



California Community College Athletic Association

Track & Field

2024 State Championships

Saddleback College Stadium * Saddleback College * Mission Viejo, CA

MEET INFORMATION

GENERAL INFORMATION:

Dates: Friday, May 17, 2024
Saturday, May 18, 2024

Location: Saddleback College Stadium
28000 Marguerite Parkway
Mission Viejo, CA 92692

Meet Contact: Mark Blethen Brett Franchino
949-582-4640 949-582-4744
mblethen@saddleback.edu bfranchino@saddleback.edu

Entry Process: Entries are completed automatically following the regional championships and do not require declaration. Declaration is presumed if athletes are not scratched. The scratch deadline is May 14 at 6:00 PM.

Entry Fees: The entry fee of \$200 (per gender/per school) is equal for all participating teams and is due at or prior to packet pick-up.
Make checks payable to: Saddleback College Athletics

Directions: Please visit <https://www.saddleback.edu/maps-and-directions> for directions and maps to the campus and stadium.

Hotels: Please visit page four of this guide for official hotels recommended. Mention "Saddleback Special Events" when booking to reserve the best rate available.

STADIUM INFORMATION:

Competition Facilities: All competition facilities meet or exceed World Athletics/USATF/ NCAA competition facility standards.

TEAM INFORMATION:

PARKING/DROP OFF: All parking and bus drop off for the state championships will be in parking lot 1A.
No charge for marked college vehicles. \$5 parking fee for all others.
Purchase parking permits at kiosks.

PACKET PICK-UP: Packet pick-up will be available Thursday through Saturday at team gate entry near track annex.

TEAM CAMP: Team camp set-ups will be located at practice fields west of the stadium.

PRACTICE: Facilities will be available from 12PM-8PM on Thursday, May 16. Meet set-up will be ongoing.

MEDICAL: Saddleback athletic trainers will be on hand to assist and provide access to our facilities for your athletic trainers.
Visiting teams and trainers must provide their own regular/standard medical supplies (tape, gauze, pre-wrap, etc...)
Jamee Morales (Saddleback ATC) will be the lead contact for any and all medical questions (jmorales@saddleback.edu 949-582-4216).

CONCESSIONS: Concession and food trucks available all day inside the stadium.

SOUVENIRS: State Championships T-Shirts available near concessions.

COMPETITION INFORMATION:

- RULES:** NCAA/CCCAA Championship per rules handbook
- SPIKES:** Pyramid only / max ¼ inch. Spikes will be checked at clerk of the course prior to entering the stadium. Shoes found to have illegal spikes will be impounded until the end of the meet.
- IMPLEMENT WEIGH IN:** Implement certification will be located at the track annex building (south end of the stadium). It will be open one hour prior to first throw event and close at the start of the final throws event.
- COMPETITION WARM-UP:** All warm-ups conducted on the practice fields west of the stadium.

EVENT CHECK-IN FOR RUNNING EVENTS

- PROCEDURE:** All running events will check-in at the CLERK 15 minutes prior to start time to receive their hip number. Competitors will then be escorted to the start line for their event. Failure to report to start line prior to starting command instructions will result in disqualification.

EVENT CHECK-IN FOR FIELD EVENTS

- PROCEDURE:** All field events will check in at the clerk 45 minutes prior to competition. Competitors will then be escorted to their event site for additional warm-ups. Failure to report prior to the first throw/jump of competition will result in disqualification.

All competitors must report to the clerk with their uniform on, bib number pinned to uniform and with spikes/shoes ready for inspection.

- COACH ACCESS:** All coaches in attendance who are current members of the 5CTCA will receive coach credentials.

- PROTESTS:** Any protest must be submitted in writing (on provided form) to the meet clerk, who will then deliver to the meet referee for review. Protests must be made no later than 30 minutes after the results of the protested event have been posted.

Protest fee is \$50. Fee is refunded if the protest is upheld. Protest form (in coach's packet) must be filled out completely with the supporting information/documents and protest fees.

- RULES COMMITTEE:** The following Regional Rules Committee Chairs and Regional Games Committee will select the Jury of Appeals.

Matt Sherman
Rules Committee
South Chair

Rob Dewar
Rules Committee
North Chair

Mark Blethen
Meet Manager

SPECTATOR INFORMATION:

PARKING: Daily parking available for \$5. Purchase parking permits at kiosks.

TICKETS: \$12 Adults
\$8 Students w/ID, community college staff w/ID
seniors (60 years of age+), children (under 12).

RECOMMENDED HOTELS:

THE HILLS HOTEL
Laguna Hills, CA
Director of Sales: Noelle Ogasawara
949-586-5000

HILTON GARDEN INN/HAMPTON INN
Lake Forest, CA
Director of Sales: Marilyn Monroy
949-859-4000



California Community College
Athletic Association

3C2A Track & Field Events Schedule

Friday, May 17

Track Events

12:20	National Anthem
12:30	Decathlon 100m
1:00	Heptathlon 100m Hurdles
6:15	Heptathlon 200m
6:30	Decathlon 400m
7:00	Women's 10,000m
8:00	Men's 10,000m

Field Events

1:15	Decathlon Long Jump
2:30	Heptathlon High Jump
2:45	Decathlon Shot Put
4:15	Decathlon High Jump
5:00	Heptathlon Shot Put

Saturday, May 18

Track Events

Field Events

9:50		National Anthem		
			10:00	Men's Hammer Women's Javelin Men's High Jump
			11:00	Women's Long Jump
12:00	Decathlon 100m Hurdles		12:00	Women's High Jump Women's Shot Put
			12:45	Decathlon Discus
			1:00	Men's Long jump
			2:00	Men's Javelin Men's Shot Put
			2:15	Decathlon Pole Vault
			3:00	Women's Hammer Heptathlon Long Jump
3:30	Women's 3,000m Steeplechase			
3:50	Men's 3,000m Steeplechase			
4:10	Women's 400m Relay			
			4:15	Heptathlon Javelin
4:20	Men's 400m Relay			
4:30	Women's 1,500m		4:30	Women's Pole Vault
4:40	Men's 1,500m			
4:55	Women's 100m Hurdles			
			5:00	Women's Triple Jump Women's Discus
5:05	Men's 110m Hurdles			
5:15	Women's 400m			
5:25	Men's 400m			
5:35	Women's 100m			
5:45	Men's 100m		5:45	Decathlon Javelin
5:55	Women's 800m			
6:05	Men's 800m			
6:15	Heptathlon 800m			
6:30	Women's 400m Hurdles		6:30	Men's Pole Vault
6:40	Men's 400m Hurdles			
6:50	Women's 200m			
7:00	Men's 200m		7:00	Men's Triple Jump Men's Discus
7:10	Decathlon 1,500m			
7:25	Women's 5,000m			
7:50	Men's 5,000m			
8:15	Women's 1,600m Relay			
8:25	Men's 1,600m Relay			
9:00		Team Awards Presentation		