

**2016 Wayne Walker Cross Country Invitational**  
**Hosted by Sunny Hills High School**  
**Friday, September 23, 2016**

**Coaches and Participants Information**

Thank you for choosing to participate in the Sunny Hills Wayne Walker 2016 Cross Country Invitational. The meet will be held on Friday, September 23 at Craig Regional Park in Fullerton. We look forward to seeing you at this great event. Please review the event requirements below.

1. Volunteer staff will wear traffic vests (orange or yellow) at specific points along the course to assist runners and assure their safety. Please follow volunteer instructions during races. Vehicle and pedestrian traffic will be stopped at certain points during the race to allow runners safe access to the race course. We appreciate your patience.
2. There will be two First Aid tents. One will be located in the finish line area and the other will be placed at the north end of the course.
3. Due to safety issues, runners are not permitted to stretch or warm up on park roads. Please remind your runners to hydrate properly.
4. All schools and spectators must leave a minimum of fifteen (15) feet of clear space from a curb or walkway to where they are setting up for the event.
5. Coaches planning to hold a pre-event practice(s) in the park must schedule them in advance with the park office.
6. Coaches are responsible for their students at all times. Restrooms are not to be used for showers, or cool downs, prior to or after a race.
7. There will be mile markers at Mile 1 and Mile 2.
8. There will be a Coaches Meeting at 3:30 p.m. next to the registration table.
9. This year we are using chip timing. Coaches are responsible for collecting and returning chips to the registration table.
10. There will be no refunds for no-shows.

**PARKING**

1. Buses will enter and exit the park from Associated Road. Please do not have your buses enter via State College Blvd. There is no entry fee for buses entering via Associated Road. See attached map for bus parking directions. The park requests that buses enter and exit via Associated Road. This will ease traffic flow. Personal vehicles are not to enter via Associated road but may exit to Associated Rd after the race.
2. Regarding personal vehicles: Vehicle parking fees are \$5.00 per personal vehicle PER ENTRY. The main entrance to the park is off State College Blvd. The machine takes dollar bills, credit cards and ATM cards. Personal vehicles may not enter the park free of charge just to drop off runners. Once you leave the park you will need to pay the entry fee again to re-enter the park. Park rangers will be assisting with parking of buses and personal vehicles. Vehicles will be encouraged to exit from the park onto Associated Road.

3. Buses are to unload and load runners only while parked in the dirt lot that serves as our prime bus parking lot or in an alternate lot as designated by park rangers. Please do not load or unload runners on the roads in the park.
4. Certain parking areas may be closed off for race purposes or once a specific lot has been filled.

RACE SCHEDULE:

There will be a Coaches Meeting near the registration area at 3:30 p.m.

Senior Girls 4:00 p.m.

Senior Boys 4:15 p.m.

Freshmen Girls 4:35 p.m.

Freshman Boys 4:50 p.m.

Junior Girls 5:10 p.m.

Junior Boys 5:25 p.m.

Sophomore Girls 5:45 p.m.

Sophomore Boys 6:00 p.m.

Awards: 6:45 p.m.