

CALIFORNIA

— MIDDLE SCHOOL CROSS COUNTRY —

PREVIEW

With the California Middle School Championships only a few months away the MS Preview allows all MS/Elem. athletes a chance to see and compete on the course prior to coming to claim the state champion title in November. This event will have grade based races (grades 3-8) only and will not have a team sweepstakes race; we will save this for the Championships November 15th. Elementary (grades 3-5) will compete along a 1 mile looped course, while middle schoolers (grades 6-8) will compete along a 2 mile looped course. Top 7 in each grade will be named to their respective All-Star Team being awarded a special All-Star certificate and recognition at the event.

Athletes wishing to compete must be currently enrolled in grade 3-8 in an accredited school. Athletes will compete as official members of their schools cross country program and must be accompanied by an official member of their school's coaching staff (open, club, and unattached athletes will not be allowed to compete).

Event T-shirts will be for sale for only \$15. Quantity is limited and we sell out extremely fast!

VERY IMPORTANT

All athletes must be cleared by their school prior to competition. Please download and complete the waiver of liability for this event. The Riverside Unified School District requires each participating school to complete the waiver of liability before you can receive your team packets.

***Registrations to be completed via Finished Results website: www.finishedresults.com
Should you need any assistance, please email support@finishedresults.com***

We look forward to seeing everyone on race day.

Please do not hesitate to contact Alex Lohman (Race Director) for any questions or concerns.

Alex Lohman
Championships Race Director
alex@finishedresults.com



General Information

EVENT DATE

Wednesday September 26th, 2018

EVENT LOCATION

Riverside Cross Country Course
1011 Orange St, Riverside, CA 92501

Registration: WWW.FINISHEDRESULTS.COM

Grades: 3rd – 8th

TIMING

We will be utilizing chip timing from [Finished Results](http://FinishedResults.com). All runners must wear the bib and timing chip assigned to them or they will be disqualified. Any changes must be done prior to the athlete competing once they have finished their race no name changes will be allowed.

SCORING

The first five runners of a team will score. The 6th and 7th runners on each team will displace. Teams who finish with fewer than 5 runners will not be calculated in team scoring. Results will be available approximately 25 minutes after the last runner finishes.

AWARDS

All races will have medals for the top individual finishers, overall winning team in grade level races, top 3 teams in the Sweepstakes race.

Team Awards

Grade Level Races - winning team only

Individual Awards

Top 25 finishers of each race

Top 7 in each grade named All-Star Team

DRESSING QUARTERS

All competitors are to arrive at the course dressed in their team uniforms. Lockers and towels will not be available.

FOOTWEAR

For safety purposes, spiked shoes (even with spikes removed) are NOT ALLOWED at the California Middle School XC Championship course. Non spiked cross country shoes are allowed.

MEDICAL POLICY

IMPORTANT! PLEASE REVIEW THE [MEDICAL POLICY AND INFORMATION](#)

ALL ATHLETES MUST BE CLEARED BY THEIR SCHOOL PRIOR TO COMPETITION (THIS INCLUDES A PHYSICAL AND PROOF OF INSURANCE)

The top priority of our medical staff is to respond to life threatening medical emergencies.

Non-life threatening/minor injuries (example: scraped knees, minor cuts, etc.) may be treated if resources are available and time allows. Serious injuries take precedence and will be treated first.

PARKING

There will be a \$10 parking fee for all vehicles. Once buses have dropped off the athletes and coaches they will be instructed to drive over to where to park at that time.



Registration Rules and Policies

- All entries must be made through a representative of the school that is entering the competition
- All athletes must run for the school they attend. No unattached or club affiliated runner
- All athletes must run in their respective age divisions with the exception of varsity races
- All athletes must run under their own name
- ALL ENTRIES AND CHANGES WILL BE DONE THRU: REGISTRATIONS.FINISHEDRESULTS.COM

ENTRY DEADLINE

Entry Deadline is September 14th at 11:59 pm. Any entry received after this date, until September 24th, will be assessed a \$50 late fee. The REGISTRATION WEBSITE WILL CLOSE ON SEPTEMBER 21TH AT 11:59 PM.

CANCELLATION POLICY

Rain or shine, the California Middle School XC Championships will be run. There will be no refunds due to inclement weather, acts of god, police or fire department closure, etc. The California Middle School XC Championships reserves the right to cancel, postpone or reschedule the event in the best interests of our participants with no refunds.

NAME CHANGE POLICY

Coaches will be able to make changes on the registration website until September 21th at 11:59 pm

MEET DAY NAME CHANGES

Coaches wishing to make MEET DAY NAME CHANGES must go to the Problem Registration Area (located at the end of the finish chute) and fill out a correction card, along with \$5 (per change) and turn it into the meet staff. Corrections will be made to the results. Corrections on meet day cannot be guaranteed, but will be posted by Friday, September 28st.

RACE DIVISIONS

Race Division	Max Entries
3 rd Grade	Unlimited
4 th Grade	Unlimited
5 th Grade	Unlimited
6 th Grade	Unlimited
7 th Grade	Unlimited
8 th Grade	Unlimited

ENTRY FEES

Entry Deadline is September 21st at 11:59 pm. Any entry received after this date, until September 23rd, will be assessed a \$50 late fee. The REGISTRATION WEBSITE WILL CLOSE ON SEPTEMBER 21st AT 11:59 PM.

Per Athlete Fee - \$15 -- MAX/School \$300

LATE FEE if entering after entry deadline- \$50

\$300 MAXIMUM ENTRY FEE per school (boys and girls combined) plus any late fees. (\$175 MAXIMUM ENTRY FEE for schools entering only one gender). Late fees are in addition to entry fees.

Please make checks payable to: FINISHED RESULTS

Mail the check with a copy of the registration confirmation to:

Finished Results
26783 Rancho Serena
Menifee, CA 92584

Payment must be received prior to your competition date. Coaches will be asked to pay with personal check on meet day if school check has not arrived



REFUND POLICY

There will be no refunds. Our major costs come from preparing your packets, bibs, etc. prior to the meet, not competing in the invitational. Once you have entered your school or individual, you are responsible for all entry fees regardless if your team competes or not.

TIME SCHEDULE

Time schedule is tentative and subject to change.

Race #	Gender	Race Division (Grade)	Race Time	Awards
1	B	8 th	9:00 am	Top 30, Top Team
2	G	8 th	9:15 am	Top 30, Top Team
3	B	7 th	9:30 am	Top 30, Top Team
4	G	7 th	9:45 am	Top 30, Top Team
5	B	6 th	10:00 am	Top 30, Top Team
6	G	6 th	10:15 am	Top 30, Top Team
7	B	3 rd	10:30 am	Top 20, Top Team
8	G	3 rd	10:45 am	Top 20, Top Team
9	B	4 th	11:00 am	Top 20, Top Team
10	G	4 th	11:15 am	Top 20, Top Team
11	B	5 th	11:30 am	Top 20, Top Team
12	G	5 th	11:45 am	Top 20, Top Team