




















Great Cow Run

Norwalk

Race 5 - Girls Varsity - 3 Mile

9/02/2023 - 9:30am










Team Results - Overall

Place	Team	Score	Team Time	Runner Avg	Avg Mile	5 Man Gap	Finish Order	Scoring Order
1	 Los Alamitos (SS)	45	1:30:50	18:10	6:04	1:23	1-10-12-16-18-27-32	1-7-9-13-15-24-28
2	 North Torrance (SS)	130	1:36:14	19:15	6:25	1:23	19-20-28-35-47	16-17-25-31-41
3	 Fullerton Union (SS)	139	1:36:12	19:15	6:25	2:23	3-23-41-44-51-59	3-20-35-38-43-50
4	 Centennial Corona (SS)	142	1:36:33	19:19	6:27	1:48	15-22-33-42-55-90	12-19-29-36-46-76
5	 Millikan (SS)	149	1:36:27	19:18	6:26	2:57	2-26-38-43-64-66-84	2-23-33-37-54-56-73
6	 Downey (SS)	156	1:37:21	19:29	6:30	2:12	13-14-46-48-63-68-139	10-11-40-42-53-58-98
7	 Glendora (SS)	183	1:38:32	19:43	6:35	2:53	11-24-34-71-73-80-95	8-21-30-61-63-69-80
8	 Canoga Park (LA)	189	1:38:31	19:43	6:35	3:21	5-29-37-69-79-87-92	4-26-32-59-68-74-78
9	 Palisades Charter (LA)	190	1:38:11	19:39	6:33	3:16	6-7-60-72-77-78-111	5-6-51-62-66-67-91
10	 San Juan Hills (SS)	207	1:39:49	19:58	6:40	1:35	31-39-45-56-70-98-100	27-34-39-47-60-83-84
11	 Orange Lutheran (SS)	236	1:41:25	20:17	6:46	2:13	21-53-54-75-76	18-44-45-64-65
12	 Norwalk (SS)	245	1:41:20	20:16	6:46	2:54	17-58-62-65-88-97-124	14-49-52-55-75-82-95
13	 Cerritos (SS)	365	1:47:26	21:30	7:10	1:37	67-82-83-91-106-123	57-71-72-77-88-94
14	 Culver City (SS)	409	1:57:19	23:28	7:50	10:13	57-96-103-112-147	48-81-85-92-103
15	 Leuzinger (SS)	426	2:08:29	25:42	8:34	11:54	25-138-143-144-148-149	22-97-101-102-104-105
16	 Sacred Heart of Jesus (SS)	441	1:54:01	22:49	7:37	3:07	94-105-107-110-134	79-87-89-90-96
17	 Louisville (SS)	448	1:58:40	23:44	7:55	4:44	81-104-122-140-141	70-86-93-99-100
DNP	 Santa Fe (SS)		1:25:12	21:18	7:06		4-50-121-125	4 Runners
DNP	 Cajon (SS)		1:26:28	21:37	7:13		30-99-101-117	4 Runners

Race 5 - Girls Varsity - 3 Mile

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Team Results - Overall

Place	Team	Score	Team Time	Runner Avg	Avg Mile	5 Man Gap	Finish Order	Scoring Order
DNP	 Burroughs Burbank (SS)		1:28:15	22:04	7:22		8-115-118-126	4 Runners
DNP	 South Hills (SS)		1:32:41	23:11	7:44		36-127-130-133	4 Runners
DNP	 Kennedy (John F.) (SS)		1:37:21	24:21	8:07		89-108-128-145	4 Runners
DNP	 St. Anthony (SS)		1:43:32	25:53	8:38		114-137-142-146	4 Runners
DNP	 Mayfair (SS)		1:04:44	21:35	7:12		49-86-119	3 Runners
DNP	 Norte Vista (SS)		42:37	21:19	7:07		9-131	2 Runners
DNP	 Torres (Esteban) (LA)		43:13	21:37	7:13		61-113	2 Runners
DNP	 Bellflower (SS)		21:21	21:21	7:07		85	1 Runner
DNP	 Glenn (John H.) (SS)		23:24	23:24	7:48		120	1 Runner

Race 5 - Girls Varsity - 3 Mile

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Individual Results - Overall

Place	Name	Grade	Team	Time	Points
1	Stevie Holguin	11	Los Alamitos (SS)	17:17.8	1
2	Nadia Mejia	10	Millikan (SS)	17:36.9	2
3	Morgan McAndrew	12	Fullerton Union (SS)	17:43.0	3
4	Serenity Fausto	11	Santa Fe (SS)	17:48.4	
5	Angelina Valladares	12	Canoga Park (LA)	17:49.0	4
6	Louisa Mammen	10	Palisades Charter (LA)	17:51.7	5
7	Zoey Morris	9	Palisades Charter (LA)	17:52.3	6
8	Isabella Galustians	11	Burroughs Burbank (SS)	17:53.2	
9	Hope Brookins	12	Norte Vista (SS)	18:02.1	
10	Olivia Bettinger	11	Los Alamitos (SS)	18:02.5	7
11	Jillian Terrazas	9	Glendora (SS)	18:10.2	8
12	Ruby Flaim	12	Los Alamitos (SS)	18:22.1	9
13	Jacqueline Gonzalez	11	Downey (SS)	18:22.4	10
14	Natalie Gonzalez	11	Downey (SS)	18:23.4	11
15	Maleah Johnson	10	Centennial Corona (SS)	18:23.6	12
16	Chelsea Estrada	10	Los Alamitos (SS)	18:26.6	13
17	Vanessa Felix	12	Norwalk (SS)	18:31.2	14
18	Kaitlyn McQuillen	12	Los Alamitos (SS)	18:40.5	15
19	Alyssa Iida	12	North Torrance (SS)	18:40.5	16
20	Jaqueline Soto	9	North Torrance (SS)	18:51.9	17
21	Sarabella Stakley	10	Orange Lutheran (SS)	18:53.5	18
22	Zoe Tavares	11	Centennial Corona (SS)	18:58.7	19
23	Sofia Tabbal	10	Fullerton Union (SS)	19:00.4	20
24	Olivia Martin	10	Glendora (SS)	19:03.3	21
25	Maria Herrera	12	Leuzinger (SS)	19:03.7	22
26	Yamile Rodriguez	11	Millikan (SS)	19:06.5	23
27	Alejandra Reyburn	11	Los Alamitos (SS)	19:08.9	24
28	Isabella Gonzalez	12	North Torrance (SS)	19:09.2	25
29	Karina Perez	12	Canoga Park (LA)	19:13.0	26
30	Natalie Goumashyan	12	Cajon (SS)	19:15.8	
31	Claire Banfield	12	San Juan Hills (SS)	19:16.0	27
32	Trista Candiotty	11	Los Alamitos (SS)	19:19.4	28
33	Hailey Quiroz	12	Centennial Corona (SS)	19:21.6	29
34	Cedar Shahbaz	11	Glendora (SS)	19:22.5	30

Place	Name	Grade	Team	Time	Points
35	Paola Soto	11	North Torrance (SS)	19:28.1	31
36	Madeline Borrayo	11	South Hills (SS)	19:29.6	
37	Angelina Lopez	11	Canoga Park (LA)	19:31.1	32
38	Emma Buth	11	Millikan (SS)	19:31.2	33
39	Ariana Price	10	San Juan Hills (SS)	19:31.2	34
40	Allison Greene	12	Los Alamitos (SS)	19:32.5	
41	Azumi Fuertes	9	Fullerton Union (SS)	19:33.9	35
42	Celeste Mendoza	12	Centennial Corona (SS)	19:37.6	36
43	Maribel Perez	12	Millikan (SS)	19:38.0	37
44	Reagan Glidewell	12	Fullerton Union (SS)	19:48.0	38
45	Eden Voris	11	San Juan Hills (SS)	19:57.7	39
46	Steffani Ponio	12	Downey (SS)	19:57.7	40
47	Emily Gutierrez	12	North Torrance (SS)	20:03.5	41
48	Maria Jose Vera Romero	11	Downey (SS)	20:04.0	42
49	Cristal Martinez	12	Mayfair (SS)	20:04.7	
50	Serena Tarango	10	Santa Fe (SS)	20:05.3	
51	Ansal Esquivias	12	Fullerton Union (SS)	20:06.0	43
52	Phoebe Grimshaw	10	Los Alamitos (SS)	20:09.1	
53	Amber Larsen	11	Orange Lutheran (SS)	20:09.9	44
54	Jessica VandenBerg	11	Orange Lutheran (SS)	20:10.4	45
55	Sophia Campbell	12	Centennial Corona (SS)	20:11.1	46
56	Olivia Calkins	10	San Juan Hills (SS)	20:12.8	47
57	Nina Kumar	12	Culver City (SS)	20:12.8	48
58	Jazmin Gallegos	JR	Norwalk (SS)	20:17.0	49
59	Alexa Lopez	11	Fullerton Union (SS)	20:18.6	50
60	Virginia O'Neill	12	Palisades Charter (LA)	20:21.3	51
61	Samantha Avila	11	Torres (Esteban) (LA)	20:21.9	
62	Isabella Reyes	JR	Norwalk (SS)	20:27.4	52
63	Emily Perez	10	Downey (SS)	20:33.5	53
64	Madison Caceres	10	Millikan (SS)	20:33.5	54
65	Aaliyah Taylor	SO	Norwalk (SS)	20:39.2	55
66	Nina Mungcal	12	Millikan (SS)	20:44.6	56
67	Dani Romero	10	Cerritos (SS)	20:46.8	57
68	Abigail Tinoco	11	Downey (SS)	20:47.1	58

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Individual Results - Overall

Place	Name	Grade	Team	Time	Points
69	Sarah Godinez	12	Canoga Park (LA)	20:48.0	59
70	Addison Hansen	10	San Juan Hills (SS)	20:50.9	60
71	Khailyne De La Cruz	11	Glendora (SS)	20:52.0	61
72	Leena Adeli	11	Palisades Charter (LA)	20:57.5	62
73	Gisel Gutierrez	10	Glendora (SS)	21:03.2	63
74	Elizabeth Tinsley	12	Los Alamitos (SS)	21:04.5	
75	Audrie Russo	12	Orange Lutheran (SS)	21:04.9	64
76	Carissa Moll	12	Orange Lutheran (SS)	21:05.6	65
77	Giada Rice	11	Palisades Charter (LA)	21:07.3	66
78	Maya Bhasin	10	Palisades Charter (LA)	21:09.0	67
79	Vanessa Perez	10	Canoga Park (LA)	21:09.3	68
80	Alyx Mayo	11	Glendora (SS)	21:13.7	69
81	Chloe Bowling	10	Louisville (SS)	21:17.6	70
82	Anna Field	11	Cerritos (SS)	21:17.7	71
83	Zilian Liu	11	Cerritos (SS)	21:17.8	72
84	Kira Dirgahlli	12	Millikan (SS)	21:19.8	73
85	Dina Zuniga Ontiveros	12	Bellflower (SS)	21:20.9	
86	Stella Lynch	12	Mayfair (SS)	21:21.3	
87	Dulce Godinez	11	Canoga Park (LA)	21:21.8	74
88	Daniela Raya	SO	Norwalk (SS)	21:25.2	75
89	Emily Dase	12	Kennedy (John F.) (SS)	21:27.6	
90	Carol Han	12	Centennial Corona (SS)	21:37.9	76
91	Akshara Adusumalli	12	Cerritos (SS)	21:40.4	77
92	Peyten Hernandez	10	Canoga Park (LA)	21:40.6	78
93	Jasmin Garcia	11	Canoga Park (LA)	21:40.9	
94	Ashley Pascual	11	Sacred Heart of Jesus (SS)	21:42.6	79
95	Lilianna Ival Oliphant	11	Glendora (SS)	21:42.8	80
96	Momoka Miyashiro	11	Culver City (SS)	21:44.0	81
97	Laura Castaneda	10	Norwalk (SS)	21:45.3	82
98	Amelia Krogulski	10	San Juan Hills (SS)	21:49.9	83
99	Juliana Avila	11	Cajon (SS)	21:54.5	
100	Phoebe Ropp	10	San Juan Hills (SS)	22:01.6	84

Place	Name	Grade	Team	Time	Points
101	Getzemanie Garcia-Orejel	11	Cajon (SS)	22:02.0	
102	Ana Jasso	10	Canoga Park (LA)	22:05.4	
103	Karina Stuart	12	Culver City (SS)	22:05.9	85
104	Nina Whitt	11	Louisville (SS)	22:06.7	86
105	Candace Sosa	10	Sacred Heart of Jesus (SS)	22:15.8	87
106	Shannon Meneses	12	Cerritos (SS)	22:22.9	88
107	Jazlyn Couch	11	Sacred Heart of Jesus (SS)	22:25.5	89
108	Ciara Callanan	12	Kennedy (John F.) (SS)	22:38.6	
109	Heidy Torres	12	Canoga Park (LA)	22:41.3	
110	Jasmine Coca Diaz	10	Sacred Heart of Jesus (SS)	22:47.3	90
111	Maribel Henderson-Maclennan	10	Palisades Charter (LA)	22:50.1	91
112	Evelyn McDonough	11	Culver City (SS)	22:50.3	92
113	Miranda Lopez	10	Torres (Esteban) (LA)	22:50.5	
114	Gabrielle Born	11	St. Anthony (SS)	22:53.8	
115	Makayla Victoria	11	Burroughs Burbank (SS)	22:58.8	
116	Casey Scaduto	11	Palisades Charter (LA)	23:07.2	
117	Emma Fierro	12	Cajon (SS)	23:14.9	
118	Kayla Cabral	11	Burroughs Burbank (SS)	23:15.7	
119	Maritza Sanchez	12	Mayfair (SS)	23:17.5	
120	Melanie Hernandez	12	Glenn (John H.) (SS)	23:23.7	
121	Karry Castillo	11	Santa Fe (SS)	23:25.8	
122	Emma Brewer	12	Louisville (SS)	23:25.9	93
123	Sarah Geevarghese	11	Cerritos (SS)	23:37.0	94
124	Lincoln Franco	10	Norwalk (SS)	23:37.3	95
125	Nevaeh Reyes	10	Santa Fe (SS)	23:51.8	
126	Stella Solis	11	Burroughs Burbank (SS)	24:06.8	
127	Sienna Castaneda	11	South Hills (SS)	24:11.4	
128	Sophia Fung	11	Kennedy (John F.) (SS)	24:19.2	
129	Jazmine Delgadillo	12	Norwalk (SS)	24:19.8	
130	Sabrina Polanco	12	South Hills (SS)	24:21.4	

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Individual Results - Overall

Place	Name	Grade	Team	Time	Points
131	Kassandra Treto	12	Norte Vista (SS)	24:34.1	
132	Molly Liberman	11	Palisades Charter (LA)	24:34.8	
133	Kristen Mendoza	11	South Hills (SS)	24:37.7	
134	Melanie Marquez	10	Sacred Heart of Jesus (SS)	24:49.6	96
135	Genesis Cortez	10	Norwalk (SS)	24:49.8	
136	Maritza Carrillo	12	Norwalk (SS)	24:56.0	
137	Brianna Montano	11	St. Anthony (SS)	25:09.5	
138	Cianna Navarro	12	Leuzinger (SS)	25:19.7	97
139	Jocelyn Vigil	11	Downey (SS)	25:38.1	98
140	Olivia Ortega	10	Louisville (SS)	25:47.7	99
141	Paloma McManus	9	Louisville (SS)	26:01.5	100
142	Alexandria Valdes	11	St. Anthony (SS)	26:18.5	
143	Amie Hernandez	12	Leuzinger (SS)	26:33.2	101
144	Mariana Corona	12	Leuzinger (SS)	26:34.7	102
145	Ana Escobar	12	Kennedy (John F.) (SS)	28:55.0	
146	Olivia Alvarez-Knapp	12	St. Anthony (SS)	29:10.1	
147	Zahra Madha	11	Culver City (SS)	30:25.8	103
148	Areceli Monraz	12	Leuzinger (SS)	30:57.4	104
149	Ana Vanisi	12	Leuzinger (SS)	31:18.5	105

Race 5 - Girls Varsity - 3 Mile

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Team Results - Large

Place	Team	Score	Team Time	Runner Avg	Avg Mile	5 Man Gap	Finish Order	Scoring Order
1	 Los Alamitos (SS)	37	1:30:50	18:10	6:04	1:23	1-6-8-12-14-18-21	1-5-7-11-13-17-19
2	 Centennial Corona (SS)	97	1:36:33	19:19	6:27	1:48	11-15-22-27-33-58	10-14-20-24-29-52
3	 Millikan (SS)	101	1:36:27	19:18	6:26	2:57	2-17-24-28-40-42-55	2-16-22-25-36-38-50
4	 Downey (SS)	107	1:37:21	19:29	6:30	2:12	9-10-30-31-39-44-84	8-9-27-28-35-40-65
5	 Palisades Charter (LA)	128	1:38:11	19:39	6:33	3:16	3-4-37-47-50-51-70	3-4-33-43-45-46-61
6	 Glendora (SS)	128	1:38:32	19:43	6:35	2:53	7-16-23-46-48-52-60	6-15-21-42-44-47-54
7	 San Juan Hills (SS)	138	1:39:49	19:58	6:40	1:35	20-25-29-34-45-63-65	18-23-26-30-41-57-58
8	 Norwalk (SS)	166	1:41:20	20:16	6:46	2:54	13-36-38-41-56-62-77	12-32-34-37-51-56-64
9	 Cerritos (SS)	249	1:47:26	21:30	7:10	1:37	43-53-54-59-68-76	39-48-49-53-60-63
10	 Culver City (SS)	273	1:57:19	23:28	7:50	10:13	35-61-67-71-86	31-55-59-62-66
DNP	 Cajon (SS)		1:26:28	21:37	7:13		19-64-66-74	4 Runners
DNP	Burroughs Burbank (SS)		1:28:15	22:04	7:22		5-72-75-78	4 Runners
DNP	 Kennedy (John F.) (SS)		1:37:21	24:21	8:07		57-69-79-85	4 Runners

Race 5 - Girls Varsity - 3 Mile

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Individual Results - Large

Place	Name	Grade	Team	Time	Points	Place	Name	Grade	Team	Time	Points
1 (1)	Stevie Holguin	11	Los Alamitos (SS)	17:17.8	1	23 (34)	Cedar Shahbaz	11	Glendora (SS)	19:22.5	21
2 (2)	Nadia Mejia	10	Millikan (SS)	17:36.9	2	24 (38)	Emma Buth	11	Millikan (SS)	19:31.2	22
3 (6)	Louisa Mammen	10	Palisades Charter (LA)	17:51.7	3	25 (39)	Ariana Price	10	San Juan Hills (SS)	19:31.2	23
4 (7)	Zoey Morris	9	Palisades Charter (LA)	17:52.3	4	26 (40)	Allison Greene	12	Los Alamitos (SS)	19:32.5	
5 (8)	Isabella Galustians	11	Burroughs Burbank (SS)	17:53.2		27 (42)	Celeste Mendoza	12	Centennial Corona (SS)	19:37.6	24
6 (10)	Olivia Bettinger	11	Los Alamitos (SS)	18:02.5	5	28 (43)	Maribel Perez	12	Millikan (SS)	19:38.0	25
7 (11)	Jillian Terrazas	9	Glendora (SS)	18:10.2	6	29 (45)	Eden Voris	11	San Juan Hills (SS)	19:57.7	26
8 (12)	Ruby Flaim	12	Los Alamitos (SS)	18:22.1	7	30 (46)	Steffani Ponio	12	Downey (SS)	19:57.7	27
9 (13)	Jacqueline Gonzalez	11	Downey (SS)	18:22.4	8	31 (48)	Maria Jose Vera Romero	11	Downey (SS)	20:04.0	28
10 (14)	Natalie Gonzalez	11	Downey (SS)	18:23.4	9	32 (52)	Phoebe Grimshaw	10	Los Alamitos (SS)	20:09.1	
11 (15)	Maleah Johnson	10	Centennial Corona (SS)	18:23.6	10	33 (55)	Sophia Campbell	12	Centennial Corona (SS)	20:11.1	29
12 (16)	Chelsea Estrada	10	Los Alamitos (SS)	18:26.6	11	34 (56)	Olivia Calkins	10	San Juan Hills (SS)	20:12.8	30
13 (17)	Vanessa Felix	12	Norwalk (SS)	18:31.2	12	35 (57)	Nina Kumar	12	Culver City (SS)	20:12.8	31
14 (18)	Kaitlyn McQuillen	12	Los Alamitos (SS)	18:40.5	13	36 (58)	Jazmin Gallegos	JR	Norwalk (SS)	20:17.0	32
15 (22)	Zoe Tavares	11	Centennial Corona (SS)	18:58.7	14	37 (60)	Virginia O'Neill	12	Palisades Charter (LA)	20:21.3	33
16 (24)	Olivia Martin	10	Glendora (SS)	19:03.3	15	38 (62)	Isabella Reyes	JR	Norwalk (SS)	20:27.4	34
17 (26)	Yamile Rodriguez	11	Millikan (SS)	19:06.5	16	39 (63)	Emily Perez	10	Downey (SS)	20:33.5	35
18 (27)	Alejandra Reyburn	11	Los Alamitos (SS)	19:08.9	17	40 (64)	Madison Caceres	10	Millikan (SS)	20:33.5	36
19 (30)	Natalie Goumashyan	12	Cajon (SS)	19:15.8		41 (65)	Aaliyah Taylor	SO	Norwalk (SS)	20:39.2	37
20 (31)	Claire Banfield	12	San Juan Hills (SS)	19:16.0	18	42 (66)	Nina Mungcal	12	Millikan (SS)	20:44.6	38
21 (32)	Trista Candiotty	11	Los Alamitos (SS)	19:19.4	19	43 (67)	Dani Romero	10	Cerritos (SS)	20:46.8	39
22 (33)	Hailey Quiroz	12	Centennial Corona (SS)	19:21.6	20	44 (68)	Abigail Tinoco	11	Downey (SS)	20:47.1	40

Race 5 - Girls Varsity - 3 Mile

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Individual Results - Large
















Place	Name	Grade	Team	Time	Points
45 (70)	Addison Hansen	10	San Juan Hills (SS)	20:50.9	41
46 (71)	Khailyne De La Cruz	11	Glendora (SS)	20:52.0	42
47 (72)	Leena Adeli	11	Palisades Charter (LA)	20:57.5	43
48 (73)	Gisel Gutierrez	10	Glendora (SS)	21:03.2	44
49 (74)	Elizabeth Tinsley	12	Los Alamitos (SS)	21:04.5	
50 (77)	Giada Rice	11	Palisades Charter (LA)	21:07.3	45
51 (78)	Maya Bhasin	10	Palisades Charter (LA)	21:09.0	46
52 (80)	Alyx Mayo	11	Glendora (SS)	21:13.7	47
53 (82)	Anna Field	11	Cerritos (SS)	21:17.7	48
54 (83)	Zilian Liu	11	Cerritos (SS)	21:17.8	49
55 (84)	Kira Dirgahlli	12	Millikan (SS)	21:19.8	50
56 (88)	Daniela Raya	SO	Norwalk (SS)	21:25.2	51
57 (89)	Emily Dase	12	Kennedy (John F.) (SS)	21:27.6	
58 (90)	Carol Han	12	Centennial Corona (SS)	21:37.9	52
59 (91)	Akshara Adusumalli	12	Cerritos (SS)	21:40.4	53
60 (95)	Lilianna Ival Oliphant	11	Glendora (SS)	21:42.8	54
61 (96)	Momoka Miyashiro	11	Culver City (SS)	21:44.0	55
62 (97)	Laura Castaneda	10	Norwalk (SS)	21:45.3	56
63 (98)	Amelia Krogulski	10	San Juan Hills (SS)	21:49.9	57
64 (99)	Juliana Avila	11	Cajon (SS)	21:54.5	
65 (100)	Phoebe Ropp	10	San Juan Hills (SS)	22:01.6	58
66 (101)	Getzemanie Garcia-Orejel	11	Cajon (SS)	22:02.0	

Place	Name	Grade	Team	Time	Points
67 (103)	Karina Stuart	12	Culver City (SS)	22:05.9	59
68 (106)	Shannon Meneses	12	Cerritos (SS)	22:22.9	60
69 (108)	Ciara Callanan	12	Kennedy (John F.) (SS)	22:38.6	
70 (111)	Maribel Henderson-Maclennan	10	Palisades Charter (LA)	22:50.1	61
71 (112)	Evelyn McDonough	11	Culver City (SS)	22:50.3	62
72 (115)	Makayla Victoria	11	Burroughs Burbank (SS)	22:58.8	
73 (116)	Casey Scaduto	11	Palisades Charter (LA)	23:07.2	
74 (117)	Emma Fierro	12	Cajon (SS)	23:14.9	
75 (118)	Kayla Cabral	11	Burroughs Burbank (SS)	23:15.7	
76 (123)	Sarah Geevarghese	11	Cerritos (SS)	23:37.0	63
77 (124)	Lincoln Franco	10	Norwalk (SS)	23:37.3	64
78 (126)	Stella Solis	11	Burroughs Burbank (SS)	24:06.8	
79 (128)	Sophia Fung	11	Kennedy (John F.) (SS)	24:19.2	
80 (129)	Jazmine Delgadillo	12	Norwalk (SS)	24:19.8	
81 (132)	Molly Liberman	11	Palisades Charter (LA)	24:34.8	
82 (135)	Genesis Cortez	10	Norwalk (SS)	24:49.8	
83 (136)	Maritza Carrillo	12	Norwalk (SS)	24:56.0	
84 (139)	Jocelyn Vigil	11	Downey (SS)	25:38.1	65
85 (145)	Ana Escobar	12	Kennedy (John F.) (SS)	28:55.0	
86 (147)	Zahra Madha	11	Culver City (SS)	30:25.8	66

Race 5 - Girls Varsity - 3 Mile

9/02/2023 - 9:30am

Team Results - Small

Place	Team	Score	Team Time	Runner Avg	Avg Mile	5 Man Gap	Finish Order	Scoring Order
1	 North Torrance (SS)	39	1:36:14	19:15	6:25	1:23	5-6-10-12-17	3-4-8-10-14
2	 Fullerton Union (SS)	47	1:36:12	19:15	6:25	2:23	1-8-15-16-20-23	1-6-12-13-15-18
3	 Canoga Park (LA)	63	1:38:31	19:43	6:35	3:21	3-11-14-25-28-32-33	2-9-11-19-22-24-25
4	 Orange Lutheran (SS)	79	1:41:25	20:17	6:46	2:13	7-21-22-26-27	5-16-17-20-21
5	 Sacred Heart of Jesus (SS)	145	1:54:01	22:49	7:37	3:07	35-38-39-41-53	26-28-29-30-32
6	 Louisville (SS)	150	1:58:40	23:44	7:55	4:44	29-37-47-56-57	23-27-31-34-35
7	 Leuzinger (SS)	151	2:08:29	25:42	8:34	11:54	9-55-59-60-62-63	7-33-36-37-38-39
DNP	 Santa Fe (SS)		1:25:12	21:18	7:06		2-19-46-48	4 Runners
DNP	 South Hills (SS)		1:32:41	23:11	7:44		13-49-50-52	4 Runners
DNP	 St. Anthony (SS)		1:43:32	25:53	8:38		43-54-58-61	4 Runners
DNP	 Mayfair (SS)		1:04:44	21:35	7:12		18-31-44	3 Runners
DNP	 Norte Vista (SS)		42:37	21:19	7:07		4-51	2 Runners
DNP	 Torres (Esteban) (LA)		43:13	21:37	7:13		24-42	2 Runners
DNP	 Bellflower (SS)		21:21	21:21	7:07		30	1 Runner
DNP	 Glenn (John H.) (SS)		23:24	23:24	7:48		45	1 Runner

Race 5 - Girls Varsity - 3 Mile

9/02/2023 - 9:30am

Individual Results - Small

Place	Name	Grade	Team	Time	Points
1 (3)	Morgan McAndrew	12	Fullerton Union (SS)	17:43.0	1
2 (4)	Serenity Fausto	11	Santa Fe (SS)	17:48.4	
3 (5)	Angelina Valladares	12	Canoga Park (LA)	17:49.0	2
4 (9)	Hope Brookins	12	Norte Vista (SS)	18:02.1	
5 (19)	Alyssa Iida	12	North Torrance (SS)	18:40.5	3
6 (20)	Jaqueline Soto	9	North Torrance (SS)	18:51.9	4
7 (21)	Sarabella Stakley	10	Orange Lutheran (SS)	18:53.5	5
8 (23)	Sofia Tabbal	10	Fullerton Union (SS)	19:00.4	6
9 (25)	Maria Herrera	12	Leuzinger (SS)	19:03.7	7
10 (28)	Isabella Gonzalez	12	North Torrance (SS)	19:09.2	8
11 (29)	Karina Perez	12	Canoga Park (LA)	19:13.0	9
12 (35)	Paola Soto	11	North Torrance (SS)	19:28.1	10
13 (36)	Madeline Borraro	11	South Hills (SS)	19:29.6	
14 (37)	Angelina Lopez	11	Canoga Park (LA)	19:31.1	11
15 (41)	Azumi Fuentres	9	Fullerton Union (SS)	19:33.9	12
16 (44)	Reagan Glidewell	12	Fullerton Union (SS)	19:48.0	13
17 (47)	Emily Gutierrez	12	North Torrance (SS)	20:03.5	14
18 (49)	Cristal Martinez	12	Mayfair (SS)	20:04.7	
19 (50)	Serena Tarango	10	Santa Fe (SS)	20:05.3	
20 (51)	Ansal Esquivias	12	Fullerton Union (SS)	20:06.0	15
21 (53)	Amber Larsen	11	Orange Lutheran (SS)	20:09.9	16
22 (54)	Jessica VandenBerg	11	Orange Lutheran (SS)	20:10.4	17

Place	Name	Grade	Team	Time	Points
23 (59)	Alexa Lopez	11	Fullerton Union (SS)	20:18.6	18
24 (61)	Samantha Avila	11	Torres (Esteban) (LA)	20:21.9	
25 (69)	Sarah Godinez	12	Canoga Park (LA)	20:48.0	19
26 (75)	Audrie Russo	12	Orange Lutheran (SS)	21:04.9	20
27 (76)	Carissa Moll	12	Orange Lutheran (SS)	21:05.6	21
28 (79)	Vanessa Perez	10	Canoga Park (LA)	21:09.3	22
29 (81)	Chloe Bowling	10	Louisville (SS)	21:17.6	23
30 (85)	Dina Zuniga Ontiveros	12	Bellflower (SS)	21:20.9	
31 (86)	Stella Lynch	12	Mayfair (SS)	21:21.3	
32 (87)	Dulce Godinez	11	Canoga Park (LA)	21:21.8	24
33 (92)	Peyten Hernandez	10	Canoga Park (LA)	21:40.6	25
34 (93)	Jasmin Garcia	11	Canoga Park (LA)	21:40.9	
35 (94)	Ashley Pascual	11	Sacred Heart of Jesus (SS)	21:42.6	26
36 (102)	Ana Jasso	10	Canoga Park (LA)	22:05.4	
37 (104)	Nina Whitt	11	Louisville (SS)	22:06.7	27
38 (105)	Candace Sosa	10	Sacred Heart of Jesus (SS)	22:15.8	28
39 (107)	Jazlyn Couch	11	Sacred Heart of Jesus (SS)	22:25.5	29
40 (109)	Heidy Torres	12	Canoga Park (LA)	22:41.3	
41 (110)	Jasmine Coca Diaz	10	Sacred Heart of Jesus (SS)	22:47.3	30
42 (113)	Miranda Lopez	10	Torres (Esteban) (LA)	22:50.5	
43 (114)	Gabrielle Born	11	St. Anthony (SS)	22:53.8	
44 (119)	Maritza Sanchez	12	Mayfair (SS)	23:17.5	

Race 5 - Girls Varsity - 3 Mile

9/02/2023 - 9:30am

Individual Results - Small

Place	Name	Grade	Team	Time	Points
45 (120)	Melanie Hernandez	12	Glenn (John H.) (SS)	23:23.7	
46 (121)	Karry Castillo	11	Santa Fe (SS)	23:25.8	
47 (122)	Emma Brewer	12	Louisville (SS)	23:25.9	31
48 (125)	Nevaeh Reyes	10	Santa Fe (SS)	23:51.8	
49 (127)	Sienna Castaneda	11	South Hills (SS)	24:11.4	
50 (130)	Sabrina Polanco	12	South Hills (SS)	24:21.4	
51 (131)	Kassandra Treto	12	Norte Vista (SS)	24:34.1	
52 (133)	Kristen Mendoza	11	South Hills (SS)	24:37.7	
53 (134)	Melanie Marquez	10	Sacred Heart of Jesus (SS)	24:49.6	32
54 (137)	Brianna Montano	11	St. Anthony (SS)	25:09.5	
55 (138)	Cianna Navarro	12	Leuzinger (SS)	25:19.7	33
56 (140)	Olivia Ortega	10	Louisville (SS)	25:47.7	34
57 (141)	Paloma McManus	9	Louisville (SS)	26:01.5	35
58 (142)	Alexandria Valdes	11	St. Anthony (SS)	26:18.5	
59 (143)	Amie Hernandez	12	Leuzinger (SS)	26:33.2	36
60 (144)	Mariana Corona	12	Leuzinger (SS)	26:34.7	37
61 (146)	Olivia Alvarez-Knapp	12	St. Anthony (SS)	29:10.1	
62 (148)	Areceli Monraz	12	Leuzinger (SS)	30:57.4	38
63 (149)	Ana Vanisi	12	Leuzinger (SS)	31:18.5	39