





















# Great Cow Run

## Norwalk

### Race 6 - Boys Sophomore - 3 Mile

9/02/2023 - 10:00am








### Team Results - Overall

Place	Team	Score	Team Time	Runner Avg	Avg Mile	5 Man Gap	Finish Order	Scoring Order
1	 Los Alamitos (SS)	84	1:27:18	17:28	5:50	1:29	6-13-21-24-40-43-48	4-10-17-20-33-36-40
2	 Whitney (Gretchen) (SS)	108	1:27:53	17:35	5:52	2:03	3-17-25-39-47-61-76	2-14-21-32-39-51-60
3	 Tustin (SS)	115	1:28:34	17:43	5:55	1:06	14-22-23-31-49-73-80	11-18-19-26-41-58-62
4	 Downey (SS)	127	1:29:03	17:49	5:57	1:21	11-12-36-42-54-56-67	8-9-30-35-45-46-54
5	 San Juan Hills (SS)	141	1:29:19	17:52	5:58	1:38	7-16-45-50-52-58-98	5-13-38-42-43-48-70
6	 Fullerton Union (SS)	147	1:29:45	17:57	5:59	2:09	10-19-26-57-69	7-15-22-47-56
7	 Millikan (SS)	165	1:31:17	18:16	6:06	2:28	20-30-34-35-91	16-25-28-29-67
8	 Paramount (SS)	215	1:34:12	18:51	6:17	6:24	1-32-44-99-123-137	1-27-37-71-79-86
9	 Marshall (John) (LA)	235	1:33:48	18:46	6:16	3:54	4-60-64-77-95	3-50-52-61-69
10	 Mayfair (SS)	236	1:43:05	20:37	6:53	9:04	8-29-41-136-142	6-24-34-85-87
11	 Palisades Charter (LA)	260	1:38:03	19:37	6:33	4:20	27-38-59-120-124-146	23-31-49-77-80-89
12	 Burroughs Burbank (SS)	307	1:43:34	20:43	6:55	6:20	15-81-86-132-133	12-63-65-83-84
13	 Cerritos (SS)	310	1:38:10	19:38	6:33	1:15	68-72-82-87-94-104-121	55-57-64-66-68-73-78
14	 Norte Vista (SS)	356	1:43:36	20:44	6:55	2:04	74-103-105-118-119-126-127	59-72-74-75-76-81-82
15	 Bellflower (SS)	366	2:03:47	24:46	8:16	13:05	53-65-145-148-151	44-53-88-90-91
DNP	 North Torrance (SS)		1:22:09	20:33	6:51		51-70-101-134	4 Runners
DNP	 South Hills (SS)		1:30:29	22:38	7:33		18-28-46-152	4 Runners
DNP	 Lakewood (SS)		57:09	19:03	6:21		37-66-90	3 Runners
DNP	 Culver City (SS)		1:01:52	20:38	6:53		71-116-117	3 Runners
DNP	 Cajon (SS)		1:02:32	20:51	6:57		2-63-147	3 Runners

# Race 6 - Boys Sophomore - 3 Mile

9/02/2023 - 10:00am

## Team Results - Overall

Place	Team	Score	Team Time	Runner Avg	Avg Mile	5 Man Gap	Finish Order	Scoring Order
DNP	 Kennedy (John F.) (SS)		1:08:14	22:45	7:35		9-85-150	3 Runners
DNP	 Orange Lutheran (SS)		46:46	23:23	7:48		5-149	2 Runners
DNP	 St. Anthony (SS)		51:40	25:50	8:37		141-144	2 Runners
DNP	 Norwalk (SS)		17:54	17:54	5:58		33	1 Runner
DNP	 Centennial Corona (SS)		19:51	19:51	6:37		88	1 Runner
DNP	 Bell Gardens (SS)		20:06	20:06	6:42		92	1 Runner
DNP	 Santa Fe (SS)		22:09	22:09	7:23		128	1 Runner

# Race 6 - Boys Sophomore - 3 Mile

9/02/2023 - 10:00am

## Individual Results - Overall

Place	Name	Grade	Team	Time	Points
1	Jordi Avalos	10	Paramount (SS)	15:34.6	1
2	Ramon Dorado	10	Cajon (SS)	15:35.5	
3	Cristian Ishiki	10	Whitney (Gretchen) (SS)	16:17.1	2
4	Gabriel Cabrera	10	Marshall (John) (LA)	16:25.5	3
5	Josh Hight	10	Orange Lutheran (SS)	16:30.6	
6	Matthew Mayhue	10	Los Alamitos (SS)	16:41.3	4
7	Kaden Banks	10	San Juan Hills (SS)	16:47.4	5
8	Lamech Samuel	10	Mayfair (SS)	16:51.7	6
9	Kian Patel	10	Kennedy (John F.) (SS)	16:52.4	
10	Anthony Benedetto	10	Fullerton Union (SS)	16:54.1	7
11	Sebastian Burgos	10	Downey (SS)	17:10.3	8
12	Moises Noriega	10	Downey (SS)	17:11.8	9
13	Charlie Nelson	10	Los Alamitos (SS)	17:15.1	10
14	Noah Martinez	10	Tustin (SS)	17:15.9	11
15	Kaleb Lorente	10	Burroughs Burbank (SS)	17:19.9	12
16	Jack Roche	10	San Juan Hills (SS)	17:25.3	13
17	Brendan Perry	10	Whitney (Gretchen) (SS)	17:29.2	14
18	Sebastian Chavez	10	South Hills (SS)	17:32.1	
19	Drake Bromley	10	Fullerton Union (SS)	17:33.4	15
20	Dylan Murray	10	Millikan (SS)	17:34.0	16
21	Travis Regnier	10	Los Alamitos (SS)	17:34.1	17
22	Jacob Policare	10	Tustin (SS)	17:35.4	18
23	Leonardo Gabriel	10	Tustin (SS)	17:35.7	19
24	Dean Lehigh	10	Los Alamitos (SS)	17:37.1	20
25	Avery Chen	10	Whitney (Gretchen) (SS)	17:38.0	21
26	Blake Miyasato	10	Fullerton Union (SS)	17:38.8	22
27	Lajus Collins	10	Palisades Charter (LA)	17:39.7	23
28	Eric Hernandez	10	South Hills (SS)	17:42.5	
29	Omar Tadeo	10	Mayfair (SS)	17:43.5	24
30	Ivan Perez	10	Millikan (SS)	17:44.7	25
31	Alan Medina	10	Tustin (SS)	17:45.8	26
32	Fernando Barron	10	Paramount (SS)	17:51.0	27
33	Miguel Chavez	10	Norwalk (SS)	17:53.2	
34	Mason Mundon	10	Millikan (SS)	17:58.0	28

Place	Name	Grade	Team	Time	Points
35	Samuel Arroyo	10	Millikan (SS)	17:58.0	29
36	Nathan Cazares	10	Downey (SS)	17:59.5	30
37	Gregory Ayala	10	Lakewood (SS)	18:07.8	
38	Jackson Taylor	10	Palisades Charter (LA)	18:08.5	31
39	Caiden Cortes	10	Whitney (Gretchen) (SS)	18:08.9	32
40	Dane Stilovich	10	Los Alamitos (SS)	18:09.7	33
41	Brody Ray	10	Mayfair (SS)	18:10.1	34
42	Sebastian Medrano	10	Downey (SS)	18:10.2	35
43	Kai Rolland-Engel	10	Los Alamitos (SS)	18:12.5	36
44	Joshua Cornejal	10	Paramount (SS)	18:17.1	37
45	Nathan Whitaker	10	San Juan Hills (SS)	18:18.3	38
46	Gael Ramirez-Sanchez	10	South Hills (SS)	18:19.2	
47	Jai Sukhadia	10	Whitney (Gretchen) (SS)	18:19.3	39
48	Joaquin Gonzalez	10	Los Alamitos (SS)	18:20.7	40
49	Ethan Barcenas	10	Tustin (SS)	18:21.0	41
50	Kanin Draucker	10	San Juan Hills (SS)	18:22.1	42
51	Aston Nagahashi	10	North Torrance (SS)	18:23.3	
52	Lucas Goncalves	10	San Juan Hills (SS)	18:25.1	43
53	David Loza	10	Bellflower (SS)	18:29.9	44
54	Dean Gonzales	10	Downey (SS)	18:30.5	45
55	Garrett Stilovich	10	Los Alamitos (SS)	18:30.7	
56	Richard Iniguez	10	Downey (SS)	18:32.6	46
57	Nico Martin	10	Fullerton Union (SS)	18:36.0	47
58	Jacob Lapin	10	San Juan Hills (SS)	18:38.6	48
59	Mark Saba	10	Palisades Charter (LA)	18:41.8	49
60	William Cadet	10	Marshall (John) (LA)	18:42.4	50
61	Joshua Parackal	10	Whitney (Gretchen) (SS)	18:45.2	51
62	Blake Mason	10	Los Alamitos (SS)	18:46.9	
63	Diego Garcia-Espinosa	10	Cajon (SS)	18:51.8	
64	Jackson Gloyd	10	Marshall (John) (LA)	18:52.1	52
65	Jesse Sanchez	10	Bellflower (SS)	18:53.8	53
66	Dylan Richardson	10	Lakewood (SS)	19:00.3	
67	Zakk Garcia	10	Downey (SS)	19:00.6	54
68	Matthew Lum	10	Cerritos (SS)	19:01.1	55

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9/02/2023 - 10:00am

## Individual Results - Overall

Place	Name	Grade	Team	Time	Points
69	Arjun Kennington	10	Fullerton Union (SS)	19:02.4	56
70	Calvin Ikeda	10	North Torrance (SS)	19:07.6	
71	Calum Aranda	10	Culver City (SS)	19:11.4	
72	Michael Lam	10	Cerritos (SS)	19:22.2	57
73	Elijah Bagnol	10	Tustin (SS)	19:24.1	58
74	Emiliano Castillo	10	Norte Vista (SS)	19:24.5	59
75	Jesus Campos	10	Downey (SS)	19:25.9	
76	Ryan Fei	10	Whitney (Gretchen) (SS)	19:28.1	60
77	Jasper Awakuni	10	Marshall (John) (LA)	19:28.4	61
78	Evan Yoon	10	Whitney (Gretchen) (SS)	19:32.0	
79	Nicolas Frausto	10	Whitney (Gretchen) (SS)	19:34.5	
80	Jonathan Amezcua	10	Tustin (SS)	19:34.8	62
81	Brandon Robertson	10	Burroughs Burbank (SS)	19:37.6	63
82	Michael Dang	10	Cerritos (SS)	19:41.1	64
83	Nathan Barrera	10	Tustin (SS)	19:42.6	
84	Andrew Duag	10	Whitney (Gretchen) (SS)	19:43.3	
85	James Alagos	10	Kennedy (John F.) (SS)	19:48.1	
86	Vincent Carrillo	11	Burroughs Burbank (SS)	19:48.2	65
87	Kevin Gomez	10	Cerritos (SS)	19:49.1	66
88	Anthony Wheeler	10	Centennial Corona (SS)	19:50.7	
89	Gerardo Rolon	10	Downey (SS)	19:53.8	
90	Judah Batstone	10	Lakewood (SS)	20:00.7	
91	Ulysses Knobbe	10	Millikan (SS)	20:01.5	67
92	Jonathan Reyes	10	Bell Gardens (SS)	20:05.1	
93	Hyunjoon Noh	10	Whitney (Gretchen) (SS)	20:09.2	
94	Alan Poon	10	Cerritos (SS)	20:15.8	68
95	Finn Gehlhaar	10	Marshall (John) (LA)	20:19.0	69
96	Austen Lock	12	Los Alamitos (SS)	20:19.4	
97	Joshua Pena	10	Downey (SS)	20:22.6	
98	Diego Gonzalez	10	San Juan Hills (SS)	20:22.6	70
99	Anthony Victoria	10	Paramount (SS)	20:31.5	71
100	Jonathan Chen	10	Whitney (Gretchen) (SS)	20:31.7	

Place	Name	Grade	Team	Time	Points
101	Akira Nakazawa	10	North Torrance (SS)	20:32.3	
102	Wilson Trieu	10	Whitney (Gretchen) (SS)	20:33.6	
103	Jacob Duryee	10	Norte Vista (SS)	20:37.6	72
104	Isaac Domingo	10	Cerritos (SS)	20:38.7	73
105	Cristian Henderson	10	Norte Vista (SS)	20:40.2	74
106	Arturo Millan	10	Tustin (SS)	20:41.0	
107	Benjamin Leal	10	Tustin (SS)	20:41.4	
108	Lukas Dobbles	10	San Juan Hills (SS)	20:43.5	
109	Ryan Yoshitomi	10	San Juan Hills (SS)	20:48.1	
110	Rondo Tran	10	Whitney (Gretchen) (SS)	21:01.3	
111	Grant Lock	10	Los Alamitos (SS)	21:04.6	
112	Benjamin Le	10	Los Alamitos (SS)	21:05.5	
113	Ethan Luft	10	Los Alamitos (SS)	21:06.0	
114	Philip Luczak	9	San Juan Hills (SS)	21:12.3	
115	Brendan Hensley	10	San Juan Hills (SS)	21:18.2	
116	Tyler Tan-Kikuchi	10	Culver City (SS)	21:18.6	
117	Amaan KeekeeBhai	SO	Culver City (SS)	21:21.5	
118	Brayan Flores	10	Norte Vista (SS)	21:24.9	75
119	Christopher Ramirez Cardona	10	Norte Vista (SS)	21:27.8	76
120	Ashton Adibi	10	Palisades Charter (LA)	21:33.3	77
121	Quantam Navarro	10	Cerritos (SS)	21:40.6	78
122	Elliot Kang	10	Los Alamitos (SS)	21:42.1	
123	David Candelario	10	Paramount (SS)	21:57.7	79
124	Sam Salsar-Meyers	9	Palisades Charter (LA)	21:59.3	80
125	Andrew Adachi	10	Cerritos (SS)	22:00.4	
126	Brandon Matias Garcia	10	Norte Vista (SS)	22:04.3	81
127	Elvis Gerbacio	10	Norte Vista (SS)	22:07.2	82
128	Andrew Sanchez	10	Santa Fe (SS)	22:08.7	
129	Hector Segura Colima	10	Norte Vista (SS)	22:26.9	
130	Enrique Vicente	10	Tustin (SS)	22:43.2	
131	Derek Hsu	10	Cerritos (SS)	22:52.4	
132	Daniel Ochoa	11	Burroughs Burbank (SS)	23:08.5	83

# Race 6 - Boys Sophomore - 3 Mile

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







## Individual Results - Overall

Place	Name	Grade	Team	Time	Points
133	Victor Santana	10	Burroughs Burbank (SS)	23:39.1	84
134	Nicolas Lopez	9	North Torrance (SS)	24:05.3	
135	Alec Alvarez	10	Cerritos (SS)	24:15.5	
136	Jaheem Curtis-Foster	10	Mayfair (SS)	24:24.5	85
137	David Tello	10	Paramount (SS)	24:33.1	86
138	Tai Nguyen	10	Norte Vista (SS)	24:33.6	
139	Benjamin Lim	10	Whitney (Gretchen) (SS)	24:33.8	
140	Eric Segura	10	Norte Vista (SS)	24:35.1	
141	Owen Alvarez-Knapp	10	St. Anthony (SS)	25:04.1	
142	Joshua Rasdas	10	Mayfair (SS)	25:55.0	87
143	Andy Truong	10	Whitney (Gretchen) (SS)	26:13.6	
144	Riley Ocampo	10	St. Anthony (SS)	26:35.2	
145	Bryan Haro	10	Bellflower (SS)	26:37.6	88
146	Kamran Yashouafar	10	Palisades Charter (LA)	27:53.3	89
147	Paul Arballo	10	Cajon (SS)	28:04.4	
148	Victor Covarrubias	10	Bellflower (SS)	28:11.1	90
149	Andrew Sanchez	10	Orange Lutheran (SS)	30:15.0	
150	Miguel Moro	10	Kennedy (John F.) (SS)	31:32.7	
151	Adrian Garcia Romero	10	Bellflower (SS)	31:34.2	91
152	Matthew Montejano	10	South Hills (SS)	36:54.5	

# Race 6 - Boys Sophomore - 3 Mile

9/02/2023 - 10:00am

## Team Results - Large

Place	Team	Score	Team Time	Runner Avg	Avg Mile	5 Man Gap	Finish Order	Scoring Order
1	 Los Alamitos (SS)	50	1:27:18	17:28	5:50	1:29	2-7-12-15-25-27-29	1-5-10-13-21-23-25
2	 Tustin (SS)	71	1:28:34	17:43	5:55	1:06	8-13-14-18-30-45-47	6-11-12-16-26-36-37
3	 Downey (SS)	77	1:29:03	17:49	5:57	1:21	5-6-22-26-33-35-41	3-4-19-22-29-30-33
4	 San Juan Hills (SS)	89	1:29:19	17:52	5:58	1:38	3-10-28-31-32-36-62	2-8-24-27-28-31-44
5	 Millikan (SS)	101	1:31:17	18:16	6:06	2:28	11-17-20-21-57	9-15-17-18-42
6	 Palisades Charter (LA)	160	1:38:03	19:37	6:33	4:20	16-24-37-75-78-85	14-20-32-46-48-51
7	 Burroughs Burbank (SS)	184	1:43:34	20:43	6:55	6:20	9-48-52-82-83	7-38-40-49-50
8	 Cerritos (SS)	192	1:38:10	19:38	6:33	1:15	42-44-49-53-59-63-76	34-35-39-41-43-45-47
DNP	 Lakewood (SS)		57:09	19:03	6:21		23-40-56	3 Runners
DNP	 Culver City (SS)		1:01:52	20:38	6:53		43-73-74	3 Runners
DNP	 Cajon (SS)		1:02:32	20:51	6:57		1-39-86	3 Runners
DNP	 Kennedy (John F.) (SS)		1:08:14	22:45	7:35		4-51-87	3 Runners
DNP	 Norwalk (SS)		17:54	17:54	5:58		19	1 Runner
DNP	 Centennial Corona (SS)		19:51	19:51	6:37		54	1 Runner
DNP	 Bell Gardens (SS)		20:06	20:06	6:42		58	1 Runner

# Race 6 - Boys Sophomore - 3 Mile

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## Individual Results - Large

Place	Name	Grade	Team	Time	Points	Place	Name	Grade	Team	Time	Points
1 (2)	Ramon Dorado	10	Cajon (SS)	15:35.5		23 (37)	Gregory Ayala	10	Lakewood (SS)	18:07.8	
2 (6)	Matthew Mayhue	10	Los Alamitos (SS)	16:41.3	1	24 (38)	Jackson Taylor	10	Palisades Charter (LA)	18:08.5	20
3 (7)	Kaden Banks	10	San Juan Hills (SS)	16:47.4	2	25 (40)	Dane Stillovich	10	Los Alamitos (SS)	18:09.7	21
4 (9)	Kian Patel	10	Kennedy (John F.) (SS)	16:52.4		26 (42)	Sebastian Medrano	10	Downey (SS)	18:10.2	22
5 (11)	Sebastian Burgos	10	Downey (SS)	17:10.3	3	27 (43)	Kai Rolland-Engel	10	Los Alamitos (SS)	18:12.5	23
6 (12)	Moises Noriega	10	Downey (SS)	17:11.8	4	28 (45)	Nathan Whitaker	10	San Juan Hills (SS)	18:18.3	24
7 (13)	Charlie Nelson	10	Los Alamitos (SS)	17:15.1	5	29 (48)	Joaquin Gonzalez	10	Los Alamitos (SS)	18:20.7	25
8 (14)	Noah Martinez	10	Tustin (SS)	17:15.9	6	30 (49)	Ethan Barcenas	10	Tustin (SS)	18:21.0	26
9 (15)	Kaleb Lorente	10	Burroughs Burbank (SS)	17:19.9	7	31 (50)	Kanin Draucker	10	San Juan Hills (SS)	18:22.1	27
10 (16)	Jack Roche	10	San Juan Hills (SS)	17:25.3	8	32 (52)	Lucas Goncalves	10	San Juan Hills (SS)	18:25.1	28
11 (20)	Dylan Murray	10	Millikan (SS)	17:34.0	9	33 (54)	Dean Gonzales	10	Downey (SS)	18:30.5	29
12 (21)	Travis Regnier	10	Los Alamitos (SS)	17:34.1	10	34 (55)	Garrett Stillovich	10	Los Alamitos (SS)	18:30.7	
13 (22)	Jacob Policare	10	Tustin (SS)	17:35.4	11	35 (56)	Richard Iniguez	10	Downey (SS)	18:32.6	30
14 (23)	Leonardo Gabriel	10	Tustin (SS)	17:35.7	12	36 (58)	Jacob Lapin	10	San Juan Hills (SS)	18:38.6	31
15 (24)	Dean Lehigh	10	Los Alamitos (SS)	17:37.1	13	37 (59)	Mark Saba	10	Palisades Charter (LA)	18:41.8	32
16 (27)	Lajus Collins	10	Palisades Charter (LA)	17:39.7	14	38 (62)	Blake Mason	10	Los Alamitos (SS)	18:46.9	
17 (30)	Ivan Perez	10	Millikan (SS)	17:44.7	15	39 (63)	Diego Garcia-Espinosa	10	Cajon (SS)	18:51.8	
18 (31)	Alan Medina	10	Tustin (SS)	17:45.8	16	40 (66)	Dylan Richardson	10	Lakewood (SS)	19:00.3	
19 (33)	Miguel Chavez	10	Norwalk (SS)	17:53.2		41 (67)	Zakk Garcia	10	Downey (SS)	19:00.6	33
20 (34)	Mason Mundon	10	Millikan (SS)	17:58.0	17	42 (68)	Matthew Lum	10	Cerritos (SS)	19:01.1	34
21 (35)	Samuel Arroyo	10	Millikan (SS)	17:58.0	18	43 (71)	Calum Aranda	10	Culver City (SS)	19:11.4	
22 (36)	Nathan Cazares	10	Downey (SS)	17:59.5	19	44 (72)	Michael Lam	10	Cerritos (SS)	19:22.2	35

# Race 6 - Boys Sophomore - 3 Mile

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## Individual Results - Large

Place	Name	Grade	Team	Time	Points
45 (73)	Elijah Bagnol	10	Tustin (SS)	19:24.1	36
46 (75)	Jesus Campos	10	Downey (SS)	19:25.9	
47 (80)	Jonathan Amezcua	10	Tustin (SS)	19:34.8	37
48 (81)	Brandon Robertson	10	Burroughs Burbank (SS)	19:37.6	38
49 (82)	Michael Dang	10	Cerritos (SS)	19:41.1	39
50 (83)	Nathan Barrera	10	Tustin (SS)	19:42.6	
51 (85)	James Alagos	10	Kennedy (John F.) (SS)	19:48.1	
52 (86)	Vincent Carrillo	11	Burroughs Burbank (SS)	19:48.2	40
53 (87)	Kevin Gomez	10	Cerritos (SS)	19:49.1	41
54 (88)	Anthony Wheeler	10	Centennial Corona (SS)	19:50.7	
55 (89)	Gerardo Rolon	10	Downey (SS)	19:53.8	
56 (90)	Judah Batstone	10	Lakewood (SS)	20:00.7	
57 (91)	Ulysses Knobbe	10	Millikan (SS)	20:01.5	42
58 (92)	Jonathan Reyes	10	Bell Gardens (SS)	20:05.1	
59 (94)	Alan Poon	10	Cerritos (SS)	20:15.8	43
60 (96)	Austen Lock	12	Los Alamitos (SS)	20:19.4	
61 (97)	Joshua Pena	10	Downey (SS)	20:22.6	
62 (98)	Diego Gonzalez	10	San Juan Hills (SS)	20:22.6	44
63 (104)	Isaac Domingo	10	Cerritos (SS)	20:38.7	45
64 (106)	Arturo Millan	10	Tustin (SS)	20:41.0	
65 (107)	Benjamin Leal	10	Tustin (SS)	20:41.4	
66 (108)	Lukas Dobbles	10	San Juan Hills (SS)	20:43.5	

Place	Name	Grade	Team	Time	Points
67 (109)	Ryan Yoshitomi	10	San Juan Hills (SS)	20:48.1	
68 (111)	Grant Lock	10	Los Alamitos (SS)	21:04.6	
69 (112)	Benjamin Le	10	Los Alamitos (SS)	21:05.5	
70 (113)	Ethan Luft	10	Los Alamitos (SS)	21:06.0	
71 (114)	Philip Luczak	9	San Juan Hills (SS)	21:12.3	
72 (115)	Brendan Hensley	10	San Juan Hills (SS)	21:18.2	
73 (116)	Tyler Tan-Kikuchi	10	Culver City (SS)	21:18.6	
74 (117)	Amaan KeekeeBhai	SO	Culver City (SS)	21:21.5	
75 (120)	Ashton Adibi	10	Palisades Charter (LA)	21:33.3	46
76 (121)	Quantam Navarro	10	Cerritos (SS)	21:40.6	47
77 (122)	Elliot Kang	10	Los Alamitos (SS)	21:42.1	
78 (124)	Sam Salsler-Meyers	9	Palisades Charter (LA)	21:59.3	48
79 (125)	Andrew Adachi	10	Cerritos (SS)	22:00.4	
80 (130)	Enrique Vicente	10	Tustin (SS)	22:43.2	
81 (131)	Derek Hsu	10	Cerritos (SS)	22:52.4	
82 (132)	Daniel Ochoa	11	Burroughs Burbank (SS)	23:08.5	49
83 (133)	Victor Santana	10	Burroughs Burbank (SS)	23:39.1	50
84 (135)	Alec Alvarez	10	Cerritos (SS)	24:15.5	
85 (146)	Kamran Yashouafar	10	Palisades Charter (LA)	27:53.3	51
86 (147)	Paul Arballo	10	Cajon (SS)	28:04.4	
87 (150)	Miguel Moro	10	Kennedy (John F.) (SS)	31:32.7	





# Race 6 - Boys Sophomore - 3 Mile

9/02/2023 - 10:00am

## Team Results - Small

Place	Team	Score	Team Time	Runner Avg	Avg Mile	5 Man Gap	Finish Order	Scoring Order
1	 Whitney (Gretchen) (SS)	43	1:27:53	17:35	5:52	2:03	2-7-10-15-19-24-30	2-6-8-12-15-19-24
2	 Fullerton Union (SS)	60	1:29:45	17:57	5:59	2:09	6-9-11-22-27	5-7-9-17-22
3	 Paramount (SS)	85	1:34:12	18:51	6:17	6:24	1-14-17-37-46-53	1-11-14-27-32-36
4	 Marshall (John) (LA)	92	1:33:48	18:46	6:16	3:54	3-23-25-31-36	3-18-20-25-26
5	 Mayfair (SS)	99	1:43:05	20:37	6:53	9:04	5-13-16-52-58	4-10-13-35-37
6	 Norte Vista (SS)	141	1:43:36	20:44	6:55	2:04	29-41-42-44-45-47-48	23-28-29-30-31-33-34
7	 Bellflower (SS)	154	2:03:47	24:46	8:16	13:05	21-26-61-62-64	16-21-38-39-40
DNP	 North Torrance (SS)		1:22:09	20:33	6:51		20-28-39-51	4 Runners
DNP	 South Hills (SS)		1:30:29	22:38	7:33		8-12-18-65	4 Runners
DNP	 Orange Lutheran (SS)		46:46	23:23	7:48		4-63	2 Runners
DNP	 St. Anthony (SS)		51:40	25:50	8:37		57-60	2 Runners
DNP	 Santa Fe (SS)		22:09	22:09	7:23		49	1 Runner

# Race 6 - Boys Sophomore - 3 Mile

9/02/2023 - 10:00am

## Individual Results - Small

Place	Name	Grade	Team	Time	Points	Place	Name	Grade	Team	Time	Points
1 (1)	Jordi Avalos	10	Paramount (SS)	15:34.6	1	23 (60)	William Cadet	10	Marshall (John) (LA)	18:42.4	18
2 (3)	Cristian Ishiki	10	Whitney (Gretchen) (SS)	16:17.1	2	24 (61)	Joshua Parackal	10	Whitney (Gretchen) (SS)	18:45.2	19
3 (4)	Gabriel Cabrera	10	Marshall (John) (LA)	16:25.5	3	25 (64)	Jackson Gloyd	10	Marshall (John) (LA)	18:52.1	20
4 (5)	Josh Hight	10	Orange Lutheran (SS)	16:30.6		26 (65)	Jesse Sanchez	10	Bellflower (SS)	18:53.8	21
5 (8)	Lamech Samuel	10	Mayfair (SS)	16:51.7	4	27 (69)	Arjun Kennington	10	Fullerton Union (SS)	19:02.4	22
6 (10)	Anthony Benedetto	10	Fullerton Union (SS)	16:54.1	5	28 (70)	Calvin Ikeda	10	North Torrance (SS)	19:07.6	
7 (17)	Brendan Perry	10	Whitney (Gretchen) (SS)	17:29.2	6	29 (74)	Emiliano Castillo	10	Norte Vista (SS)	19:24.5	23
8 (18)	Sebastian Chavez	10	South Hills (SS)	17:32.1		30 (76)	Ryan Fei	10	Whitney (Gretchen) (SS)	19:28.1	24
9 (19)	Drake Bromley	10	Fullerton Union (SS)	17:33.4	7	31 (77)	Jasper Awakuni	10	Marshall (John) (LA)	19:28.4	25
10 (25)	Avery Chen	10	Whitney (Gretchen) (SS)	17:38.0	8	32 (78)	Evan Yoon	10	Whitney (Gretchen) (SS)	19:32.0	
11 (26)	Blake Miyasato	10	Fullerton Union (SS)	17:38.8	9	33 (79)	Nicolas Frausto	10	Whitney (Gretchen) (SS)	19:34.5	
12 (28)	Eric Hernandez	10	South Hills (SS)	17:42.5		34 (84)	Andrew Duag	10	Whitney (Gretchen) (SS)	19:43.3	
13 (29)	Omar Tadeo	10	Mayfair (SS)	17:43.5	10	35 (93)	Hyunjoon Noh	10	Whitney (Gretchen) (SS)	20:09.2	
14 (32)	Fernando Barron	10	Paramount (SS)	17:51.0	11	36 (95)	Finn Gehlhaar	10	Marshall (John) (LA)	20:19.0	26
15 (39)	Caiden Cortes	10	Whitney (Gretchen) (SS)	18:08.9	12	37 (99)	Anthony Victoria	10	Paramount (SS)	20:31.5	27
16 (41)	Brody Ray	10	Mayfair (SS)	18:10.1	13	38 (100)	Jonathan Chen	10	Whitney (Gretchen) (SS)	20:31.7	
17 (44)	Joshua Cornejal	10	Paramount (SS)	18:17.1	14	39 (101)	Akira Nakazawa	10	North Torrance (SS)	20:32.3	
18 (46)	Gael Ramirez-Sanchez	10	South Hills (SS)	18:19.2		40 (102)	Wilson Trieu	10	Whitney (Gretchen) (SS)	20:33.6	
19 (47)	Jai Sukhadia	10	Whitney (Gretchen) (SS)	18:19.3	15	41 (103)	Jacob Duryee	10	Norte Vista (SS)	20:37.6	28
20 (51)	Aston Nagahashi	10	North Torrance (SS)	18:23.3		42 (105)	Cristian Henderson	10	Norte Vista (SS)	20:40.2	29
21 (53)	David Loza	10	Bellflower (SS)	18:29.9	16	43 (110)	Rondo Tran	10	Whitney (Gretchen) (SS)	21:01.3	
22 (57)	Nico Martin	10	Fullerton Union (SS)	18:36.0	17	44 (118)	Brayan Flores	10	Norte Vista (SS)	21:24.9	30

# Race 6 - Boys Sophomore - 3 Mile

9/02/2023 - 10:00am

## Individual Results - Small

Place	Name	Grade	Team	Time	Points
45 (119)	Christopher Ramirez Cardona	10	Norte Vista (SS)	21:27.8	31
46 (123)	David Candelario	10	Paramount (SS)	21:57.7	32
47 (126)	Brandon Matias Garcia	10	Norte Vista (SS)	22:04.3	33
48 (127)	Elvis Gerbacio	10	Norte Vista (SS)	22:07.2	34
49 (128)	Andrew Sanchez	10	Santa Fe (SS)	22:08.7	
50 (129)	Hector Segura Colima	10	Norte Vista (SS)	22:26.9	
51 (134)	Nicolas Lopez	9	North Torrance (SS)	24:05.3	
52 (136)	Jaheem Curtis-Foster	10	Mayfair (SS)	24:24.5	35
53 (137)	David Tello	10	Paramount (SS)	24:33.1	36
54 (138)	Tai Nguyen	10	Norte Vista (SS)	24:33.6	
55 (139)	Benjamin Lim	10	Whitney (Gretchen) (SS)	24:33.8	
56 (140)	Eric Segura	10	Norte Vista (SS)	24:35.1	
57 (141)	Owen Alvarez-Knapp	10	St. Anthony (SS)	25:04.1	
58 (142)	Joshua Rasdas	10	Mayfair (SS)	25:55.0	37
59 (143)	Andy Truong	10	Whitney (Gretchen) (SS)	26:13.6	
60 (144)	Riley Ocampo	10	St. Anthony (SS)	26:35.2	
61 (145)	Bryan Haro	10	Bellflower (SS)	26:37.6	38
62 (148)	Victor Covarrubias	10	Bellflower (SS)	28:11.1	39
63 (149)	Andrew Sanchez	10	Orange Lutheran (SS)	30:15.0	
64 (151)	Adrian Garcia Romero	10	Bellflower (SS)	31:34.2	40
65 (152)	Matthew Montejano	10	South Hills (SS)	36:54.5	