

Biola Invitational

Craig Regional Park

Race 1 - Women - 5K

9/8/2023 - 8:00am

Team Results

Place	Team	Score	Team Time	Runner Avg	Avg Mile	5 Man Gap	Finish Order	Scoring Order
1	 Biola	28	1:31:48	18:22	5:55	0:52	3-4-5-7-9-10-20	3-4-5-7-9-10-17
2	 The Master's	38	1:32:40	18:32	5:58	1:54	1-2-8-16-17-18-28	1-2-8-13-14-15-24
3	 CSUMB	91	1:37:33	19:31	6:17	0:40	14-19-22-24-27-33-34	12-16-19-21-23-25-26
4	 Westmont	115	1:39:25	19:53	6:24	1:11	12-23-39-40-41-50-56	11-20-27-28-29-34-36
5	 Point Loma	121	1:39:55	19:59	6:26	1:49	6-26-42-43-45-48-57	6-22-30-31-32-33-37
6	 Orange Coast	189	1:59:07	23:50	7:41	12:11	21-59-60-76-88	18-38-39-43-51
7	 Soka	214	2:03:52	24:47	7:59	2:35	73-74-75-78-82-83	40-41-42-45-46-47
8	 Cal Lutheran	226	2:10:42	26:09	8:25	8:10	54-77-84-85-87	35-44-48-49-50
DNP	 El Camino		1:25:35	21:24	6:54		15-38-71-72	4 Runners
DNP	 Southwestern		1:46:43	26:41	8:36		79-80-81-86	4 Runners
DNP	Unattached		40:07	20:04	6:28		13-53	Non-Scoring
DNP	 Santiago Canyon		54:41	27:21	8:48		65-89	2 Runners
DNP	 Desert		1:20:27	40:14	12:57		90-91	2 Runners
DNP	 East LA		19:05	19:05	6:09		11	1 Runner

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Individual Results

Place	Name	Grade	Team	Time	Points
1	Hannah Fredericks	JR	The Master's	17:26.8	1
2	Ellen Palmgren	SR	The Master's	17:56.0	2
3	Bethany Mapes	SO	Biola	17:56.1	3
4	Britta Holmberg	JR	Biola	18:08.0	4
5	Lynette Ruiz	JR	Biola	18:09.5	5
6	Madeline Reeves	SO	Point Loma	18:42.5	6
7	Hailey Wurzbach	FR	Biola	18:46.0	7
8	Suzie Johnson	SO	The Master's	18:46.1	8
9	Lauren Landrith	SO	Biola	18:47.8	9
10	Karis Brown	SO	Biola	18:47.9	10
11	Marbella Flores	SO	East LA	19:04.3	
12	Anneline Breytenbach	SR	Westmont	19:06.3	11
13	Laura Velasco		Unattached	19:08.0	
14	Lisa Irvine	JR	CSUMB	19:08.1	12
15	Sequoia Gonzales	SO	El Camino	19:08.4	
16	Alyssa Lovett	SR	The Master's	19:11.2	13
17	Rebekah Niednagel	SO	The Master's	19:19.9	14
18	Emma Nelson	SO	The Master's	19:23.1	15
19	Daniela Munguia	FR	CSUMB	19:24.7	16
20	Keira Coye	JR	Biola	19:27.4	17
21	Liberty Miller	FR	Orange Coast	19:32.7	18
22	Angelee Berganio	JR	CSUMB	19:32.9	19
23	Gretchen Scherrei	SR	Westmont	19:36.1	20
24	Ali Keith	SO	CSUMB	19:39.8	21
25	Lillianna Sosa	JR	Biola	19:44.1	
26	Elizabeth Satterlee	SO	Point Loma	19:47.1	22
27	Mackenzie Caprino	JR	CSUMB	19:47.5	23
28	Erini Shaker	SO	The Master's	19:52.1	24
29	Emma Gutierrez	SO	Biola	19:54.5	
30	Alyssa Stumbo	FR	Biola	19:56.4	
31	Emily Jensen	FR	Biola	19:56.8	
32	Megan Turner	JR	The Master's	19:57.4	
33	Cassidy Andreadakis	FR	CSUMB	20:04.1	25
34	Cozette Wood	FR	CSUMB	20:07.4	26
35	Ella Voris	FR	Biola	20:07.9	
36	Brooke Cregan	SO	The Master's	20:09.3	
37	Ava Wettlaufer	FR	CSUMB	20:11.8	
38	Ami Jacobson	SO	El Camino	20:12.0	

Place	Name	Grade	Team	Time	Points
39	Kari Anema	JR	Westmont	20:12.1	27
40	Dulce Esquivel	FR	Westmont	20:12.7	28
41	Molly Sandridge	FR	Westmont	20:17.1	29
42	Aubree Gentry	SO	Point Loma	20:26.4	30
43	Kellis Hein	JR	Point Loma	20:28.4	31
44	Lucy Carter	SO	The Master's	20:29.6	
45	Chelsea Ochoa	FR	Point Loma	20:30.6	32
46	Natalie Harper	JR	CSUMB	20:32.4	
47	Madison Payne	SR	The Master's	20:38.1	
48	Sarah Pratt	JR	Point Loma	20:39.7	33
49	Kim Tovar	SR	CSUMB	20:40.3	
50	Tatum Panjwani	FR	Westmont	20:43.9	34
51	Allie Methum	SR	The Master's	20:45.6	
52	Miranda Zakhar	FR	Biola	20:46.9	
53	Rania Gomaa	JR	Unattached	20:58.1	
54	Brooke Hougo	SR	Cal Lutheran	21:01.9	35
55	Carly Zahrt	SO	CSUMB	21:04.5	
56	Miriam Melkonian	JR	Westmont	21:07.2	36
57	Eliana Perks	FR	Point Loma	21:11.3	37
58	Abby Rowedder	SO	The Master's	21:17.5	
59	Jaysi Reyes	FR	Orange Coast	21:27.1	38
60	Alexis Gilboy	FR	Orange Coast	21:35.2	39
61	Maya Centeno	SO	CSUMB	21:38.3	
62	Taylor Yost	JR	CSUMB	21:40.2	
63	Elise Short	JR	Westmont	21:47.5	
64	Mikayla Horning	FR	Point Loma	21:48.4	
65	Amabelle Olmedo	FR	Santiago Canyon	21:49.5	
66	Jordan Roby	JR	Point Loma	21:52.9	
67	Audrey Garcia	SR	CSUMB	22:25.7	
68	Danielle Yost	JR	CSUMB	22:27.2	
69	Emma Fredekind	FR	Point Loma	22:36.3	
70	Jenna Bernath	JR	Point Loma	22:37.0	
71	Arianna Hurtado	FR	El Camino	22:40.0	
72	Torah Noah	SO	El Camino	23:34.6	
73	Yuko Hashimoto	FR	Soka	23:38.9	40
74	Miranda Lam	SR	Soka	23:51.9	41
75	Finleyrose Wyatt	JR	Soka	24:35.5	42
76	Jennifer Pineda	FR	Orange Coast	24:48.6	43
77	Tianna Karr	FR	Cal Lutheran	25:06.8	44

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Place	Name	Grade	Team	Time	Points
78	Naylah Santos	JR	Soka	25:31.6	45
79	Diana Flores	SO	Southwestern	25:44.5	
80	Rasilia Thomas	FR	Southwestern	26:02.4	
81	Illya Rangel	FR	Southwestern	26:07.7	
82	Vitoria Souza e Robles	JR	Soka	26:13.6	46
83	Jasmine Lorenzo	SO	Soka	27:23.6	47
84	Dinkenesh Coltvvet	SO	Cal Lutheran	27:32.9	48
85	Isabela Garcia-Work	JR	Cal Lutheran	27:48.1	49
86	Paulina Hidalgo	FR	Southwestern	28:48.4	
87	Kendall Fleming	SO	Cal Lutheran	29:11.7	50
88	Maloni Hernandez	FR	Orange Coast	31:43.3	51
89	Selah Darden	SO	Santiago Canyon	32:51.1	
90	Abigail Yanez	SO	Desert	38:03.2	
91	Alma Guerrero	SO	Desert	42:23.3	
DNF	Kayla Young	SO	CSUMB		
DNF	Taylor Wagner	JR	Point Loma		
DNF	Hiromi Hashide	SR	Soka		