

2019 VMHS "Saddle Up" Invitational

#	Event	Level	Time	#	Event	Division	Time
1	Girl's 1600	Frosh/Soph	9:00 AM	41	Pole Vault	Frosh/Soph Girls	9:00 AM
2	Boy's 1600	Frosh/Soph	9:20 AM	42	approx. starting heights F/S girls 6'6" F/S boys 7'6" Var girls 7' Var boys 9'	Var Girls	10:30 AM
3	Girl's 400 Relay	Frosh/Soph	9:40 AM	43		Frosh/Soph Boys	12:30 PM
4	Boy's 400 Relay	Frosh/Soph	9:45 AM	44		Var Boys	2:30 PM
5	Girl's 400 Relay	Varsity	9:50 AM	45	High Jump	Frosh/Soph Boys	9:00 AM
6	Boy's 400 Relay	Varsity	9:55 AM	46	approx. starting heights F/S girls 4'0" F/S boys 5'0" Var girls 4' 2" Var boys 5'6"	Var Boys	11:00 AM
7	Girl's 1600	Varsity	10:05 AM	47		Frosh/Soph Girls	1:00 PM
8	Boy's 1600	Varsity	10:20 AM	48		Var Girls	2:30 PM
9	Girl's 100 Hurdles	Frosh/Soph	10:35 AM	49	Long Jump	Var Boys "Pit #1"	9:00 AM
10	Girl's 100 Hurdles	Varsity	10:45 AM	50	three attempts per athlete, no finals	F/S Girls "Pit #2"	9:00 AM
11	Boy's 110 Hurdles	Frosh/Soph	11:00 AM	51		F/S Boys "Pit #1"	11:00 AM
12	Boy's 110 Hurdles	Varsity	11:10 AM	52		Var Girls "Pit #2"	11:00 AM
13	Girl's 400	Frosh/Soph	11:20 AM	53	Triple Jump	F/S Girls "Pit #2"	1:00 PM
14	Boy's 400	Frosh/Soph	11:35 AM	54	three attempts per athlete, no finals	Var Boys "Pit #1"	1:00 PM
15	Girl's 400	Varsity	11:45 AM	55		Var Girls "Pit #2"	3:00 PM
16	Boy's 400	Varsity	11:55 AM	56		F/S Boys "Pit #1"	3:00 PM
17	Girl's 100	Frosh/Soph	12:10 PM	57	Shot Put	Frosh/Soph Boys	9:00 AM
18	Boy's 100	Frosh/Soph	12:20 PM	58	Varsity 4 Throws, F/S 3 Throws	Frosh/Soph Girls	10:30 AM
19	Girl's 100	Varsity	12:30 PM	59		Var Boys	12:00 PM
20	Boy's 100	Varsity	12:40 PM	60		Var Girls	2:00 PM
21	Girl's 800	Frosh/Soph	12:55 PM	61	Discus	Frosh/Soph Girls	9:00 AM
22	Boy's 800	Frosh/Soph	1:10 PM	62	Varsity 4 Throws, F/S 3 Throws	Frosh/Soph Boys	10:30 AM
23	Girl's 800	Varsity	1:25 PM	63		Var Girls	12:00 PM
24	Boy's 800	Varsity	1:35 PM	64		Var Boys	2:00 PM
25	Girl's 3200	Frosh/Soph	1:50 PM				
26	Boy's 3200	Frosh/Soph	2:10 PM				
27	Girl's 300 Low Hurdles	Frosh/Soph	2:30 PM				
28	Girl's 300 Low Hurdles	Varsity	2:40 PM				
29	Boy's 300 Int. Hurdles	Frosh/Soph	2:50 PM				
30	Boy's 300 Int Hurdles	Varsity	3:00 PM				
31	Girl's 200	Frosh/Soph	3:15 PM				
32	Boy's 200	Frosh/Soph	3:25 PM				
33	Girl's 200	Varsity	3:35 PM				
34	Boy's 200	Varsity	3:45 PM				
35	Girl's 3200	Varsity	4:00 PM				
36	Boy's 3200	Varsity	4:15 PM				
37	Girl's 1600 Relay	Frosh/Soph	4:35 PM				
38	Boy's 1600 Relay	Frosh/Soph	4:45 PM				
39	Girls' 1600 Relay	Varsity	4:50 PM				
40	Boy's 1600 Relay	Varsity	4:55 PM				