

**South Coast Preview - 10/5/2016**

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**Results**

**Event 2 Boys 3 Mile Run CC Frosh**

| Name   | Year School     | Seed | Avg Mile | Finals  | Points |
|--|-----------------|------|----------|---------|--------|
| Results - Men                                |                 |      |          |         |        |
| 1 Groff, Mitch<br>16:12.92 (16:12.92)        | 9 El Toro       |      | 5:24.3   | 16:13.0 |        |
| 2 Denker, Carrick<br>16:13.01 (16:13.01)     | 9 Dana Hills    |      | 5:24.4   | 16:13.1 |        |
| 3 Niednagel, Caleb<br>16:15.30 (16:15.30)    | 9 Dana Hills    |      | 5:25.1   | 16:15.3 |        |
| 4 O'Melveny, John<br>16:50.29 (16:50.29)     | 9 Dana Hills    |      | 5:36.8   | 16:50.3 |        |
| 5 Puentes, Victor<br>16:52.97 (16:52.97)     | 9 Trabuco Hills |      | 5:37.7   | 16:53.0 |        |
| 6 Lawson, Jack<br>16:56.78 (16:56.78)        | 9 Mission Viejo |      | 5:39.0   | 16:56.8 |        |
| 7 Smissen, Eddie<br>16:58.24 (16:58.24)      | 9 El Toro       |      | 5:39.5   | 16:58.3 |        |
| 8 McDonald, Zack<br>17:21.895 (17:21.895)    | 9 El Toro       |      | 5:47.3   | 17:21.9 |        |
| 9 Garcia, Omar<br>17:29.58 (17:29.58)        | 9 Dana Hills    |      | 5:49.9   | 17:29.6 |        |
| 10 Belo, Sebastian<br>17:34.80 (17:34.80)    | 9 Mission Viejo |      | 5:51.6   | 17:34.8 |        |
| 11 Valdez, Luke<br>17:38.26 (17:38.26)       | 9 Dana Hills    |      | 5:52.8   | 17:38.3 |        |
| 12 Senko, Quinton<br>17:44.32 (17:44.32)     | 9 El Toro       |      | 5:54.8   | 17:44.4 |        |
| 13 Ajaj, Khaled<br>17:44.37 (17:44.37)       | 9 El Toro       |      | 5:54.8   | 17:44.4 |        |
| 14 Von Kaenal, Sean<br>17:45.33 (17:45.33)   | 9 Tesoro        |      | 5:55.2   | 17:45.4 |        |
| 15 Orozco, Carter<br>18:00.34 (18:00.34)     | 9 El Toro       |      | 6:00.2   | 18:00.4 |        |
| 16 Beiraghi, Yasha<br>18:10.16 (18:10.16)    | 9 Trabuco Hills |      | 6:03.4   | 18:10.2 |        |
| 17 Shadell, Steven<br>18:17.12 (18:17.12)    | 9 Tesoro        |      | 6:05.7   | 18:17.2 |        |
| 18 Cox, Max<br>18:18.16 (18:18.16)           | 9 Trabuco Hills |      | 6:06.1   | 18:18.2 |        |
| 19 Ree, Connor<br>18:18.22 (18:18.22)        | 9 Mission Viejo |      | 6:06.1   | 18:18.3 |        |
| 20 Callender, Brendan<br>18:20.51 (18:20.51) | 9 El Toro       |      | 6:06.9   | 18:20.6 |        |
| 21 Hamilton, Chris<br>18:22.64 (18:22.64)    | 9 Dana Hills    |      | 6:07.6   | 18:22.7 |        |

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|    |                       |                 |        |         |
|----|-----------------------|-----------------|--------|---------|
| 22 | Callis, Owen          | 9 El Toro       | 6:07.7 | 18:23.1 |
|    | 18:23.04 (18:23.04)   |                 |        |         |
| 23 | Ward, Gavin           | 9 Dana Hills    | 6:07.8 | 18:23.2 |
|    | 18:23.14 (18:23.14)   |                 |        |         |
| 24 | Landgraf, Finn        | 9 Dana Hills    | 6:14.0 | 18:42.1 |
|    | 18:42.01 (18:42.01)   |                 |        |         |
| 25 | Faukner, Dane         | 9 Dana Hills    | 6:17.4 | 18:52.1 |
|    | 18:52.08 (18:52.08)   |                 |        |         |
| 26 | Torres, Juan          | 9 El Toro       | 6:18.6 | 18:55.6 |
|    | 18:55.560 (18:55.560) |                 |        |         |
| 27 | Neuman, Chad          | 9 Trabuco Hills | 6:21.6 | 19:04.7 |
|    | 19:04.66 (19:04.66)   |                 |        |         |
| 28 | Lettieri, Ryan        | 9 El Toro       | 6:21.6 | 19:04.8 |
|    | 19:04.78 (19:04.78)   |                 |        |         |
| 29 | Nossovitch, Max       | 9 Dana Hills    | 6:23.2 | 19:09.4 |
|    | 19:09.35 (19:09.35)   |                 |        |         |
| 30 | Shannon, Liam         | 9 Mission Viejo | 6:24.7 | 19:14.1 |
|    | 19:14.06 (19:14.06)   |                 |        |         |
| 31 | Wright, Christian     | 9 Trabuco Hills | 6:25.0 | 19:14.9 |
|    | 19:14.90 (19:14.90)   |                 |        |         |
| 32 | Moayed, Aaron         | 9 Trabuco Hills | 6:25.7 | 19:17.0 |
|    | 19:16.98 (19:16.98)   |                 |        |         |
| 33 | Bernard, Patrick      | 9 Tesoro        | 6:26.1 | 19:18.3 |
|    | 19:18.28 (19:18.28)   |                 |        |         |
| 34 | Coppes, Carter        | 9 Trabuco Hills | 6:26.4 | 19:19.2 |
|    | 19:19.11 (19:19.11)   |                 |        |         |
| 35 | Cullen, Danny         | 9 Dana Hills    | 6:27.0 | 19:20.9 |
|    | 19:20.82 (19:20.82)   |                 |        |         |
| 36 | Strayer, Jacob        | 9 Trabuco Hills | 6:28.6 | 19:25.6 |
|    | 19:25.59 (19:25.59)   |                 |        |         |
| 37 | Keating, Aiden        | 9 El Toro       | 6:28.6 | 19:25.8 |
|    | 19:25.79 (19:25.79)   |                 |        |         |
| 38 | Togashi, Nolan        | 9 Trabuco Hills | 6:29.3 | 19:27.9 |
|    | 19:27.88 (19:27.88)   |                 |        |         |
| 39 | Sotelo, Isaac         | 9 Dana Hills    | 6:30.2 | 19:30.6 |
|    | 19:30.53 (19:30.53)   |                 |        |         |
| 40 | Sollom, Austin        | 9 Mission Viejo | 6:30.4 | 19:31.3 |
|    | 19:31.22 (19:31.22)   |                 |        |         |
| 41 | Larkin, Tristan       | 9 El Toro       | 6:31.4 | 19:34.2 |
|    | 19:34.20 (19:34.20)   |                 |        |         |
| 42 | Andrew, Flores        | 9 Mission Viejo | 6:35.2 | 19:45.5 |
|    | 19:45.45 (19:45.45)   |                 |        |         |
| 43 | Allensworth, Trevor   | 9 Tesoro        | 6:36.0 | 19:47.9 |
|    | 19:47.90 (19:47.90)   |                 |        |         |
| 44 | Donis, Brandon        | 9 Tesoro        | 6:36.9 | 19:50.6 |
|    | 19:50.59 (19:50.59)   |                 |        |         |

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|                       |                 |        |         |
|-----------------------|-----------------|--------|---------|
| 45 Radigan, Dane      | 9 Trabuco Hills | 6:37.4 | 19:52.0 |
| 19:51.93 (19:51.93)   |                 |        |         |
| 46 Leung, Kimball     | 9 Trabuco Hills | 6:37.4 | 19:52.2 |
| 19:52.13 (19:52.13)   |                 |        |         |
| 47 Hale, Jonathan     | 9 Dana Hills    | 6:37.9 | 19:53.6 |
| 19:53.52 (19:53.52)   |                 |        |         |
| 48 Campos, Toni       | 9 Mission Viejo | 6:39.2 | 19:57.5 |
| 19:57.43 (19:57.43)   |                 |        |         |
| 49 Murg, Michael      | 9 Mission Viejo | 6:39.9 | 19:59.6 |
| 19:59.60 (19:59.60)   |                 |        |         |
| 50 Soller, Liam       | 9 El Toro       | 6:39.9 | 19:59.7 |
| 19:59.68 (19:59.68)   |                 |        |         |
| 51 Dybel, Nick        | 9 Mission Viejo | 6:41.3 | 20:04.0 |
| 20:03.927 (20:03.927) |                 |        |         |
| 52 Anthony, Evan      | 9 Trabuco Hills | 6:43.2 | 20:09.5 |
| 20:09.467 (20:09.467) |                 |        |         |
| 53 Renteria, Silas    | 9 El Toro       | 6:43.3 | 20:09.8 |
| 20:09.72 (20:09.72)   |                 |        |         |
| 54 Pitterle, David    | 9 Trabuco Hills | 6:49.4 | 20:28.2 |
| 20:28.18 (20:28.18)   |                 |        |         |
| 55 Le, Don            | 9 Trabuco Hills | 6:50.2 | 20:30.4 |
| 20:30.36 (20:30.36)   |                 |        |         |
| 56 Swain, Griffin     | 9 El Toro       | 6:50.8 | 20:32.4 |
| 20:32.39 (20:32.39)   |                 |        |         |
| 57 Muyderman, Matthew | 9 Trabuco Hills | 6:51.0 | 20:32.8 |
| 20:32.76 (20:32.76)   |                 |        |         |
| 58 Mulligan, Jake     | 9 Tesoro        | 6:55.5 | 20:46.6 |
| 20:46.52 (20:46.52)   |                 |        |         |
| 59 Romo, Julian       | 9 Tesoro        | 6:56.3 | 20:49.0 |
| 20:48.91 (20:48.91)   |                 |        |         |
| 60 Brase, Carson      | 9 Trabuco Hills | 6:57.4 | 20:52.2 |
| 20:52.17 (20:52.17)   |                 |        |         |
| 61 Nielsen, Christian | 9 El Toro       | 6:59.5 | 20:58.3 |
| 20:58.26 (20:58.26)   |                 |        |         |
| 62 Korpash, Phillip   | 9 Mission Viejo | 6:59.5 | 20:58.5 |
| 20:58.41 (20:58.41)   |                 |        |         |
| 63 Manes, Kyle        | 9 Tesoro        | 7:00.2 | 21:00.4 |
| 21:00.359 (21:00.359) |                 |        |         |
| 64 Manion, Thomas     | 9 El Toro       | 7:01.2 | 21:03.6 |
| 21:03.55 (21:03.55)   |                 |        |         |
| 65 Ray, Aidan         | 9 Mission Viejo | 7:01.3 | 21:03.9 |
| 21:03.81 (21:03.81)   |                 |        |         |
| 66 Still, Zack        | 9 El Toro       | 7:02.6 | 21:07.6 |
| 21:07.59 (21:07.59)   |                 |        |         |
| 67 Bisht, Neil        | 9 El Toro       | 7:04.3 | 21:12.8 |
| 21:12.73 (21:12.73)   |                 |        |         |

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|--------------------------|-----------------|--------|---------|
| 68 Cookston, Everett     | 9 Mission Viejo | 7:05.8 | 21:17.3 |
| 21:17.26 (21:17.26)      |                 |        |         |
| 69 Martinez, Christian   | 9 Mission Viejo | 7:08.1 | 21:24.1 |
| 21:24.100 (21:24.100)    |                 |        |         |
| 70 Morse, David          | 9 Tesoro        | 7:09.2 | 21:27.5 |
| 21:27.47 (21:27.47)      |                 |        |         |
| 71 Dennington, Casey     | 9 Tesoro        | 7:09.4 | 21:28.2 |
| 21:28.15 (21:28.15)      |                 |        |         |
| 72 Salinas, Joshua       | 9 Tesoro        | 7:10.7 | 21:32.2 |
| 21:32.11 (21:32.11)      |                 |        |         |
| 73 Lawrence, Addison     | 9 Dana Hills    | 7:12.7 | 21:38.0 |
| 21:37.99 (21:37.99)      |                 |        |         |
| 74 Rajpara, Shubhang     | 9 El Toro       | 7:13.3 | 21:39.8 |
| 21:39.71 (21:39.71)      |                 |        |         |
| 75 Olsen, Cade           | 9 El Toro       | 7:13.9 | 21:41.7 |
| 21:41.64 (21:41.64)      |                 |        |         |
| 76 Somoza, Christian     | 9 Trabuco Hills | 7:16.9 | 21:50.5 |
| 21:50.45 (21:50.45)      |                 |        |         |
| 77 Bradshaw, Aidan       | 9 Tesoro        | 7:30.8 | 22:32.2 |
| 22:32.14 (22:32.14)      |                 |        |         |
| 78 Taylor, Jacob         | 9 El Toro       | 7:31.5 | 22:34.5 |
| 22:34.41 (22:34.41)      |                 |        |         |
| 79 Ruiz, Hector          | 9 Tesoro        | 7:34.8 | 22:44.4 |
| 22:44.34 (22:44.34)      |                 |        |         |
| 80 Lee, Alex             | 9 Tesoro        | 7:35.9 | 22:47.5 |
| 22:47.43 (22:47.43)      |                 |        |         |
| 81 Blanchard, Austin     | 9 Tesoro        | 7:36.4 | 22:49.2 |
| 22:49.13 (22:49.13)      |                 |        |         |
| 82 Kala, Ishan           | 9 El Toro       | 7:36.7 | 22:50.0 |
| 22:49.99 (22:49.99)      |                 |        |         |
| 83 Glonek, Nathan        | 9 Tesoro        | 7:37.0 | 22:51.0 |
| 22:50.92 (22:50.92)      |                 |        |         |
| 84 Busquero, Edzuart     | 9 Mission Viejo | 7:37.1 | 22:51.3 |
| 22:51.24 (22:51.24)      |                 |        |         |
| 85 Trinidad, Steven      | 9 Trabuco Hills | 7:49.4 | 23:28.0 |
| 23:27.94 (23:27.94)      |                 |        |         |
| 86 Huynh, Jason          | 9 El Toro       | 7:50.2 | 23:30.5 |
| 23:30.45 (23:30.45)      |                 |        |         |
| 87 Randolph, Daniel      | 9 Tesoro        | 7:54.3 | 23:42.9 |
| 23:42.88 (23:42.88)      |                 |        |         |
| 88 Sampat, Sahil         | 9 Trabuco Hills | 7:58.1 | 23:54.2 |
| 23:54.20 (23:54.20)      |                 |        |         |
| 89 Plascencia, Christian | 9 Mission Viejo | 7:59.2 | 23:57.6 |
| 23:57.59 (23:57.59)      |                 |        |         |
| 90 Coe, John             | 11 El Toro      | 8:06.1 | 24:18.3 |
| 24:18.27 (24:18.27)      |                 |        |         |

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|-------------------------|-----------------|---------|---------|
| 91 Bundy, Cameron       | 9 El Toro       | 8:06.4  | 24:19.1 |
| 24:19.03 (24:19.03)     |                 |         |         |
| 92 Sinclair, John       | 10 El Toro      | 8:06.6  | 24:19.6 |
| 24:19.59 (24:19.59)     |                 |         |         |
| 93 Gray, Ethan          | 9 Mission Viejo | 8:16.0  | 24:47.9 |
| 24:47.81 (24:47.81)     |                 |         |         |
| 94 Clancy, Sebastian    | 9 El Toro       | 8:26.8  | 25:20.3 |
| 25:20.28 (25:20.28)     |                 |         |         |
| 95 Powley, Matthew      | 9 Trabuco Hills | 8:29.3  | 25:27.9 |
| 25:27.81 (25:27.81)     |                 |         |         |
| 96 Shamas, Shane        | 9 Mission Viejo | 8:30.4  | 25:31.1 |
| 25:31.08 (25:31.08)     |                 |         |         |
| 97 Mendoza, Brian       | 9 El Toro       | 8:40.3  | 26:00.7 |
| 26:00.64 (26:00.64)     |                 |         |         |
| 98 Garcia, Lawrence     | 9 El Toro       | 8:40.3  | 26:00.8 |
| 26:00.77 (26:00.77)     |                 |         |         |
| 99 Biehl, Cole          | 9 Trabuco Hills | 9:14.9  | 27:44.7 |
| 27:44.62 (27:44.62)     |                 |         |         |
| 100 Lehmeukuler, Joseph | 9 Mission Viejo | 11:07.0 | 33:20.9 |



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