

MARCH 29-30

COVINA DISTRICT FIELD



COVINA INVITATIONAL
POWERED BY
UNDER ARMOUR



Friday Evening 3/29/24
Distance Carnival, Varsity Pole Vault
Saturday 3/30/24
Sprints, Relays, & Field Events (FS Pole Vault)

Dear Coach:

The 30TH ANNUAL Covina Invitational will be moving to a new two-day format this year! Friday we will have a Distance Carnival from 3pm-9:30pm and Saturday we will have field events, sprints, and relays and with our new partner UNDER ARMOUR beginning at 8:30am.

The date of this year's Covina Invite is **Friday and Saturday, March 29th-30th at Covina District Stadium (200 W. Puente St. Covina, CA 91723).**

- Date/Time:** Friday & Saturday, March 29th - 30th
Friday 3pm -9:30pm
Saturday 8:30am - 5:30pm
- Divisions:** Boys Varsity, Girls Varsity, Boys F/S, & Girls F/S
- Awards:** Covina Invitational Medals will be given to the top three overall places in each relay and individual event. Every other heat and flight will medal the winner only. There will also be team championship trophies for 1st-3rd place.
- Fees:** \$175 per team in each division or \$600 for all four divisions. Smaller schools with individual entries may enter at \$15 per athlete entered up to 4 events.
- Entry:** Athletes will be seeded according to submitted times and marks through the website www.athletic.net Three athletes in each sprinting event, three athletes in field events, and four entries in distance events (800,1600, 3200). **Entries will be due by Tuesday, March 26th at 11:59pm.**

Please confirm your intent to participate by sending the contract below. Our track meet does fill soon so please do this early to guarantee entry. If there are any questions please feel free to email me or text my cell.

Thank you,

Kevin Glaspy

Kevin Glaspy, Meet Director

**Covina Invitational – TEXT QUESTIONS 626 824-0852, EMAIL kglaspy@c-vusd.org
Covina High School
463 S. Hollenbeck, Covina CA 91723
www.covinatrack.com**

Revised 11/6/23

COVINA INVITATIONAL

Covina District Stadium 200 W. Puente Ave. Covina 91723

Meet Information

- Bus Drop off and Parking- Bus drop off will be in the east side lane next to the stadium. Bus parking will be at Covina High School (463 S. Hollenbeck Covina) ¼ mile away.
- Implement weigh in will be available at the shot and discus ring prior to each event.
- Warm Ups- The warm up area is located in the infield. Non-competing athletes will not be allowed to set up in the infield area. Coaches and parents will be asked to not congregate in the infield.
- Clerk of the Course – The clerk of the course is located in the infield. Athletes must check in 30 minutes prior to their event or they will be scratched.
- Scoring – Team scoring is 10-8-6-4-2-1 for all levels and events (both days). Times/marks for the following heats/flights can score if they are in the top six places overall. Marks are from both days of the meet.
- Coaches/Weightman's Relay – Only athletes competing in a throwing event are allowed to participate in this event. Coaches willing to risk embarrassment are also allowed to compete. This event is non-scoring and non-medaling.
- Medals – Top three places in all invitational heats and flights (1st heat/flight is invitational). Only heat and flight winners after 1st heat/flight. Top three places in ALL distance races will medal (800,1600, 3200). Medals will be distributed at each field event and after each race.
- Team Packets – Team packets can be picked up at the finish line upon your arrival. Payment must be made prior to competition. Checks are payable to Covina High Track.
- Spikes – Please make sure all track athletes have 3/16” spikes or less. Spikes will be checked and sold at the entrance of the stadium.
- Starting heights will be determined prior to the start of the event based on the entries and marks received.
- Attempts - Disc & Shot 3 attempts, Long and Triple Jump 3 total attempts