## Santiago Canyon Cross Country Invitational

**HOST:** Santiago Canyon College

**DATE:** Friday, September 30, 2016

TIME: 10:00am - Women's Race (5K)

11:00am - Men's Race (4-Miles)

**LOCATION:** Irvine Regional Park

1 Irvine Park Road (intersection of Jamboree & Santiago Canyon Roads)

Orange, CA 92862 (714) 973-6835

*NOTE:* There is a \$3.00 vehicle entrance fee on weekdays

(Buses and college-marked team vans can enter without cost).

**COURSE:** The course will be largely dirt with a few significant stretches of pavement, some

grass, and some substantial hills. This is **not** the same course that is run for Santa

Ana College's Howard Brubaker Invitational! The course will be very well

marked.

**ENTRY FEE:** \$150 per Program (\$75 for men's team & \$75 for women's team)

\$15 per Individual (for individual entries & teams with less than 5 runners) Please make entry fee checks payable to: "Santiago Canyon College"

**ENTRY DEADLINE:** Entries will be processed through Direct Athletics and are due by **6:00pm** 

on Tuesday, September 27th.

**SCORING:** The first 5 finishers per school will score. The  $6^{th}$  and  $7^{th}$  runners on each team

can displace. All additional runners and individuals without complete teams will

not be factored into the team scoring.

**AWARDS:** Individual awards to the Top-10 finishers in each race. Team awards for the 1<sup>st</sup>

and 2<sup>nd</sup> place teams in each race.

**TRAINER:** There will be an athletic trainer (with ice and basic first aid) stationed near

the finish area. However, athletes need to bring their own sports tape & pre-

wrap if they want to get taped before their races.

**QUESTIONS:** Contact Shawn Cummins: (714) 628-4910 - office

(714) 330-0695 - cell phone

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