



# 10 EAST TRACK & FIELD INVITATIONAL

**Hosted By:** 10 East Track & Field Conference

**Date:** Sunday, May 2, 2021

**Site:** San Bernardino Valley College – 701 South Mount Vernon Ave.  
San Bernardino, CA 92410

**Parking:** \$5 , Park in lot #8 on Grant ave.

**Contact Person:** Billy Potts: (323) 540-8165

**Meet will be in two sessions:**

**Session one: 8 & UNDER and 9-10**

Field events 7:00am Running events 8:am

**Session two: 11 & UP**

Field events 11:00am Running events 12:pm

**Covid Protocols:** Mask are mandatory ,Temp check at the gate , social distancing , Sanitizing station throughout the facility, and we will be using a Covid contact tracing app.

**Eligibility:** Boys and Girls in the following Divisions:

Five & Six.....	2015 & Later
Seven & Eight.....	2013 & 2014
Nine & Ten.....	2011 & 2012
Eleven & Twelve.....	2009 & 2010
Thirteen & Fourteen.....	2007 & 2008
Fifteen & Sixteen.....	2005 & 2006
Seventeen & Eighteen.....	2003 & 2004

**Entry Fee:** \$10 per athlete

**Limitation:** 8 & under, 9 year old thru 12 year old, are limited to 3 events.  
Thirteen and older are limited to 4 events

**Surface:** ALL-Weather 9 lane Track and Runway, ¼ Spikes or less

**Awards:** Medals /Ribbons/ Backpacks

**Concession:** Food and Drinks will be available for purchase

**Meet Results:** Will be provided.

**Check-In:** All participants must check in at the Clerk of the Course when their event is called. Field Event participants must report directly to the official in charge of the event when the event is called.



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## Order of Events

### RUNNING EVENTS

Sprint Med. RELAY

100M, 100M, 200M, 400M

1500M RUN (8 & Up)

100M (ALL DIVISIONS) youngest to oldest

800M RUN (ALL DIVISIONS)

80M HURDLES (11G, 12G, 11B, 12B)

100M HURDLES (13G, 14G, 13B, 14B, 15-16G, 17-18G)

110M HURDLES (15-16B, 17-18B)

400M (ALL DIVISIONS) youngest to oldest

## TRACK & FIELD

### FIELD EVENTS

Long Jump: (ALL DIVISIONS) youngest to oldest

Turbo Javelin (8 & under thru 12years)

Shot Put: (ALL DIVISIONS) youngest to oldest