

# NXR Southwest

## Coyote Run Golf Course

### Race 14 - Girls Championship - 5K

11/19/2022 - 11:27am

### Team Results

Place	Team	Score	Team Time	Runner Avg	Avg Mile	5 Man Gap	Finish Order	Scoring Order
1	REAL Training	67	1:30:04	18:01	5:48	0:34	9-14-18-21-23-27-57	6-11-14-17-19-23-42
2	Lone Peak	84	1:29:54	17:59	5:48	1:29	1-20-24-26-29-32-66	1-16-20-22-25-28-51
3	Kadet AC	173	1:32:08	18:26	5:56	2:43	4-19-40-48-114-136-163	3-15-31-36-88-108-132
4	Vista Nation XC	189	1:33:44	18:45	6:03	1:12	22-39-42-63-78-103-147	18-30-32-48-61-79-118
5	American Fork XC Club	234	1:34:30	18:54	6:05	2:02	6-61-71-79-84-116-150	4-46-56-62-66-90-121
6	Valor Christian XC Club	252	1:33:04	18:37	6:00	3:05	3-8-30-137-138-157-159	2-5-26-109-110-127-128
7	Soaring Hawks	253	1:35:34	19:07	6:10	0:29	58-59-67-69-77-122-177	43-44-52-54-60-95-146
8	Mountain View UT	292	1:35:35	19:07	6:10	2:00	12-46-93-100-128-132-201	9-34-72-76-101-104-167
9	Vail Valley Running Club	297	1:36:02	19:13	6:11	1:49	25-55-73-81-141-176-184	21-41-58-64-113-145-153
10	Arapahoe Distance Club	370	1:36:50	19:22	6:14	3:06	10-51-108-119-183	7-37-82-92-152
11	Moose XC	372	1:37:10	19:26	6:16	1:26	34-70-121-123-125-200-207	29-55-94-96-98-166-173
12	Draper XC	374	1:37:09	19:26	6:16	1:41	28-64-117-131-135-140-178	24-49-91-103-107-112-147
13	Westlake XC Club	378	1:37:19	19:28	6:16	2:16	15-75-107-134-149-194-216	12-59-81-106-120-162-182
14	Timpanogos	388	1:37:51	19:35	6:18	0:59	60-97-104-112-129-133-174	45-75-80-86-102-105-143
15	Orem XC	390	1:37:22	19:29	6:17	2:16	13-109-115-120-143-152-168	10-83-89-93-115-123-137
16	Pioneer Nation	403	1:37:42	19:33	6:18	1:37	45-54-126-142-146-148-214	33-40-99-114-117-119-180
17	Sentinel XC UT	446	1:38:35	19:43	6:21	1:37	53-86-90-164-166-170	39-68-71-133-135-139
18	T-BIRDS XC	453	1:38:52	19:47	6:22	3:47	11-83-94-173-198-206-213	8-65-73-142-165-172-179
19	Herriman XC Club	467	1:39:05	19:49	6:23	1:58	52-85-111-156-182-195-197	38-67-85-126-151-163-164
20	Pine View XC Club	472	1:39:08	19:50	6:23	1:23	62-102-110-160-165-188-191	47-78-84-129-134-157-159
21	Pine Cliff Track Club	472	1:39:43	19:57	6:26	3:07	47-88-124-127-205-208	35-69-97-100-171-174

# Race 14 - Girls Championship - 5K

11/19/2022 - 11:27am

## Team Results

Place	Team	Score	Team Time	Runner Avg	Avg Mile	5 Man Gap	Finish Order	Scoring Order
22	The View'	497	1:39:39	19:56	6:25	0:57	89-101-113-155-169-180	70-77-87-125-138-149
23	Grizzly XC	501	1:39:44	19:57	6:26	3:44	16-72-161-162-204-210-212	13-57-130-131-170-176-178
24	Springville XC	550	1:40:27	20:06	6:28	1:55	65-80-171-172-187	50-63-140-141-156
25	Ahwatukee XC	557	1:40:48	20:10	6:30	1:54	68-95-151-181-190-203-215	53-74-122-150-158-169-181
26	Los Alamos Cross Country Club	602	1:41:11	20:15	6:31	2:46	31-154-167-185-193-209-211	27-124-136-154-161-175-177
27	Farmington XC	674	1:42:28	20:30	6:36	0:52	139-144-175-179-186-192-202	111-116-144-148-155-160-168
DNF	UNA CO		1:28:02	17:37	5:40	1:27	2-5-7-17-33-38-50	Non-Scoring
DNF	UNA AZ		1:33:35	18:43	6:02	1:00	36-37-41-43-82-105-118	Non-Scoring
DNF	UNA NM		1:42:58	20:36	6:38	1:53	106-153-158-189-199	Non-Scoring
DNP	UNA UT		1:16:21	19:06	6:09		44-49-87-92	Non-Scoring
DNP	UNA NV		18:28	18:28	5:57		35	Non-Scoring
DNP	Adams County Cruisers		19:57	19:57	6:26		130	1 Runner

# Race 14 - Girls Championship - 5K

11/19/2022 - 11:27am

## Individual Results

Place	Name	Grade	Team	Time	Points
1	Andie Aagard	11	Lone Peak	16:51.06	1
2	Isabel Allori	11	UNA CO	16:58.21	
3	Brooke Wilson	12	Valor Christian XC Club	16:58.97	2
4	Bethany Michalak	11	Kadet AC	17:02.79	3
5	Emma Stutzman	12	UNA CO	17:09.23	
6	Avalon Mecham	11	American Fork XC Club	17:25.82	4
7	Ella Hagen	10	UNA CO	17:28.29	
8	Keeghan Edwards	10	Valor Christian XC Club	17:36.66	5
9	Addison Ritzenhein	9	REAL Training	17:40.58	6
10	Ava Mitchell	12	Arapahoe Distance Club	17:42.92	7
11	Jane Hedengren	10	T-BIRDS XC	17:46.76	8
12	Julie Moore	10	Mountain View UT	17:53.07	9
13	Lydia Beus	12	Orem XC	17:53.63	10
14	Mia Prok	11	REAL Training	17:54.73	11
15	Shelby Jensen	12	Westlake XC Club	17:59.49	12
16	Eleanor Raker	10	Grizzly XC	18:00.60	13
17	Nadhia Campos	10	UNA CO	18:00.98	
18	Anna Prok	9	REAL Training	18:03.94	14
19	Tessa Walter	10	Kadet AC	18:04.40	15
20	Brielle Nilsson	9	Lone Peak	18:07.23	16
21	Olivia Alessandrini	11	REAL Training	18:09.66	17
22	Peyton Adams	10	Vista Nation XC	18:11.78	18
23	Madison Shults	12	REAL Training	18:14.48	19
24	Addie Meldrum	11	Lone Peak	18:15.71	20
25	Lindsey Whitton	11	Vail Valley Running Club	18:17.26	21
26	Zoey Nilsson	9	Lone Peak	18:19.30	22
27	Lex Bullen	12	REAL Training	18:19.40	23
28	Anna Nelson	12	Draper XC	18:19.63	24
29	Anna Bybee	9	Lone Peak	18:19.76	25
30	Taylor Rorick	12	Valor Christian XC Club	18:20.80	26
31	Emma Montoya	12	Los Alamos Cross Country Club	18:23.62	27
32	Boston Bybee	10	Lone Peak	18:24.26	28
33	Allison Pippert	11	UNA CO	18:24.45	
34	Sarah DeLaCerde	11	Moose XC	18:26.15	29

Place	Name	Grade	Team	Time	Points
35	Amaya Aramini	11	UNA NV	18:27.06	
36	Kylie Wild	12	UNA AZ	18:27.26	
37	Landen LeBlond	11	UNA AZ	18:30.70	
38	Kiki Vaughn	11	UNA CO	18:31.69	
39	Brooke Adams	12	Vista Nation XC	18:31.85	30
40	Jordan Banta	9	Kadet AC	18:32.76	31
41	Mia Hall	12	UNA AZ	18:34.04	
42	Annie Romalia	12	Vista Nation XC	18:34.19	32
43	Taylor Drewry	9	UNA AZ	18:35.82	
44	Kenidee Glazier	9	UNA UT	18:36.05	
45	Graysen Lanenga	12	Pioneer Nation	18:36.90	33
46	Mari Konold	12	Mountain View UT	18:38.79	34
47	Brenna Jorde	9	Pine Cliff Track Club	18:40.98	35
48	Emily Beers	10	Kadet AC	18:41.76	36
49	Kylie Olsen	12	UNA UT	18:43.02	
50	Quinn Smith	12	UNA CO	18:46.02	
51	Karli Holmes	11	Arapahoe Distance Club	18:46.51	37
52	Maggie Featherstone	12	Herriman XC Club	18:48.08	38
53	Cailey Bracken	11	Sentinel XC UT	18:48.09	39
54	Caroline Moon	12	Pioneer Nation	18:51.43	40
55	Milaina Almonte	12	Vail Valley Running Club	18:51.95	41
56	Rosie Mucharsky	10	UNA CO	18:52.05	
57	Bella Nelson	10	REAL Training	18:53.40	42
58	Cloe Baugh	10	Soaring Hawks	18:53.87	43
59	Emma Baugh	12	Soaring Hawks	18:55.57	44
60	Molly Walton	11	Timpanogos	18:56.45	45
61	Alyssa Kleinman	11	American Fork XC Club	18:59.42	46
62	Brooklyn Hill	12	Pine View XC Club	19:01.08	47
63	Keira Gamily	12	Vista Nation XC	19:01.89	48
64	Paige Rhoads	11	Draper XC	19:01.98	49
65	Sarah Galbraith	12	Springville XC	19:03.17	50
66	Ashley Favero	10	Lone Peak	19:06.07	51
67	Lindsay Schlink	12	Soaring Hawks	19:10.11	52
68	Brooklyn Hanania	11	Ahwatukee XC	19:10.55	53
69	Kayla Case	12	Soaring Hawks	19:11.51	54
70	Madeline Castillo	11	Moose XC	19:11.63	55

# Race 14 - Girls Championship - 5K

11/19/2022 - 11:27am

## Individual Results

Place	Name	Grade	Team	Time	Points
71	Natalia Boltz	11	American Fork XC Club	19:11.65	56
72	Alyssa Bronander	12	Grizzly XC	19:14.93	57
73	Presley Smith	11	Vail Valley Running Club	19:19.48	58
74	Maelynn Higgins	12	UNA CO	19:21.03	
75	Millie Robinson	10	Westlake XC Club	19:21.49	59
76	Amanda Johnson	11	UNA CO	19:22.70	
77	Stella Hall	10	Soaring Hawks	19:22.71	60
78	Carly Christians	9	Vista Nation XC	19:23.75	61
79	Brielle Lee	12	American Fork XC Club	19:24.81	62
80	Lydia Templeman	12	Springville XC	19:25.36	63
81	Lindsey Kiehl	11	Vail Valley Running Club	19:26.43	64
82	Lucy Turley	12	UNA AZ	19:26.95	
83	Daphne Batmale	10	T-BIRDS XC	19:27.65	65
84	Sophie Steiger	9	American Fork XC Club	19:27.73	66
85	Breelyssa Leeper	9	Herriman XC Club	19:28.11	67
86	Elayna Loveridge	12	Sentinel XC UT	19:29.26	68
87	Cadence Kasprick	11	UNA UT	19:29.90	
88	Riley Combe	10	Pine Cliff Track Club	19:30.11	69
89	Ellie Cartwright	9	The View'	19:30.17	70
90	Brooklyn Tarr	9	Sentinel XC UT	19:30.51	71
91	Malia Chipouras	11	UNA CO	19:30.57	
92	Addison Pettingill	12	UNA UT	19:31.15	
93	Sophie Waite	9	Mountain View UT	19:32.08	72
94	Ellie Esplin	10	T-BIRDS XC	19:32.71	73
95	Bailee Christofis	12	Ahwatukee XC	19:33.61	74
96	Sophia Connerton-Nevin	12	UNA CO	19:35.23	
97	Aldana Navarrete-Lamas	11	Timpanogos	19:35.71	75
98	Madison Brosig	12	UNA CO	19:36.31	
99	Grace Todd	11	UNA CO	19:36.51	
100	Lily Waite	9	Mountain View UT	19:37.26	76
101	Molly Weber	10	The View'	19:37.70	77
102	Emmalee Williams	9	Pine View XC Club	19:38.54	78
103	Jessica Derickson	11	Vista Nation XC	19:38.93	79
104	Lana Hansen	12	Timpanogos	19:39.49	80

Place	Name	Grade	Team	Time	Points
105	Madelyn Palmer	11	UNA AZ	19:41.22	
106	Dani Figueroa	10	UNA NM	19:41.85	
107	Mya Curtis	10	Westlake XC Club	19:42.25	81
108	Lauryn Long	11	Arapahoe Distance Club	19:42.40	82
109	Ava Trimble	11	Orem XC	19:42.85	83
110	Adri Baker	12	Pine View XC Club	19:43.02	84
111	Alayna Wardle	11	Herriman XC Club	19:43.20	85
112	Camryn Lloyd	11	Timpanogos	19:44.04	86
113	Emma Weber	10	The View'	19:45.16	87
114	Olivia Chura	10	Kadet AC	19:45.39	88
115	Madelyn Embley	10	Orem XC	19:46.38	89
116	Tori Stratton	11	American Fork XC Club	19:46.46	90
117	Laureli Edmunds	12	Draper XC	19:47.55	91
118	Taylor Biggambler	9	UNA AZ	19:47.94	
119	Audrey Thiel	9	Arapahoe Distance Club	19:48.58	92
120	Gracie Glahn	12	Orem XC	19:48.64	93
121	Elizabeth McQuitty	10	Moose XC	19:48.87	94
122	Kinley Jackson	11	Soaring Hawks	19:50.20	95
123	Lia Castillo	12	Moose XC	19:50.54	96
124	Ciara Baker	10	Pine Cliff Track Club	19:51.31	97
125	Autumn McQuitty	12	Moose XC	19:52.03	98
126	Paige Quist	12	Pioneer Nation	19:52.34	99
127	Brenna Wendell	12	Pine Cliff Track Club	19:52.62	100
128	Ava Berg	11	Mountain View UT	19:52.98	101
129	Grace Gilbert	11	Timpanogos	19:54.52	102
130	Claire Engelhardt	11	Adams County Cruisers	19:56.81	
131	Charly Murie	12	Draper XC	19:58.89	103
132	Abby Stone	11	Mountain View UT	19:59.51	104
133	Sarah Howell	11	Timpanogos	19:59.86	105
134	Jadyn Parker	11	Westlake XC Club	20:00.00	106
135	Aubrey Wahlquist	11	Draper XC	20:00.29	107
136	Lauren Myers	9	Kadet AC	20:00.98	108
137	Caroline Dennis	10	Valor Christian XC Club	20:02.89	109
138	Alex Lancaster	10	Valor Christian XC Club	20:03.79	110
139	Taylor Miller	12	Farmington XC	20:04.72	111

# Race 14 - Girls Championship - 5K

11/19/2022 - 11:27am

## Individual Results

Place	Name	Grade	Team	Time	Points
140	Lindsey Glod	12	Draper XC	20:05.50	112
141	Addison Beuche	11	Vail Valley Running Club	20:06.13	113
142	Sara Sundquist	11	Pioneer Nation	20:06.97	114
143	Kaylee Westfall	9	Orem XC	20:09.63	115
144	Skye Siddoway	10	Farmington XC	20:13.44	116
145	Kaylee Ellsworth	10	UNA CO	20:13.47	
146	Camree Kenison	11	Pioneer Nation	20:13.61	117
147	Marin Smith	11	Vista Nation XC	20:14.31	118
148	Alivia Marchello	11	Pioneer Nation	20:14.55	119
149	Maya Parker	9	Westlake XC Club	20:15.00	120
150	Audrey Wright	12	American Fork XC Club	20:15.55	121
151	Emily Littlefield	12	Ahwatukee XC	20:15.76	122
152	Alix Crawford	11	Orem XC	20:16.53	123
153	Ellie Suo-Anttila	12	UNA NM	20:16.59	
154	Hailey McDowell	12	Los Alamos Cross Country Club	20:17.02	124
155	Allison Kirby	12	The View'	20:19.46	125
156	Kensie (McKensie) Bowen	11	Herriman XC Club	20:19.89	126
157	Ellie Londo	9	Valor Christian XC Club	20:21.20	127
158	Nicole Pierce	11	UNA NM	20:21.57	
159	Gracie Prosceno	11	Valor Christian XC Club	20:21.75	128
160	Kate Jones	11	Pine View XC Club	20:21.90	129
161	Lauren Leverty	9	Grizzly XC	20:21.98	130
162	Raija Burst	10	Grizzly XC	20:22.41	131
163	Sofia Kunstle	11	Kadet AC	20:22.49	132
164	Lauren Horsley	11	Sentinel XC UT	20:22.78	133
165	Katie Finch	11	Pine View XC Club	20:23.42	134
166	Grace Waite	11	Sentinel XC UT	20:24.34	135
167	Rebecca Beaux	10	Los Alamos Cross Country Club	20:25.47	136
168	Lydia Olsen	10	Orem XC	20:26.27	137
169	Tilly Testa	10	The View'	20:26.34	138
170	Ashlyn Beebe	10	Sentinel XC UT	20:29.45	139
171	Addilyn Ormdorff	11	Springville XC	20:29.69	140
172	Maya Boyer	9	Springville XC	20:30.68	141
173	Ollisia Mecham	9	T-BIRDS XC	20:31.32	142

Place	Name	Grade	Team	Time	Points
174	Katelyn Carlile	11	Timpanogos	20:31.34	143
175	Ayla Kazmar	11	Farmington XC	20:31.90	144
176	Kira Hower	11	Vail Valley Running Club	20:33.54	145
177	Camryn Delancey	9	Soaring Hawks	20:36.43	146
178	Jackie Andrewsen	12	Draper XC	20:38.36	147
179	Tai Aston	11	Farmington XC	20:41.35	148
180	Laurel Brain	11	The View'	20:42.47	149
181	Ava Withem	9	Ahwatukee XC	20:43.14	150
182	Rachel Crosby	11	Herriman XC Club	20:45.61	151
183	Ava Escorcica	12	Arapahoe Distance Club	20:48.70	152
184	Gabby Leonardo	12	Vail Valley Running Club	20:54.57	153
185	Zorah Fullop	12	Los Alamos Cross Country Club	20:55.65	154
186	Ella Miller	10	Farmington XC	20:56.44	155
187	Nadia Templeman	10	Springville XC	20:57.79	156
188	Elle Williams	11	Pine View XC Club	21:01.32	157
189	Ava Stratton	12	UNA NM	21:02.87	
190	Anna Lowman	12	Ahwatukee XC	21:04.55	158
191	Ma'a Faumui	10	Pine View XC Club	21:07.43	159
192	Alexis Bradshaw	10	Farmington XC	21:08.04	160
193	Anna Wetteland	11	Los Alamos Cross Country Club	21:09.12	161
194	Aubree Camp	10	Westlake XC Club	21:19.29	162
195	Claire Hoenes	10	Herriman XC Club	21:25.74	163
196	Lauren Ping	12	UNA AZ	21:27.41	
197	Lindsey Gerhart	9	Herriman XC Club	21:28.44	164
198	Hannah Calvin	11	T-BIRDS XC	21:32.77	165
199	Ariana Thiel-Hadjilambros	11	UNA NM	21:34.49	
200	Victoria Gifford	9	Moose XC	21:36.19	166
201	Madelyn Pearson	11	Mountain View UT	21:37.48	167
202	Brooklyn Bement	11	Farmington XC	21:42.77	168
203	Izzy Villarreal	9	Ahwatukee XC	21:43.32	169
204	Courtney Wigmore	12	Grizzly XC	21:43.89	170
205	Ava King	10	Pine Cliff Track Club	21:47.78	171
206	Anya Salmon	10	T-BIRDS XC	21:48.87	172
207	Abby Wubben	12	Moose XC	22:05.96	173
208	Mariana Boekes	12	Pine Cliff Track Club	22:08.10	174

# Race 14 - Girls Championship - 5K

11/19/2022 - 11:27am

## Individual Results

Place	Name	Grade	Team	Time	Points
209	Nyla Lee	12	Los Alamos Cross Country Club	22:12.85	175
210	Lynell Cuddy	12	Grizzly XC	22:18.22	176
211	Sadie Evans	10	Los Alamos Cross Country Club	22:18.85	177
212	Abigail Dixon	10	Grizzly XC	22:30.11	178
213	Elizabeth Sandberg	11	T-BIRDS XC	22:38.52	179
214	Kacie Slinkov	11	Pioneer Nation	22:39.41	180
215	Vanessa Acedo	10	Ahwatukee XC	22:53.24	181
216	Ariauna James	12	Westlake XC Club	23:06.21	182