

# INLAND EMPIRE

## Championships

Where the best of San Bernardino & Riverside Counties compete

### Time Schedule 2021

#### SESSION #1

Time	Event	Heats:
10:00am	1	G F/S 4x100m Relay (1)
10:05am	2	B F/S 4x100m Relay (1)
10:10am	3	G VAR 4x100m Relay (2)
10:15am	4	B VAR 4x100m Relay (2)
10:25am	5	G F/S 100m Hurdles (3)
10:35am	6	G VAR 100m Hurdles (3)
10:45am	7	B F/S 110m Hurdles (2)
10:55am	8	B VAR 110m Hurdles (3)
11:10am	9	G F/S 100m (6)
11:25am	10	B F/S 100m (8)
11:40am	11	G VAR 100m (6)
11:55am	12	B VAR 100m (9)
12:15pm	13	G F/S 400 m (4)
12:30pm	14	B F/S 400 m (4)
12:45pm	15	G VAR 400m (6)
1:05pm	16	B VAR 400m (7)
1:25pm	17	G F/S 300m Hurdles (4)
1:40pm	18	G VAR 300m Hurdles (4)
1:55pm	19	B F/S 300m Hurdles (3)
2:05pm	20	B VAR 300m Hurdles (4)
2:25pm	21	G F/S 200m (6)
2:40pm	22	B F/S 200m (8)
3:00pm	23	G VAR 200m (5)
3:15pm	24	B VAR 200m (9)
3:40pm	25	G F/S 4x400m Relay (1)
3:50pm	26	B F/S 4x400m Relay (1)
4:00pm	27	G VAR 4x400m Relay (2)
4:15pm	28	B VAR 4x400m Relay (2)

#### SESSION #2

Time	Event	Heats:
5:20pm	101	G 3200(OPEN-F/S & Varsity) (1)
5:35pm	102	B 3200(OPEN-F/S & Varsity) (1)
5:50pm	103	G F/S 1600m (2)
6:06pm	104	B F/S 1600m (2)
6:20pm	105	G VAR 1600m (2)
6:35pm	106	B VAR 1600m (4)
7:00pm	107	G F/S 1600m (INVITE) (1)
7:14pm	108	B F/S 1600m (INVITE) (1)
7:22pm	109	G VAR 1600m (INVITE) (1)
7:30pm	110	B VAR 1600m (INVITE) (1)
7:38pm	111	G F/S 800m (2)
7:46pm	112	B F/S 800m (2)
7:54pm	113	G VAR 800m (2)
8:02pm	114	B VAR 800m (4)
8:18pm	115	G F/S 800m(INVITE) (1)
8:22pm	116	B F/S 800m(INVITE) (1)
8:26pm	117	G VAR 800m(INVITE) (1)
8:30pm	118	B VAR 800m(INVITE) (1)
8:35pm	119	G F/S 3200m (INVITE) (1)
8:50pm	120	B F/S 3200m (INVITE) (1)
9:05pm	121	G VAR 3200m (INVITE) (1)
9:20pm	122	B VAR 3200m (INVITE) (2)



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### Time Schedule 2021

Revised 5/6/2021

Event	Time	Event #	Division	Flight #	Pit :
LONG JUMP	9:30 am	51	Girls F/S (3 Jumps)	1	Pit 1
	9:30 am	52	Boys F/S (3 Jumps)	1	Pit 2
	12:30pm	53	Girls Varsity (4 Jumps)	1,2	Pit 1
	12:30pm	55	Boys Varsity (4 Jumps)	1,2	Pit 2
TRIPLE JUMP	11:00am	55	Girls F/S (3 Jumps)	1	Pit 1
	11:00am	56	Boys F/S (3 Jumps)	1	Pit 2
	2:15pm	57	Girls Varsity (4 Jumps)	1	Pit 1
	2:15pm	58	Boys Varsity (4 Jumps)	1	Pit 2
HIGH JUMP	10:00am	59	Girls VAR		
	11:15am	60	Boys VAR		
	12:45pm	61	Girls F/S		
	2:00pm	62	Boys F/S		
SHOT PUT	9:30am	63	Boys F/S (3 Throws)	1, 2	
	10:45 am	64	Girls F/S (3 Throws)	1, 2	
	12:00 pm	65	Boys VAR (4 Throws)	1, 2, 3	
	1:45 pm	66	Girls VAR (4 Throws)	1, 2, 3	
DISCUS	9:30 am	67	Girls F/S (3 Throws)	1, 2	
	10:45 am	68	Boys F/S (3 Throws)	1, 2	
	12:00 pm	69	Girls VAR (4 Throws)	1, 2, 3	
	1:45 pm	70	Boys VAR (4 Throws)	1, 2, 3	
POLE VAULT	9:30am	71	Girls F/S		
	10:45am	72	Girls VAR		
	12:45pm	73	Boys VAR		
	2:45pm	74	Boys F/S		



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