

CCAA Championships - 5/2/2019 to 5/4/2019

UC San Diego

Meet Program - Friday - Track

Event 3 Women 4x100 Meter Relay

9 Advance: Top 2 Each Heat plus Next 5 Best Times

CCAA: 42.46 2010 Cal State Dominguez Hills
 Facility: 44.62 2013

Lane	Team	Relay	Seed Time
Heat 1 of 2 Prelims			
3	Humboldt Sta	A	49.98
	1) Haussler, Tarney JR	2) Bankas, Lily SR	
	3) Ristuccia, Caroline SO	4) VandenBoom, Brailee JR	
4	San Francisc	A	45.40
	1) Henry, Alexis SR	2) Hardemion, Kennedy SR	
	3) Cook, Maya SO	4) Smith, Jazmine SR	
5	UC San Diego	A	47.37
	1) King, Ashley FR	2) Page, Caroline SR	
	3) Meaney, Mckenna SO	4) Schulhofer, Avery SR	
6	Cal St. San	A	48.86
	1) Colton, Destiny FR	2) Sanabria, Valentina JR	
	3) Wiley, Tori JR	4) Price, Maya FR	
7	Cal St. Dom.	A	47.54
	1) Sam, Yulinda JR	2) Parrish, Tia SR	
	3) Pickens, Michelle SR	4) Myers, Argnae SR	
Heat 2 of 2 Prelims			
3	Stanislaus S	A	NT
	1) Flores, Amber SR	2) Adams, Jada FR	
	3) Venerable, Mi'Shaye SR	4) Pipion, Caprina JR	
4	Cal St. San	A	47.67
	1) Wyckoff, Lauren SR	2) Gonzalez, Alyssia SO	
	3) Estremera, Shareen FR	4) Phillips, Jaiden SO	
5	Cal Poly Pom	A	46.58
	1) Francis, Zaria JR	2) Napoleon, Ryanne SO	
	3) Vance, Nia JR	4) Fields, Ayana FR	
6	Chico State	A	47.59
	1) Chappell, Claire SR	2) Moyer, Isabella SO	
	3) Settle, Lyndsey SR	4) Dorsey, Jordyn SR	
7	Cal St. Los	A	46.23
	1) Miles, J'Liyah SR	2) Droughn, Valexsia SO	
	3) Dickerson, Kayla JR	4) Greene, Ryan FR	

Event 5 Women 1500 Meter Run

12 Advance: Top 4 Each Heat plus Next 4 Best Times

CCAA: 4:16.64 1988 Darcy Arreola
 Facility: 4:12.81 1992 Darcy Arreola

Lane	Name	Yr	School	Seed Time
Heat 1 of 2 Prelims				
1	Jones, Desirae	JR	Chico State	4:43.02
2	Hernandez, Alexandra	SR	UC San Diego	4:39.52
3	Bickel, Makaelyn	FR	Stanislaus S	4:48.96
4	Hall, Grace	JR	Humboldt Sta	4:55.56
5	Enriquez, Bibiana	JR	San Francisc	4:39.16
6	Monoszlay, Casey	SR	Cal Poly Pom	4:27.68
7	Kloha, Christa	SR	UC San Diego	4:54.62
8	Ortiz, Alondra	JR	Cal St. East	4:58.79
9	Roy, Brooke	FR	Cal St. Mont	4:47.69
10	Rivas, Ashley	FR	Cal St. Los	5:32.63
11	Coney, Madalyne	FR	UC San Diego	4:45.42
Heat 2 of 2 Prelims				
1	Baron, Alex	JR	Cal St. Mont	4:54.25
2	Ronquillo, Angelina	SO	Cal St. East	4:40.60
3	McDonough, Marina	JR	Cal St. San	4:39.06
4	Romero, Andrea	JR	Cal St. East	4:47.33
5	Corey, Kendra	SO	UC San Diego	4:47.13
6	Garcia, Sabrina	JR	Stanislaus S	4:34.55
7	Sanchez, Giselle	FR	Cal St. San	4:57.17
8	Amburgey, Caitlin	JR	Cal St. East	4:54.45
9	Rowley, Gina	SO	Sonoma St.	NT
10	Pineda, Michelle	SR	Cal St. San	4:41.93
11	Uribe, Analicia	FR	San Francisc	4:56.48

Event 6 Men 1500 Meter Run

12 Advance: Top 4 Each Heat plus Next 4 Best Times

CCAA: 3:43.80 1979 Dan Alridge
 Facility: 3:41.84 1997 Wander Moura

Lane	Name	Yr	School	Seed Time
Heat 1 of 2 Prelims				
1	Sotelo, Israel	SR	Cal St. East	4:02.54
2	Vazquez, Andrew	FR	Stanislaus S	3:52.77
3	LeDesma, Evan	FR	Humboldt Sta	4:09.60
4	DeLong, Garrett	JR	Chico State	3:54.31
5	Horwitz, Elijah	SO	UC San Diego	3:54.97
6	Johnson, Aren	SR	UC San Diego	3:51.18
7	Gonzalez, Isaac	SR	Stanislaus S	4:00.06
8	Shaw, Jeremy	JR	Cal St. East	4:11.75
9	Smythe, Eamon	SR	Cal Poly Pom	3:52.73
10	Pina, Didier	SR	Cal St. Los	4:43.71



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UC San Diego

Meet Program - Friday - Track

Heat 2 of 2 Prelims...(Event 6 Men 1500 Meter Run)

1	Corvese, Tim	JR	UC San Diego	3:54.03
2	Ambrosio, Alejandro	JR	Cal Poly Pom	3:53.44
3	Vavra, Shea	JR	Cal St. San	3:58.69
4	Herrera, Matt	SO	Chico State	3:52.23
5	Garrissere, Jake	FR	San Francisc	4:17.51
6	Tull, Daniel	JR	Humboldt Sta	3:52.59
7	Sykes, Jeran	SO	Humboldt Sta	4:08.02
8	Mendez, Aaron	FR	Cal St. Los	4:18.75
9	Beattie, Brett	FR	UC San Diego	3:57.74
10	Llopis, Bryan	FR	Cal St. East	4:03.75

Event 7 Women 100 Meter Hurdles

9 Advance: Top 2 Each Heat plus Next 5 Best Times

CCAA: 13.38 1993 Marcia Gualdo
 Facility: 12.97 2016 Ginnie Crawford

Lane	Name	Yr	School	Seed Time
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Heat 1 of 2 Prelims

1	Ferguson, Mya	FR	Cal St. Los	14.68
2	Munford, Jordan	JR	Cal St. San	14.35
3	Torabi, Zeinab	SO	UC San Diego	14.97
4	Olson, Dani	SR	Chico State	15.05
5	Lewis, Monisha	JR	San Francisc	NT
6	Page, Caroline	SR	UC San Diego	14.41
7	Miles, Jayla	FR	Cal St. Los	14.83
8	Adams, Jada	FR	Stanislaus S	16.14
9	Duenas, Selena	JR	Humboldt Sta	15.97

Heat 2 of 2 Prelims

1	Popoola, Ayokemi	FR	Cal St. Mont	15.83
2	Mejia, Elizabeth	JR	Cal St. Los	17.38
3	Vance, Nia	JR	Cal Poly Pom	14.13
4	Fredeen, Adela	SO	Chico State	14.85
5	Cox, Claudia	JR	UC San Diego	14.52
6	Moya, Janeth	SR	Cal St. Los	14.64
7	Hernandez, Jenna	JR	Cal St. San	16.73
8	Brown, Devanique	SR	San Francisc	14.94
9	Fortenberry, Valencia	FR	San Francisc	15.06

Event 9 Women 400 Meter Dash

9 Advance: Top 2 Each Heat plus Next 3 Best Times

CCAA: 53.90 1986 Patrice Carpenter
 Facility: 52.12 2016 Geisa Coutinho

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

2	Ram, Calista	FR	Stanislaus S	1:00.01
3	Proiette, Sydney	SR	Chico State	57.06
4	Thompson, Emily	SO	Sonoma St.	NT
5	Crowley, Allison	SR	Cal St. Mont	1:00.31
6	Meaney, Mckenna	SO	UC San Diego	58.15
7	Fields, Ayana	FR	Cal Poly Pom	55.89
8	Pipion, Caprina	JR	Stanislaus S	58.09

Heat 2 of 3 Prelims

2	Chappell, Claire	SR	Chico State	57.64
3	Williams, Hannah	SO	San Francisc	58.77
4	Flint, Ellie	FR	UC San Diego	57.88
5	Julian, Sierra	FR	Cal St. San	58.97
6	Armstrong, Cheianne	JR	Humboldt Sta	1:01.29
7	Smith, Jazmine	SR	San Francisc	54.28
8	Johnwell, Aisha	SR	Cal St. San	1:05.20

Heat 3 of 3 Prelims

2	Braden, Dericka	SO	Cal St. Los	59.15
3	Smith, Maryjane	JR	Cal St. Dom.	58.46
4	Reyna, Sarah	JR	Cal Poly Pom	1:00.35
5	Bailey, Savannah	FR	Chico State	57.91
6	Hardemion, Kennedy	SR	San Francisc	57.15
7	Henry, Alexis	SR	San Francisc	55.13
8	Pryor, Nautica	SO	Cal St. Dom.	NT

Event 10 Men 400 Meter Dash

9 Advance: Top 2 Each Heat plus Next 3 Best Times

CCAA: 45.69 1993 Devon Edwards
 Facility: 45.83 1997 Sanderlei Parella

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

3	Doukakis, Luke	SO	Cal Poly Pom	49.90
4	Halvax, Max	FR	UC San Diego	48.23
5	Winding, Adam	JR	UC San Diego	49.00
6	O'Reilly, Timothy	SO	Cal St. San	51.13
7	Husband, Makhai	JR	UC San Diego	49.68
8	Guajardo, Nicholas	FR	Cal Poly Pom	49.51

Heat 2 of 3 Prelims

3	Singh, Abhishek	FR	Stanislaus S	49.60
4	Salgado, Kiasa	SO	UC San Diego	49.61
5	Powell, Phillip	SR	Cal St. Los	50.54
6	Viter, Jacob	SR	Stanislaus S	51.00
7	Thomas, Keeon	SR	Cal Poly Pom	48.77
8	Mosley, Domo	JR	Chico State	48.49



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Heat 3 of 3 Prelims...(Event 10 Men 400 Meter Dash)

2	Coffey, Wyatt	SR	Stanislaus S	49.72
3	Martin, Malik	SR	Cal St. Los	51.25
4	Wilson, Dale	JR	Cal St. Los	47.96
5	Cummings, Joshua	JR	Chico State	49.33
6	Pecaoco, Reece	FR	Humboldt Sta	51.46
7	Uzoma, Chris	SR	Cal Poly Pom	49.75
8	Sayaphone, Eric	JR	Stanislaus S	49.24

Event 11 Women 100 Meter Dash

9 Advance: Top 2 Each Heat plus Next 3 Best Times

CCAA: 11.59 2001 Nicole Duncan
 Facility: 11.17 1996 Inger Miller

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

1	VandenBoom, Brailee	JR	Humboldt Sta	12.51
2	Napoleon, Rynne	SO	Cal Poly Pom	12.15
3	Greene, Ryan	FR	Cal St. Los	12.13
4	Wyckoff, Dejanae	FR	Cal St. Los	13.26
5	Cook, Maya	SO	San Francisc	12.28
6	Popoola, Ayokemi	FR	Cal St. Mont	13.15
7	Wyckoff, Lauren	SR	Cal St. San	12.48
8	Droughn, Valexsia	SO	Cal St. Los	11.63
9	Gonzalez, Alyssia	SO	Cal St. San	12.29

Heat 2 of 3 Prelims

2	Myers, Argnae	SR	Cal St. Dom.	12.54
3	Schulhofer, Avery	SR	UC San Diego	12.16
4	Phillips, Jaiden	SO	Cal St. San	12.43
5	Parrish, Tia	SR	Cal St. Dom.	12.03
6	Pickens, Michelle	SR	Cal St. Dom.	12.87
7	Dickerson, Kayla	JR	Cal St. Los	12.27
8	Settle, Lyndsey	SR	Chico State	12.32
9	Miles, J'Liyah	SR	Cal St. Los	11.83

Heat 3 of 3 Prelims

1	Lewis, Monisha	JR	San Francisc	11.85
2	Nelson, Zakiyaa	SO	Cal St. Dom.	12.74
3	Moyer, Isabella	SO	Chico State	12.19
4	Francis, Zaria	JR	Cal Poly Pom	11.85
5	Estremera, Shareen	FR	Cal St. San	12.56
6	Sam, Yulinda	JR	Cal St. Dom.	12.39
7	Dorsey, Jordyn	SR	Chico State	12.17
8	Price, Maya	FR	Cal St. San	12.36

Event 12 Men 100 Meter Dash

9 Advance: Top 2 Each Heat plus Next 5 Best Times

CCAA: 10.21 1992 Brian Bridgewater
 Facility: 10.11 2016 Emmanuel Matadi

Lane	Name	Yr	School	Seed Time
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Heat 1 of 2 Prelims

1	Gladney, Terrence	SO	Stanislaus S	10.84
2	Asiedu-akrofi, Joshua	FR	UC San Diego	10.70
3	Roybal, Isaiah	SR	Chico State	10.78
4	Caragao, Richie	FR	UC San Diego	10.96
5	Lewis, Cedric	SO	Humboldt Sta	11.18
6	Sharif, Rahmie	FR	Cal Poly Pom	11.09
7	Gates, William	FR	Cal St. San	10.95
8	Maldonado, Nick	JR	Stanislaus S	11.38
9	Luis, Tyler	SR	Cal St. San	11.06

Heat 2 of 2 Prelims

1	John, Stefan	SO	Humboldt Sta	11.12
2	Hamel, Kenneth	JR	Cal Poly Pom	10.74
3	Frommoethelydo, Jemantaj	JR	Cal St. Los	11.10
4	Johnston, Kyle	FR	Cal Poly Pom	10.87
5	Hariharan, Kavin	SO	UC San Diego	10.97
6	Pritchard, William	JR	Cal Poly Pom	10.74
7	Cummings, Colton	FR	Chico State	10.94
8	Barrett, Hasani	SR	Chico State	10.96

Event 13 Women 800 Meter Run

9 Advance: Top 2 Each Heat plus Next 5 Best Times

CCAA: 2:04.66 1990 Teena Colebrook
 Facility: 2:02.83 1992 Debbie Marshall

Lane	Name	Yr	School	Seed Time
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Heat 1 of 2 Prelims

2	Alexander, London	FR	San Francisc	2:20.49
3	Jacobs, Marley	FR	UC San Diego	2:18.11
4	Dominguez, Czarina	SO	UC San Diego	2:20.68
5	Towne, Taylor	JR	Sonoma St.	NT
6	Harris, Rebecca	JR	Cal St. Los	2:19.61
7	Hernandez, Alexandra	SR	UC San Diego	2:13.90
8	Duquette, Brittney	JR	Cal St. East	2:10.91
9	Chessin, Erin	SR	Humboldt Sta	2:13.28

Heat 2 of 2 Prelims

2	Earle-Rouse, Ellie	SO	Humboldt Sta	2:16.88
3	Jones, Lauryn	SR	Cal St. Dom.	2:24.27
4	Smith, Lari	SO	Cal St. Dom.	2:35.04
5	Hawley, Katie	FR	Chico State	2:19.96
6	Enriquez, Bibiana	JR	San Francisc	2:13.96
7	Garcia, Clarissa	SO	Cal St. San	2:13.02
8	Walker, Akia	JR	Stanislaus S	2:12.89
9	Milner, Savannah	FR	Cal St. San	2:19.91



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CCAA Championships - 5/2/2019 to 5/4/2019

UC San Diego

Meet Program - Friday - Track

Event 14 Men 800 Meter Run

9 Advance: Top 2 Each Heat plus Next 5 Best Times

CCAA: 1:48.30 1966 Rick Herman
 Facility: 1:46.11 1992 Jose Luis Barbosa

Lane	Name	Yr	School	Seed Time
Heat 1 of 2 Prelims				
3	Chomentowski, Hugh	FR	Humboldt Sta	1:59.66
4	Morton, Derek	SR	Chico State	1:51.18
5	Leach, Brayden	JR	Humboldt Sta	1:54.83
6	Famolaro, Nick	SR	UC San Diego	1:51.61
7	Selstad, Jake	SO	UC San Diego	1:53.57
Heat 2 of 2 Prelims				
3	Wells, Conor	JR	Chico State	1:53.26
4	Corvese, Tim	JR	UC San Diego	1:53.05
5	Good, Michael	SR	Chico State	1:50.56
6	Thomas, Isaiah	JR	Cal St. San	1:55.79
7	Gengo, Michael	SO	Humboldt Sta	1:57.26

Event 15 Women 400 Meter Hurdles

9 Advance: Top 2 Each Heat plus Next 5 Best Times

CCAA: 58.90 1993 Marcia Guialdo
 Facility: 56.54 2016 Kori Carter

Lane	Name	Yr	School	Seed Time
Heat 1 of 2 Prelims				
3	Strand, Kelly	SR	UC San Diego	59.98
4	Lewis, Monisha	JR	San Francisc	1:02.73
5	Ferguson, Mya	FR	Cal St. Los	1:04.86
6	Duenas, Selena	JR	Humboldt Sta	1:07.96
7	Moya, Janeth	SR	Cal St. Los	1:01.09
8	Hardemion, Kennedy	SR	San Francisc	1:02.63
Heat 2 of 2 Prelims				
2	Herrera, Kassandra	JR	Cal St. Los	1:04.79
3	Mojica, Allison	JR	Cal St. San	1:08.82
4	Torabi, Zeinab	SO	UC San Diego	1:01.85
5	Mattson, Megan	FR	UC San Diego	1:04.62
6	Blackwell, Sheena	JR	Chico State	1:02.20
7	Cox, Claudia	JR	UC San Diego	59.18
8	Deeter, MacKenzie	JR	Chico State	1:08.39

Event 16 Men 400 Meter Hurdles

9 Advance: Top 2 Each Heat plus Next 5 Best Times

CCAA: 50.19 2016 Khallifah Rosser
 Facility: 49.85 1992 Kriss Akabusi

Lane	Name	Yr	School	Seed Time
Heat 1 of 2 Prelims				
4	Moore, Kaelin	SO	Cal Poly Pom	52.64
5	Williams, Riley	FR	Cal St. Los	54.71
6	Valdes, Nick	JR	Chico State	58.00
7	Burton, Jonathan	SO	Cal St. San	52.77
8	Rack, Nicholas	SR	UC San Diego	54.27
Heat 2 of 2 Prelims				
4	Salgado, Kiasa	SO	UC San Diego	52.98
5	Fields, Ryan	FR	Cal Poly Pom	52.08
6	Polk, Josef	JR	UC San Diego	53.04
7	Koenig, Paul	SR	UC San Diego	57.45
8	Oliver, Shane	FR	Humboldt Sta	57.54

Event 17 Women 200 Meter Dash

9 Advance: Top 2 Each Heat plus Next 3 Best Times

CCAA: 23.55 1985 Patrice Carpenter
 Facility: 23.03 2004 Monique Henderson

Lane	Name	Yr	School	Seed Time
Heat 1 of 3 Prelims				
2	Moyer, Isabella	SO	Chico State	25.36
3	Pryor, Nautica	SO	Cal St. Dom.	27.80
4	Smith, Jazmine	SR	San Francisc	24.63
5	Myers, Argnae	SR	Cal St. Dom.	25.54
6	Schulhofer, Avery	SR	UC San Diego	25.38
7	Droughn, Valexia	SO	Cal St. Los	24.49
8	VandenBoom, Brailee	JR	Humboldt Sta	25.55
Heat 2 of 3 Prelims				
2	Cook, Maya	SO	San Francisc	24.90
3	Fields, Ayana	FR	Cal Poly Pom	24.36
4	King, Ashley	FR	UC San Diego	25.53
5	Settle, Lyndsey	SR	Chico State	25.45
6	Dorsey, Jordyn	SR	Chico State	25.60
7	Gonzalez, Alyssia	SO	Cal St. San	25.32
8	Crowley, Allison	SR	Cal St. Mont	27.00
Heat 3 of 3 Prelims				
2	Napoleon, Ryanne	SO	Cal Poly Pom	25.77
3	Williams, Hannah	SO	San Francisc	25.68
4	Meaney, Mckenna	SO	UC San Diego	24.96
5	Henry, Alexis	SR	San Francisc	24.31
6	Dickerson, Kayla	JR	Cal St. Los	25.48
7	Julian, Sierra	FR	Cal St. San	25.45
8	Parrish, Tia	SR	Cal St. Dom.	25.05



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CCAA Championships - 5/2/2019 to 5/4/2019

UC San Diego

Meet Program - Friday - Track

Event 18 Men 200 Meter Dash

9 Advance: Top 2 Each Heat plus Next 3 Best Times

CCAA: 20.55 2008 Damien White
 Facility: 20.44 2016 Aldemir Junior

Lane	Name	Yr	School	Seed Time
Heat 1 of 3 Prelims				
2	Hale Jr, Nathan	SR	Cal St. San	22.06
3	Frommoethelydo, Jemantaj	JR	Cal St. Los	22.65
4	Gladney, Terrence	SO	Stanislaus S	21.48
5	John, Stefan	SO	Humboldt Sta	22.48
6	Sharif, Rahmie	FR	Cal Poly Pom	22.31
7	Maldonado, Nick	JR	Stanislaus S	22.97
8	Winding, Adam	JR	UC San Diego	21.84
Heat 2 of 3 Prelims				
2	Wilson, Dale	JR	Cal St. Los	21.46
3	Lewis, Cedric	SO	Humboldt Sta	22.74
4	Asiedu-akrofi, Joshua	FR	UC San Diego	21.92
5	Johnston, Kyle	FR	Cal Poly Pom	21.85
6	Arthur, Malachi	SO	Humboldt Sta	22.83
7	Doukakakis, Luke	SO	Cal Poly Pom	22.47
8	Hariharan, Kavin	SO	UC San Diego	22.32
Heat 3 of 3 Prelims				
3	Roybal, Isaiah	SR	Chico State	22.12
4	Pritchard, William	JR	Cal Poly Pom	22.52
5	Barrett, Hasani	SR	Chico State	21.80
6	Halvax, Max	FR	UC San Diego	21.68
7	Hamel, Kenneth	JR	Cal Poly Pom	22.18
8	Caragao, Richie	FR	UC San Diego	22.57

Event 19 Women 10000 Meter Run

CCAA: 35:45.80 2001 Kathy Lenno
 Facility: 32:13.54 2019 Kellyn Taylor

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Thompson, Kaylee	FR	Humboldt Sta	38:17.21
2	Pizzella, Nora	JR	Chico State	36:08.27
3	Fernandez, Lorraine	SR	Cal Poly Pom	36:55.15
4	Vaughn, Natalie	SR	Cal St. Mont	38:16.16
5	Carpenter, Kayden	JR	Chico State	36:27.74
6	Burns, Jalen	FR	Chico State	36:41.87
7	Martinez, Stephanie	JR	San Francisc	38:27.70
8	Fisher, Claire	SO	Cal St. East	36:50.86
9	Chevreuil, Lucie	JR	Chico State	37:48.13
10	Lewis, McKenna	FR	UC San Diego	40:21.08
11	Mabritto, Shalyn	SR	UC San Diego	NT
12	Luna, Belen	FR	Cal St. Los	42:43.69
13	Cano, Liz	FR	Humboldt Sta	NT
14	Hunt, Kara	SO	Sonoma St.	NT
15	Brecto, Hope	SO	Humboldt Sta	NT
16	Granados, Rosa	SO	Humboldt Sta	NT

Event 23 Women 4x400 Meter Relay

9 Advance: Top 2 Each Heat plus Next 5 Best Times

CCAA: 3:41.64 5/5/2018 San Francisco St.

T Baynard, J Smith, B Bryant, A Henry

Facility: 3:38.94 1992

Lane	Team	Relay	Seed Time
Heat 1 of 2 Prelims			
3	Humboldt Sta	A	4:09.49
	1) VandenBoom, Brailee JR	2) Chessin, Erin SR	
	3) Earle-Rouse, Ellie SO	4) Haussler, Tarney JR	
4	Cal St. Los	A	3:58.68
	1) Moya, Janeth SR	2) Braden, Dericka SO	
	3) Harris, Rebecca JR	4) Herrera, Kassandra JR	
5	UC San Diego	A	3:47.48
	1) Flint, Ellie FR	2) Meaney, McKenna SO	
	3) Strand, Kelly SR	4) Cox, Claudia JR	
6	Cal Poly Pom	A	3:49.34
	1) Napoleon, Ryanne SO	2) Byrd, Charisma JR	
	3) Francis, Zaria JR	4) Fields, Ayana FR	
7	Cal St. San	A	3:57.26
	1) Sjolie, Rachel FR	2) Gonzalez, Alyssia SO	
	3) Garcia, Clarissa SO	4) Julian, Sierra FR	



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Heat 2 of 2 Prelims...(Event 23 Women 4x400 Meter Relay)

3	San Francisc	A	3:37.65
	1) Henry, Alexis SR		2) Hardemion, Kennedy SR
	3) Cook, Maya SO		4) Smith, Jazmine SR
4	Chico State	A	3:51.97
	1) Proiette, Sydney SR		2) Bailey, Savannah FR
	3) Settle, Lyndsey SR		4) Chappell, Claire SR
5	Cal St. Dom.	A	4:03.15
	1) Myers, Argrnae SR		2) Smith, Maryjane JR
	3) Leggett, Patricia JR		4) Parrish, Tia SR
6	Cal St. San	A	4:00.55
	1) Sanabria, Valentina JR		2) Milner, Savannah FR
	3) Avila, Miranda FR		4) Matteson, Makenzie JR
7	Stanislaus S	A	3:55.42
	1) Beattie, Petrice SR		2) Pipion, Caprina JR
	3) Ram, Calista FR		4) Venerable, Mi'Shaye SR

Event 20 Men 10000 Meter Run

CCAA: 29:24.50 1980 Steve Alvarez
 Facility: 28:32.66 2019 Noah Droody

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Emanuel, Jack	FR	Chico State	31:45.40
2	Litwiller, Josh	JR	Cal St. San	30:19.43
3	Baxter, Wyatt	SO	Chico State	30:08.89
4	Ortega, Luis	JR	Chico State	31:18.02
5	Isayan, Vahagn	SR	Cal St. San	31:06.04
6	Suzara, Jeremiah	FR	Cal Poly Pom	30:59.17
7	Romero, Julian	JR	UC San Diego	31:48.32
8	Intravaia, Jason	SR	Chico State	30:48.93
9	Cohn, Carson	SO	Humboldt Sta	32:34.85
10	Portillo, Elliott	SO	Humboldt Sta	33:12.40
11	Terris, Steven	SR	Cal St. San	32:37.54
12	Huerta, Tomas	FR	Stanislaus S	NT
13	Silva, Jacob	SR	Cal St. Los	39:50.36
14	Mora, Oscar	JR	Cal St. East	34:36.48
15	Lopez, Roger	SO	Cal St. San	33:18.88
16	Mendoza, Carlos	JR	Stanislaus S	NT
17	Dorado, Phillip	JR	Cal St. San	NT
18	Sweileh, Nizar	FR	Stanislaus S	34:54.41
19	McMahon, Emmett	FR	Humboldt Sta	NT
20	Smith, Xavier	FR	Cal St. East	32:46.43



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