





















SoCal Regionals

El Dorado

Race 1 - Women - 5K

11/3/2023 - 10:00am













Team Results

Place	Team	Score	Team Time	Runner Avg	Avg Mile	5 Man Gap	Finish Order	Scoring Order
1	 San Diego Mesa College	68	1:33:38	18:44	6:02	1:42	1-13-15-17-32-44-45	1-11-13-15-28-39-40
2	 Mt. SAC	91	1:34:39	18:56	6:06	1:28	5-19-21-25-33-43-67	5-17-19-21-29-38-57
3	 Riverside	134	1:37:43	19:33	6:18	1:54	9-12-38-42-51-75-77	8-10-33-37-46-65-67
4	 Glendale	170	1:38:58	19:48	6:23	3:30	3-29-41-50-71-88-103	3-25-36-45-61-78-91
5	 Allan Hancock	176	1:39:38	19:56	6:25	2:38	8-18-39-69-70-74-132	7-16-34-59-60-64-119
6	 Saddleback	209	1:40:41	20:09	6:29	3:03	7-35-37-80-81	6-30-32-70-71
7	 Cerritos	234	1:42:35	20:31	6:37	2:36	14-40-68-73-76-79-83	12-35-58-63-66-69-73
8	 Cuyamaca	268	1:45:06	21:02	6:46	3:53	28-48-54-72-104-139	24-43-47-62-92-126
9	 San Bernardino Valley	279	1:44:41	20:57	6:45	2:37	31-57-63-82-86	27-50-54-72-76
10	 El Camino	280	1:45:29	21:06	6:48	6:30	4-10-89-94-118-148	4-9-79-82-106-134
11	 Oxnard	287	1:46:00	21:12	6:50	4:10	36-58-65-66-106-131	31-51-55-56-94-118
12	 Canyons	292	1:46:07	21:14	6:50	3:39	26-49-62-96-101	22-44-53-84-89
13	 Ventura	307	1:48:13	21:39	6:58	9:15	2-16-84-99-143-155	2-14-74-87-130-140
14	 Moorpark	344	1:49:47	21:58	7:04	5:21	20-55-85-112-115	18-48-75-100-103
15	 Santa Monica	391	1:53:42	22:45	7:20	6:24	27-30-114-129-137	23-26-102-116-124
16	 San Diego City College	403	1:53:49	22:46	7:20	4:32	46-47-110-122-126-134-142	41-42-98-109-113-121-129
17	 LA Harbor	412	1:55:00	23:00	7:25	8:11	23-95-100-102-145-154	20-83-88-90-131-139
18	 Chaffey	418	1:53:48	22:46	7:20	3:38	56-90-97-109-119-120-125	49-80-85-97-107-108-112
19	 Bakersfield	453	1:56:28	23:18	7:30	4:05	59-98-108-117-127-141-150	52-86-96-105-114-128-136
20	 Los Angeles Mission	531	2:04:20	24:52	8:01	8:00	78-105-123-135-153-156	68-93-110-122-138-141

Race 1 - Women - 5K

11/3/2023 - 10:00am

Team Results

Place	Team	Score	Team Time	Runner Avg	Avg Mile	5 Man Gap	Finish Order	Scoring Order
21	 Long Beach	534	2:01:53	24:23	7:51	3:27	87-111-128-133-136	77-99-115-120-123
22	 Southwestern	558	2:03:59	24:48	7:59	1:40	113-116-124-130-138-140-146	101-104-111-117-125-127-132
23	 Crafton Hills	581	2:11:36	26:20	8:29	6:58	92-107-147-149-151-158	81-95-133-135-137-142
DNP	 Orange Coast		1:31:10	22:48	7:21		11-52-60-157	4 Runners
DNP	 Pasadena		1:16:21	25:27	8:12		93-121-152	3 Runners
DNP	 Cuesta		38:44	19:22	6:14		24-34	2 Runners
DNP	 Santiago Canyon		49:37	24:49	8:00		91-144	2 Runners
DNP	 East LA		18:03	18:03	5:49		6	1 Runner
DNP	 Citrus		19:11	19:11	6:11		22	1 Runner
DNP	 Imperial Valley		20:36	20:36	6:38		53	1 Runner
DNP	 Antelope Valley		20:50	20:50	6:43		61	1 Runner
DNP	 Golden West		20:54	20:54	6:44		64	1 Runner

Race 1 - Women - 5K

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Individual Results

Place	Name	Grade	Team	Time	Points
1	Alexis Noble	FR	San Diego Mesa College	17:44.6	1
2	Sophia Godina	SO	Ventura	17:47.2	2
3	Samantha Medrano	FR	Glendale	17:47.8	3
4	Sequoia Gonzales	SO	El Camino	17:49.6	4
5	Aariana Amezcua	FR	Mt. SAC	17:58.9	5
6	Marbella Flores	SO	East LA	18:02.4	
7	Danna Ibarra Canales	FR	Saddleback	18:28.7	6
8	Itandehui Olea	SO	Allan Hancock	18:35.7	7
9	Nadia Munoz	FR	Riverside	18:37.8	8
10	Ami Jacobson	SO	El Camino	18:43.3	9
11	Liberty Miller	FR	Orange Coast	18:43.8	
12	Savannah Ganter	SO	Riverside	18:45.1	10
13	Joelle Tonne	FR	San Diego Mesa College	18:47.7	11
14	Megan Feitz	SO	Cerritos	18:48.7	12
15	Sophie Moser-Smith	SO	San Diego Mesa College	18:48.8	13
16	Brianna Torres	FR	Ventura	18:49.4	14
17	Kyana Cook	SO	San Diego Mesa College	18:50.3	15
18	Eva Luu	SO	Allan Hancock	18:50.6	16
19	Ingrid Tamayo	SO	Mt. SAC	18:51.0	17
20	Alianna Tapia	SO	Moorpark	18:53.9	18
21	Natalyn Membreno	SO	Mt. SAC	19:06.2	19
22	Ryleigh Larue	FR	Citrus	19:10.5	
23	Sherlyn Gomez	FR	LA Harbor	19:10.7	20
24	Elle Casselman	FR	Cuesta	19:16.1	
25	Shandy Moore	SO	Mt. SAC	19:16.4	21
26	Katelyn Catu	FR	Canyons	19:19.9	22
27	Elizabeth Servin	FR	Santa Monica	19:20.6	23
28	Daycia Fielden	FR	Cuyamaca	19:24.4	24
29	Lizeth Sanchez	FR	Glendale	19:24.8	25
30	Sarahi Jimenez	FR	Santa Monica	19:25.0	26
31	Sara Jaquez	FR	San Bernardino Valley	19:26.2	27
32	Madison Decker	SO	San Diego Mesa College	19:26.4	28
33	Tigist Bergman	FR	Mt. SAC	19:26.5	29
34	Summer Gelman	FR	Cuesta	19:27.6	
35	Payton Love	FR	Saddleback	19:29.5	30

Place	Name	Grade	Team	Time	Points
36	Shelly Martin	SO	Oxnard	19:35.1	31
37	Casey Jones	SO	Saddleback	19:39.8	32
38	Dakota Zamarripa	SO	Riverside	19:43.5	33
39	Maraitzel Moreno Gutierrez	SO	Allan Hancock	19:48.6	34
40	Evelyn Mejia	FR	Cerritos	19:52.3	35
41	Lilit Arakelyan	FR	Glendale	20:00.0	36
42	Citlaly Ruiz	FR	Riverside	20:04.0	37
43	Brenna Butler	SO	Mt. SAC	20:05.9	38
44	Kate Touchet	FR	San Diego Mesa College	20:06.2	39
45	Haidyn McKenzie	FR	San Diego Mesa College	20:13.2	40
46	Isabelle Dalton	SO	San Diego City College	20:16.3	41
47	Diandra Jara	FR	San Diego City College	20:17.2	42
48	Mwamini Shabani	FR	Cuyamaca	20:26.0	43
49	Makaiya Cortinas	FR	Canyons	20:27.7	44
50	Annika Anderson	SO	Glendale	20:27.9	45
51	Lidia Barrios	SO	Riverside	20:31.7	46
52	Jaysi Reyes	FR	Orange Coast	20:34.7	
53	Julia Monreal	FR	Imperial Valley	20:35.4	
54	Maua Mloko	FR	Cuyamaca	20:37.4	47
55	Geidenn Gonzales	FR	Moorpark	20:42.0	48
56	Andrea Baerenwald	SO	Chaffey	20:44.8	49
57	Ximena Martinez	SO	San Bernardino Valley	20:45.3	50
58	Marylynn Mendieta	FR	Oxnard	20:47.1	51
59	Kaitlyn Valadez	FR	Bakersfield	20:48.3	52
60	Alexis Gilboy	FR	Orange Coast	20:48.5	
61	Ailani Salazar	FR	Antelope Valley	20:49.9	
62	Emily Cruz	SO	Canyons	20:51.7	53
63	Yoselin Canseco	SO	San Bernardino Valley	20:52.3	54
64	Tammy Ly	FR	Golden West	20:53.3	
65	Nathallie Ojeda	FR	Oxnard	20:54.4	55
66	Magy Rosales	SO	Oxnard	20:58.1	56
67	Ava Cornell	FR	Mt. SAC	21:04.2	57
68	Delilah Chavez	SO	Cerritos	21:07.8	58
69	Makayla Gonzalez	FR	Allan Hancock	21:09.9	59

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Individual Results

Place	Name	Grade	Team	Time	Points
70	Jasmine Cruz	FR	Allan Hancock	21:12.9	60
71	Maria Jimenez	FR	Glendale	21:17.2	61
72	Daisy Tamayo	FR	Cuyamaca	21:21.0	62
73	Vannesa Rojas	FR	Cerritos	21:21.6	63
74	Annaïs Vega	FR	Allan Hancock	21:22.1	64
75	Soleil Russo	SO	Riverside	21:22.8	65
76	Diana Raya Perez	FR	Cerritos	21:23.9	66
77	Adileni Pacheco	SO	Riverside	21:24.5	67
78	Isis Mora	FR	Los Angeles Mission	21:28.7	68
79	Kimberly Ibarra	FR	Cerritos	21:29.9	69
80	Shae Barrera	FR	Saddleback	21:30.7	70
81	Midori Mcconathy	FR	Saddleback	21:31.5	71
82	Alondra Mayorga	FR	San Bernardino Valley	21:34.1	72
83	Ariel Alvarez	FR	Cerritos	21:42.3	73
84	Yesenia Molina	FR	Ventura	21:49.3	74
85	Emelina Whalen	FR	Moorpark	21:51.6	75
86	Audrey Garcia	FR	San Bernardino Valley	22:02.7	76
87	Lorena Galaviz	SO	Long Beach	22:05.1	77
88	Marie Grigoryan	FR	Glendale	22:06.6	78
89	Torah Noah	SO	El Camino	22:09.9	79
90	Betania Madero-Meza	SO	Chaffey	22:16.1	80
91	Amabelle Olmedo	FR	Santiago Canyon	22:19.0	
92	Rianna Ammons	FR	Crafton Hills	22:24.6	81
93	Kayla Ma	FR	Pasadena	22:25.9	
94	Arianna Hurtado	FR	El Camino	22:26.5	82
95	Emily Mejia	FR	LA Harbor	22:26.9	83
96	Emily Valdez	FR	Canyons	22:28.9	84
97	Cecilia Morales	FR	Chaffey	22:35.5	85
98	Jazmine Zavala	FR	Bakersfield	22:42.9	86
99	Addy Cornell	SO	Ventura	22:44.9	87
100	Julissa Mercado	SO	LA Harbor	22:48.6	88
101	Emily Fairbanks	FR	Canyons	22:58.0	89
102	Miyoko Mataalii	SO	LA Harbor	23:11.9	90
103	Maggie Hopkins	FR	Glendale	23:13.4	91
104	Viviana Cuadras	SO	Cuyamaca	23:16.8	92
105	Leticia Taperia	FR	Los Angeles Mission	23:17.9	93
106	Maryjane Arreola	FR	Oxnard	23:44.6	94

Place	Name	Grade	Team	Time	Points
107	Madeline Wall	FR	Crafton Hills	23:46.4	95
108	Kamryn Hannible	FR	Bakersfield	23:48.1	96
109	Ma-ya Good	FR	Chaffey	23:49.3	97
110	Kai Bethea	FR	San Diego City College	23:51.1	98
111	Frida Hernandez	SO	Long Beach	23:56.0	99
112	Ava Ball	SO	Moorpark	24:04.6	100
113	Rasilia Thomas	FR	Southwestern	24:08.1	101
114	Emily Ramirez	FR	Santa Monica	24:11.2	102
115	Aaliyah Zapata	FR	Moorpark	24:14.3	103
116	Illya Rangel	FR	Southwestern	24:14.7	104
117	Mariah Delgado	FR	Bakersfield	24:14.9	105
118	Elaine Dugmore	FR	El Camino	24:19.4	106
119	Vianney Ferrer Alejo	FR	Chaffey	24:22.3	107
120	Isamar Aguilar	SO	Chaffey	24:25.6	108
121	Melissa Le	FR	Pasadena	24:28.8	
122	Joscelyn Silva	FR	San Diego City College	24:35.8	109
123	Alejandra Valenzuela	FR	Los Angeles Mission	24:37.9	110
124	Sofia Fajardo	FR	Southwestern	24:44.3	111
125	Mikayla Castillo	FR	Chaffey	24:47.3	112
126	Pauline Monganga	FR	San Diego City College	24:48.0	113
127	Ivette Elizarraraz valencia	SO	Bakersfield	24:52.9	114
128	Mel Moreno	SO	Long Beach	24:53.3	115
129	Xochitl Benitez	FR	Santa Monica	25:00.7	116
130	Arianna Ocanas	FR	Southwestern	25:03.5	117
131	Yoselin Gonzalez	FR	Oxnard	25:04.9	118
132	Rosalie Nicolas	SO	Allan Hancock	25:13.3	119
133	Alona Washington	FR	Long Beach	25:25.7	120
134	Nihal Samaha	FR	San Diego City College	25:26.2	121
135	Jae'Lyn Boatner	FR	Los Angeles Mission	25:26.2	122
136	Morgan Venable	FR	Long Beach	25:32.1	123
137	Victoria Hernandez	FR	Santa Monica	25:44.4	124
138	Alyssa Hage	SO	Southwestern	25:47.7	125
139	Reese Ford	FR	Cuyamaca	25:56.0	126
140	Diana Flores	SO	Southwestern	26:22.6	127
141	Erica Sherman	FR	Bakersfield	26:37.6	128

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Place	Name	Grade	Team	Time	Points
142	Glennis Lopez	FR	San Diego City College	26:46.1	129
143	Julianne Caro	FR	Ventura	27:02.0	130
144	Selah Darden	SO	Santiago Canyon	27:17.6	
145	Jasmine Ramirez	FR	LA Harbor	27:21.6	131
146	Paulina Hidalgo	FR	Southwestern	27:23.1	132
147	Analeese Wheeler	FR	Crafton Hills	27:42.1	133
148	Kimberly Garcia	FR	El Camino	28:08.2	134
149	Mackenzie Johnson	FR	Crafton Hills	28:20.5	135
150	Jacqueline Rocha	FR	Bakersfield	28:25.2	136
151	Cinthia Tamayo	FR	Crafton Hills	29:21.7	137
152	Emily Dean	FR	Pasadena	29:25.6	
153	Lauren Lascon	FR	Los Angeles Mission	29:28.7	138
154	Cristal Chavez	FR	LA Harbor	30:38.3	139
155	Allison Campbell	FR	Ventura	30:41.5	140
156	Michel Hurtado	FR	Los Angeles Mission	30:52.9	141
157	Maloni Hernandez	FR	Orange Coast	31:02.9	
158	Aaliyah Lopez	FR	Crafton Hills	39:42.7	142