

UNIVERSITY OF Redlands

Redlands Final Qualifying Meet Wednesday May 19 – Thursday May 20, 2021

Entries/Deadline:

- Entries are due **by 11:59 pm (PST) on Monday, May 17**, at Direct Athletics.
- Late entries will not be accepted.
- Entries/Changes will not be allowed on meet day.
- If needed, a revised schedule will be made available Tuesday, May 18, 2021, reflecting all entries

Entry Fee:

- \$350 maximum per team per gender (\$700 for both men and women)
- Individual entries are \$25 per gender per event. Relays are \$100. Hep/Dec are \$75.
- Individual entries must be paid online through Direct Athletics. Only teams may bring cash or checks payable to *“University of Redlands Track & Field”* on meet day.

Advancement Procedures:

Track Events

All running events will be contested as finals with heats being run against time with the number of participants in each heat as per NCAA rules - (time section finals).

Field Events

Horizontal jumps and throws will be conducted in flights per NCAA rules with 3 prelim attempts and the top 9 advancing to the finals for 3 more attempts. If less than 9 competitors enter into an event, each individual will receive 3 prelim attempts and then each competitor will receive 3 final attempts provided they had a valid mark in the prelim round.

Vertical jumps (pole vault and high jump) will be contested per NCAA rules with starting heights and progressions to be posted no later than Monday, May 17, 2021.

Physical Distancing & Mask Usage:

All individuals not actively competing will be expected to wear facial coverings and maintain physical distancing (6+ feet) at all times while at the competition site. There is to be no physical interaction between team support staff and coaches from different institutions.

Field Event athletes will be expected to wear facial coverings at all times, including during competitive attempts.

Track Event athletes will be expected to wear facial coverings at all times except while on the track participating in their event.

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Facilities:

6,750-capacity stadium surrounding a nine-lane Mondo® surfaced track with surfaced HJ, LJ, TJ, Jav areas. Shot-put ring located on north side of stadium, discus and javelin held on inside field, hammer ring located directly outside stadium in dirt lot. ¼” spikes preferred. No “Christmas Tree” spikes allowed.

Check-In:

- Athletes must check in at least 20 minutes prior to the scheduled start of their event, regardless of heat or flight.
- Running event athletes will check in at the tent located inside the track near the finish line.
- Field event athletes will check in at the site of the event.

Weigh-ins:

- Implements will be weighed in and certified underneath the stadium on the home side.
- Wednesday Hours: 3:30-4:30 p.m. Hep/Dec: 1:00-2:00 p.m.
- Thursday Hours: 1:30-2:30 p.m. Hep/Dec: 10:00-11:00 a.m.

Athletic Trainer & Inclement Weather:

- An athletic trainer will be available on the east side of the track near the end of the stadium.
- Restrooms are available underneath the bleachers. There will be no shower facilities available.
- Athletic Training will follow standard protocols for any inclement weather. If there is a weather delay, warm-up time and event start times will be determined by the Redlands Staff (Athletic Training, Administration, and Redlands Coaches).
- Updated information will be posted on the board east of the home-side bleachers.

Timing/Results:

Timing services will be provided by Finished Results. Live results will be available at <https://finishedresults.com/results> as soon as possible after the conclusion of each event. Full results will be posted after the conclusion of the meet and will be available at <https://www.goredlands.com/sports/track/2020-21/schedule>.

Parking:

Parking is available in the dirt lot to the west of the stadium as well as the Chapel parking lot across the street to the south of the stadium.

Questions:

Call Andrew Clarey at (909)748-8445 or e-mail andrew_clarey@redlands.edu

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Time Schedule

Wednesday			Decathlon/Heptathlon	
5:00	Discus	M/W	Wednesday Decathlon 2:00 p.m. Order of Events: 100 Meters <i>(Each event will begin 30 minutes after conclusion of the previous event.)</i> Long Jump Shot Put High Jump 400 meters	
	Javelin	M/W (follows W Discus)		
7:00	1500 Meters	W		
7:20	1500 Meters	M		
7:45	5000 Meters	W		
8:10	5000 Meters	M		
8:30	10000 Meters	W		
9:15	10000 Meters	M		
Thursday				Thursday
3:00	Hammer	M/W		Heptathlon 3:00 p.m. Order of Events: 100M Hurdles <i>(Each event will begin 30 minutes after conclusion of the previous event.)</i> High Jump Shot Put 200 Meters
	Shot Put	M/W (follows W Hammer)		
3:00	Long Jump	W/M		
3:00	High Jump	W/M		
3:30	Pole Vault	M/W		
5:00	Triple Jump	W/M		
4:00	4x100 Meters	W		
4:10	4x100 Meters	M		
4:25	100 Meter Hurdles	W		
4:35	110 Meter Hurdles	M		
4:50	400 Meters	W	Thursday Decathlon 11:00 a.m. Order of Events: 110M Hurdles <i>(Each event will begin 30 minutes after conclusion of the previous event.)</i> Discus Pole Vault Javelin 1500 Meters	
5:05	400 Meters	M		
5:25	100 Meters	W		
5:30	100 Meters	M		
5:40	800 Meters	W		
5:55	800 Meters	M		
6:10	400 Meter Hurdles	W		
6:25	400 Meter Hurdles	M		
6:40	200 Meters	W		
6:55	200 Meters	M		
7:10	Steeplechase	W	Heptathlon 1:00 p.m. Order of Events: Long Jump <i>(Each event will begin 30 minutes after conclusion of the previous event.)</i> Javelin 800 Meters	
7:30	Steeplechase	M		
8:00	4x400 Meters	W		
8:15	4x400 Meters	M		