



# Corona Relays

We want to invite you to our 6<sup>th</sup> edition of the Corona Relays on March 2, 2019! Our goal is to provide you with an affordable invite that does not run all day long. We open the season by introducing the relay/team aspect to all of your athletes. We want to give as many athletes as possible the opportunity to compete. Each school is allowed "B" teams for each level, per gender. **We are only charging \$300 for both levels and both genders!** Teams looking to enter events without an entire team only have to pay **\$20 per relay**. Individuals can be entered at **\$5 per open event**. We will offer open events for the 100 meters and the 100/110 hurdles with each school allocated 4 entries per gender, per level. We will allow coaches to 'coach' from the infield. The meet will begin at 8:00 am with a coaches meeting followed by field events starting at 8:30 am and track events starting at 9:00am. Finished results will provide timely results that will be posted online immediately at the conclusion of the meet.

- **Location:** Corona HS
- **Meet Date:** March 02, 2019
- **Entries Due:** February 24, 2019 @ 11:59 AM
- **Trainer on Site**
- **Full Snack bar**
- **Full Team Entry \$300 (or \$20 per relay or \$5 per individual events)**
- **Free Parking, \$5 for adults/ \$3 for students /kids under 3 free**
- **Varsity and Frosh/Soph Levels**
- **Early opportunity to qualify for Arcadia and Mt. Sac**
- **We accept B' team relays**
- **Field Events 8:30 am**
- **Track Events 9:00 am**
- **Top 3 teams per event, per level will receive medals. Top 3 individuals in the individual events, per level will receive medals.**
- **Entries submitted through <http://www.finishedresults.com/>**
- **Contact: Alleen Porter [aporter@cnsud.k12.ca.us](mailto:aporter@cnsud.k12.ca.us)**
- **Coaches' Room: Coaches will have access to light food and drinks.**
- **CIF CONTRACT: Coaches will receive contract by contacting [aporter@cnsud.k12.ca.us](mailto:aporter@cnsud.k12.ca.us)**
- **Make payments to: Corona Track & Field Boosters (must be paid on or before March 2<sup>nd</sup> or a \$25 late fee will charged to your team.)**

## Order of Events - *New This Year!*

### **Running Events will start at 9:00 am**

Girls 4x1600 Relay F/S and Varsity Combined  
Boys 4x1600 Relay F/S and Varsity Combined  
Girls F/S 100 Hurdles  
Girls Varsity 100 Hurdles  
Boys F/S 110 Hurdles  
Boys Varsity 110 Hurdles  
Girls F/S 4x100 Relay  
Boys F/S 4x100 Relay  
Girls Varsity 4x100 Relay  
Boys Varsity 4x100 Relay  
Girls F/S 4x800 Relay  
Boys F/S 4x800 Relay  
Girls Varsity 4x800 Relay  
Boys Varsity 4x800 Relay  
Girls F/S 4x200 Relay  
Boys F/S 4x200 Relay  
Girls Varsity 4x200 Relay  
Boys Varsity 4x200 Relay  
Girls Distance Medley (1200-400-800-1600) F/S and Varsity Combined  
Boys Distance Medley (1200-400-800-1600) F/S and Varsity Combined  
Girls F/S Sprint Medley Relay (200-200-400-800)  
Boys F/S Sprint Medley Relay (200-200-400-800)  
Girls Varsity Sprint Medley Relay (200-200-400-800)  
Boys Varsity Sprint Medley Relay (200-200-400-800)  
LUNCH BREAK  
Girls F/S 100 meters  
Girls Varsity 100 meters  
Boys F/S 100 meters  
Boys Varsity 100 meters  
Girls Throwers' 4x100 Relay  
Boys Throwers' 4x100 Relay  
Girls F/S 4x400 Relay  
Boys F/S 4x400 Relay  
Girls Varsity 4x400 Relay  
Boys Varsity 4x400 Relay



### **Field Events will start at 8:30 am**

Girls Varsity Discuss  
Boys Varsity Shot Put  
Girls F/S Discus  
Boys F/S Shot Put  
Girls Varsity Shot Put  
Boys Varsity Discuss  
Girls F/S Shot Put  
Boy F/S Discuss  
  
Girls and Boys Varsity Long Jump  
Girls and Boys F/S Long Jump  
  
Girls and Boys Varsity Triple Jump  
Girls and Boys Varsity F/S Triple Jump  
  
Girls F/S and Varsity Pole Vault  
Boys F/S and Varsity Pole Vault  
  
Girls Varsity High Jump  
Boys Varsity High Jump  
Girls F/S High Jump  
Boys F/S High Jump