4:12.02	1
18	Daniel Morales	FR East LA	4:13.06	2
19	Ricardo Cruz	FR Riverside	4:13.35	1
20	Humberto Guzman	SO San Bernardino	4:13.70	1
21	Ken Valdez	SO El Camino	4:13.73	1
22	Carlos DeLaTorre	SO San Bernardino	4:14.81	2



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...Event 22 Men 1500 Meter Run

23	Farooq Tariq	FR El Camino	4:15.60	1
24	Adam Angel	FR Orange Coast	4:17.32	2
25	Isaiah Gonzalez	FR San Bernardino	4:19.03	1
26	Michael Yaskowitz	FR El Camino	4:21.83	1
27	Ian Ibarra	FR SD Mesa	4:28.92	2
28	Andrew Fernando	SO Fullerton	4:31.80	2

Event 22 Men 1500 Meter Run

Name	Year School	Finals
------	-------------	--------

Finals

1	Chris Weiland	SO Mt. Sac	3:56.07
2	Enrique Villa	SO Riverside	3:57.80
3	Isaiah Wilson	FR Mt. Sac	3:58.42
4	Carlos Rivera	SO Glendale	3:59.63
5	Carson Bix	SO El Camino	3:59.87
6	Joshua Velasco	SO West Los Angeles	4:00.70
7	Alberto Serrano	FR Cerritos	4:02.74
8	Jesus Gutierrez	SO Glendale	4:03.33
9	Manny Gil	FR El Camino	4:06.94
10	Bryce Butler	FR Mt. Sac	4:10.07
11	Pablo Calderon	FR Cerritos	4:20.27
--	Victor Akende	FR El Camino	DNF

Event 23 Women 100 Meter Hurdles

8 Advance: Top 1 Each Heat plus Next 4 Best Times

Name	Year School	Prelims	Wind	H#
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Preliminaries

1	Tajanique Bell	SO Southwestern	14.17Q	1.0	1
2	Alia Scott	FR Cerritos	14.93Q	2.0	2
3	Sha'quan Matthews	SO Riverside	15.04Q	1.5	4
4	Daila Bell	FR Cerritos	15.13Q	0.5	3
5	Terra Valadez	SO Mt. Sac	15.18q	1.0	1
6	Anyese Kirkland	FR Santa Monica	15.85q	0.5	3
7	Kessa Rychlick	FR Pasadena	16.01q	2.0	2
8	Kayla Rodriguez	SO Mt. Sac	16.23q	1.5	4
9	Alana Sinclair	SO Cuyamaca	16.26	0.5	3 16.255
10	Mckayla Edwards	FR Riverside	16.26	1.0	1 16.258
11	Charlotte Kraushaar	FR Orange Coast	16.42	2.0	2
12	Alicia Victoria	FR Fullerton	16.57	2.0	2
13	Tria Ismay	FR Palomar	16.60	1.5	4
14	Darlana Robinson	SO Cerritos	16.86	1.0	1
15	Tamear Newsome	FR Antelope Valley	16.93	0.5	3
16	Elizabeth Chidester	FR Mt. Sac	17.04	1.5	4
17	Alondra Osuna	FR Southwestern	17.08	2.0	2
18	Crystal Vongphrasouk	FR Mt. Sac	17.10	1.5	4
19	Tania Cunningham	SO West Los Angeles	17.25	0.5	3



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...Event 23 Women 100 Meter Hurdles

20	Kim Crosby	FR Antelope Valley	17.70	1.0	1
21	Jennifer Pedroza	FR Palomar	17.73	1.0	1
22	Annie Doherty	FR Moorpark	17.92	1.5	4
23	Diana Giraldo	SO Golden West	18.19	2.0	2
24	Claire Chen	FR Pasadena	18.81	2.0	2
25	Cameron Chang	FR East LA	19.12	1.5	4
26	Marlene Erwing	FR Moorpark	22.04	0.5	3
--	Hanna Lauritzen	FR Palomar	DQ	1.0	1 hand pushed hurdle

Event 23 Women 100 Meter Hurdles

Name	Year School	Finals	Wind
Finals			
1	Tajanique Bell	SO Southwestern	13.98 2.2
2	Sha'quan Matthews	SO Riverside	14.76 2.2
3	Daila Bell	FR Cerritos	14.79 2.2
4	Terra Valadez	SO Mt. Sac	15.15 2.2
5	Alia Scott	FR Cerritos	15.33 2.2
6	Kayla Rodriguez	SO Mt. Sac	15.74 2.2
7	Anyese Kirkland	FR Santa Monica	15.75 2.2
8	Kessa Rychlick	FR Pasadena	15.75 2.2

Event 24 Men 110 Meter Hurdles

8 Advance: Top 1 Each Heat plus Next 4 Best Times

Name	Year School	Prelims	Wind	H#
Preliminaries				
1	Leroy Williams IV	SO Mt. Sac	14.46Q	2.3 1
2	Victor Williams	SO Cerritos	14.54Q	2.0 2
3	Patrick Washington	SO El Camino	14.56Q	0.6 3
4	Timothy Mates	SO El Camino	15.00Q	2.0 4
5	Dajone Averett	SO Santa Monica	14.99q	0.6 3
6	Dillon Lay	SO Riverside	15.07q	2.0 4
7	Justin Minor	SO Mt. Sac	15.30q	2.3 1
8	Nicholas Albi	FR Moorpark	15.31q	2.3 1
9	Samuel Scott	FR El Camino	15.35	2.0 4
10	Dillon Mendoza	FR El Camino	15.36	2.0 4
11	Dylan Coleman	FR Cuyamaca	15.42	2.0 2
12	Isaiah Mitchell	FR Mt. Sac	15.44	2.0 2
13	Zach Hicks	FR Cuesta	15.48	2.0 4
14	Josue Vargas	FR El Camino	15.48	2.0 2
15	Robert Taft	FR Mt. Sac	15.56	0.6 3
16	Jacob Mitchell	FR Fullerton	15.63	0.6 3
17	Jamar Sims-Drummonds	FR Moorpark	15.66	0.6 3
18	Collin Hurd	FR Saddleback	15.76	2.3 1
19	Evan Vigrass	FR Riverside	15.93	0.6 3
20	Octavio Moreno	SO Santa Ana	16.04	2.0 2
21	Andy Orozco	FR SD Mesa	16.04	2.0 2



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....Event 24 Men 110 Meter Hurdles

22	Jack Franklin	FR Moorpark	16.41	2.0	4
23	Charles Parker	FR West Los Angeles	16.42	0.6	3
24	Ian Koontz	FR Orange Coast	16.58	2.3	1
25	Elijah Ward	FR Antelope Valley	16.63	2.3	1
26	Ayries Palmer	FR San Bernardino	16.78	2.0	4

Event 24 Men 110 Meter Hurdles

Name	Year School	Finals	Wind
------	-------------	--------	------

Finals

1	Victor Williams	SO Cerritos	14.23	0.5
2	Patrick Washington	SO El Camino	14.40	0.5
3	Dajone Averett	SO Santa Monica	14.51	0.5
4	Timothy Mates	SO El Camino	14.88	0.5
5	Leroy Williams IV	SO Mt. Sac	15.16	0.5
6	Dillon Lay	SO Riverside	15.16	0.5
7	Justin Minor	SO Mt. Sac	15.36	0.5
8	Nicholas Albi	FR Moorpark	15.48	0.5

Event 25 Women 400 Meter Dash

8 Advance: Top 1 Each Heat plus Next 5 Best Times

Name	Year School	Prelims	H#
------	-------------	---------	----

Preliminaries

1	Annayah Pelt	FR Riverside	57.24Q	1
2	Shoelle Bruhin	FR Santa Barbara	58.64Q	2
3	LaDaijah Wright	FR Riverside	58.85Q	3
4	Azalet Danage	FR Long Beach	59.06q	1
5	Elizabeth Ibidunni	SO El Camino	59.29q	2
6	Rylee Kerr	FR Saddleback	59.47q	2
7	Precious Alugbue	FR Cerritos	59.82q	2
8	Jayea McMillan	SO Riverside	59.89q	1
9	Glenn Nance	SO Cerritos	59.94	3
10	Breyani Holoman	SO Riverside	60.11	2
11	Alycia Turner	FR Saddleback	60.31	3
12	Giselle Alvarado	FR Canyons	60.97	3
13	Katherine Ngo	FR Orange Coast	61.30	2
14	Forshae Pellum	SO Riverside	61.93	2
15	Joycelind Currie	SO Bakersfield	62.47	1
16	Brianna Helsley	SO Canyons	62.57	3
17	Toriana Palacki	FR SD Mesa	62.83	3
18	Valeria Romo	FR Santa Monica	62.97	1
19	Ashley Reamer	FR El Camino	67.09	3
20	Angela Chelik	FR Southwestern	67.30	3
21	Victoria Lennon	FR Bakersfield	67.73	1
22	Skyler Weiden	FR SD Mesa	69.28	1



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Results

Event 25 Women 400 Meter Dash

Name	Year School	Finals
Finals		
1 Annayah Pelt	FR Riverside	57.49
2 Azalet Danage	FR Long Beach	57.78
3 Shoelle Bruhin	FR Santa Barbara	58.04
4 Rylee Kerr	FR Saddleback	58.50
5 LaDaijah Wright	FR Riverside	58.68
6 Precious Alugbue	FR Cerritos	59.44
7 Elizabeth Ibidunni	SO El Camino	59.92
8 Jayea McMillan	SO Riverside	60.97

Event 26 Men 400 Meter Dash

8 Advance: Top 1 Each Heat plus Next 4 Best Times

Name	Year School	Prelims	H#
Preliminaries			
1 Jacore Johnson	FR Canyons	47.90Q	2
2 Christian Shakir-Ricks	FR Cerritos	48.19Q	3
3 Daniel Stokes	SO Cerritos	48.22Q	1 48.216
4 Keylan Dennis	SO Riverside	48.44Q	4
5 Christopher Pitts	FR El Camino	47.92q	2
6 Charles Price	FR SD Mesa	48.22q	3 48.217
7 Eric Vivanco	SO Riverside	49.18q	4
8 Phil Griggs	SO Riverside	49.19q	3
9 Rodrick Mahoney	FR Cerritos	49.42	1
10 Julian Rodriguez-Richards	FR Riverside	49.45	2
11 Donovan Wilson	SO Riverside	49.51	3
12 Nigel Davis	SO Santa Monica	49.55	3
13 Chris Davis	FR Santa Monica	49.75	1
14 Saliou Ndiaye	FR SD Mesa	50.00	2
15 Christian Santifer	SO Cerritos	50.16	2
16 Isaiah Brown	FR Southwestern	50.30	4
17 Gregory Hennes	FR Mt. Sac	50.83	1
18 Alan Nichols	FR Ventura	51.02	1
19 Andre Nieto	FR El Camino	51.31	4
20 Noah Nathan	FR West Los Angeles	51.33	3
21 Jake Burton	FR SD Mesa	51.35	4
22 Alec Froning	FR El Camino	51.38	1
23 Alan Soto	FR Fullerton	51.66	3
24 Tommy Bui	FR Cerritos	51.73	2
-- Isaiah Batis	FR Ventura	DQ	2 steps on line
-- Keanon Dennis	SO Riverside	DQ	4 3+ steps on line



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Results

Event 26 Men 400 Meter Dash

Name	Year School	Finals
Finals		
1 Daniel Stokes	SO Cerritos	46.33
2 Keylan Dennis	SO Riverside	47.36
3 Christopher Pitts	FR El Camino	48.05
4 Christian Shakir-Ricks	FR Cerritos	48.10
5 Phil Griggs	SO Riverside	48.17
6 Eric Vivanco	SO Riverside	49.56
7 Charles Price	FR SD Mesa	49.58

Event 27 Women 100 Meter Dash

8 Advance: Top 1 Each Heat plus Next 4 Best Times

Name	Year School	Prelims	Wind	H#
Preliminaries				
1 Kierra King	SO Cerritos	11.60Q	2.5	2
2 Kenyla Miles	FR Cerritos	11.82Q	1.1	1
3 Aria Calhoun	FR West Los Angeles	12.02Q	1.0	4 12.011
4 Tajanique Bell	SO Southwestern	12.06Q	1.1	3
5 Mariah Allain	FR Riverside	11.90q	2.5	2
6 Alana Wilson	FR Riverside	12.02q	1.0	4 12.019
7 Mahlaya Salter	FR Cerritos	12.08q	1.1	3
8 Holly Stallman	SO SD Mesa	12.10q	2.5	2
9 Alona Davis	FR Cerritos	12.11	1.1	1
10 Shyanne Carrigan	FR Cerritos	12.17	1.1	3
11 Victoria Williams	FR Riverside	12.23	2.5	2
12 Briann Brazil	FR Antelope Valley	12.26	1.1	3
13 Destinee Augustus	FR Long Beach	12.27	1.1	3
14 Aja Hill	FR West Los Angeles	12.31	1.1	1
15 Cicely Arana	FR Long Beach	12.38	1.1	1
16 Carli Nosler	FR SD Mesa	12.43	1.0	4
17 Tania Cunningham	SO West Los Angeles	12.50	1.1	3
18 Tatiana Smith	FR Canyons	12.56	1.0	4
19 Selena Tucker	FR Riverside	12.59	2.5	2
20 Aaliyah Graves	FR El Camino	12.72	1.1	1
21 Paige Fults	SO Orange Coast	12.75	1.1	1
22 Hannah Wiese	SO Cuesta	12.79	1.0	4
23 Sienna James	FR Santa Monica	12.85	1.0	4
24 Caroline Smith	FR Santa Barbara	13.00	1.1	1
25 Kayla Walker	FR SD Mesa	13.01	1.1	3
26 Kryschiana Pharr	SO Southwestern	13.07	2.5	2

Event 27 Women 100 Meter Dash

Name	Year School	Finals	Wind
Finals			
1 Kenyla Miles	FR Cerritos	11.60	3.3



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....Event 27 Women 100 Meter Dash

2	Kierra King	SO Cerritos	11.62	3.3
3	Mariah Allain	FR Riverside	11.82	3.3
4	Mahlaya Salter	FR Cerritos	11.89	3.3
5	Alana Wilson	FR Riverside	11.98	3.3
6	Aria Calhoun	FR West Los Angeles	11.99	3.3
7	Holly Stallman	SO SD Mesa	12.14	3.3
8	Tajanique Bell	SO Southwestern	12.18	3.3

Event 28 Men 100 Meter Dash

8 Advance: Top 1 Each Heat plus Next 4 Best Times

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1	Antonio Mitchell	SO Riverside	10.12Q	2.1	2
2	Kendall Turner	FR Cerritos	10.49Q	1.9	1
3	Jabriel Smith	FR Riverside	10.51Q	1.4	3
4	Jamal Palmer	SO Riverside	10.64Q	1.5	4
5	Trevor Reid	SO Cerritos	10.68q	1.9	1
6	Anthony Palumbo	SO Moorpark	10.75q	2.1	2
7	William Dower	FR Riverside	10.77q	1.4	3
8	Jalen Perdue	FR Antelope Valley	10.77q	1.5	4
9	Xavion Steele	FR Fullerton	10.79	1.9	1
10	Jacobi Hardy	FR Cerritos	10.80	2.1	2
11	Lavell Bailey	FR Canyons	10.80	2.1	2
12	Ryan Matlock	FR Moorpark	10.87	1.4	3
13	David Lopez	FR Ventura	10.88	1.9	1
14	Corey Howland	FR Riverside	10.90	1.5	4
15	kawika Jones	FR Cerritos	10.92	1.9	1
16	Dre'von Macon	SO West Los Angeles	10.94	1.4	3
17	Marquel Angelo	SO Long Beach	10.95	1.5	4
18	Taj Wilson	SO Cerritos	10.96	1.5	4
19	Kelly Brown	SO Cerritos	10.97	2.1	2
20	John Chambers	FR West Los Angeles	10.99	1.5	4
21	Cullin Paisely	FR Southwestern	10.99	2.1	2
22	James Galindo	FR Moorpark	11.03	1.9	1
23	Asher Smith	FR Pasadena	11.05	1.9	1
24	Daniel Smith	FR Riverside	11.16	1.4	3
25	Marvin James	FR Southwestern	11.26	1.4	3
26	Ezekiel Cruz	FR Southwestern	11.28	1.4	3
27	Diego Sanchez	FR Southwestern	11.43	1.5	4
28	Darnelle Harris	SO Long Beach	12.29	2.1	2

Event 28 Men 100 Meter Dash

Name	Year	School	Finals	Wind
Finals				
1	Antonio Mitchell	SO Riverside	10.32	2.0
2	Jabriel Smith	FR Riverside	10.34	2.0



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...Event 28 Men 100 Meter Dash

3	Kendall Turner	FR Cerritos	10.40	2.0
4	Jamal Palmer	SO Riverside	10.57	2.0
5	Trevor Reid	SO Cerritos	10.59	2.0
6	William Dower	FR Riverside	10.71	2.0
7	Anthony Palumbo	SO Moorpark	10.79	2.0 10.786
8	Jalen Perdue	FR Antelope Valley	10.79	2.0 10.789

Event 29 Women 800 Meter Run

8 Advance: Top 2 Each Heat plus Next 2 Best Times

Name	Year	School	Prelims	H#
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Preliminaries

1	Brenda Rosales-Coria	SO West Los Angeles	2:16.72Q	1
2	Dana McGrath	FR Saddleback	2:19.11Q	3
3	Brieanna Tafoya	FR Ventura	2:19.52Q	2
4	Andrea Gonzalez Macias	SO West Los Angeles	2:18.36Q	1
5	Megan Good	SO Saddleback	2:19.12Q	3
6	Daisy Romero	SO Glendale	2:19.66Q	2
7	Monica Bautista	SO Cerritos	2:23.61q	3
8	Cassandra Pielow	FR Riverside	2:24.79q	2
9	Jasmine Perez	FR SD Mesa	2:25.38	1
10	Gabriella Lugo	SO Bakersfield	2:33.79	1
11	Elizabeth Chidester	FR Mt. Sac	2:34.81	2
12	Hailey Hunner	FR Saddleback	2:35.36	3
13	Crystal Vongphrasouk	FR Mt. Sac	2:35.43	3
14	Isabelle Garcia	SO Riverside	2:35.88	3
15	Dasani Zavala	FR Long Beach	2:36.18	1
16	Emelie Cobian	SO Riverside	2:37.04	1
17	Monique Azpeitia	SO Santa Ana	2:38.09	2
18	Patricia Valencia	SO Mt. Sac	2:41.20	2
19	Rebeca Perez	FR Fullerton	2:41.79	2
20	Lessli Maldonado	FR Palomar	2:44.47	3
21	Jazmin Negro	SO Glendale	2:45.84	1

Event 29 Women 800 Meter Run

Name	Year	School	Finals
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Finals

1	Brenda Rosales-Coria	SO West Los Angeles	2:13.61
2	Megan Good	SO Saddleback	2:14.35
3	Dana McGrath	FR Saddleback	2:14.57
4	Brieanna Tafoya	FR Ventura	2:15.22
5	Andrea Gonzalez Macias	SO West Los Angeles	2:17.04
6	Daisy Romero	SO Glendale	2:20.51
7	Cassandra Pielow	FR Riverside	2:23.58
8	Monica Bautista	SO Cerritos	2:28.72



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Event 30 Men 800 Meter Run

8 Advance: Top 1 Each Heat plus Next 4 Best Times

Name	Year School	Prelims	H#
Preliminaries			
1 Mohamed Mohammed	FR Riverside	1:55.85Q	3
2 Abdi Hussein	FR Cuyamaca	1:56.32Q	2
3 Justin Frando	FR Bakersfield	1:57.73Q	4
4 Phillip Rocha	FR Mt. Sac	1:59.54Q	1
5 Julian Robles	SO Riverside	1:57.19q	3
6 Adan Castellanos	FR Mt. Sac	1:57.24q	2
7 Juan Calvo	FR West Los Angeles	1:57.44q	3
8 Enrique Villa	SO Riverside	1:57.59q	2
9 Cory Ricketts	FR El Camino	1:57.99	4
10 Carlos Rivera	SO Glendale	1:58.37	4
11 Isaiah Wilson	FR Mt. Sac	1:58.46	3
12 Myles Aguilar	FR Orange Coast	1:58.57	4
13 Joshua Briscoe	FR Riverside	1:58.73	2
14 Ryan Sheatz	SO Fullerton	1:58.98	2
15 Alberto Serrano	FR Cerritos	1:59.72	3
16 Daniel Morales	FR East LA	1:59.87	3
17 Israel Haik	FR West Los Angeles	2:00.08	1
18 Matthew Lieberman	FR Riverside	2:00.48	1
19 Cameron Stohs	FR SD Mesa	2:01.82	3
20 Jesus Gutierrez	SO Glendale	2:02.59	1
21 Fernando Duenas	FR San Bernardino	2:02.90	4
22 Adrian Lopez	FR Bakersfield	2:03.67	1
23 Ricardo Garcia	SO SD Mesa	2:04.05	1
24 Max Collier	FR SD Mesa	2:06.17	2
25 Carlos DeLaTorre	SO San Bernardino	2:07.78	1
26 Adam Angel	FR Orange Coast	2:08.26	2
27 Bryce Butler	FR Mt. Sac	2:09.15	4

Event 30 Men 800 Meter Run

Name	Year School	Finals
Finals		
1 Mohamed Mohammed	FR Riverside	1:53.40
2 Julian Robles	SO Riverside	1:54.49
3 Enrique Villa	SO Riverside	1:54.56
4 Justin Frando	FR Bakersfield	1:54.87
5 Phillip Rocha	FR Mt. Sac	1:55.10
6 Abdi Hussein	FR Cuyamaca	1:55.67
7 Adan Castellanos	FR Mt. Sac	1:56.78
8 Juan Calvo	FR West Los Angeles	1:57.01



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Results

Event 31 Women 400 Meter Hurdles

8 Advance: Top 1 Each Heat plus Next 5 Best Times

Name	Year School	Prelims	H#
Preliminaries			
1 Alia Scott	FR Cerritos	62.30Q	1
2 Tajanique Bell	SO Southwestern	63.44Q	2
3 Madeline Corner	SO Riverside	63.46Q	3
4 Alicia Victoria	FR Fullerton	65.77q	2
5 Kayla Rodriguez	SO Mt. Sac	66.25q	3
6 Tria Ismay	FR Palomar	67.55q	3
7 Jennifer Pedroza	FR Palomar	67.58q	1
8 Anyese Kirkland	FR Santa Monica	67.81q	1
9 Kaleigh Giannone	FR Riverside	67.87	2
10 Kessa Rychlick	FR Pasadena	67.89	2
11 Tamear Newsome	FR Antelope Valley	68.52	1
12 Terra Valadez	SO Mt. Sac	69.28	3
13 Lizette Manese	FR Mt. Sac	69.70	1
14 Kim Crosby	FR Antelope Valley	70.90	1
15 Selena Tucker	FR Riverside	71.98	2
16 Noemi Esparza	SO Bakersfield	73.24	3
17 Rayvan Childs	FR Bakersfield	73.86	3
18 Sienna James	FR Santa Monica	74.64	2
19 Maia Harvey	FR Mt. Sac	76.10	1

Event 31 Women 400 Meter Hurdles

Name	Year School	Finals
Finals		
1 Alia Scott	FR Cerritos	60.85
2 Tajanique Bell	SO Southwestern	63.37
3 Madeline Corner	SO Riverside	64.54
4 Kayla Rodriguez	SO Mt. Sac	64.69
5 Alicia Victoria	FR Fullerton	66.31
6 Jennifer Pedroza	FR Palomar	66.95
7 Anyese Kirkland	FR Santa Monica	67.47
8 Tria Ismay	FR Palomar	67.65

Event 32 Men 400 Meter Hurdles

8 Advance: Top 1 Each Heat plus Next 4 Best Times

Name	Year School	Prelims	H#
Preliminaries			
1 Qwintin Workman	SO El Camino	53.78Q	1
2 Timothy Mates	SO El Camino	54.10Q	4
3 Dillon Lay	SO Riverside	55.07Q	3
4 Malik Young	SO Santa Monica	55.92Q	2
5 Collin Hurd	FR Saddleback	54.61q	4
6 Patrick Washington	SO El Camino	55.60q	4



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Results

....Event 32 Men 400 Meter Hurdles

7	Octavio Moreno	SO Santa Ana	56.04q	2	56.031
8	Delon Buncio	SO Canyons	56.04q	3	56.037
9	Aaron Mahlow	FR Mt. Sac	56.08	1	
10	Jesus Vasquez	FR Cuyamaca	56.30	1	
11	Emari Bennett	FR Long Beach	56.36	4	
12	Evan Vigrass	FR Riverside	56.48	1	
13	Corey Lakin	SO Riverside	56.56	2	
14	Robert Taft	FR Mt. Sac	57.76	3	
15	Tyler Young	FR Orange Coast	57.82	1	
16	Sean Fitzgerald	FR Santa Barbara	57.86	2	
17	Andy Orozco	FR SD Mesa	57.87	4	
18	Sergio Aguilar	FR Glendale	58.11	4	
19	David Hernandez	FR San Bernardino	58.80	2	
20	Eugene Leduc	SO Cerritos	58.88	2	
21	Phillip Ulloa	FR Mt. Sac	59.31	3	
22	Elijah Ward	FR Antelope Valley	59.63	3	
23	Nicholas Albi	FR Moorpark	60.47	1	
24	Ricardo Murillo Guerrero	SO Southwestern	61.30	2	
25	Zach Hicks	FR Cuesta	61.47	3	
26	Julius Ojajuni	FR Southwestern	63.51	3	
27	Moise Calloway	FR SD Mesa	67.13	4	

Event 32 Men 400 Meter Hurdles

Name	Year School	Finals
------	-------------	--------

Finals

1	Qwintin Workman	SO El Camino	52.34	
2	Timothy Mates	SO El Camino	54.20	
3	Dillon Lay	SO Riverside	54.72	
4	Malik Young	SO Santa Monica	55.04	
5	Collin Hurd	FR Saddleback	55.64	55.632
6	Delon Buncio	SO Canyons	55.64	55.637
7	Octavio Moreno	SO Santa Ana	56.46	
8	Patrick Washington	SO El Camino	57.11	

Event 33 Women 200 Meter Dash

8 Advance: Top 1 Each Heat plus Next 4 Best Times

Name	Year School	Prelims	Wind	H#
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Preliminaries

1	Kierra King	SO Cerritos	24.15Q	1.5	1
2	Kenyla Miles	FR Cerritos	24.49Q	2.5	2
3	Alana Wilson	FR Riverside	24.60Q	2.7	3 24.597
4	Annayah Pelt	FR Riverside	24.92Q	2.1	4
5	Mariah Allain	FR Riverside	24.60q	2.5	2 24.593
6	Mahlaya Salter	FR Cerritos	24.86q	2.7	3
7	Victoria Williams	FR Riverside	25.21q	2.7	3
8	Azalet Danage	FR Long Beach	25.24q	1.5	1



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...Event 33 Women 200 Meter Dash

9	Shyanne Carrigan	FR Cerritos	25.26	1.5	1
10	Aria Calhoun	FR West Los Angeles	25.30	2.5	2
11	Destinee Augustus	FR Long Beach	25.55	1.5	1
12	Myrna Gillas	SO Fullerton	25.57	2.1	4
13	Elizabeth Ibidunni	SO El Camino	25.60	2.1	4
14	Aja Hill	FR West Los Angeles	25.67	2.1	4
15	LaDaijah Wright	FR Riverside	25.73	2.7	3
16	Briann Brazil	FR Antelope Valley	25.76	2.5	2
17	Alycia Turner	FR Saddleback	25.82	2.7	3
18	Alona Davis	FR Cerritos	25.94	1.5	1
19	Precious Alugbue	FR Cerritos	26.04	2.1	4
20	Carli Nosler	FR SD Mesa	26.11	2.1	4
21	Tatiana Smith	FR Canyons	26.41	2.5	2
22	Glenn Nance	SO Cerritos	26.53	2.7	3
23	Kayla Walker	FR SD Mesa	27.22	2.5	2
24	Katherine Ngo	FR Orange Coast	27.65	1.5	1
25	Kryschiana Pharr	SO Southwestern	27.84	2.7	3

Event 33 Women 200 Meter Dash

Name	Year School	Finals	Wind
Finals			
1	Kierra King	SO Cerritos	23.99 3.0
2	Kenyla Miles	FR Cerritos	24.33 3.0
3	Alana Wilson	FR Riverside	24.39 3.0
4	Mariah Allain	FR Riverside	24.44 3.0
5	Mahlaya Salter	FR Cerritos	24.78 3.0
6	Annayah Pelt	FR Riverside	24.81 3.0
7	Azalet Danage	FR Long Beach	25.19 3.0
8	Victoria Williams	FR Riverside	25.27 3.0

Event 34 Men 200 Meter Dash

8 Advance: Top 1 Each Heat plus Next 4 Best Times

Name	Year School	Prelims	Wind	H#
Preliminaries				
1	Antonio Mitchell	SO Riverside	20.84Q	1.0 3
2	Daniel Stokes	SO Cerritos	20.96Q	1.9 1
3	Keylan Dennis	SO Riverside	21.21Q	4.2 4
4	Kendall Turner	FR Cerritos	21.33Q	2.3 2
5	Christian Shakir-Ricks	FR Cerritos	21.50q	2.3 2
6	Jamal Palmer	SO Riverside	21.56q	4.2 4
7	Charles Price	FR SD Mesa	21.66q	1.0 3
8	Trevor Reid	SO Cerritos	21.71q	2.3 2
9	Dhahran Woods	SO El Camino	21.74	1.9 1
10	kawika Jones	FR Cerritos	21.77	4.2 4
11	Jacobi Hardy	FR Cerritos	21.79	1.0 3
12	Xavion Steele	FR Fullerton	21.90	1.0 3



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....Event 34 Men 200 Meter Dash

13	John Chambers	FR	West Los Angeles	21.99	1.9	1
14	Anthony Palumbo	SO	Moorpark	22.02	1.9	1
15	Julian Rodriguez-Richards	FR	Riverside	22.03	2.3	2
16	Corey Howland	FR	Riverside	22.16	1.0	3
17	Dre'von Macon	SO	West Los Angeles	22.24	2.3	2
18	Lavell Bailey	FR	Canyons	22.37	4.2	4
19	Cullin Paisely	FR	Southwestern	22.49	2.3	2
20	Philip McElroy	FR	Cuyamaca	22.50	1.9	1
21	Jalen Perdue	FR	Antelope Valley	22.53	1.9	1
22	Saliou Ndiaye	FR	SD Mesa	22.70	2.3	2
23	Daniel Smith	FR	Riverside	22.71	4.2	4
24	Diego Sanchez	FR	Southwestern	23.14	4.2	4

Event 34 Men 200 Meter Dash

Name	Year	School	Finals	Wind	
Finals					
1	Antonio Mitchell	SO	Riverside	20.71	2.5
2	Daniel Stokes	SO	Cerritos	20.75	2.5
3	Kendall Turner	FR	Cerritos	21.21	2.5
4	Trevor Reid	SO	Cerritos	21.32	2.5
5	Keylan Dennis	SO	Riverside	21.34	2.5
6	Christian Shakir-Ricks	FR	Cerritos	21.42	2.5
7	Jamal Palmer	SO	Riverside	21.53	2.5
8	Charles Price	FR	SD Mesa	22.05	2.5

Event 35 Women 5000 Meter Run

Name	Year	School	Finals		
1	Brenda Rosales-Coria	SO	West Los Angeles	17:53.08	
2	Rebecca Ruiz	FR	Mt. Sac	18:00.43	
3	Samantha Barajas	SO	Moorpark	18:07.67	
4	Olivia Quezada	SO	West Los Angeles	18:25.69	
5	Olivia Burton	FR	Ventura	18:32.74	
6	Sujey Esteva	SO	Riverside	18:40.68	18:40.672
7	Jennifer Perez-Cazarez	SO	Glendale	18:40.68	18:40.680
8	Cynthia Melendez	SO	West Los Angeles	18:42.46	
9	Tatiana Garcia	FR	Ventura	19:02.85	
10	Andrea Anaya	FR	Orange Coast	19:16.34	
11	Ariel Martinez	FR	Riverside	19:30.14	
12	Emiliana Merida Cano	FR	Riverside	19:33.89	
13	Gabriella Lugo	SO	Bakersfield	19:44.06	
14	Deana Takoaka	SO	El Camino	19:52.71	
15	Sadie Encinas	FR	Mt. Sac	19:56.12	
16	Sarah Simpson	SO	El Camino	20:06.78	
17	Meagan Silves	FR	Orange Coast	20:08.78	
18	Montserrat Celis	FR	Mt. Sac	20:14.93	
19	Savannah Sehenuk	SO	El Camino	20:27.89	



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...Event 35 Women 5000 Meter Run

20	Carmen Hernandez	FR El Camino	20:39.48
21	Marleen Aranda	SO Cuyamaca	20:49.22
22	Yesenia Flores	FR Mt. Sac	20:52.27
23	Maia Chaffin	FR Palomar	21:14.86
24	Hannah Lopez	SO Palomar	21:18.91

Event 36 Men 5000 Meter Run

Name	Year School	Finals
1 Salvador Capetillo	SO Mt. Sac	14:57.63
2 Stefen Rasmuson	FR SD Mesa	15:01.07
3 Isaiah Labra	FR SD Mesa	15:10.46
4 Matt Arruda	SO El Camino	15:26.44
5 Chris Weiland	SO Mt. Sac	15:32.50
6 Jacob Skarr	FR West Los Angeles	15:35.61
7 Jose Melchor	SO Mt. Sac	15:43.93
8 Akol Malong	SO Glendale	15:46.90
9 Ian Rusk	SO Fullerton	15:47.99
10 Austin Dai	SO Riverside	15:50.24
11 Luis Huerta	SO Mt. Sac	15:57.14
12 Ariel Conde	SO West Los Angeles	16:01.37
13 Jared Falcone	FR Cuesta	16:02.46
14 Baltazar Bucup	SO West Los Angeles	16:08.75
15 Ricardo Torres	FR Moorpark	16:11.09
16 Medhane Woldu	FR SD Mesa	16:11.62
17 Moises Marquez	SO Long Beach	16:12.91
18 Giovanni Barajas	FR Santa Ana	16:13.56
19 Jessi Cuellar	SO West Los Angeles	16:19.73
20 Humberto Guzman	SO San Bernardino	16:21.96
21 Joshua Velasco	SO West Los Angeles	16:26.76
22 John Lopez	SO SD Mesa	16:28.08
23 Alejandro Hernandez	SO Riverside	16:38.29
24 Julian Lasting	FR Saddleback	17:08.67
25 Scott Hickman	SO Saddleback	18:01.11
-- Manny Gil	FR El Camino	DNF
-- Colby Penn	SO Mt. Sac	DNF

Event 37 Women 4x400 Meter Relay

8 Advance: Top 2 Each Heat plus Next 2 Best Times

School	Prelims	H#
Preliminaries		
1 Cerritos	3:57.11Q	2
1) Alia Scott FR		2) Glenn Nance SO
3) Mahlaya Salter FR		4) Kenyla Miles FR
2 Riverside	3:57.86Q	1
1) LaDaijah Wright FR		2) Alana Wilson FR
3) Annayah Pelt FR		4) Madeline Corner SO



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....Event 37 Women 4x400 Meter Relay

3 Saddleback		3:59.24Q	3
1) Rylee Kerr FR	2) Megan Good SO		
3) Dana McGrath FR	4) Alycia Turner FR		
4 Mt. Sac		4:03.07Q	2
1) Kayla Rodriguez SO	2) Terra Valadez SO		
3) Lizette Manese FR	4) Elizabeth Chidester FR		
5 West Los Angeles		4:06.55Q	3
1) Aja Hill FR	2) Andrea Gonzalez Macias SO		
3) Brenda Rosales-Coria SO	4) Tania Cunningham SO		
6 Long Beach		4:09.43Q	1
1) Destinee Augustus FR	2) Cicely Arana FR		
3) Aazalet Danage FR	4) Vanessa Marchorro FR		
7 Bakersfield		4:03.57q	2
1) Joycelind Currie SO	2) Daizhiana Ebert FR		
3) Noemi Esparza SO	4) Gabriella Lugo SO		
8 Canyons		4:13.73q	1
1) Brianna Helsley SO	2) Celeste Gonzalez SO		
3) Tatiana Smith FR	4) Giselle Alvarado FR		
9 Santa Barbara		4:14.34	3
1) Shoelle Bruhin FR	2) Christy Chavira SO		
3) Isabella Molony SO	4) Caroline Smith FR		
10 Ventura		4:14.72	1
1) Lilly Christenson FR	2) Michelle Meugniot FR		
3) Maria Elizarraraz FR	4) Brianna Tafoya FR		
11 Santa Monica		4:15.60	2
1) Anyese Kirkland FR	2) Sienna James FR		
3) Sarah Smith FR	4) Valeria Romo FR		
12 SD Mesa		4:18.25	1
1) Skyler Weiden FR	2) Jasmine Perez FR		
3) Toriana Palacki FR	4) Carli Nosler FR		
13 El Camino		4:18.36	3
1) Samantha Ealy FR	2) Aaliyah Graves FR		
3) Aliyah Grissett SO	4) Elizabeth Ibidunni SO		
14 Palomar		4:56.01	2
1) Jennifer Pedroza FR	2) Lessli Maldonado FR		
3) Hannah Lopez SO	4) Brianna Frain FR		
-- Fullerton			FS 3
1) Alicia Victoria FR	2) Myrna Gillas SO		
3) Roxanne Cuevas FR	4) Rebeca Perez FR		

Event 37 Women 4x400 Meter Relay

School	Finals
1 Riverside	3:52.21
1) LaDaijah Wright FR	2) Alana Wilson FR
3) Annayah Pelt FR	4) Madeline Corner SO
2 Cerritos	3:57.85
1) Glenn Nance SO	2) Alia Scott FR



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....Event 37 Women 4x400 Meter Relay

3) Kierra King SO	4) Kenyla Miles FR	
3 Saddleback		3:58.87
1) Rylee Kerr FR	2) Megan Good SO	
3) Dana McGrath FR	4) Alycia Turner FR	
4 Mt. Sac		4:01.60
1) Kayla Rodriguez SO	2) Terra Valadez SO	
3) Lizette Manese FR	4) Elizabeth Chidester FR	
5 West Los Angeles		4:01.63
1) Aja Hill FR	2) Andrea Gonzalez Macias SO	
3) Brenda Rosales-Coria SO	4) Tania Cunningham SO	
6 Long Beach		4:03.04
1) Destinee Augustus FR	2) Cicely Arana FR	
3) Azalet Danage FR	4) Vanessa Marchorro FR	
7 Bakersfield		4:06.70
1) Joycelind Currie SO	2) Daizhiana Ebert FR	
3) Noemi Esparza SO	4) Gabriella Lugo SO	
8 Canyons		4:13.85
1) Brianna Helsley SO	2) Celeste Gonzalez SO	
3) Tatiana Smith FR	4) Giselle Alvarado FR	

Event 38 Men 4x400 Meter Relay

8 Advance: Top 2 Each Heat plus Next 2 Best Times

=====		=====	
School		Prelims	H#
=====		=====	
Preliminaries			
1 Cerritos		3:14.30Q	2
1) Rodrick Mahoney FR	2) Christian Shakir-Ricks FR		
3) Christian Santifer SO	4) kawika Jones FR		
2 Riverside		3:19.95Q	1
1) Keanon Dennis SO	2) Antonio Mitchell SO		
3) Phil Griggs SO	4) Keylan Dennis SO		
3 Mt. Sac		3:20.88Q	3
1) Gregory Hennes FR	2) Robert Taft FR		
3) Phillip Rocha FR	4) Travion Phillips FR		
4 El Camino		3:14.51Q	2
1) Alec Froning FR	2) Timothy Mates SO		
3) Mario Marsetti FR	4) Andre Nieto FR		
5 Bakersfield		3:23.30Q	3
1) Justin Frando FR	2) Cutberto Salgado SO		
3) Derek Crawford SO	4) Lorenzo Maldonado FR		
6 Santa Monica		3:24.37Q	1
1) Nigel Davis SO	2) Shay Nelson SO		
3) Jeremy Sacristia FR	4) Chris Davis FR		
7 SD Mesa		3:23.15q	2
1) Andy Orozco FR	2) Jake Burton FR		
3) Saliou Ndiaye FR	4) Charles Price FR		
8 West Los Angeles		3:25.02q	1
1) Juan Calvo FR	2) Noah Nathan FR		
3) Israel Haik FR	4) Dre'von Macon SO		



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Results

....Event 38 Men 4x400 Meter Relay

9	Ventura	3:25.87	3
	1) Alan Nichols FR	2) Isaiah Batis FR	
	3) Jason Mesa FR	4) Darren Houston FR	
10	Canyons	3:27.26	3
	1) Delon Buncio SO	2) Aaron Sooknanan SO	
	3) Lavell Bailey FR	4) Jacore Johnson FR	
11	Saddleback	3:27.43	3
	1) Benjamin Huynh SO	2) Connor Yartz SO	
	3) Collin Hurd FR	4) Conner Buwalda FR	
12	Long Beach	3:27.94	2
	1) Evan Ridgeway FR	2) Aaron Cox FR	
	3) Marquel Angelo SO	4) Emari Bennett FR	
13	Orange Coast	3:30.62	2
	1) Tyler Young FR	2) John Synowsky FR	
	3) Brandon Morse FR	4) Javier Molina SO	
14	Glendale	3:31.80	3
	1) Sergio Aguilar FR	2) Jaime Huerta FR	
	3) Carlos Rivera SO	4) Jesus Gutierrez SO	
15	San Bernardino	3:39.84	1
	1) Carlos DeLaTorre SO	2) Fernando Duenas FR	
	3) Isaiah Gonzalez FR	4) David Hernandez FR	

Event 38 Men 4x400 Meter Relay

=====	
School	Finals
=====	

Finals

1	Riverside	3:10.33
	1) Keanon Dennis SO	2) Antonio Mitchell SO
	3) Phil Griggs SO	4) Keylan Dennis SO
2	El Camino	3:12.53
	1) Alec Froning FR	2) Timothy Mates SO
	3) Mario Marsetti FR	4) Andre Nieto FR
3	Cerritos	3:14.34
	1) Christian Shakir-Ricks FR	2) Daniel Stokes SO
	3) kawika Jones FR	4) Rodrick Mahoney FR
4	Mt. Sac	3:18.42
	1) Gregory Hennes FR	2) Robert Taft FR
	3) Phillip Rocha FR	4) Travion Phillips FR
5	Santa Monica	3:18.77
	1) Shay Nelson SO	2) Nigel Davis SO
	3) Malik Young SO	4) Chris Davis FR
6	SD Mesa	3:20.29
	1) Andy Orozco FR	2) Jake Burton FR
	3) Saliou Ndiaye FR	4) Charles Price FR
7	West Los Angeles	3:22.35
	1) Juan Calvo FR	2) Noah Nathan FR
	3) Israel Haik FR	4) Dre'von Macon SO
8	Bakersfield	3:24.08
	1) Justin Frando FR	2) Cutberto Salgado SO



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Results

....Event 38 Men 4x400 Meter Relay

3) Derek Crawford SO 4) Lorenzo Maldonado FR

Event 39 Women 10000 Meter Run

Name	Year	School	Finals
1 Rebecca Ruiz	FR	Mt. Sac	38:50.38
2 Sophia Cortina	FR	Moorpark	39:57.83
3 Sujeý Esteva	SO	Riverside	40:01.98
4 Cynthia Melendez	SO	West Los Angeles	40:10.15
5 Olivia Quezada	SO	West Los Angeles	40:39.88
6 Montserrath Celis	FR	Mt. Sac	41:03.84
7 Estrella Montiel	SO	West Los Angeles	41:22.31
8 Andrea Anaya	FR	Orange Coast	41:31.26
9 Emiliana Merida Cano	FR	Riverside	41:58.68
10 Sadie Encinas	FR	Mt. Sac	42:16.34
11 Deana Takoaka	SO	El Camino	42:32.81
12 Meagan Silves	FR	Orange Coast	42:54.85
13 Sarah Simpson	SO	El Camino	43:05.20
14 Maria Marroquin	FR	Santa Ana	43:12.76
15 Ariel Martinez	FR	Riverside	43:23.06
16 Alexis Park	FR	Saddleback	43:24.48
17 Kirsten Whieldon	SO	Saddleback	44:34.04
18 Maia Chaffin	FR	Palomar	45:20.74
19 Carmen Hernandez	FR	El Camino	45:31.56
20 Amanda Finn	SO	Canyons	45:33.66
-- Kristal Silva	SO	Moorpark	DNF
-- Marleen Aranda	SO	Cuyamaca	DNF
-- Maribel Madera	SO	Riverside	DNF

Event 40 Men 10000 Meter Run

Name	Year	School	Finals
1 Salvador Capetillo	SO	Mt. Sac	31:53.66
2 Stefen Rasmuson	FR	SD Mesa	31:58.43
3 Adan Cruz	FR	Ventura	32:15.51
4 Kibrom Elias	SO	Cuyamaca	32:25.50
5 Jose Melchor	SO	Mt. Sac	32:35.54
6 Matt Arruda	SO	El Camino	32:36.45
7 Luis Huerta	SO	Mt. Sac	32:41.89
8 Michael Ramirez	SO	San Bernardino	32:47.66
9 Juan Martinez	FR	Moorpark	32:52.38
10 Austin Dai	SO	Riverside	32:55.73
11 Baltazar Bucup	SO	West Los Angeles	32:58.03
12 Medhane Woldu	FR	SD Mesa	33:51.85
13 Albert Serrano	FR	Glendale	34:04.17
14 Mauricio Ramos	SO	San Bernardino	34:09.05
15 Alex Valle	SO	Moorpark	34:14.43
16 Donovan Zavala	FR	Long Beach	34:21.54



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....Event 40 Men 10000 Meter Run

17	Ian Rusk	SO	Fullerton	34:21.76
18	Moises Marquez	SO	Long Beach	34:47.92
19	Akol Malong	SO	Glendale	35:07.69
20	Jason Smith	FR	Cuyamaca	35:49.25
21	Justin Dominguez	FR	Orange Coast	36:06.13
22	Jerry Martinez	FR	Riverside	36:12.93
23	Kevin Keller	FR	Glendale	36:41.83
24	Robby Riggs	FR	Moorpark	36:57.28
25	Cole Goldman	SO	El Camino	37:18.91
26	Adrian Casas	SO	Cerritos	37:19.82
27	Michael McHugh	FR	Riverside	37:44.46
--	Giovanni Barajas	FR	Santa Ana	DNF

Event 41 Women Heptathlon

Name	Year	School	Finals	H#
1	Darlana Robinson	SO	Cerritos	3937
2	Charlotte Kraushaar	FR	Orange Coast	3901
3	Daila Bell	FR	Cerritos	3784
4	Abby Richey	FR	Cuesta	3703
5	Elizabeth Chidester	FR	Mt. Sac	3687
6	Annie Doherty	FR	Moorpark	3676
7	Keanna Daramola	FR	Cerritos	3604
8	Jennifer Pedroza	FR	Palomar	3413
9	Jasmine Perez	FR	SD Mesa	3402
10	Crystal Vongphrasouk	FR	Mt. Sac	3181
11	Roxanne Cuevas	FR	Fullerton	2931
12	Isabella Alston	FR	Orange Coast	2877
13	Yasmine Cocotis	SO	Orange Coast	2444
14	Hanna Lauritzen	FR	Palomar	1384

Event 41 Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

Name	Year	School	Finals	Wind	H#	Points	
1	Daila Bell	FR	Cerritos	15.52	3.1	2	774
2	Darlana Robinson	SO	Cerritos	15.67	1.8	3	755
3	Charlotte Kraushaar	FR	Orange Coast	16.22	2.4	4	688
4	Abby Richey	FR	Cuesta	16.71	1.8	3	630
5	Jennifer Pedroza	FR	Palomar	16.91	4.7	1	607
6	Annie Doherty	FR	Moorpark	16.95	4.7	1	602
7	Keanna Daramola	FR	Cerritos	17.10	2.4	4	585
8	Crystal Vongphrasouk	FR	Mt. Sac	17.41	3.1	2	551
9	Elizabeth Chidester	FR	Mt. Sac	17.82	1.8	3	507
10	Jasmine Perez	FR	SD Mesa	19.58	4.7	1	338
11	Isabella Alston	FR	Orange Coast	20.11	1.8	3	293
12	Roxanne Cuevas	FR	Fullerton	20.79	3.1	2	240
13	Yasmine Cocotis	SO	Orange Coast	21.09	3.1	2	218
14	Hanna Lauritzen	FR	Palomar	25.27	2.4	4	17



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Event 41 Heptathlon: #2 Women High Jump Heptathlon

Name	Year	School	Finals	Points
1 Charlotte Kraushaar	FR	Orange Coast	1.49m	4-10.50 610
		1.37 1.40 1.43 1.46 1.49 1.54		
		O O O XO XO XXX		
2 Elizabeth Chidester	FR	Mt. Sac	1.46m	4-09.50 577
		1.34 1.37 1.40 1.43 1.46 1.49		
		O O O XXO XXO XXX		
2 Jasmine Perez	FR	SD Mesa	1.46m	4-09.50 577
		1.40 1.43 1.46 1.49		
		XXO O XO XXX		
4 Abby Richey	FR	Cuesta	1.43m	4-08.25 544
		1.28 1.31 1.34 1.37 1.40 1.43 1.46		
		XO O XO XO XO XO XXX		
4 Darlena Robinson	SO	Cerritos	1.43m	4-08.25 544
		1.31 1.34 1.37 1.40 1.43		
		O PPP O O XO		
4 Keanna Daramola	FR	Cerritos	1.43m	4-08.25 544
		1.28 1.31 1.34 1.37 1.40 1.43 1.46		
		O PPP O XO XO XO XXX		
7 Crystal Vongphrasouk	FR	Mt. Sac	1.37m	4-06.00 481
		1.31 1.34 1.37 1.40		
		O O XO XXX		
7 Annie Doherty	FR	Moorpark	1.37m	4-06.00 481
		1.22 1.25 1.28 1.31 1.34 1.37 1.40		
		O PPP O PPP O O XXX		
9 Roxanne Cuevas	FR	Fullerton	1.34m	4-04.75 449
		1.28 1.31 1.34 1.37		
		O O O XXX		
9 Jennifer Pedroza	FR	Palomar	1.34m	4-04.75 449
		1.22 1.25 1.28 1.31 1.34 1.37		
		O O O O O XXX		
9 Daila Bell	FR	Cerritos	1.34m	4-04.75 449
		1.22 1.25 1.28 1.31 1.34 1.37		
		O PPP O XXO XXO XXX		
12 Isabella Alston	FR	Orange Coast	1.31m	4-03.50 419
		1.28 1.31 1.34		
		XO XO XXX		
13 Yasmine Cocotis	SO	Orange Coast	1.28m	4-02.25 389
		1.28 1.31		
		XO XXX		
14 Hanna Lauritzen	FR	Palomar	1.25m	4-01.25 359
		1.22 1.25 1.28		
		O O XXX		

Event 41 Heptathlon: #3 Women Shot Put Heptathlon

Name	Year	School	Finals	Points
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....Event 41 Heptathlon: #3 Women Shot Put Heptathlon

1	Elizabeth Chidester	FR Mt. Sac	10.43m	34-02.75	558
	10.43m 10.11m 10.26m				
2	Darlana Robinson	SO Cerritos	9.70m	31-10.00	510
	9.32m FOUL 9.70m				
3	Daila Bell	FR Cerritos	8.49m	27-10.25	431
	FOUL 8.49m 7.87m				
4	Roxanne Cuevas	FR Fullerton	8.30m	27-02.75	419
	8.30m 8.01m 8.14m				
5	Keanna Daramola	FR Cerritos	7.93m	26-00.25	395
	7.86m 7.60m 7.93m				
6	Annie Doherty	FR Moorpark	7.88m	25-10.25	392
	7.88m 7.66m 7.49m				
7	Isabella Alston	FR Orange Coast	7.76m	25-05.50	384
	7.76m FOUL 7.60m				
8	Abby Richey	FR Cuesta	7.68m	25-02.50	379
	6.91m 7.45m 7.68m				
9	Jasmine Perez	FR SD Mesa	7.06m	23-02.00	339
	FOUL 6.96m 7.06m				
10	Hanna Lauritzen	FR Palomar	7.05m	23-01.75	338
	6.90m 6.50m 7.05m				
11	Jennifer Pedroza	FR Palomar	7.00m	22-11.75	335
	7.00m 6.38m 5.24m				
12	Yasmine Cocotis	SO Orange Coast	6.59m	21-07.50	309
	6.59m FOUL 5.98m				
13	Charlotte Kraushaar	FR Orange Coast	6.55m	21-06.00	306
	5.84m 5.83m 6.55m				
14	Crystal Vongphrasouk	FR Mt. Sac	6.29m	20-07.75	290
	5.55m 6.20m 6.29m				

Event 41 Heptathlon: #4 Women 200 Meter Dash Heptathlon

Name	Year School	Finals	Wind	H#	Points
1 Daila Bell	FR Cerritos	26.14	2.3	1	785
2 Keanna Daramola	FR Cerritos	26.37	3.6	2	765
2 Annie Doherty	FR Moorpark	26.37	2.3	1	765
4 Jennifer Pedroza	FR Palomar	26.76	3.6	2	732
5 Jasmine Perez	FR SD Mesa	26.84	3.6	2	725
6 Charlotte Kraushaar	FR Orange Coast	27.05	3.6	2	708
7 Elizabeth Chidester	FR Mt. Sac	27.11	2.3	1	703
8 Abby Richey	FR Cuesta	27.22	3.6	2	694
9 Crystal Vongphrasouk	FR Mt. Sac	27.76	3.6	2	650
10 Darlana Robinson	SO Cerritos	27.81	3.6	2	646
11 Roxanne Cuevas	FR Fullerton	28.23	2.3	1	613
12 Isabella Alston	FR Orange Coast	30.18	3.6	2	470
13 Yasmine Cocotis	SO Orange Coast	30.49	2.3	1	448
14 Hanna Lauritzen	FR Palomar	30.50	2.3	1	448



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Event 41 Heptathlon: #5 Women Long Jump Heptathlon

Name	Year	School	Finals	Wind	Points	
1 Keanna Daramola	FR	Cerritos	4.86m	1.4	15-11.50	522
			4.68m(2.6) 4.86m(1.4) 4.01m(0.7)			
2 Darlena Robinson	SO	Cerritos	4.80m	2.0	15-09.00	506
			FOUL(3.0) 4.52m(+0.0) 4.80m(2.0)			
3 Abby Richey	FR	Cuesta	4.79m	2.3	15-08.75	503
			4.67m(0.1) 4.72m(1.5) 4.79m(2.3)			
4 Charlotte Kraushaar	FR	Orange Coast	4.77m	2.0	15-07.75	498
			4.35m(1.9) 4.77m(2.0) 4.68m(1.1)			
4 Daila Bell	FR	Cerritos	4.77m	+0.0	15-07.75	498
			4.48m(0.8) 4.77m(+0.0) 4.29m(2.6)			
6 Annie Doherty	FR	Moorpark	4.70m	0.3	15-05.00	479
			4.40m(1.8) 4.70m(0.3) FOUL(1.1)			
7 Jennifer Pedroza	FR	Palomar	4.55m	1.0	14-11.25	441
			FOUL(3.0) 4.26m(2.5) 4.55m(1.0)			
8 Jasmine Perez	FR	SD Mesa	4.44m	0.1	14-07.00	413
			4.29m(3.5) 4.44m(0.1) 4.32m(1.7)			
9 Crystal Vongphrasouk	FR	Mt. Sac	4.29m	2.2	14-01.00	376
			4.18m(1.4) 4.15m(1.1) 4.29m(2.2)			
10 Roxanne Cuevas	FR	Fullerton	4.22m	1.3	13-10.25	359
			4.17m(1.8) 4.22m(1.3) FOUL(2.2)			
11 Yasmine Cocotis	SO	Orange Coast	4.08m	0.5	13-04.75	326
			FOUL(2.4) 4.01m(0.9) 4.08m(0.5)			
12 Elizabeth Chidester	FR	Mt. Sac	4.06m	1.1	13-04.00	322
			3.91m(2.2) 4.06m(1.1) 3.94m(+0.0)			
12 Isabella Alston	FR	Orange Coast	4.06m	2.8	13-04.00	322
			4.06m(2.8) FOUL(1.9) FOUL(+0.0)			
14 Hanna Lauritzen	FR	Palomar	2.99m	1.1	9-09.75	105
			FOUL(2.4) FOUL(0.2) 2.99m(1.1)			

Event 41 Heptathlon: #6 Women Javelin Throw Heptathlon

Name	Year	School	Finals	Points	
1 Charlotte Kraushaar	FR	Orange Coast	31.86m	104-06	512
			29.29m 31.86m 31.04m		
2 Darlena Robinson	SO	Cerritos	27.86m	91-05	436
			27.86m 25.57m 23.08m		
3 Elizabeth Chidester	FR	Mt. Sac	25.92m	85-00	400
			25.92m 21.16m 19.92m		
4 Abby Richey	FR	Cuesta	25.76m	84-06	397
			19.38m 25.76m 22.04m		
5 Isabella Alston	FR	Orange Coast	25.19m	82-08	386
			20.41m 25.19m FOUL		
6 Annie Doherty	FR	Moorpark	23.38m	76-08	352
			23.38m 18.20m 15.48m		
7 Roxanne Cuevas	FR	Fullerton	21.01m	68-11	308
			21.01m 18.43m 19.82m		



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...Event 41 Heptathlon: #6 Women Javelin Throw Heptathlon

8	Daila Bell	FR Cerritos	20.71m	67-11	302
	20.71m 19.63m 18.13m				
9	Keanna Daramola	FR Cerritos	20.04m	65-09	290
	20.04m 17.49m 17.79m				
10	Jennifer Pedroza	FR Palomar	19.22m	63-01	274
	15.63m 19.22m 13.84m				
11	Jasmine Perez	FR SD Mesa	18.03m	59-02	252
	17.87m 14.94m 18.03m				
12	Yasmine Cocotis	SO Orange Coast	16.84m	55-03	230
	16.37m 16.84m 16.53m				
12	Crystal Vongphrasouk	FR Mt. Sac	16.84m	55-03	230
	13.95m 16.41m 16.84m				
14	Hanna Lauritzen	FR Palomar	10.63m	34-10	117
	FOUL FOUL 10.63m				

Event 41 Heptathlon: #7 Women 800 Meter Run Heptathlon

Name	Year School	Finals	Points
1 Jasmine Perez	FR SD Mesa	2:24.91	758
2 Elizabeth Chidester	FR Mt. Sac	2:35.99	620
3 Annie Doherty	FR Moorpark	2:37.20	605
4 Crystal Vongphrasouk	FR Mt. Sac	2:37.40	603
5 Isabella Alston	FR Orange Coast	2:37.43	603
6 Charlotte Kraushaar	FR Orange Coast	2:39.48	579
7 Jennifer Pedroza	FR Palomar	2:39.82	575
8 Abby Richey	FR Cuesta	2:41.44	556
9 Daila Bell	FR Cerritos	2:42.47	545
10 Roxanne Cuevas	FR Fullerton	2:42.62	543
11 Darlena Robinson	SO Cerritos	2:42.92	540
12 Yasmine Cocotis	SO Orange Coast	2:44.32	524
13 Keanna Daramola	FR Cerritos	2:46.24	503
-- Hanna Lauritzen	FR Palomar	DNF	

Event 42 Men Decathlon

Name	Year School	Finals	H#
1 Andrew Aguilar	FR Mt. Sac	5909	
2 Vincent Ketelaar	FR Cuesta	5622	
3 Aaron Mickelsen	SO SD Mesa	5577	
4 Jacob Woods	FR Riverside	5557	
5 Shea Wissler	FR El Camino	5398	
6 Joshua Godfrey	SO Southwestern	5349	
7 Steven Tinoco	FR Riverside	5296	
8 Eugene Leduc	SO Cerritos	5228	
9 Jarrod Morris	FR Riverside	5190	
10 Timothy Sloan Jr	SO Cerritos	5027	
11 Venture O'Neal	FR Cerritos	4699	
12 Tyler Young	FR Orange Coast	4374	



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....Event 42 Men Decathlon

13 Chris Freeman FR Long Beach 3175

Event 42 Decathlon: #1 Men 100 Meter Dash Decathlon

Name	Year	School	Finals	Wind	H#	Points
1 Aaron Mickelsen	SO	SD Mesa	11.26	2.4	2	804
2 Joshua Godfrey	SO	Southwestern	11.30	1.8	1	795
3 Jacob Woods	FR	Riverside	11.33	1.8	1	789
4 Timothy Sloan Jr	SO	Cerritos	11.47	1.8	1	759
5 Eugene Leduc	SO	Cerritos	11.57	2.4	2	738
6 Steven Tinoco	FR	Riverside	11.63	2.4	2	725
7 Andrew Aguilar	FR	Mt. Sac	11.70	2.4	2	711
8 Shea Wissler	FR	El Camino	11.96	2.4	2	659
9 Vincent Ketelaar	FR	Cuesta	11.97	2.4	2	657
10 Tyler Young	FR	Orange Coast	12.00	1.8	1	651
11 Jarrod Morris	FR	Riverside	12.12	1.8	1	628
12 Venture O'Neal	FR	Cerritos	12.28	1.8	1	597
13 Chris Freeman	FR	Long Beach	12.53	1.8	1	551

Event 42 Decathlon: #2 Men Long Jump Decathlon

Name	Year	School	Finals	Wind		Points
1 Joshua Godfrey	SO	Southwestern	6.65m	0.9	21-10.00	732
			6.47m(2.5) 6.65m(0.9) 6.45m(1.8)			
2 Jacob Woods	FR	Riverside	6.53m	1.9	21-05.25	704
			5.51m(1.7) 6.53m(1.9) 6.27m(1.4)			
3 Steven Tinoco	FR	Riverside	6.32m	2.0	20-09.00	657
			5.95m(2.9) 6.06m(1.6) 6.32m(2.0)			
4 Timothy Sloan Jr	SO	Cerritos	6.25m	2.2	20-06.25	641
			6.25m(2.2) PASS PASS			
5 Vincent Ketelaar	FR	Cuesta	6.23m	3.2	20-05.25	637
			6.00m(2.5) 5.77m(3.5) 6.23m(3.2)			
6 Shea Wissler	FR	El Camino	6.17m	2.6	20-03.00	624
			5.82m(2.1) 5.81m(1.9) 6.17m(2.6)			
7 Aaron Mickelsen	SO	SD Mesa	6.12m	3.7	20-01.00	613
			5.73m(2.3) 5.88m(2.0) 6.12m(3.7)			
8 Andrew Aguilar	FR	Mt. Sac	6.02m	1.6	19-09.00	591
			6.02m(1.6) FOUL(2.2) FOUL(2.7)			
9 Tyler Young	FR	Orange Coast	5.59m	2.5	18-04.25	500
			FOUL(2.5) 5.59m(2.5) FOUL(2.4)			
10 Jarrod Morris	FR	Riverside	5.54m	3.3	18-02.25	490
			FOUL(1.1) 5.54m(3.3) FOUL(2.0)			
11 Venture O'Neal	FR	Cerritos	5.41m	3.0	17-09.00	463
			5.41m(3.0) 5.15m(3.3) 5.29m(3.1)			
12 Eugene Leduc	SO	Cerritos	4.99m	1.3	16-04.50	380
			FOUL(2.1) 4.99m(1.3) 4.21m(3.5)			
13 Chris Freeman	FR	Long Beach	4.85m	1.7	15-11.00	354
			4.30m(2.4) 4.85m(1.7) 4.81m(2.6)			



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Event 42 Decathlon: #3 Men Shot Put Decathlon

Name	Year	School	Finals	Points
1 Venture O'Neal 11.02m 10.85m 10.95m	FR	Cerritos	11.02m 36-02.00	547
2 Andrew Aguilar 10.81m 11.01m FOUL	FR	Mt. Sac	11.01m 36-01.50	546
3 Timothy Sloan Jr 10.42m FOUL 10.48m	SO	Cerritos	10.48m 34-04.75	515
4 Aaron Mickelsen 10.26m 9.96m 10.01m	SO	SD Mesa	10.26m 33-08.00	501
5 Jacob Woods 10.21m 10.19m 9.75m	FR	Riverside	10.21m 33-06.00	498
6 Shea Wissler 10.15m FOUL 9.28m	FR	El Camino	10.15m 33-03.75	495
7 Joshua Godfrey FOUL 9.66m 9.49m	SO	Southwestern	9.66m 31-08.50	465
8 Jarrod Morris 9.43m 8.81m FOUL	FR	Riverside	9.43m 30-11.25	451
9 Chris Freeman 9.14m 9.20m 8.93m	FR	Long Beach	9.20m 30-02.25	438
10 Eugene Leduc 7.72m 7.85m 8.53m	SO	Cerritos	8.53m 28-00.00	398
11 Vincent Ketelaar FOUL 8.22m 8.37m	FR	Cuesta	8.37m 27-05.50	388
12 Tyler Young FOUL 7.45m 8.18m	FR	Orange Coast	8.18m 26-10.00	377
13 Steven Tinoco 7.82m FOUL 7.52m	FR	Riverside	7.82m 25-08.00	356

Event 42 Decathlon: #4 Men High Jump Decathlon

Name	Year	School	Finals	Points
1 Timothy Sloan Jr 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82 1.85 1.88 1.91 1.94 1.97 P P P P P P P P P P O P P O O P O P XXX	SO	Cerritos	1.91m 6-03.25	723
2 Jarrod Morris 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82 1.85 1.88 P P P P O P O P O O XO O O O XXX	FR	Riverside	1.85m 6-00.75	670
2 Shea Wissler 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82 1.85 1.88 P P P P P O P O O O XO O XO O XXX	FR	El Camino	1.85m 6-00.75	670
4 Vincent Ketelaar 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70 1.73 1.76 1.79 1.82 1.85 P P P P P P P P P P P O XO O XXX	FR	Cuesta	1.82m 5-11.50	644
5 Tyler Young 1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70 1.73 1.76 P P O O P O O O XO XXO XXX	FR	Orange Coast	1.73m 5-08.00	569



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....Event 42 Decathlon: #4 Men High Jump Decathlon

5	Joshua Godfrey	SO Southwestern	1.73m	5-08.00	569
	1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70 1.73 1.76				
	P P P O P P O O O O XXX				
7	Aaron Mickelsen	SO SD Mesa	1.70m	5-07.00	544
	1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70 1.73				
	P P P O P O O O XO XXX				
8	Venture O'Neal	FR Cerritos	1.67m	5-05.75	520
	1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70				
	P P P P P O XXO XO XXX				
9	Jacob Woods	FR Riverside	1.64m	5-04.50	496
	1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67 1.70				
	P P O P O P O P XXX				
9	Eugene Leduc	SO Cerritos	1.64m	5-04.50	496
	1.46 1.49 1.52 1.55 1.58 1.61 1.64 1.67				
	O O XO O XO XXO XXO XXX				
11	Andrew Aguilar	FR Mt. Sac	1.61m	5-03.25	472
	1.46 1.49 1.52 1.55 1.58 1.61 1.64				
	P P P P XXO O XXX				
11	Chris Freeman	FR Long Beach	1.61m	5-03.25	472
	1.46 1.49 1.52 1.55 1.58 1.61 1.64				
	P P P P P XO XXX				
13	Steven Tinoco	FR Riverside	1.52m	4-11.75	404
	1.46 1.49 1.52 1.55				
	P P O XXX				

Event 42 Decathlon: #5 Men 400 Meter Dash Decathlon

Name	Year School	Finals	H#	Points
1 Andrew Aguilar	FR Mt. Sac	52.75	2	692
2 Steven Tinoco	FR Riverside	53.09	1	678
3 Joshua Godfrey	SO Southwestern	53.13	2	676
4 Eugene Leduc	SO Cerritos	53.35	1	667
5 Timothy Sloan Jr	SO Cerritos	53.61	2	656
6 Shea Wissler	FR El Camino	53.87	1	645
7 Aaron Mickelsen	SO SD Mesa	54.39	1	624
8 Tyler Young	FR Orange Coast	54.55	2	617
9 Jacob Woods	FR Riverside	55.21	2	590
10 Vincent Ketelaar	FR Cuesta	56.08	1	556
11 Jarrod Morris	FR Riverside	56.45	2	542
12 Venture O'Neal	FR Cerritos	59.05	1	446
-- Chris Freeman	FR Long Beach	DQ	2	Ran into Lane 6

Event 42 Decathlon: #6 Men 110 Meter Hurdles Decathlon

Name	Year School	Finals	Wind	H#	Points
1 Aaron Mickelsen	SO SD Mesa	15.71	+0.0	2	766
2 Tyler Young	FR Orange Coast	16.40	+0.0	4	688
3 Steven Tinoco	FR Riverside	16.46	0.3	1	682



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...Event 42 Decathlon: #6 Men 110 Meter Hurdles Decathlon

3	Andrew Aguilar	FR Mt. Sac	16.46	+0.0	4	682
5	Jacob Woods	FR Riverside	16.53	+0.0	4	674
6	Eugene Leduc	SO Cerritos	16.67	0.3	1	659
7	Timothy Sloan Jr	SO Cerritos	16.68	+0.0	3	658
8	Vincent Ketelaar	FR Cuesta	16.88	0.3	1	637
9	Joshua Godfrey	SO Southwestern	17.56	+0.0	2	567
10	Jarrold Morris	FR Riverside	17.72	+0.0	3	551
11	Venture O'Neal	FR Cerritos	18.83	+0.0	2	447
12	Shea Wissler	FR El Camino	20.29	+0.0	3	327
13	Chris Freeman	FR Long Beach	22.27	+0.0	3	192

Event 42 Decathlon: #7 Men Discus Throw Decathlon

Name	Year School	Finals	Points
1 Andrew Aguilar 34.19m 35.89m 37.13m	FR Mt. Sac	37.13m	121-10 606
2 Jacob Woods 22.48m 32.06m FOUL	FR Riverside	32.06m	105-02 505
3 Joshua Godfrey 30.40m 29.72m 28.12m	SO Southwestern	30.40m	99-09 472
4 Shea Wissler 29.27m 28.30m 28.08m	FR El Camino	29.27m	96-00 450
5 Jarrod Morris 20.56m 26.80m 28.83m	FR Riverside	28.83m	94-07 441
6 Venture O'Neal 6.75m 14.72m 27.72m	FR Cerritos	27.72m	90-11 420
7 Vincent Ketelaar 27.66m 24.29m FOUL	FR Cuesta	27.66m	90-09 419
8 Chris Freeman 21.70m FOUL 26.38m	FR Long Beach	26.38m	86-06 394
9 Eugene Leduc 21.82m 26.09m FOUL	SO Cerritos	26.09m	85-07 388
10 Aaron Mickelsen 25.67m FOUL 23.76m	SO SD Mesa	25.67m	84-03 380
11 Steven Tinoco 24.54m 22.35m 17.61m	FR Riverside	24.54m	80-06 358
12 Timothy Sloan Jr 23.37m FOUL FOUL	SO Cerritos	23.37m	76-08 336
-- Tyler Young FOUL FOUL FOUL	FR Orange Coast	FOUL	

Event 42 Decathlon: #8 Men Pole Vault Decathlon

Name	Year School	Finals	Points
1 Vincent Ketelaar 3.35 3.45 3.55 3.65 3.75 3.85 3.95 4.05 O PPP O O O O O XXX	FR Cuesta	3.95m	12-11.50 603



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....Event 42 Decathlon: #8 Men Pole Vault Decathlon

1	Andrew Aguilar	FR Mt. Sac	3.95m	12-11.50	603
	3.35 3.45 3.55 3.65 3.75 3.85 3.95 4.05				
	O O PPP O XXO XO XO XXX				
3	Joshua Godfrey	SO Southwestern	3.85m	12-07.50	576
	3.15 3.25 3.35 3.45 3.55 3.65 3.75 3.85 3.95				
	O PPP PPP PPP XXO XO XO O XX				
4	Steven Tinoco	FR Riverside	3.75m	12-03.50	549
	2.75 2.85 2.95 3.05 3.15 3.25 3.35 3.45 3.55 3.65 3.75 3.85				
	O O O XXO O O XXO O XO O XO XXX				
5	Aaron Mickelsen	SO SD Mesa	3.35m	10-11.75	444
	2.65 2.75 2.85 2.95 3.05 3.15 3.25 3.35 3.45				
	XO O O XXO O XXO XO XO PPP				
6	Eugene Leduc	SO Cerritos	3.25m	10-08.00	418
	2.55 2.65 2.75 2.85 2.95 3.05 3.15 3.25 3.35				
	O O O O XXO O O O XXX				
7	Venture O'Neal	FR Cerritos	3.05m	10-00.00	369
	2.45 2.55 2.65 2.75 2.85 2.95 3.05 3.15				
	XO O PPP O O O O XXX				
7	Jarrood Morris	FR Riverside	3.05m	10-00.00	369
	2.65 2.75 2.85 2.95 3.05 3.15				
	O O O O O XXX				
9	Shea Wissler	FR El Camino	2.85m	9-04.25	321
	2.45 2.55 2.65 2.75 2.85 2.95				
	O O O XO O XXX				
9	Jacob Woods	FR Riverside	2.85m	9-04.25	321
	2.75 2.85 2.95				
	O O XXX				
11	Timothy Sloan Jr	SO Cerritos	2.75m	9-00.25	298
	2.45 2.55 2.65 2.75 2.85				
	XXO O PPP O XX				
--	Tyler Young	FR Orange Coast	NH		
	2.75				
	XXX				
--	Chris Freeman	FR Long Beach	NH		
	2.15				
	XXX				

Event 42 Decathlon: #9 Men Javelin Throw Decathlon

=====						
Name	Year	School	Finals	Points		
=====						
1	Jacob Woods	FR Riverside	48.78m	160-00	571	
	45.91m	45.64m	48.78m			
2	Shea Wissler	FR El Camino	48.60m	159-05	568	
	45.99m	48.60m	43.95m			
3	Joshua Godfrey	SO Southwestern	43.75m	143-06	497	
	39.43m	42.97m	43.75m			
4	Aaron Mickelsen	SO SD Mesa	42.04m	137-11	472	
	40.81m	38.60m	42.04m			



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....Event 42 Decathlon: #9 Men Javelin Throw Decathlon

5 Eugene Leduc	SO Cerritos	40.38m	132-06	448
37.74m 40.38m 39.34m				
6 Timothy Sloan Jr	SO Cerritos	39.94m	131-00	441
34.40m 39.94m 38.01m				
7 Jarrod Morris	FR Riverside	39.82m	130-08	440
31.81m 38.07m 39.82m				
8 Tyler Young	FR Orange Coast	39.73m	130-04	438
38.70m 39.73m 36.16m				
9 Venture O'Neal	FR Cerritos	38.66m	126-10	423
37.43m 38.66m FOUL				
10 Vincent Ketelaar	FR Cuesta	38.22m	125-05	416
37.79m 38.22m FOUL				
11 Andrew Aguilar	FR Mt. Sac	36.40m	119-05	390
34.34m 36.40m 35.72m				
12 Steven Tinoco	FR Riverside	28.69m	94-01	281
28.69m 26.11m 27.35m				
13 Chris Freeman	FR Long Beach	25.15m	82-06	232
25.15m FOUL 24.76m				

Event 42 Decathlon: #10 Men 1500 Meter Run Decathlon

Name	Year School	Finals	Points
1 Vincent Ketelaar	FR Cuesta	4:42.48	665
2 Shea Wissler	FR El Camino	4:46.67	639
3 Eugene Leduc	SO Cerritos	4:47.22	636
4 Andrew Aguilar	FR Mt. Sac	4:50.51	616
5 Jarrod Morris	FR Riverside	4:51.75	608
6 Steven Tinoco	FR Riverside	4:52.09	606
7 Chris Freeman	FR Long Beach	5:03.11	542
8 Tyler Young	FR Orange Coast	5:04.51	534
9 Venture O'Neal	FR Cerritos	5:16.79	467
10 Aaron Mickelsen	SO SD Mesa	5:24.10	429
11 Jacob Woods	FR Riverside	5:28.02	409
-- Joshua Godfrey	SO Southwestern	DNF	
-- Timothy Sloan Jr	SO Cerritos	DQ	stepped inside line

Event 43 Women 3000 Meter Race Walk

Name	Year School	Finals
1 Casey Shaw	FR Cuesta	21:17.76
2 Savannah Dinco	FR Riverside	24:07.78
3 Mireya Martinez	FR Allan Hancock	24:54.67
4 Jannet Olivarez	FR Riverside	24:55.61
5 Sandra Espinoza	FR Riverside	27:02.67



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Event 44 Men 3000 Meter Race Walk

Name	Year School	Finals
1 Francisco Aguiar	FR Cuyamaca	15:22.22
2 Garnett Smith	FR Riverside	22:10.06
3 Samuel Tick	FR Riverside	22:10.95
4 Melecio Gonzalez	FR Cuesta	29:56.23
-- Connor Sharp	FR Riverside	DQ

Women - Team Rankings - 21 Events Scored

1) Cerritos	166	2) Riverside	130
3) West Los Angeles	88	4) Mt. SAC	82
5) Long Beach	33	6) El Camino	30
6) Moorpark	30	8) Ventura	27
8) Saddleback	27	10) Southwestern	25
10) SD Mesa	25	12) Glendale	22
12) Bakersfield	22	14) Orange Coast	21
15) Santa Monica	20	15) Cuesta	20
17) Fullerton	16	18) Santa Barbara	13
19) Palomar	11	20) Cuyamaca	3
20) Antelope Valley	3	20) Canyons	3
23) San Bernardino	1	23) Pasadena	1

Men - Team Rankings - 21 Events Scored

1) Riverside	212	2) Mt. SAC	110
3) Cerritos	104	4) El Camino	86
5) SD Mesa	50	6) West Los Angeles	42
7) Cuesta	27	7) Canyons	27
9) Santa Monica	25	10) Saddleback	21
11) Bakersfield	18	12) Cuyamaca	14
12) Moorpark	14	12) Orange Coast	14
15) Golden West	13	16) Glendale	8
16) Santa Barbara	8	18) Antelope Valley	7
19) Ventura	6	20) Long Beach	5
21) Southwestern	3	22) Santa Ana	2
23) San Bernardino	1		



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