

# NXR Southwest

## Coyote Run Golf Course

### Race 105 - Girls Merge - Medium School - 5K

11/18/2023

### Team Results

| Place | Team                          | Score | Team Time | Runner Avg | Avg Mile | 5 Man Gap | Finish Order              | Scoring Order            |
|-------|-------------------------------|-------|-----------|------------|----------|-----------|---------------------------|--------------------------|
| 1     | REAL Training                 | 29    | 1:34:55   | 18:59      | 6:07     | 1:00      | 1-2-3-6-25-43-73          | 1-2-3-5-18-30-54         |
| 2     | Los Alamos Cross Country      | 137   | 1:39:10   | 19:50      | 6:24     | 1:27      | 8-17-26-51-82-123-128     | 6-13-19-37-62-92-96      |
| 3     | Pine View XC Club             | 144   | 1:39:31   | 19:55      | 6:25     | 1:17      | 10-16-35-61-72-143-161    | 8-12-26-45-53-106-115    |
| 4     | Thunder XC Club               | 155   | 1:39:47   | 19:58      | 6:26     | 0:49      | 32-34-36-38-70            | 24-25-27-28-51           |
| 5     | Dakota Ridge XC               | 169   | 1:40:22   | 20:05      | 6:28     | 1:15      | 14-21-57-62-74-117-144    | 10-16-42-46-55-88-107    |
| 6     | Cheyenne Mountain (REAL COS)  | 237   | 1:41:47   | 20:22      | 6:34     | 1:14      | 27-46-59-90-97-103-151    | 20-33-44-68-72-78-110    |
| 7     | Wings of America              | 258   | 1:42:18   | 20:28      | 6:36     | 1:26      | 18-54-87-89-96-102-118    | 14-40-66-67-71-77-89     |
| 8     | Bears TC                      | 262   | 1:42:11   | 20:27      | 6:35     | 1:46      | 23-40-53-109-127-136-179  | 17-29-39-82-95-102-120   |
| 9     | Viking                        | 272   | 1:42:51   | 20:35      | 6:38     | 1:03      | 45-66-68-84-105-142-159   | 32-48-50-63-79-105-114   |
| 10    | Central Warriors              | 290   | 1:43:04   | 20:37      | 6:39     | 1:02      | 47-55-79-99-108-203       | 34-41-60-74-81-138       |
| 11    | Colorado Cougars              | 345   | 1:44:17   | 20:52      | 6:43     | 0:53      | 58-71-98-110-125-199-201  | 43-52-73-83-94-135-137   |
| 12    | Park City XC                  | 345   | 1:44:07   | 20:50      | 6:43     | 2:41      | 9-52-93-156-169-240-247   | 7-38-70-113-117-156-158  |
| 13    | Stansbury XC                  | 350   | 1:43:53   | 20:47      | 6:42     | 2:58      | 4-15-130-172-174-212-238  | 4-11-98-118-119-144-154  |
| 14    | Mountain View UT              | 351   | 1:44:34   | 20:55      | 6:44     | 2:14      | 48-76-78-101-183-184-285  | 35-57-59-76-124-125-171  |
| 15    | Gallup XC                     | 355   | 1:44:47   | 20:58      | 6:45     | 2:22      | 44-63-67-133-187-209      | 31-47-49-100-128-143     |
| 16    | O-Town Tigers                 | 373   | 1:45:01   | 21:01      | 6:46     | 2:35      | 28-75-85-154-180-181-185  | 21-56-64-111-121-122-126 |
| 17    | Running Rams                  | 409   | 1:45:34   | 21:07      | 6:48     | 3:05      | 12-80-124-167-191-205-245 | 9-61-93-116-130-140-157  |
| 18    | REAL Training-Thompson Valley | 448   | 1:47:05   | 21:25      | 6:54     | 2:48      | 49-77-114-186-208-224-229 | 36-58-85-127-142-149-151 |
| 19    | Orem XC                       | 450   | 1:46:12   | 21:15      | 6:51     | 1:00      | 86-91-135-137-155-197     | 65-69-101-103-112-133    |
| 20    | Timpanogos                    | 488   | 1:47:23   | 21:29      | 6:55     | 1:35      | 106-115-120-129-198       | 80-86-91-97-134          |

# Race 105 - Girls Merge - Medium School - 5K

11/18/2023

## Team Results

| Place | Team                    | Score | Team Time | Runner Avg | Avg Mile | 5 Man Gap | Finish Order                | Scoring Order              |
|-------|-------------------------|-------|-----------|------------|----------|-----------|-----------------------------|----------------------------|
| 21    | Nebo XC                 | 525   | 1:49:01   | 21:49      | 7:02     | 3:07      | 31-148-182-196-204-222-235  | 23-108-123-132-139-148-153 |
| 22    | Longmont Running Club   | 533   | 1:49:22   | 21:53      | 7:03     | 3:24      | 29-132-194-200-215-230-260  | 22-99-131-136-145-152-164  |
| 23    | Desert Lightning        | 600   | 1:53:12   | 22:39      | 7:18     | 4:41      | 20-139-248-253-257          | 15-104-159-160-162         |
| 24    | Falcons                 | 621   | 1:54:33   | 22:55      | 7:23     | 4:24      | 112-116-149-282-287         | 84-87-109-169-172          |
| 25    | Frederick Golden Eagles | 703   | 1:56:29   | 23:18      | 7:30     | 3:42      | 119-190-239-256-275-297-301 | 90-129-155-161-168-176-177 |
| 26    | Mica Mountain XC        | 744   | 2:03:05   | 24:37      | 7:56     | 6:32      | 100-225-269-292-302         | 75-150-167-174-178         |
| 27    | Springville XC          | 803   | 2:04:14   | 24:51      | 8:00     | 5:17      | 206-221-267-284-306-307     | 141-147-166-170-179-180    |
| 28    | Raven Runners           | 822   | 2:04:25   | 24:53      | 8:01     | 3:27      | 216-258-263-291-295         | 146-163-165-173-175        |
| DNF   | UNA CO                  |       | 1:36:52   | 19:23      | 6:15     | 0:32      | 5-7-11-13-33-39-42          | Non-Scoring                |
| DNF   | UNA AZ                  |       | 1:43:01   | 20:37      | 6:38     | 1:45      | 22-69-94-95-122-160-270     | Non-Scoring                |
| DNP   | Trials of Miles TC      |       | 1:23:37   | 20:55      | 6:44     |           | 24-104-126-153              | 4 Runners                  |
| DNP   | Bountiful XC            |       | 1:30:46   | 22:42      | 7:19     |           | 56-147-234-277              | 4 Runners                  |
| DNP   | Teddy Roosevelt XC Club |       | 1:32:21   | 23:06      | 7:26     |           | 64-228-233-266              | 4 Runners                  |
| DNP   | Security XC             |       | 1:07:53   | 22:38      | 7:17     |           | 163-207-219                 | 3 Runners                  |
| DNP   | Summit Distance Project |       | 1:08:05   | 22:42      | 7:19     |           | 162-188-243                 | 3 Runners                  |
| DNP   | Littleton Distance      |       | 1:09:08   | 23:03      | 7:26     |           | 192-210-237                 | 3 Runners                  |
| DNP   | UNA NM                  |       | 1:19:31   | 26:31      | 8:32     |           | 140-232-314                 | Non-Scoring                |
| DNP   | G-Town Runners          |       | 39:36     | 19:48      | 6:23     |           | 19-50                       | 2 Runners                  |
| DNP   | Lewis Peak XC           |       | 41:12     | 20:36      | 6:38     |           | 65-81                       | 2 Runners                  |
| DNP   | AZ Skyhawk TC           |       | 42:40     | 21:20      | 6:52     |           | 113-145                     | 2 Runners                  |
| DNP   | Demon Run Club          |       | 43:18     | 21:39      | 6:58     |           | 111-178                     | 2 Runners                  |
| DNP   | Grizzly XC              |       | 46:11     | 23:06      | 7:26     |           | 134-271                     | 2 Runners                  |
| DNP   | Poudre XC               |       | 51:56     | 25:58      | 8:22     |           | 30-312                      | 2 Runners                  |
| DNP   | Ridge Runners           |       | 19:50     | 19:50      | 6:23     |           | 37                          | 1 Runner                   |
| DNP   | Academy XC Club         |       | 19:58     | 19:58      | 6:26     |           | 41                          | 1 Runner                   |
| DNP   | Roadrunner Run Club     |       | 22:06     | 22:06      | 7:07     |           | 176                         | 1 Runner                   |

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## Team Results

| Place | Team             | Score | Team Time | Runner Avg | Avg Mile | 5 Man Gap | Finish Order | Scoring Order |
|-------|------------------|-------|-----------|------------|----------|-----------|--------------|---------------|
| DNP   | Total XC         |       | 23:11     | 23:11      | 7:28     |           | 218          | 1 Runner      |
| DNP   | Cosmic Cobras    |       | 23:38     | 23:38      | 7:37     |           | 227          | 1 Runner      |
| DNP   | Coyote XC        |       | 27:03     | 27:03      | 8:43     |           | 299          | 1 Runner      |
| DNP   | BASIS Scottsdale |       | 27:11     | 27:11      | 8:45     |           | 300          | 1 Runner      |
| DNP   | Citizens         |       | 0:00      |            |          |           |              | Non-Scoring   |

# Race 105 - Girls Merge - Medium School - 5K

11/18/2023 -

## Individual Results

| Place | Name               | Grade | Team                         | Time     | Points |
|-------|--------------------|-------|------------------------------|----------|--------|
| 1     | Kendall Madine     | 12    | REAL Training                | 18:35.49 | 1      |
| 2     | Elise Hagen        | 9     | REAL Training                | 18:42.06 | 2      |
| 3     | Alena Kasanicky    | 11    | REAL Training                | 18:47.55 | 3      |
| 4     | Leah Larsen        | 10    | Stansbury XC                 | 19:05.72 | 4      |
| 5     | Madeline Clark     | 10    | UNA CO                       | 19:13.07 |        |
| 6     | Viola Alessandrini | 12    | REAL Training                | 19:14.60 | 5      |
| 7     | Olivia Gurrini     | 9     | UNA CO                       | 19:14.75 |        |
| 8     | Grace Montoya      | 9     | Los Alamos Cross Country     | 19:14.79 | 6      |
| 9     | Kaylee Hale        | 12    | Park City XC                 | 19:16.68 | 7      |
| 10    | Emmalee Williams   | 10    | Pine View XC Club            | 19:17.51 | 8      |
| 11    | Ava Mierau         | 10    | UNA CO                       | 19:18.95 |        |
| 12    | Leila Pizzimenti   | 11    | Running Rams                 | 19:19.71 | 9      |
| 13    | Waverly Pucket     | 11    | UNA CO                       | 19:19.90 |        |
| 14    | Hanan Aldelemy     | 12    | Dakota Ridge XC              | 19:20.50 | 10     |
| 15    | Ellie Dangerfield  | 11    | Stansbury XC                 | 19:20.94 | 11     |
| 16    | Elle Williams      | 12    | Pine View XC Club            | 19:24.50 | 12     |
| 17    | Ensley Jorgenson   | 9     | Los Alamos Cross Country     | 19:26.95 | 13     |
| 18    | Damira Allen       | 10    | Wings of America             | 19:27.22 | 14     |
| 19    | Sophia Halverson   | 10    | G-Town Runners               | 19:27.45 |        |
| 20    | Alex Montano       | 12    | Desert Lightning             | 19:29.74 | 15     |
| 21    | Emily Tipton       | 11    | Dakota Ridge XC              | 19:31.54 | 16     |
| 22    | Janessa Segay      | 11    | UNA AZ                       | 19:31.63 |        |
| 23    | Naomi Hedstrand    | 9     | Bears TC                     | 19:33.42 | 17     |
| 24    | Allison Levy       | 12    | Trials of Miles TC           | 19:33.67 |        |
| 25    | Elsza Bergen       | 9     | REAL Training                | 19:34.93 | 18     |
| 26    | Rebecca Beaux      | 11    | Los Alamos Cross Country     | 19:37.97 | 19     |
| 27    | Lily Dorpinghaus   | 9     | Cheyenne Mountain (REAL COS) | 19:39.26 | 20     |
| 28    | Kaitlyn Blackham   | 12    | O-Town Tigers                | 19:40.30 | 21     |
| 29    | Uma Champe         | 12    | Longmont Running Club        | 19:42.18 | 22     |
| 30    | Shirley Weaver     | 12    | Poudre XC                    | 19:42.39 |        |
| 31    | Kambrie Wilkinson  | 12    | Nebo XC                      | 19:42.74 | 23     |
| 32    | Kate Morrow        | 11    | Thunder XC Club              | 19:44.38 | 24     |
| 33    | Tessa Olsen        | 12    | UNA CO                       | 19:44.62 |        |
| 34    | Molly McDowell     | 11    | Thunder XC Club              | 19:46.25 | 25     |
| 35    | Kate Jones         | 12    | Pine View XC Club            | 19:46.38 | 26     |

| Place | Name                | Grade | Team                          | Time     | Points |
|-------|---------------------|-------|-------------------------------|----------|--------|
| 36    | Sydney Orth         | 12    | Thunder XC Club               | 19:48.67 | 27     |
| 37    | Jessica Richardson  | 9     | Ridge Runners                 | 19:49.70 |        |
| 38    | Shayla Miller       | 10    | Thunder XC Club               | 19:53.85 | 28     |
| 39    | Olivia Gillard      | 12    | UNA CO                        | 19:55.23 |        |
| 40    | Mia Claypool        | 9     | Bears TC                      | 19:56.51 | 29     |
| 41    | Madeline Pool       | 9     | Academy XC Club               | 19:57.70 |        |
| 42    | Abby Moore          | 12    | UNA CO                        | 19:58.25 |        |
| 43    | Lucy Thompson       | 12    | REAL Training                 | 19:58.58 | 30     |
| 44    | Mykeia Vicenti-Wolf | 9     | Gallup XC                     | 19:58.91 | 31     |
| 45    | Audrey Lemon        | 11    | Viking                        | 19:59.21 | 32     |
| 46    | Maggie Babcock      | 9     | Cheyenne Mountain (REAL COS)  | 19:59.24 | 33     |
| 47    | Sonya Johnson       | 9     | Central Warriors              | 20:02.16 | 34     |
| 48    | Ava Berg            | 12    | Mountain View UT              | 20:04.18 | 35     |
| 49    | Hadassah Shiver     | 10    | REAL Training-Thompson Valley | 20:06.78 | 36     |
| 50    | Mackenzie Buxton    | 10    | G-Town Runners                | 20:07.82 |        |
| 51    | Amelia Hill         | 9     | Los Alamos Cross Country      | 20:08.45 | 37     |
| 52    | Sonja Preston       | 10    | Park City XC                  | 20:17.98 | 38     |
| 53    | Esther Paulson      | 10    | Bears TC                      | 20:18.32 | 39     |
| 54    | Destiny Chino       | 11    | Wings of America              | 20:22.66 | 40     |
| 55    | Jayde Golightly     | 12    | Central Warriors              | 20:24.00 | 41     |
| 56    | Marjie Richards     | 12    | Bountiful XC                  | 20:24.27 |        |
| 57    | Abigail Brantley    | 12    | Dakota Ridge XC               | 20:25.47 | 42     |
| 58    | Mila Stamper        | 11    | Colorado Cougars              | 20:25.96 | 43     |
| 59    | Molly Babcock       | 11    | Cheyenne Mountain (REAL COS)  | 20:26.50 | 44     |
| 60    | Alissa Rall         | 12    | UNA CO                        | 20:27.07 |        |
| 61    | Katie Finch         | 12    | Pine View XC Club             | 20:28.35 | 45     |
| 62    | Erika Swanson       | 10    | Dakota Ridge XC               | 20:28.77 | 46     |
| 63    | Maddison Martinez   | 9     | Gallup XC                     | 20:30.78 | 47     |
| 64    | Rachel Wheeler      | 11    | Teddy Roosevelt XC Club       | 20:31.33 |        |
| 65    | Lola Barkema        | 11    | Lewis Peak XC                 | 20:31.89 |        |
| 66    | Allie Eliason       | 12    | Viking                        | 20:32.09 | 48     |
| 67    | Merisha Long        | 12    | Gallup XC                     | 20:32.45 | 49     |
| 68    | Sarah Scott         | 11    | Viking                        | 20:32.55 | 50     |
| 69    | Mailie Bradbury     | 11    | UNA AZ                        | 20:32.80 |        |
| 70    | Anna Mullholland    | 10    | Thunder XC Club               | 20:33.28 | 51     |

# Race 105 - Girls Merge - Medium School - 5K

11/18/2023 -

## Individual Results

| Place | Name                | Grade | Team                                | Time     | Points | Place | Name                | Grade | Team                                | Time     | Points |
|-------|---------------------|-------|-------------------------------------|----------|--------|-------|---------------------|-------|-------------------------------------|----------|--------|
| 71    | Olivia White        | 9     | Colorado Cougars                    | 20:34.02 | 52     | 106   | Lexi Peters         | 10    | Timpanogos                          | 21:02.27 | 80     |
| 72    | Brecken Heath       | 12    | Pine View XC Club                   | 20:34.13 | 53     | 107   | Hazel Ryden         | 11    | UNA CO                              | 21:02.74 |        |
| 73    | Eloise Boyd         | 9     | REAL Training                       | 20:34.56 | 54     | 108   | Elle Diedrich       | 10    | Central Warriors                    | 21:03.27 | 81     |
| 74    | Lily Palmer         | 9     | Dakota Ridge XC                     | 20:34.74 | 55     | 109   | Katelyn Philpot     | 12    | Bears TC                            | 21:03.42 | 82     |
| 75    | Julia Draper        | 10    | O-Town Tigers                       | 20:35.21 | 56     | 110   | Addysen Platt       | 9     | Colorado Cougars                    | 21:04.08 | 83     |
| 76    | Hanna Francis       | 9     | Mountain View UT                    | 20:35.72 | 57     | 111   | Victoria Skoriuchow | 12    | Demon Run Club                      | 21:04.47 |        |
| 77    | Ada Reichhardt      | 11    | REAL<br>Training-Thompson<br>Valley | 20:36.79 | 58     | 112   | Danica Cisneros     | 10    | Falcons                             | 21:04.61 | 84     |
| 78    | Sienna Bucy         | 9     | Mountain View UT                    | 20:37.57 | 59     | 113   | Aniyah Harrison     | 9     | AZ Skyhawk TC                       | 21:07.24 |        |
| 79    | Lillian Thatcher    | 11    | Central Warriors                    | 20:38.19 | 60     | 114   | Alice Lehnerr       | 10    | REAL<br>Training-Thompson<br>Valley | 21:07.43 | 85     |
| 80    | Alice Zappella      | 12    | Running Rams                        | 20:38.45 | 61     | 115   | Malia Powell        | 12    | Timpanogos                          | 21:08.99 | 86     |
| 81    | Lundi Ferrier       | 11    | Lewis Peak XC                       | 20:40.09 |        | 116   | Katie Ramsay        | 11    | Falcons                             | 21:09.27 | 87     |
| 82    | Lucy Kelley         | 12    | Los Alamos Cross<br>Country         | 20:41.63 | 62     | 117   | Mia White           | 12    | Dakota Ridge XC                     | 21:09.74 | 88     |
| 83    | Eliana Dimanna      | 11    | UNA CO                              | 20:44.38 |        | 118   | Nicole Tsosie       | 12    | Wings of America                    | 21:10.20 | 89     |
| 84    | Brooklyn Brady      | 10    | Viking                              | 20:45.17 | 63     | 119   | Jessica Ellinger    | 10    | Frederick Golden<br>Eagles          | 21:12.34 | 90     |
| 85    | Berlin Bartlett     | 11    | O-Town Tigers                       | 20:45.87 | 64     | 120   | Afton Stubbs        | 12    | Timpanogos                          | 21:13.87 | 91     |
| 86    | Elle Crawford       | 10    | Orem XC                             | 20:45.91 | 65     | 121   | Eleanor Ottem       | 11    | REAL Training                       | 21:16.22 |        |
| 87    | Catherine Denetclaw | 9     | Wings of America                    | 20:46.74 | 66     | 122   | Laniya Begody       |       | UNA AZ                              | 21:16.63 |        |
| 88    | Kate Taylor         | 11    | UNA CO                              | 20:47.11 |        | 123   | Elizabeth Buck      | 9     | Los Alamos Cross<br>Country         | 21:17.03 | 92     |
| 89    | Emily Garcia        | 12    | Wings of America                    | 20:48.16 | 67     | 124   | Isabelle FRY        | 11    | Running Rams                        | 21:18.09 | 93     |
| 90    | Kelley Burchfield   | 11    | Cheyenne Mountain<br>(REAL COS)     | 20:48.43 | 68     | 125   | Libby Gutowski      | 10    | Colorado Cougars                    | 21:18.22 | 94     |
| 91    | Allison Pope        | 9     | Orem XC                             | 20:49.42 | 69     | 126   | Ariel Walker        | 12    | Trials of Miles TC                  | 21:18.33 |        |
| 92    | dewa ilg            | 11    | UNA CO                              | 20:49.74 |        | 127   | Elliott McLellan    | 9     | Bears TC                            | 21:18.78 | 95     |
| 93    | Ava Shewell         | 10    | Park City XC                        | 20:49.79 | 70     | 128   | Ella Miranda        | 11    | Los Alamos Cross<br>Country         | 21:19.13 | 96     |
| 94    | Sara McCabe         | 12    | UNA AZ                              | 20:49.82 |        | 129   | Adelyn Hart         | 10    | Timpanogos                          | 21:20.62 | 97     |
| 95    | Tatum Nelson        | 11    | UNA AZ                              | 20:50.06 |        | 130   | Genna Larsen        | 12    | Stansbury XC                        | 21:21.27 | 98     |
| 96    | Elizabeth Yazzie    | 8     | Wings of America                    | 20:52.39 | 71     | 131   | Maelie Vanpe        | 11    | REAL Training                       | 21:22.05 |        |
| 97    | Mia Binnings        | 10    | Cheyenne Mountain<br>(REAL COS)     | 20:52.69 | 72     | 132   | Adelyn Miller       | 9     | Longmont Running<br>Club            | 21:22.85 | 99     |
| 98    | Macy White          | 12    | Colorado Cougars                    | 20:54.67 | 73     | 133   | Denayah Wylie       | 9     | Gallup XC                           | 21:24.18 | 100    |
| 99    | Sage Siegrist       | 11    | Central Warriors                    | 20:56.20 | 74     | 134   | Lauren Leverty      | 10    | Grizzly XC                          | 21:24.63 |        |
| 100   | Hailey Burke        | 9     | Mica Mountain XC                    | 20:56.85 | 75     | 135   | Laeklan Allred      | 12    | Orem XC                             | 21:25.05 | 101    |
| 101   | Claire Sullivan     | 9     | Mountain View UT                    | 20:57.65 | 76     | 136   | Margaret Switzer    | 9     | Bears TC                            | 21:25.78 | 102    |
| 102   | Kaylee Mitchell     | 9     | Wings of America                    | 20:58.71 | 77     | 137   | Violet Westover     | 12    | Orem XC                             | 21:25.91 | 103    |
| 103   | Ava Schile          | 9     | Cheyenne Mountain<br>(REAL COS)     | 21:00.74 | 78     | 138   | Emma Bahr           | 11    | UNA CO                              | 21:26.04 |        |
| 104   | Jordain Stutzman    | 11    | Trials of Miles TC                  | 21:00.88 |        | 139   | Rubi Montano        | 11    | Desert Lightning                    | 21:27.10 | 104    |
| 105   | Alyssa Clayton      | 9     | Viking                              | 21:01.32 | 79     | 140   | Aletheia Bigelow    | 11    | UNA NM                              | 21:28.31 |        |

# Race 105 - Girls Merge - Medium School - 5K

11/18/2023 -

## Individual Results

| Place | Name               | Grade | Team                            | Time     | Points |
|-------|--------------------|-------|---------------------------------|----------|--------|
| 141   | Magnolia Valentine | 11    | REAL Training                   | 21:29.10 |        |
| 142   | Cecelia Walton     | 10    | Viking                          | 21:30.22 | 105    |
| 143   | Jordyn Andrew      | 11    | Pine View XC Club               | 21:31.29 | 106    |
| 144   | Tiana Skanderbeg   | 12    | Dakota Ridge XC                 | 21:32.16 | 107    |
| 145   | Teagan Theall      | 10    | AZ Skyhawk TC                   | 21:32.57 |        |
| 146   | Maddie Poch        | 10    | UNA CO                          | 21:34.97 |        |
| 147   | Ella Becker        | 11    | Bountiful XC                    | 21:36.46 |        |
| 148   | Sofia Colton       | 11    | Nebo XC                         | 21:37.06 | 108    |
| 149   | Kadence Baun       | 12    | Falcons                         | 21:38.34 | 109    |
| 150   | Claire Hitzges     | 12    | Dakota Ridge XC                 | 21:40.17 |        |
| 151   | Kyra Penley        | 9     | Cheyenne Mountain<br>(REAL COS) | 21:41.53 | 110    |
| 152   | Emmie Battersby    | 11    | Cheyenne Mountain<br>(REAL COS) | 21:42.33 |        |
| 153   | Gracie Bliss       | 12    | Trials of Miles TC              | 21:43.27 |        |
| 154   | Rebecca Jenks      | 12    | O-Town Tigers                   | 21:44.08 | 111    |
| 155   | Rosalie Olsen      | 9     | Orem XC                         | 21:45.07 | 112    |
| 156   | Toryn Lewis        | 11    | Park City XC                    | 21:45.25 | 113    |
| 157   | Charlotte Peeters  | 9     | Cheyenne Mountain<br>(REAL COS) | 21:45.34 |        |
| 158   | Charlotte Stauch   | 9     | REAL Training                   | 21:45.81 |        |
| 159   | Lexi Toronto       | 11    | Viking                          | 21:45.91 | 114    |
| 160   | Eizabeth Coppola   | 12    | UNA AZ                          | 21:46.00 |        |
| 161   | Brianna Udy        | 12    | Pine View XC Club               | 21:46.15 | 115    |
| 162   | Darby Leffler      | 10    | Summit Distance<br>Project      | 21:47.43 |        |
| 163   | Maggi Morrell      | 12    | Security XC                     | 21:47.85 |        |
| 164   | Haylee Nocki       | 10    | Wings of America                | 21:48.16 |        |
| 165   | Tempe Anderson     | 11    | Viking                          | 21:49.91 |        |
| 166   | Kayla Kelley       | 9     | Cheyenne Mountain<br>(REAL COS) | 21:50.44 |        |
| 167   | Lily Wederquist    | 9     | Running Rams                    | 21:53.54 | 116    |
| 168   | Johnaya Tyler      | 11    | Wings of America                | 21:56.37 |        |
| 169   | Phoebe Finkel      | 12    | Park City XC                    | 21:56.88 | 117    |
| 170   | Sadie Evans        | 11    | Los Alamos Cross<br>Country     | 22:00.63 |        |
| 171   | Eliza Gehring      | 12    | Viking                          | 22:00.98 |        |
| 172   | Amelia Dimond      | 11    | Stansbury XC                    | 22:01.41 | 118    |
| 173   | Rachel Henderson   | 10    | Dakota Ridge XC                 | 22:03.29 |        |
| 174   | Bre Watterson      | 12    | Stansbury XC                    | 22:03.37 | 119    |
| 175   | Grace Farrell      | 12    | UNA CO                          | 22:04.85 |        |

| Place | Name               | Grade | Team                                | Time     | Points |
|-------|--------------------|-------|-------------------------------------|----------|--------|
| 176   | Shaydin Steers     | 9     | Roadrunner Run<br>Club              | 22:05.94 |        |
| 177   | Shelby McCray      | 10    | Wings of America                    | 22:07.53 |        |
| 178   | Lillie Dyer        | 10    | Demon Run Club                      | 22:12.68 |        |
| 179   | Sydney Cowan       | 12    | Bears TC                            | 22:14.15 | 120    |
| 180   | Malyin Eliason     | 11    | O-Town Tigers                       | 22:14.58 | 121    |
| 181   | Georgia Smith      | 9     | O-Town Tigers                       | 22:16.39 | 122    |
| 182   | Sarah Schwartz     | 11    | Nebo XC                             | 22:17.69 | 123    |
| 183   | Kellie Judd        | 11    | Mountain View UT                    | 22:18.13 | 124    |
| 184   | Lizzie Jones       | 12    | Mountain View UT                    | 22:18.25 | 125    |
| 185   | Chloe Phillips     | 11    | O-Town Tigers                       | 22:19.40 | 126    |
| 186   | Adalie Korthaus    | 11    | REAL<br>Training-Thompson<br>Valley | 22:19.50 | 127    |
| 187   | Tiana Tom          | 11    | Gallup XC                           | 22:20.35 | 128    |
| 188   | Cora Jackson       | 12    | Summit Distance<br>Project          | 22:21.60 |        |
| 189   | Kaydence Riley     | 10    | Wings of America                    | 22:21.95 |        |
| 190   | Kaya Fountain      | 9     | Frederick Golden<br>Eagles          | 22:23.00 | 129    |
| 191   | Ava Rumpf          | 11    | Running Rams                        | 22:23.77 | 130    |
| 192   | Tatum Pratt        | 11    | Littleton Distance                  | 22:27.12 |        |
| 193   | Desta Soma         | 12    | REAL Training                       | 22:30.19 |        |
| 194   | Clara Linder       | 11    | Longmont Running<br>Club            | 22:30.48 | 131    |
| 195   | Eliza Bohne        | 10    | O-Town Tigers                       | 22:30.99 |        |
| 196   | Lyndi O'Neal       | 9     | Nebo XC                             | 22:33.89 | 132    |
| 197   | Kirra Garfield     | 9     | Orem XC                             | 22:36.09 | 133    |
| 198   | Eva Stavast        | 12    | Timpanogos                          | 22:36.72 | 134    |
| 199   | Jessica Lasswell   | 11    | Colorado Cougars                    | 22:37.92 | 135    |
| 200   | Ella Mcgregor      | 11    | Longmont Running<br>Club            | 22:39.96 | 136    |
| 201   | Astoria Spradlin   | 11    | Colorado Cougars                    | 22:41.86 | 137    |
| 202   | Chloe Shearer      | 11    | Bears TC                            | 22:43.28 |        |
| 203   | Asiah Moncada      | 10    | Central Warriors                    | 22:46.20 | 138    |
| 204   | Adalee Strauss     | 12    | Nebo XC                             | 22:48.95 | 139    |
| 205   | Selena Quintanilla | 11    | Running Rams                        | 22:50.40 | 140    |
| 206   | Zoe Haws           | 9     | Springville XC                      | 22:52.16 | 141    |
| 207   | Ana Nelson         | 12    | Security XC                         | 22:53.75 |        |



# Race 105 - Girls Merge - Medium School - 5K

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## Individual Results

| Place | Name              | Grade | Team                                | Time     | Points |
|-------|-------------------|-------|-------------------------------------|----------|--------|
| 208   | Marin Rossman     | 10    | REAL<br>Training-Thompson<br>Valley | 22:54.17 | 142    |
| 209   | Talia Blackgoat   | 12    | Gallup XC                           | 22:55.27 | 143    |
| 210   | Klara Fortna      | 10    | Littleton Distance                  | 22:55.45 |        |
| 211   | Malyn Eliason     | 11    | O-Town Tigers                       | 22:55.80 |        |
| 212   | Alison Lovell     | 10    | Stansbury XC                        | 22:59.83 | 144    |
| 213   | Isabella Rounkles | 12    | O-Town Tigers                       | 23:00.35 |        |
| 214   | Lily Kirwan       | 11    | Cheyenne Mountain<br>(REAL COS)     | 23:04.31 |        |
| 215   | Kenna Kaminski    | 11    | Longmont Running<br>Club            | 23:06.07 | 145    |
| 216   | Johanna Pataluna  | 12    | Raven Runners                       | 23:08.60 | 146    |
| 217   | Emma Corey        | 12    | Colorado Cougars                    | 23:09.68 |        |
| 218   | Emma Murillo      | 11    | Total XC                            | 23:10.30 |        |
| 219   | Malena Westberg   | 12    | Security XC                         | 23:11.06 |        |
| 220   | Sage Nicholas     | 12    | Cheyenne Mountain<br>(REAL COS)     | 23:12.35 |        |
| 221   | Ashley Johns      | 12    | Springville XC                      | 23:13.75 | 147    |
| 222   | Leann Solis       | 11    | Nebo XC                             | 23:22.04 | 148    |
| 223   | Izzy Sunkel       | 10    | Cheyenne Mountain<br>(REAL COS)     | 23:26.27 |        |
| 224   | Charli Parrish    | 10    | REAL<br>Training-Thompson<br>Valley | 23:27.60 | 149    |
| 225   | Michelle Zubel    | 12    | Mica Mountain XC                    | 23:33.02 | 150    |
| 226   | Kaiden Esson      | 10    | Wings of America                    | 23:34.56 |        |
| 227   | Haley Reyes       | 9     | Cosmic Cobras                       | 23:37.10 |        |
| 228   | Emma JEX          | 10    | Teddy Roosevelt XC<br>Club          | 23:37.35 |        |
| 229   | Ayla Colley       | 12    | REAL<br>Training-Thompson<br>Valley | 23:38.11 | 151    |
| 230   | Celia Weiss       | 10    | Longmont Running<br>Club            | 23:38.56 | 152    |
| 231   | Ryann Valazquez   | 9     | REAL Training                       | 23:39.34 |        |
| 232   | Rivirlin Hunt     | 9     | UNA NM                              | 23:39.71 |        |
| 233   | Jessica Balderson | 11    | Teddy Roosevelt XC<br>Club          | 23:41.74 |        |
| 234   | Ella McQuay       | 10    | Bountiful XC                        | 23:42.10 |        |
| 235   | Kalia McKinnon    | 9     | Nebo XC                             | 23:42.85 | 153    |
| 236   | McCall Scharmman  | 12    | O-Town Tigers                       | 23:44.41 |        |
| 237   | Regina Herrera    | 10    | Littleton Distance                  | 23:45.16 |        |

| Place | Name                      | Grade | Team                            | Time     | Points |
|-------|---------------------------|-------|---------------------------------|----------|--------|
| 238   | Eliza Scown               | 11    | Stansbury XC                    | 23:49.31 | 154    |
| 239   | Clara De Sousa            | 11    | Frederick Golden<br>Eagles      | 23:49.55 | 155    |
| 240   | Caroline Van Pelt         | 12    | Park City XC                    | 23:51.12 | 156    |
| 241   | Lily Mason                | 12    | Nebo XC                         | 23:52.03 |        |
| 242   | Katie Krupp               | 9     | Pine View XC Club               | 23:52.22 |        |
| 243   | Lila Ellison              | 10    | Summit Distance<br>Project      | 23:55.27 |        |
| 244   | Lucy Olsen                | 10    | UNA CO                          | 23:56.62 |        |
| 245   | Kaitlin Close             | 12    | Running Rams                    | 23:57.02 | 157    |
| 246   | Heaven-Leana King         | 11    | Running Rams                    | 23:57.23 |        |
| 247   | Eleanor Zamarra           | 11    | Park City XC                    | 23:57.62 | 158    |
| 248   | Mariana Guerrero          | 10    | Desert Lightning                | 23:58.93 | 159    |
| 249   | Madelyn Hebdon            | 12    | Nebo XC                         | 23:59.61 |        |
| 250   | Olivia Connely            | 10    | O-Town Tigers                   | 24:02.11 |        |
| 251   | Cara Gauss                | 10    | Los Alamos Cross<br>Country     | 24:03.05 |        |
| 252   | Laney Holt                | 12    | Pine View XC Club               | 24:03.20 |        |
| 253   | Sophie Al Nassif          | 9     | Desert Lightning                | 24:05.36 | 160    |
| 254   | Sage Van Ausdal           | 12    | Nebo XC                         | 24:05.83 |        |
| 255   | Alianna Sanchez           | 12    | Pine View XC Club               | 24:09.03 |        |
| 256   | Gracie Wilts              | 11    | Frederick Golden<br>Eagles      | 24:09.98 | 161    |
| 257   | Maya Balina               | 10    | Desert Lightning                | 24:10.35 | 162    |
| 258   | Shay Vigil                | 10    | Raven Runners                   | 24:11.66 | 163    |
| 259   | Lauren Cowan              | 9     | Bears TC                        | 24:11.71 |        |
| 260   | Adalee Mathias            | 10    | Longmont Running<br>Club        | 24:13.49 | 164    |
| 261   | Macie Shearer             | 9     | Bears TC                        | 24:14.87 |        |
| 262   | Kate Johnson              | 11    | Park City XC                    | 24:14.88 |        |
| 263   | Cayley Hansen             | 12    | Raven Runners                   | 24:17.50 | 165    |
| 264   | Gretchen Grizzell         | 12    | Park City XC                    | 24:18.96 |        |
| 265   | Penelope<br>Barry-Hoffman | 10    | Los Alamos Cross<br>Country     | 24:28.49 |        |
| 266   | Jules Price               | 10    | Teddy Roosevelt XC<br>Club      | 24:30.41 |        |
| 267   | Gillian Paxton            | 9     | Springville XC                  | 24:37.64 | 166    |
| 268   | Arriana Madera            | 9     | Cheyenne Mountain<br>(REAL COS) | 24:37.68 |        |
| 269   | Emma Quigley              | 10    | Mica Mountain XC                | 24:40.74 | 167    |
| 270   | Scarlett Hargan           | 9     | UNA AZ                          | 24:43.31 |        |

# Race 105 - Girls Merge - Medium School - 5K

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## Individual Results

| Place | Name               | Grade | Team                         | Time     | Points |
|-------|--------------------|-------|------------------------------|----------|--------|
| 271   | Alexa Cuddy        | 11    | Grizzly XC                   | 24:45.54 |        |
| 272   | Hazel Hust         | 11    | Running Rams                 | 24:45.72 |        |
| 273   | Madisyn Maez       | 12    | Stansbury XC                 | 24:49.04 |        |
| 274   | Ariella Delvaille  | 11    | Running Rams                 | 24:51.92 |        |
| 275   | Madison Mahan      | 11    | Frederick Golden Eagles      | 24:53.56 | 168    |
| 276   | Grace Evans        | 9     | Los Alamos Cross Country     | 24:59.99 |        |
| 277   | Taya Sanders       | 10    | Bountiful XC                 | 25:02.59 |        |
| 278   | Miley Torres       | 9     | O-Town Tigers                | 25:02.91 |        |
| 279   | Katie Battersby    | 11    | Cheyenne Mountain (REAL COS) | 25:06.92 |        |
| 280   | Kaiya Clark        | 10    | O-Town Tigers                | 25:09.09 |        |
| 281   | Samantha Lombardi  | 9     | Cheyenne Mountain (REAL COS) | 25:09.76 |        |
| 282   | Kelli Yagota       | 11    | Falcons                      | 25:11.82 | 169    |
| 283   | Yoselyn Corona     | 11    | Nebo XC                      | 25:20.58 |        |
| 284   | Ariana Brimhall    | 11    | Springville XC               | 25:21.68 | 170    |
| 285   | Basia Minson       | 11    | Mountain View UT             | 25:23.29 | 171    |
| 286   | Sophie Smith       | 11    | O-Town Tigers                | 25:27.91 |        |
| 287   | Taylee Black       | 10    | Falcons                      | 25:28.29 | 172    |
| 288   | Ayelen Vandenack   | 10    | O-Town Tigers                | 25:29.39 |        |
| 289   | Abigail Swigert    | 10    | Los Alamos Cross Country     | 25:32.00 |        |
| 290   | Lida Liles         | 11    | Park City XC                 | 25:55.31 |        |
| 291   | Elizabeth Hix      | 11    | Raven Runners                | 26:11.02 | 173    |
| 292   | Gabriella Belanger | 10    | Mica Mountain XC             | 26:24.98 | 174    |
| 293   | Adriana Dishion    | 11    | Running Rams                 | 26:28.57 |        |
| 294   | AnnMarie Hernandez | 10    | Los Alamos Cross Country     | 26:33.81 |        |
| 295   | Isla Ruiz          | 10    | Raven Runners                | 26:35.30 | 175    |
| 296   | Annie Hunter       | 9     | O-Town Tigers                | 26:36.69 |        |
| 297   | Kendall Willis     | 10    | Frederick Golden Eagles      | 26:40.20 | 176    |
| 298   | Matilde Osti       | 11    | Longmont Running Club        | 26:58.37 |        |
| 299   | Elizabeth Titus    | 11    | Coyote XC                    | 27:02.35 |        |
| 300   | Zarah Hamidi       | 10    | BASIS Scottsdale             | 27:10.96 |        |
| 301   | Nelly Glaeser      | 11    | Frederick Golden Eagles      | 27:25.48 | 177    |
| 302   | Jillian Hager      | 11    | Mica Mountain XC             | 27:28.67 | 178    |

| Place | Name            | Grade | Team                         | Time     | Points |
|-------|-----------------|-------|------------------------------|----------|--------|
| 303   | Evelyn Cotter   | 11    | Cheyenne Mountain (REAL COS) | 27:35.81 |        |
| 304   | Kassidy Lear    | 12    | Frederick Golden Eagles      | 27:50.09 |        |
| 305   | Olivia Graf     | 10    | Pine View XC Club            | 28:05.74 |        |
| 306   | Elise Green     | 9     | Springville XC               | 28:08.41 | 179    |
| 307   | Taycee Anderson | 10    | Springville XC               | 28:14.81 | 180    |
| 308   | Katelyn Carl    | 10    | Wings of America             | 29:19.82 |        |
| 309   | Kaitlyn Verma   | 11    | Running Rams                 | 30:11.19 |        |
| 310   | Chiara Loreti   | 11    | Frederick Golden Eagles      | 31:05.81 |        |
| 311   | Kate Greiner    | 11    | Frederick Golden Eagles      | 31:20.67 |        |
| 312   | Leah McDonald   | 11    | Poudre XC                    | 32:13.34 |        |
| 313   | Maire Kinsman   | 9     | Cheyenne Mountain (REAL COS) | 32:32.21 |        |
| 314   | Kaylin James    | 9     | UNA NM                       | 34:22.48 |        |