

NXR Southwest

Coyote Run Golf Course

Race 3 - Girls Medium School I - 5K

11/18/2023 - 8:12am

Team Results

Place	Team	Score	Team Time	Runner Avg	Avg Mile	5 Man Gap	Finish Order	Scoring Order
1	Los Alamos Cross Country	60	1:39:10	19:50	6:24	1:27	1-3-8-20-38-58-61	1-3-7-17-32-50-53
2	Dakota Ridge XC	77	1:40:22	20:05	6:28	1:15	2-6-24-27-32-56-69	2-5-20-23-27-48-60
3	Cheyenne Mountain (REAL COS)	116	1:41:47	20:22	6:34	1:14	9-16-26-41-43-48-75	8-14-22-35-37-42-63
4	Bears TC	132	1:42:11	20:27	6:35	1:46	7-13-21-50-60-66-84	6-12-18-44-52-57-66
5	Central Warriors	147	1:43:04	20:37	6:39	1:02	17-22-36-45-49-102	15-19-31-39-43-81
6	Colorado Cougars	181	1:44:17	20:52	6:43	0:53	25-31-44-51-59-98-100	21-26-38-45-51-78-80
7	Mountain View UT	186	1:44:34	20:55	6:44	2:14	18-34-35-47-88-89-147	16-29-30-41-70-71-98
8	Gallup XC	190	1:44:47	20:58	6:45	2:22	15-28-30-63-91-104	13-24-25-55-73-83
9	O-Town Tigers	201	1:45:01	21:01	6:46	2:35	10-33-39-77-85-86-90	9-28-33-64-67-68-72
10	Orem XC	249	1:46:12	21:15	6:51	1:00	40-42-65-67-78-97	34-36-56-58-65-77
11	Nebo XC	299	1:49:01	21:49	7:02	3:07	12-72-87-96-103-112-118	11-61-69-76-82-85-88
12	Longmont Running Club	302	1:49:22	21:53	7:03	3:24	11-62-94-99-109-116-132	10-54-75-79-84-87-94
13	Desert Lightning	337	1:53:12	22:39	7:18	4:41	5-68-123-127-130	4-59-90-91-93
14	Falcons	351	1:54:33	22:55	7:23	4:24	53-55-73-145-149	46-47-62-97-99
15	Frederick Golden Eagles	400	1:56:29	23:18	7:30	3:42	57-92-121-129-138-155-159	49-74-89-92-96-101-102
16	Mica Mountain XC	424	2:03:05	24:37	7:56	6:32	46-114-136-152-160	40-86-95-100-103
DNP	Bountiful XC		1:30:46	22:42	7:19		23-71-117-140	4 Runners
DNP	Littleton Distance		1:09:08	23:03	7:26		93-105-120	3 Runners
DNP	G-Town Runners		39:36	19:48	6:23		4-19	2 Runners
DNP	Lewis Peak XC		41:12	20:36	6:38		29-37	2 Runners
DNP	AZ Skyhawk TC		42:40	21:20	6:52		54-70	2 Runners

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DNP	Demon Run Club		43:18	21:39	6:58		52-83	2 Runners
DNP	Grizzly XC		46:11	23:06	7:26		64-137	2 Runners
DNP	Academy XC Club		19:58	19:58	6:26		14	1 Runner
DNP	Cosmic Cobras		23:38	23:38	7:37		115	1 Runner
DNP	Coyote XC		27:03	27:03	8:43		157	1 Runner
DNP	BASIS Scottsdale		27:11	27:11	8:45		158	1 Runner
DNP	Citizens		0:00					Non-Scoring

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Individual Results

Place	Name	Grade	Team	Time	Points
1	Grace Montoya	9	Los Alamos Cross Country	19:14.79	1
2	Hanan Aldelemy	12	Dakota Ridge XC	19:20.50	2
3	Ensley Jorgenson	9	Los Alamos Cross Country	19:26.95	3
4	Sophia Halverson	10	G-Town Runners	19:27.45	
5	Alex Montano	12	Desert Lightning	19:29.74	4
6	Emily Tipton	11	Dakota Ridge XC	19:31.54	5
7	Naomi Hedstrand	9	Bears TC	19:33.42	6
8	Rebecca Beaux	11	Los Alamos Cross Country	19:37.97	7
9	Lily Dorpinghaus	9	Cheyenne Mountain (REAL COS)	19:39.26	8
10	Kaitlyn Blackham	12	O-Town Tigers	19:40.30	9
11	Uma Champe	12	Longmont Running Club	19:42.18	10
12	Kambrie Wilkinson	12	Nebo XC	19:42.74	11
13	Mia Claypool	9	Bears TC	19:56.51	12
14	Madeline Pool	9	Academy XC Club	19:57.70	
15	Mykeia Vicenti-Wolf	9	Gallup XC	19:58.91	13
16	Maggie Babcock	9	Cheyenne Mountain (REAL COS)	19:59.24	14
17	Sonya Johnson	9	Central Warriors	20:02.16	15
18	Ava Berg	12	Mountain View UT	20:04.18	16
19	Mackenzie Buxton	10	G-Town Runners	20:07.82	
20	Amelia Hill	9	Los Alamos Cross Country	20:08.45	17
21	Esther Paulson	10	Bears TC	20:18.32	18
22	Jayde Golightly	12	Central Warriors	20:24.00	19
23	Marjie Richards	12	Bountiful XC	20:24.27	
24	Abigail Brantley	12	Dakota Ridge XC	20:25.47	20
25	Mila Stamper	11	Colorado Cougars	20:25.96	21
26	Molly Babcock	11	Cheyenne Mountain (REAL COS)	20:26.50	22
27	Erika Swanson	10	Dakota Ridge XC	20:28.77	23
28	Maddison Martinez	9	Gallup XC	20:30.78	24
29	Lola Barkema	11	Lewis Peak XC	20:31.89	
30	Merisha Long	12	Gallup XC	20:32.45	25
31	Olivia White	9	Colorado Cougars	20:34.02	26
32	Lily Palmer	9	Dakota Ridge XC	20:34.74	27
33	Julia Draper	10	O-Town Tigers	20:35.21	28

Place	Name	Grade	Team	Time	Points
34	Hanna Francis	9	Mountain View UT	20:35.72	29
35	Sienna Bucy	9	Mountain View UT	20:37.57	30
36	Lillian Thatcher	11	Central Warriors	20:38.19	31
37	Lundi Ferrier	11	Lewis Peak XC	20:40.09	
38	Lucy Kelley	12	Los Alamos Cross Country	20:41.63	32
39	Berlin Bartlett	11	O-Town Tigers	20:45.87	33
40	Elle Crawford	10	Orem XC	20:45.91	34
41	Kelley Burchfield	11	Cheyenne Mountain (REAL COS)	20:48.43	35
42	Allison Pope	9	Orem XC	20:49.42	36
43	Mia Binnings	10	Cheyenne Mountain (REAL COS)	20:52.69	37
44	Macy White	12	Colorado Cougars	20:54.67	38
45	Sage Siegrist	11	Central Warriors	20:56.20	39
46	Hailey Burke	9	Mica Mountain XC	20:56.85	40
47	Claire Sullivan	9	Mountain View UT	20:57.65	41
48	Ava Schile	9	Cheyenne Mountain (REAL COS)	21:00.74	42
49	Elle Diedrich	10	Central Warriors	21:03.27	43
50	Katelyn Philpot	12	Bears TC	21:03.42	44
51	Addysen Platt	9	Colorado Cougars	21:04.08	45
52	Victoria Skoriuchow	12	Demon Run Club	21:04.47	
53	Danica Cisneros	10	Falcons	21:04.61	46
54	Aniyah Harrison	9	AZ Skyhawk TC	21:07.24	
55	Katie Ramsay	11	Falcons	21:09.27	47
56	Mia White	12	Dakota Ridge XC	21:09.74	48
57	Jessica Ellinger	10	Frederick Golden Eagles	21:12.34	49
58	Elizabeth Buck	9	Los Alamos Cross Country	21:17.03	50
59	Libby Gutowski	10	Colorado Cougars	21:18.22	51
60	Elliott McLellan	9	Bears TC	21:18.78	52
61	Ella Miranda	11	Los Alamos Cross Country	21:19.13	53
62	Adelyn Miller	9	Longmont Running Club	21:22.85	54
63	Denayah Wylie	9	Gallup XC	21:24.18	55
64	Lauren Leverty	10	Grizzly XC	21:24.63	
65	Laeklan Allred	12	Orem XC	21:25.05	56
66	Margaret Switzer	9	Bears TC	21:25.78	57

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Place	Name	Grade	Team	Time	Points
67	Violet Westover	12	Orem XC	21:25.91	58
68	Rubi Montano	11	Desert Lightning	21:27.10	59
69	Tiana Skanderbeg	12	Dakota Ridge XC	21:32.16	60
70	Teagan Theall	10	AZ Skyhawk TC	21:32.57	
71	Ella Becker	11	Bountiful XC	21:36.46	
72	Sofia Colton	11	Nebo XC	21:37.06	61
73	Kadence Baun	12	Falcons	21:38.34	62
74	Claire Hitzges	12	Dakota Ridge XC	21:40.17	
75	Kyra Penley	9	Cheyenne Mountain (REAL COS)	21:41.53	63
76	Emmie Battersby	11	Cheyenne Mountain (REAL COS)	21:42.33	
77	Rebecca Jenks	12	O-Town Tigers	21:44.08	64
78	Rosalie Olsen	9	Orem XC	21:45.07	65
79	Charlotte Peeters	9	Cheyenne Mountain (REAL COS)	21:45.34	
80	Kayla Kelley	9	Cheyenne Mountain (REAL COS)	21:50.44	
81	Sadie Evans	11	Los Alamos Cross Country	22:00.63	
82	Rachel Henderson	10	Dakota Ridge XC	22:03.29	
83	Lillie Dyer	10	Demon Run Club	22:12.68	
84	Sydney Cowan	12	Bears TC	22:14.15	66
85	Malyin Eliason	11	O-Town Tigers	22:14.58	67
86	Georgia Smith	9	O-Town Tigers	22:16.39	68
87	Sarah Schwartz	11	Nebo XC	22:17.69	69
88	Kellie Judd	11	Mountain View UT	22:18.13	70
89	Lizzie Jones	12	Mountain View UT	22:18.25	71
90	Chloe Phillips	11	O-Town Tigers	22:19.40	72
91	Tiana Tom	11	Gallup XC	22:20.35	73
92	Kaya Fountain	9	Frederick Golden Eagles	22:23.00	74
93	Tatum Pratt	11	Littleton Distance	22:27.12	
94	Clara Linder	11	Longmont Running Club	22:30.48	75
95	Eliza Bohne	10	O-Town Tigers	22:30.99	
96	Lyndi O'Neal	9	Nebo XC	22:33.89	76
97	Kirra Garfield	9	Orem XC	22:36.09	77
98	Jessica Lasswell	11	Colorado Cougars	22:37.92	78
99	Ella Mcgregor	11	Longmont Running Club	22:39.96	79

Place	Name	Grade	Team	Time	Points
100	Astoria Spradlin	11	Colorado Cougars	22:41.86	80
101	Chloe Shearer	11	Bears TC	22:43.28	
102	Asiah Moncada	10	Central Warriors	22:46.20	81
103	Adalee Strauss	12	Nebo XC	22:48.95	82
104	Talia Blackgoat	12	Gallup XC	22:55.27	83
105	Klara Fortna	10	Littleton Distance	22:55.45	
106	Malyin Eliason	11	O-Town Tigers	22:55.80	
107	Isabella Rounkles	12	O-Town Tigers	23:00.35	
108	Lily Kirwan	11	Cheyenne Mountain (REAL COS)	23:04.31	
109	Kenna Kaminski	11	Longmont Running Club	23:06.07	84
110	Emma Corey	12	Colorado Cougars	23:09.68	
111	Sage Nicholas	12	Cheyenne Mountain (REAL COS)	23:12.35	
112	Leann Solis	11	Nebo XC	23:22.04	85
113	Izzy Sunkel	10	Cheyenne Mountain (REAL COS)	23:26.27	
114	Michelle Zubel	12	Mica Mountain XC	23:33.02	86
115	Haley Reyes	9	Cosmic Cobras	23:37.10	
116	Celia Weiss	10	Longmont Running Club	23:38.56	87
117	Ella McQuay	10	Bountiful XC	23:42.10	
118	Kalia McKinnon	9	Nebo XC	23:42.85	88
119	McCall Scharmann	12	O-Town Tigers	23:44.41	
120	Regina Herrera	10	Littleton Distance	23:45.16	
121	Clara De Sousa	11	Frederick Golden Eagles	23:49.55	89
122	Lily Mason	12	Nebo XC	23:52.03	
123	Mariana Guerrero	10	Desert Lightning	23:58.93	90
124	Madelyn Hebdon	12	Nebo XC	23:59.61	
125	Olivia Connely	10	O-Town Tigers	24:02.11	
126	Cara Gauss	10	Los Alamos Cross Country	24:03.05	
127	Sophie Al Nassif	9	Desert Lightning	24:05.36	91
128	Sage Van Ausdal	12	Nebo XC	24:05.83	
129	Gracie Wilts	11	Frederick Golden Eagles	24:09.98	92
130	Maya Balina	10	Desert Lightning	24:10.35	93
131	Lauren Cowan	9	Bears TC	24:11.71	

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Place	Name	Grade	Team	Time	Points
132	Adalee Mathias	10	Longmont Running Club	24:13.49	94
133	Macie Shearer	9	Bears TC	24:14.87	
134	Penelope Barry-Hoffman	10	Los Alamos Cross Country	24:28.49	
135	Arriana Madera	9	Cheyenne Mountain (REAL COS)	24:37.68	
136	Emma Quigley	10	Mica Mountain XC	24:40.74	95
137	Alexa Cuddy	11	Grizzly XC	24:45.54	
138	Madison Mahan	11	Frederick Golden Eagles	24:53.56	96
139	Grace Evans	9	Los Alamos Cross Country	24:59.99	
140	Taya Sanders	10	Bountiful XC	25:02.59	
141	Miley Torres	9	O-Town Tigers	25:02.91	
142	Katie Battersby	11	Cheyenne Mountain (REAL COS)	25:06.92	
143	Kaiya Clark	10	O-Town Tigers	25:09.09	
144	Samantha Lombardi	9	Cheyenne Mountain (REAL COS)	25:09.76	
145	Kelli Yagota	11	Falcons	25:11.82	97
146	Yoselyn Corona	11	Nebo XC	25:20.58	
147	Basia Minson	11	Mountain View UT	25:23.29	98
148	Sophie Smith	11	O-Town Tigers	25:27.91	
149	Taylee Black	10	Falcons	25:28.29	99
150	Ayelen Vandennack	10	O-Town Tigers	25:29.39	
151	Abigail Swigert	10	Los Alamos Cross Country	25:32.00	
152	Gabriella Belanger	10	Mica Mountain XC	26:24.98	100
153	AnnMarie Hernandez	10	Los Alamos Cross Country	26:33.81	
154	Annie Hunter	9	O-Town Tigers	26:36.69	
155	Kendall Willis	10	Frederick Golden Eagles	26:40.20	101
156	Matilde Osti	11	Longmont Running Club	26:58.37	
157	Elizabeth Titus	11	Coyote XC	27:02.35	
158	Zarah Hamidi	10	BASIS Scottsdale	27:10.96	
159	Nelly Glaeser	11	Frederick Golden Eagles	27:25.48	102
160	Jillian Hager	11	Mica Mountain XC	27:28.67	103
161	Evelyn Cotter	11	Cheyenne Mountain (REAL COS)	27:35.81	

Place	Name	Grade	Team	Time	Points
162	Kassidy Lear	12	Frederick Golden Eagles	27:50.09	
163	Chiara Loreti	11	Frederick Golden Eagles	31:05.81	
164	Kate Greiner	11	Frederick Golden Eagles	31:20.67	
165	Maire Kinsman	9	Cheyenne Mountain (REAL COS)	32:32.21	