

Sundown Track Series – Schedule

(Heats go from slow to fast)

6:00pm - Women's Mile H1

6:10pm - Women's Mile H2

6:20pm – Men's Mile H1

6:30pm – Men's Mile H2

6:40pm - Men's Mile H3

6:50pm - Women's 3200m H1

7:10pm - Men's 3200m H1

7:30pm - Men's 3200m H2

7:50pm - Men's 3200m H3

8:10pm - Women's Mile Championship (**Fast Heat**)

8:20pm - Men's Mile Championship (**Fast Heat**)

8:30pm - Women's 3200m Championship (**Fast Heat**)

8:50pm- Men's 3200m Championship (**Fast Heat**)

