

# NXR Southwest

## Coyote Run Golf Course

### Race 15 - Girls Championship - 5K

11/18/2023 - 11:27am

### Team Results

Place	Team	Score	Team Time	Runner Avg	Avg Mile	5 Man Gap	Finish Order	Scoring Order
1	REAL Training	58	1:28:45	17:45	5:43	0:59	3-11-19-24-26-27	1-8-13-17-19-20
2	Academy XC Club	72	1:29:10	17:50	5:45	1:06	4-18-23-25-35-43-57	2-12-16-18-24-29-38
3	Vista Nation XC Club	107	1:30:21	18:05	5:49	1:02	9-10-21-54-62-92-112	6-7-15-37-42-63-80
4	lone peak	122	1:30:55	18:11	5:52	0:51	14-20-30-46-65-123-156	10-14-22-32-44-88-119
5	American Fork XC Club	196	1:32:29	18:30	5:58	1:34	7-44-67-78-93-94-148	5-30-45-52-64-65-112
6	Chap XC & Distance	240	1:33:26	18:42	6:01	1:37	29-47-48-70-141-178-202	21-33-34-47-105-138-162
7	Fossil XC	243	1:33:39	18:44	6:02	0:56	41-58-60-84-111-126-163	28-39-40-57-79-91-125
8	Cherry Creek XC	301	1:34:30	18:54	6:05	1:29	17-76-105-114-116-186-207	11-51-73-82-84-146-167
9	Mountain View UT	324	1:34:49	18:58	6:07	1:56	13-75-108-117-140-169-177	9-50-76-85-104-130-137
10	Westlake XC	354	1:35:27	19:06	6:09	1:29	36-74-120-125-139-152-159	25-49-87-90-103-116-121
11	Orem XC	355	1:35:40	19:08	6:10	1:37	39-81-106-127-144-165-173	27-54-74-92-108-127-133
12	T-BIRDS XC	364	1:35:25	19:05	6:09	2:13	6-98-132-134-135-157-210	4-67-96-98-99-120-170
13	Riverton XC Club	381	1:36:10	19:14	6:12	0:59	68-102-107-124-136-145-204	46-71-75-89-100-109-164
14	Herriman XC	392	1:36:31	19:19	6:13	0:57	85-88-97-131-149-150-154	58-60-66-95-113-114-118
15	Springville XC	409	1:36:49	19:22	6:14	2:42	37-90-103-129-196-215-218	26-62-72-93-156-175-178
16	Angels	410	1:36:39	19:20	6:14	1:57	33-99-130-137-162	23-68-94-101-124
17	Timpanogos	431	1:37:09	19:26	6:16	1:21	61-82-143-147-153-167-191	41-55-107-111-117-128-151
18	Summit Distance Project	442	1:37:17	19:28	6:16	3:54	5-45-142-183-199-213	3-31-106-143-159-173
19	Boulder Canyon Cross	451	1:37:51	19:35	6:18	1:46	80-87-89-176-182-185	53-59-61-136-142-145
20	Valor XC & Distance	498	1:38:22	19:41	6:20	2:06	63-110-138-161-192	43-78-102-123-152
21	Pikes Peak	537	1:39:10	19:50	6:23	1:24	109-113-133-175-187-197-205	77-81-97-135-147-157-165

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Place	Team	Score	Team Time	Runner Avg	Avg Mile	5 Man Gap	Finish Order	Scoring Order
22	ABQ XC	537	1:39:50	19:58	6:26	2:43	49-53-188-198-200-208-211	35-36-148-158-160-168-171
23	Carson Running Club	559	1:39:40	19:56	6:25	1:47	73-151-160-174-180-201-209	48-115-122-134-140-161-169
24	The View	574	1:39:58	20:00	6:27	1:32	101-115-171-179-190-216	70-83-132-139-150-176
25	Maple Mountain XC	636	1:41:18	20:16	6:32	1:42	100-146-189-193-195-214-217	69-110-149-153-155-174-177
26	Great Strides	646	1:41:53	20:23	6:34	2:24	83-168-184-194-203-206-212	56-129-144-154-163-166-172
27	Soaring Hawk TC	663	1:42:53	20:35	6:38	3:12	118-164-170-181-219-220	86-126-131-141-179-180
DNP	UNA CO		1:14:06	18:32	5:58		8-71-77-91	Non-Scoring
DNP	UNA AZ		57:22	19:08	6:10		72-104-122	Non-Scoring
DNP	UNA NM		36:33	18:17	5:53		28-52	Non-Scoring
DNP	Cheyenne Mountain (REAL COS)		36:39	18:20	5:54		34-51	2 Runners
DNP	Ahwatukee Running Club		38:09	19:05	6:09		64-128	2 Runners
DNP	Farmington XC		39:08	19:34	6:18		96-158	2 Runners
DNP	Wings of America		39:31	19:46	6:22		119-166	2 Runners
DNP	ABQ golden Eagles		17:01	17:01	5:29		1	1 Runner
DNP	Free Birds		17:02	17:02	5:29		2	1 Runner
DNP	Olympus XC		17:45	17:45	5:43		12	1 Runner
DNP	LoveXC		17:50	17:50	5:45		15	1 Runner
DNP	Grizzly XC		17:50	17:50	5:45		16	1 Runner
DNP	Grand County UT		17:59	17:59	5:48		22	1 Runner
DNP	Eagles XC		18:07	18:07	5:50		31	1 Runner
DNP	Coursers		18:07	18:07	5:50		32	1 Runner
DNP	Evoke Elite TC		18:13	18:13	5:52		38	1 Runner
DNP	Kanab Cowboys		18:18	18:18	5:54		40	1 Runner
DNP	Wasatch		18:21	18:21	5:55		42	1 Runner
DNP	Emery		18:28	18:28	5:57		50	1 Runner

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Place	Team	Score	Team Time	Runner Avg	Avg Mile	5 Man Gap	Finish Order	Scoring Order
DNP	SS Cougars		18:31	18:31	5:58		55	1 Runner
DNP	Coyotes XC Club		18:31	18:31	5:58		56	1 Runner
DNP	UNA UT		18:35	18:35	5:59		59	Non-Scoring
DNP	Sabercat Track Club		18:39	18:39	6:01		66	1 Runner
DNP	Bonneville XC Club		18:41	18:41	6:01		69	1 Runner
DNP	Vail Valley Running Club		18:51	18:51	6:04		79	1 Runner
DNP	Moose		18:58	18:58	6:07		86	1 Runner
DNP	Carbon High		19:04	19:04	6:09		95	1 Runner
DNP	Total XC		19:25	19:25	6:15		121	1 Runner
DNP	Lions Running Club		20:01	20:01	6:27		155	1 Runner
DNP	Bobcats		20:18	20:18	6:33		172	1 Runner
DNP	West Valley Tigers		0:00					0 Runners

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## Individual Results

Place	Name	Grade	Team	Time	Points
1	Gianna Rahmer	8	ABQ golden Eagles	17:00.58	
2	Isabel Allori	12	Free Birds	17:01.69	
3	Addison Ritzenheim	10	REAL Training	17:03.86	1
4	Bethany Michalak	12	Academy XC Club	17:05.59	2
5	Ella Hagen	11	Summit Distance Project	17:16.02	3
6	Lily Alder	10	T-BIRDS XC	17:26.45	4
7	Avalon Mecham	12	American Fork XC Club	17:29.23	5
8	Payton Meineke	10	UNA CO	17:31.80	
9	Claire Guiberson	10	Vista Nation XC Club	17:35.55	6
10	Peyton Adams	11	Vista Nation XC Club	17:41.65	7
11	Olivia Alessandrini	12	REAL Training	17:43.68	8
12	Adria Favero	9	Olympus XC	17:44.80	
13	Julie Moore	11	Mountain View UT	17:45.93	9
14	Addie Meldrum	12	lone peak	17:47.69	10
15	Elena Torres	12	LoveXC	17:49.19	
16	Eleanor Raker	11	Grizzly XC	17:49.82	
17	Emily Cohen	10	Cherry Creek XC	17:52.05	11
18	Tessa Walter	11	Academy XC Club	17:52.32	12
19	Mia Prok	12	REAL Training	17:54.85	13
20	Boston Bybee	11	lone peak	17:54.88	14
21	Juliet Frum	11	Vista Nation XC Club	17:56.88	15
22	Cadence Kasprick	12	Grand County UT	17:58.46	
23	Chamorra Cooper	9	Academy XC Club	17:59.72	16
24	Sarah Perkins	12	REAL Training	17:59.85	17
25	Emily Beers	11	Academy XC Club	18:01.02	18
26	Cayden Justice	12	REAL Training	18:01.87	19
27	Anna Prok	10	REAL Training	18:02.12	20
28	Kate Henderson	11	UNA NM	18:03.66	
29	Kapri Parry	10	Chap XC & Distance	18:05.44	21
30	Maya Bybee	9	lone peak	18:06.06	22
31	Allison Pippert	12	Eagles XC	18:06.33	
32	Nadhia Campos	11	Coursers	18:06.56	
33	Rosie Mucharsky	11	Angels	18:09.65	23
34	Lauren Raley	12	Cheyenne Mountain (REAL COS)	18:10.15	
35	Jordan Banta	10	Academy XC Club	18:10.99	24
36	Millie Robinson	11	Westlake XC	18:12.50	25
37	Maya Boyer	10	Springville XC	18:12.92	26

Place	Name	Grade	Team	Time	Points
38	Amaya Aramini	12	Evoke Elite TC	18:12.97	
39	Ava Trimble	12	Orem XC	18:14.00	27
40	Kenidee Glazier	10	Kanab Cowboys	18:17.27	
41	Tatum Berg	11	Fossil XC	18:19.01	28
42	Kate Giles	12	Wasatch	18:20.03	
43	Mariah Hook	9	Academy XC Club	18:21.86	29
44	Skye Jensen	9	American Fork XC Club	18:26.26	30
45	Lindsey Kiehl	12	Summit Distance Project	18:26.60	31
46	Zoey Nilsson	10	lone peak	18:26.93	32
47	Sutton Perisichina	9	Chap XC & Distance	18:27.09	33
48	Kaylee Ellsworth	11	Chap XC & Distance	18:27.14	34
49	Addison Julian	10	ABQ XC	18:27.34	35
50	Gentry Christiansen	9	Emery	18:27.71	
51	Raegan McRae	9	Cheyenne Mountain (REAL COS)	18:28.67	
52	Chloe Grieco	8	UNA NM	18:28.69	
53	Anna Hastings	10	ABQ XC	18:28.85	36
54	Zoe Brandt	11	Vista Nation XC Club	18:29.07	37
55	Kambri Felsted	11	SS Cougars	18:30.54	
56	Sofie Donker	11	Coyotes XC Club	18:30.76	
57	Lauren Myers	10	Academy XC Club	18:31.41	38
58	Mia Williams	11	Fossil XC	18:33.47	39
59	Hadlie Ballard	11	UNA UT	18:34.88	
60	Delaney Voronin	12	Fossil XC	18:35.15	40
61	Molly Walton	12	Timpanogos	18:36.69	41
62	Riley Combe	11	Vista Nation XC Club	18:37.24	42
63	Alex Lancaster	11	Valor XC & Distance	18:37.75	43
64	Brooklyn Hanania	12	Ahwatukee Running Club	18:37.86	
65	Brielle Nilsson	10	lone peak	18:38.49	44
66	Niv Lev	10	Sabercat Track Club	18:38.64	
67	Sophie Steiger	10	American Fork XC Club	18:40.26	45
68	Mya Oyler	11	Riverton XC Club	18:40.79	46
69	Sienna Barton	12	Bonneville XC Club	18:40.88	
70	Hayden Parry	10	Chap XC & Distance	18:43.80	47
71	Emma Wilhelm	12	UNA CO	18:44.24	
72	Taylor Drewry	10	UNA AZ	18:44.28	

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## Individual Results

Place	Name	Grade	Team	Time	Points
73	Hannah Budd	10	Carson Running Club	18:44.87	48
74	Mya Curtis	11	Westlake XC	18:45.23	49
75	Abby Stone	12	Mountain View UT	18:45.81	50
76	Kinley Wolfe	11	Cherry Creek XC	18:46.25	51
77	Olivia Chura	11	UNA CO	18:50.12	
78	Haley Whitford	11	American Fork XC Club	18:50.20	52
79	Lindsey Whitton	12	Vail Valley Running Club	18:50.49	
80	Malia Chipouras	12	Boulder Canyon Cross	18:51.28	53
81	Madelyn Embley	11	Orem XC	18:53.89	54
82	Aldana Navarrete-Lamas	12	Timpanogos	18:53.99	55
83	Taylor Buese	11	Great Strides	18:55.17	56
84	Maya Digiallonardo	9	Fossil XC	18:56.05	57
85	Alayna Wardle	12	Herriman XC	18:57.44	58
86	Sarah DeLaCerde	12	Moose	18:57.63	
87	Anika Leavy	10	Boulder Canyon Cross	18:58.59	59
88	Maci Woolf	11	Herriman XC	18:58.85	60
89	Rachel Tilton	10	Boulder Canyon Cross	18:59.21	61
90	Savannah Galbraith	11	Springville XC	18:59.31	62
91	Sabina Stroia	11	UNA CO	18:59.58	
92	Carly Christians	10	Vista Nation XC Club	19:02.01	63
93	Alyssa Kleinman	12	American Fork XC Club	19:02.42	64
94	Tori Stratton	12	American Fork XC Club	19:02.46	65
95	Rozlyn Stowe	10	Carbon High	19:03.93	
96	Alexis Bradshaw	11	Farmington XC	19:04.38	
97	Breelyssa Leeper	10	Herriman XC	19:05.28	66
98	Gwen Boulton	10	T-BIRDS XC	19:05.79	67
99	Grace Todd	12	Angels	19:08.60	68
100	Layla Aguerro	11	Maple Mountain XC	19:09.65	69
101	Sierra Wall	11	The View	19:09.81	70
102	Grace Swanson	10	Riverton XC Club	19:10.16	71
103	Addilyn Orndorff	12	Springville XC	19:10.33	72
104	Natalie Roberts	11	UNA AZ	19:12.54	

Place	Name	Grade	Team	Time	Points
105	Baylor Wolfe	12	Cherry Creek XC	19:12.97	73
106	Liv Trimble	9	Orem XC	19:13.94	74
107	Melanie Anderson	12	Riverton XC Club	19:14.11	75
108	Lily Waite	10	Mountain View UT	19:14.23	76
109	Cassidy McDonald	12	Pikes Peak	19:14.43	77
110	Addi Torres	12	Valor XC & Distance	19:14.51	78
111	Avery Breitigam	9	Fossil XC	19:14.72	79
112	Gabriela Boeckman	11	Vista Nation XC Club	19:14.80	80
113	Vivian Jack	9	Pikes Peak	19:16.05	81
114	Kylee Hu	9	Cherry Creek XC	19:17.97	82
115	Ellie Cartwright	10	The View	19:19.08	83
116	Caroline Laughlin	11	Cherry Creek XC	19:20.50	84
117	Sophie Waite	10	Mountain View UT	19:20.71	85
118	Stella Hall	11	Soaring Hawk TC	19:20.81	86
119	Taylor Biggambler	10	Wings of America	19:21.07	
120	Talia Anderson	10	Westlake XC	19:22.08	87
121	Nicole Pierce	12	Total XC	19:24.46	
122	Katie McNulty	10	UNA AZ	19:24.56	
123	Anna Bybee	10	lone peak	19:24.87	88
124	Isabel Preston	9	Riverton XC Club	19:25.25	89
125	Maya Parker	10	Westlake XC	19:25.88	90
126	Samantha Geraets	11	Fossil XC	19:27.54	91
127	Alix Crawford	12	Orem XC	19:27.96	92
128	Dana Pivin	11	Ahwatukee Running Club	19:31.00	
129	Analia Boyer	11	Springville XC	19:32.37	93
130	Corrine Kennedy	9	Angels	19:33.50	94
131	Rachel Crosby	12	Herriman XC	19:35.54	95
132	Ellie Esplin	11	T-BIRDS XC	19:36.42	96
133	Gabriella Harding	9	Pikes Peak	19:36.81	97
134	Kaylee Cheney	12	T-BIRDS XC	19:37.02	98
135	Makayla Boulton	12	T-BIRDS XC	19:38.52	99
136	Chloe Swain	11	Riverton XC Club	19:39.46	100
137	Julieta Ochoa	10	Angels	19:40.16	101
138	Cece Abar	9	Valor XC & Distance	19:40.73	102
139	Aubrey Meyers	9	Westlake XC	19:41.20	103
140	June Zimmerman	11	Mountain View UT	19:41.73	104
141	Swede Sabey	10	Chap XC & Distance	19:41.99	105
142	Avery Eytel	11	Summit Distance Project	19:46.84	106

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## Individual Results

Place	Name	Grade	Team	Time	Points
143	Katelyn Carlile	12	Timpanogos	19:48.02	107
144	Gabriella Garside	10	Orem XC	19:50.06	108
145	Margaret Lund	12	Riverton XC Club	19:50.68	109
146	Emma Hamm	12	Maple Mountain XC	19:51.05	110
147	Sarah Howell	12	Timpanogos	19:52.03	111
148	Natalia Boltz	12	American Fork XC Club	19:53.18	112
149	Kira Willis	12	Herriman XC	19:53.65	113
150	Kensie Bowen	12	Herriman XC	19:55.08	114
151	Jinnie Ponczoch	11	Carson Running Club	19:56.47	115
152	Olive Brimacombe	11	Westlake XC	19:57.35	116
153	Camryn Lloyd	12	Timpanogos	19:57.48	117
154	Zanna Bruening	11	Herriman XC	19:58.87	118
155	Laynee Hollech	12	Lions Running Club	20:00.11	
156	Ava McMurtrey	11	lone peak	20:00.48	119
157	Daphne Batmale	11	T-BIRDS XC	20:01.94	120
158	Skye Siddoway	11	Farmington XC	20:02.86	
159	Jadyn Parker	12	Westlake XC	20:03.30	121
160	Veal Miner	10	Carson Running Club	20:04.39	122
161	Alice Santos	10	Valor XC & Distance	20:04.63	123
162	Scout Chomas	10	Angels	20:06.13	124
163	Alaire Serell	12	Fossil XC	20:06.21	125
164	Audra Huempfer	10	Soaring Hawk TC	20:06.59	126
165	Izzie Woodruff	9	Orem XC	20:07.25	127
166	Lorianna Piestewa	12	Wings of America	20:09.36	
167	Siena Meilstrup	12	Timpanogos	20:12.70	128
168	Giana Atkinson	11	Great Strides	20:14.52	129
169	Ashlyn May	11	Mountain View UT	20:15.92	130
170	Camryn Delancey	10	Soaring Hawk TC	20:17.90	131
171	Tilly Testa	11	The View	20:17.95	132
172	Keira Naidoo	12	Bobcats	20:17.97	
173	Lydia Olsen	11	Orem XC	20:22.02	133
174	Madison Hager	10	Carson Running Club	20:22.39	134
175	Joy Ahnfeldt	9	Pikes Peak	20:23.89	135
176	Abby O'Leary	11	Boulder Canyon Cross	20:24.75	136
177	Madelyn Pearson	12	Mountain View UT	20:28.02	137

Place	Name	Grade	Team	Time	Points
178	Sierra Santiago	12	Chap XC & Distance	20:28.71	138
179	Mackenzie Sargent	9	The View	20:29.28	139
180	Brianna Rodriguez-Nunez	10	Carson Running Club	20:31.09	140
181	Charlotte Greer	11	Soaring Hawk TC	20:34.85	141
182	Lyla Lanning	11	Boulder Canyon Cross	20:37.08	142
183	Lily Benbow	9	Summit Distance Project	20:37.31	143
184	Alessi Kwan	12	Great Strides	20:37.76	144
185	Sophia Africa	9	Boulder Canyon Cross	20:37.99	145
186	Haim Lim	11	Cherry Creek XC	20:38.19	146
187	Niki Peterson	12	Pikes Peak	20:38.24	147
188	Emma Michael	8	ABQ XC	20:40.30	148
189	Mackenzie Woolford	10	Maple Mountain XC	20:40.50	149
190	Martina Riley	9	The View	20:41.30	150
191	Brianna Pence	10	Timpanogos	20:43.38	151
192	Caroline Dennis	11	Valor XC & Distance	20:43.51	152
193	Eliza Gill	12	Maple Mountain XC	20:44.63	153
194	Charly Stansbury	11	Great Strides	20:46.29	154
195	Kadence Smith	12	Maple Mountain XC	20:51.33	155
196	Caroline Felix	9	Springville XC	20:53.99	156
197	Paris Stark	9	Pikes Peak	21:00.98	157
198	Delaney Wagner	9	ABQ XC	21:02.55	158
199	Ashley Adkins	9	Summit Distance Project	21:09.75	159
200	Addison Siembieda	12	ABQ XC	21:10.06	160
201	Eleanor Romeo	11	Carson Running Club	21:15.25	161
202	Sophia POE	9	Chap XC & Distance	21:17.42	162
203	Wynn Rutberg	11	Great Strides	21:18.94	163
204	Macie Matson	10	Riverton XC Club	21:18.97	164
205	Karissa Parker	9	Pikes Peak	21:25.92	165
206	Ella Witten	11	Great Strides	21:27.02	166
207	Paisley Piegras	11	Cherry Creek XC	21:31.97	167
208	Jaclyn Lujan	8	ABQ XC	21:33.29	168
209	Anna Shane	9	Carson Running Club	21:34.02	169
210	Hannah Calvin	12	T-BIRDS XC	21:34.58	170
211	Olivia Michael	9	ABQ XC	21:37.47	171

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## Individual Results

Place	Name	Grade	Team	Time	Points
212	Nora Krasner	11	Great Strides	21:43.77	172
213	Cecelia Miner	11	Summit Distance Project	21:45.20	173
214	Zina Thomas	12	Maple Mountain XC	21:50.65	174
215	Jocee Blakey	12	Springville XC	21:55.32	175
216	Katja Brown	10	The View	21:57.78	176
217	Leah Gunderson	12	Maple Mountain XC	22:00.15	177
218	Autumn Sunday	12	Springville XC	22:02.13	178
219	Kaleigh Spence	11	Soaring Hawk TC	22:32.20	179
220	Sydney Tuttle	12	Soaring Hawk TC	22:32.26	180