

# RCC and CBU CROSS COUNTRY PRESENT



## 2<sup>ND</sup> ANNUAL RIVERSIDE CITY CROSS COUNTRY INVITATIONAL

**Date:** Friday, October 7<sup>th</sup>, 2016

**Host:** Riverside City College, CBU

**Location:** Riverside City Cross Country Course, 1077 Orange Street, Riverside, CA 92501 (Fire Station Address, which is next to the course entrance).

**Cost:** \$125.00 per team, per gender (unlimited entries, \$250 max), \$15.00 per individual.

### *Schedule of Events*

Women's 5K - 9:00 AM (All 2 year and 4 year college women)

Men's 4 Mile - 9:30 AM (Any 2 year Teams or 4 year overflow college men)

Men's 8K – 10:00 AM (Any 2 year and 4 year college men)

**Course:** The course is located north of downtown Riverside, all dirt, fairly level and was the official site of the CIF Southern Section Prelims in 2015, CBU Lancer Invite and RCC CC Invite.

**Awards:** Top 10 individuals each race. 1<sup>st</sup> place Team each level.

**Interest and Registration:** Please email [damien.smith@rcc.edu](mailto:damien.smith@rcc.edu) or [michael.wilson@rcc.edu](mailto:michael.wilson@rcc.edu) for entrance into the meet. Race entries will be due by Tuesday, October 4<sup>th</sup> at 7:00 PM on [www.directathletics.com](http://www.directathletics.com). Please make checks payable to "RCC's Track Trust" and in the memo box write "Cross Country Invite".

5K race includes all eligible 2 year and 4 year college women. 4 mile and 8K *may* include any eligible college/university men.