



CALIFORNIA TRACK & FIELD STATE CHAMPIONSHIPS!

Presented by VS Athletics!

**Fri.-Sat., June 25th-26th @ Arcadia HS
180 Campus Dr., Arcadia, CA 91007**

MEET FORMAT/RULES: The two-day California State Championships meet will be conducted under a USATF sanction; the meet will operate within the NFHS rules. All athletes compete 'unattached'. Any reference to school affiliations are listed for informational purposes only.

PARKING: Free parking is allowed in parking lots on the west end of campus, as well as on surrounding city streets.

COVID-19 PROTOCOLS: Fully vaccinated individuals do not have to wear masks at this outdoor event. If you are not fully vaccinated, it is recommended that you wear a mask and maintain safe social distancing from others.

SPECTATOR ADMISSION:

- Spectators will be permitted each day.
- The only access point is at the ticket booth located on the northeast corner of the stadium parking lot.
- Entry fee is \$10 each day for adults and students; \$5 each day for children age 10 and under.
- There are no tickets on sale online in advance of the meet.
- Tickets can be purchased daily at the ticket booth; cash/credit/debit cards are the only form of payment accepted.
- No ins-n-outs are permitted. If you exit the facility, you will not be allowed to re-enter that day.
- Spectator gates open at 4:00 p.m. on Friday and at 3:30 p.m. on Saturday.

ATHLETE ENTRY GATE LOCATION & TIMES: Accepted athletes can only access the venue through the Participants Walk-In Gate, where the red sidewalk "sky flag" will be displayed along Campus Dr. (north side of the school). You must walk along the sidewalk in order to reach this gate. Do not walk through the interior of the campus as you will be turned away. Participant's Gate will open at 3:30 p.m. on Friday and 3:00 p.m. on Saturday.

TIME SCHEDULE: Appears on the last two pages of this document.

HEAT SHEETS: Are posted at PrepCalTrack.com .

SPIKES: Only 3/16" **pyramid** spikes allowed on Arcadia High's new Beynon BSS 2000 surface. Spikes will be on sale at the VS Athletics booth at \$9 for a set of 100 or \$3 for a set of 20.

TEAM AREAS: Canopies can be set up on the grass field located at the southwest exterior of the track.

WARM-UP FIELD: Located on the grass field directly west of the stadium. No canopies are allowed to be set up in this area. This area is strictly for athletes **actively** warming up for their event; this **IS NOT** a social area.

CLERK OF THE COURSE CHECK-IN: Located at Clerk's tent on the warm-up field. Track athletes must check in with the Clerk no later than 20 minutes before the start of your track event. Field event athletes need to report at the Clerk of the Course tent 45-60 minutes before the start of their event, then proceed directly to their field event to check in with event official.

STARTS/ALLEYS/RELAY STAGGERS: For distance races that are contested as a straight final, either a waterfall start or a two-alley start will be utilized, depending on the final number of contestants checked in. The 4x400 will use a 3-turn stagger. The 4x800 will use a one-turn stagger.

ADVANCEMENT CRITERIA IN TRACK EVENTS: In track events with two prelims heats, the top three placers in each heat plus the next three fastest times overall will be advance to the final. In track events with three prelims heats, the top two placers in each heat plus the next three fastest times overall will advance to the final.

ADVANCEMENT CRITERIA IN FIELD EVENTS: In field events with a Friday prelim, each competitor will receive three trials. The top 12 performers will advance to Saturday's final. In the Saturday final, each athlete will receive three trials. After three trials, the top nine athletes will advance to receive three more attempts. Final placings will be based on best mark from each athlete's six trials.

POLE VAULT RATINGS RELEASE FORM: Signed pole weight rating must be submitted to event when checking in.

SHOT PUT & IMPLEMENT WEIGH-IN: Located at the backstop located on the baseball field at the east end of campus. Throwers must have their implements checked by the inspector 70-90 minutes before the start of their event.

INFIELD ACCESS: Infield access is limited to Meet Management, Meet Staff, Trainers, and Credentialed Media and actively competing athletes only. Neither coaches nor athletes are permitted on the infield at any time.

STARTING BLOCKS: Gill® Fusion 10 starting blocks will be provided. No other blocks can be used.

BATONS: Relay teams must supply their own batons.

UNIFORMS: Athletes seeking to wear their school uniforms need to check with their local CIF office for local policy. Some CIF sections allow it only if the athlete owns the uniform, rather than a school-issued uniform that needs to be returned.

INTERVIEWS: Meet co-announcer Dixon Farmer will conduct select post-event interviews on the infield.

LIVE RESULTS: Will be provided on the Finished Results app, downloadable for free on the App Store and on Google Play.

SNACK BAR: Athletes/spectators are encouraged to bring their own snacks as a sheltered snack bar will not be available.

TRACK & FIELD SUPPLIES: Presenting meet sponsor VS Athletics will have a selection of equipment & apparel available for purchase on both days!

OFFICIAL MEET MERCHANDISE: State championship T-shirts, hoodies and embroidered chenille patches will be on sale!

LIVE WEBCAST: Available for free both days on YouTube.com . Search for the HdRunners channel.

MEDIA CREDENTIALS: Credentialing for this meet is only through email and reserved to legitimate media covering the meet. To request a credential, please send an email to RichGonzalezTrack@gmail.com by Thursday at noon.



HIGH JUMP

- Beynon BSS 2000 all-weather jumping surface
- Straight finals on Saturday for both boys and for girls; no prelims
- Boys Starting Height & Progressions: 6-00; 6-02; 6-04; 6-06; 6-08; 6-10; 6-11; 7-00; 7-01; 7-02
- Girls Starting Height & Progressions: 5-01; 5-03; 5-05; 5-07; 5-09; 5-11; 6-00; 6-01
- Video results board displaying live results
- Live results on free Finished Results app
- Medals to top six places

POLE VAULT

- Elevated runway on infield with 130' approach
- Straight finals on Saturday for both boys and for girls; no prelims
- The '5-alive' rotating format may be used depending on final number of entries at check-in.
- Boys Starting Height & Progressions: 13-09; 14-03; 14-09; 15-03; 15-09; 16-01; 16-05; 16-09; 17-03; 17-07; 18-01
- Girls Starting Height & Progressions: 11-00; 11-06; 12-00; 12-06; 13-00; 13-04; 13-08; 14-00; 14-04; 14-08; 15-00
- Video results board displaying live results
- Live results on free Finished Results app
- Medals to top six places

LONG JUMP/TRIPLE JUMP

- Pair of dual-purpose Beynon BSS 2000 runways with approach measuring 130' (checkpoints marked at every foot)
- Landing pit with sand levels equal to takeoff runway
- Polymer composite takeoff boards at 8', 28', 32' and 36'
- Video results board displaying live results
- Live results on free Finished Results app
- Medals to top six places

SHOT PUT

- Robust 80' landing sector
- Sunken throwing circle
- Video results board displaying live results
- Live results on free Finished Results app
- Medals to top six places

DISCUS THROW

- Cage & sector located on northeast end of campus (left-field area of baseball field)
- Video results board displaying live results
- Live results on free Finished Results app
- Medals to top six places

*****Meet Schedule Follows on the Next Two Pages*****





2021 CALIFORNIA STATE CHAMPIONSHIPS



FRIDAY EVENING PRELIMS SCHEDULE (Updated June 24)

TRACK EVENTS			FIELD EVENT PRELIMS – 12 advance		
GIRLS	EVENT	BOYS	GIRLS START	EVENT	BOYS START
6:00	4x100		None	HJ	None
6:04	4x100		None	PV	None
	4x100	New: No boys 4x100 prelims	5:00 pm	LJ	Approx. 7:00 pm
	4x100		None	TJ	5:00
New: No girls 1600m prelims	*1600*		Approx. 7:00 pm	SP	5:00
	1600		5:30 pm	DT	None
	110HH	6:30			
	110HH	6:34			
6:40	100HH				
6:44	100HH				
6:55	400				
6:59	400				
	400	7:03			
	400	7:07			
7:11	100				
7:14	100				
7:17	100				
	100	7:20			
	100	7:23			
	100	7:26			
7:31	800				
7:36	800				
7:42	300H				
7:45	300H				
	300H	7:50			
	300H	7:54			
8:00	200				
8:04	200				
8:07	200				
	200	8:11			
	200	8:14			
	200	8:18			
8:24	4x800	8:36			
8:48	4x400				
8:55	4x400				
	4x400	9:02 & 9:09			

2021 CALIFORNIA STATE CHAMPIONSHIPS

SATURDAY EVENING FINALS SCHEDULE

TRACK EVENTS			FIELD EVENTS		
GIRLS START	EVENT	BOYS START	GIRLS START	EVENT	BOYS START
6:00	4x100		<i>Approx. 7:00 pm</i>	HJ	4:30 pm
	4x100	6:10	4:00 pm	PV	Approx. 7:00 pm
6:20	1600		4:30 pm	LJ	Approx. 7:00 pm
	1600	6:30	<i>Approx. 7:00 pm</i>	TJ	4:30 pm
6:45	100HH		<i>Approx. 7:00 pm</i>	SP	4:30 pm
	110HH	6:55	4:00 pm	DT	Approx. 6:45 pm
7:05	400				
	400	7:15			
7:25	100				
	100	7:30			
7:40	800				
	800	7:50			
8:00	300H				
	300H	8:10			
8:20	200				
	200	8:30			
8:45	3200				
	3200	9:00			
9:15	4x400				
	4x400	9:25			

