

CCCAA Southern California Regional Prelims and Championships - 5/4/2019 to 5/1

Riverside College

Results - Prelims

Event 1 Women Javelin Throw

Name	Year	School	Finals	H#
Finals				
1 Hannah Katches	SO	Cuesta	38.98m	127-11 2
33.93m 29.34m FOUL 31.59m 32.11m 38.98m				
2 Gabriela Sanabria	SO	Riverside	38.10m	125-00 2
28.33m 34.99m 38.10m 34.90m 33.68m 36.04m				
3 Senna Forkner	FR	Mt. Sac	37.74m	123-10 2
32.10m 37.29m 35.27m 37.74m 34.43m 32.32m				
4 Anyese Kirkland	FR	Santa Monica	34.68m	113-09 2
21.01m 28.85m FOUL FOUL 21.39m 34.68m				
5 Callissa Candalot	FR	Long Beach	34.42m	112-11 2
32.40m 31.25m 34.42m 30.39m FOUL 29.12m				
6 Chloe Wood	SO	Cuesta	33.02m	108-04 2
32.10m 33.02m 32.81m 31.05m FOUL 32.38m				
7 Nanati Alailefaleula	SO	Cerritos	31.52m	103-05 2
24.46m 27.17m 29.73m 24.66m 31.52m 30.48m				
8 Raelynn Denson	SO	Orange Coast	31.46m	103-02 2
FOUL FOUL 31.46m 24.47m 28.34m FOUL				
9 Jessica Dutton	FR	Palomar	30.56m	100-03 2
23.03m 24.38m 27.99m 28.64m 24.97m 30.56m				
10 Keanna Daramola	FR	Cerritos	28.07m	92-01 2
21.61m 28.07m 25.31m FOUL 18.52m 17.83m				
11 Kimora Pooler	FR	Ventura	28.00m	91-10 2
27.33m 27.22m 28.00m 23.50m FOUL 23.19m				
12 Darlena Robinson	SO	Cerritos	27.70m	90-10 2
FOUL 26.61m 27.70m PASS 27.44m FOUL				
13 Alexis Kotey	FR	Fullerton	27.53m	90-04 1
27.53m FOUL FOUL				
14 Mckayla Edwards	FR	Riverside	27.26m	89-05 1
26.13m 23.84m 27.26m				
15 Charlotte Kraushaar	FR	Orange Coast	25.88m	84-11 2
25.79m 24.79m 25.88m				
16 Daila Bell	FR	Cerritos	24.63m	80-10 1
FOUL 20.48m 24.63m				
17 Yvette Perez	FR	Riverside	24.45m	80-02 1
23.94m 24.32m 24.45m				
18 Elizabeth Chidester	FR	Mt. Sac	24.16m	79-03 1
21.71m 24.16m 22.15m				
19 Annie Doherty	FR	Moorpark	23.40m	76-09 1
23.40m FOUL 19.47m				
20 Zulema Juarez	SO	Orange Coast	22.97m	75-04 1
21.69m 21.57m 22.97m				
21 Reginalyn Patricio	FR	Cuyamaca	22.69m	74-05 1
16.90m 19.96m 22.69m				
22 Ashley Duniphan	FR	Palomar	22.28m	73-01 1
22.28m 21.40m 19.45m				
23 Hanna Lauritzen	FR	Palomar	22.01m	72-02 1
19.41m 18.53m 22.01m				



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**....Event 1 Women Javelin Throw**

24	Angellee Vernon	FR Fullerton	21.44m	70-04	1
	21.44m 20.91m FOUL				
25	Leslie Valoaga	SO Ventura	20.80m	68-03	2
	20.80m FOUL FOUL				
26	Ana Bernstein	SO Santa Monica	19.44m	63-09	1
	17.73m FOUL 19.44m				
27	Erin Williams	FR Cuyamaca	J19.44m	63-09	1
	17.56m FOUL 19.44m				
--	Sarah Downs	FR Long Beach	FOUL		1
	FOUL FOUL FOUL				

**Event 2 Men Javelin Throw**

Name	Year School	Finals	H#
1 Marcos Gonzalez	SO Riverside	55.69m	182-08 2
	46.56m 49.84m FOUL 55.69m FOUL 50.18m		
2 Patrick Maria	FR Riverside	52.77m	173-01 2
	51.88m 50.76m 52.77m 51.42m 49.00m 43.40m		
3 Yuki Ishida	FR Orange Coast	52.63m	172-08 2
	FOUL 47.47m 44.61m 43.59m 45.87m 52.63m		
4 Dwight Isaiah Johnson	FR Santa Monica	50.61m	166-00 2
	46.28m 47.94m 47.24m 48.03m 50.61m 45.81m		
5 Andrew Mitchell	FR SD Mesa	50.55m	165-10 2
	47.05m FOUL 50.55m FOUL 46.51m FOUL		
6 Delon Buncio	SO Canyons	49.67m	162-11 2
	49.67m FOUL FOUL PASS PASS 49.24m		
7 Oscar Navarro	FR SD Mesa	48.79m	160-01 1
	46.61m 42.54m 43.52m 40.90m 48.79m 47.96m		
8 Chance Thomas	FR Santa Monica	47.66m	156-04 2
	45.02m 47.66m 43.85m FOUL FOUL 47.13m		
9 Victor Zuniga	SO Moorpark	47.65m	156-04 2
	47.65m 40.36m 37.63m 43.57m 40.91m 46.45m		
10 Reece Smith	FR Moorpark	47.37m	155-05 2
	45.81m 46.08m FOUL 41.98m 44.63m 47.37m		
11 Shea Wissler	FR El Camino	46.30m	151-11 2
	46.30m 40.72m 34.49m 43.19m 38.09m 43.11m		
12 Luis Marquez	FR Fullerton	45.46m	149-02 1
	37.56m 40.47m 45.46m 41.57m FOUL 40.66m		
13 Joshua Briscoe	FR Riverside	44.46m	145-10 1
	FOUL 44.46m 40.19m		
14 Noah Kilburg	SO Orange Coast	44.02m	144-05 1
	43.14m 39.70m 44.02m		
15 Terrence Allen	FR SD Mesa	43.54m	142-10 2
	43.54m 40.08m FOUL		
16 Drew Dobbs	SO Orange Coast	42.66m	139-11 2
	38.45m 42.66m 41.58m		
17 Jacob Woods	FR Riverside	42.01m	137-10 1
	39.25m 42.01m 36.47m		



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....Event 2 Men Javelin Throw

18	Jorge Gonzalez	SO Cerritos	40.44m	132-08	2
	40.44m 35.84m 36.28m				
19	Thomas Pool	SO Long Beach	40.18m	131-10	1
	40.18m 39.50m FOUL				
20	Eugene Leduc	SO Cerritos	39.42m	129-04	2
	33.69m 39.42m 33.65m				
21	Angel Giron	FR Glendale	39.06m	128-02	1
	38.43m 37.02m 39.06m				
22	Thomas Salado	FR Glendale	37.61m	123-05	1
	37.13m 34.48m 37.61m				
23	Travis Allen	FR SD Mesa	37.35m	122-06	1
	37.35m FOUL FOUL				
24	Kyle Ebersole	SO El Camino	36.68m	120-04	1
	32.04m 36.44m 36.68m				
25	Venture O'Neal	FR Cerritos	36.19m	118-09	1
	36.19m FOUL 36.05m				
26	Timothy Sloan Jr	SO Cerritos	35.79m	117-05	1
	35.79m FOUL FOUL				
27	Miguel Ocampo	SO Glendale	35.42m	116-02	1
	32.71m 35.42m 33.96m				
28	Alan Perez	FR Cuyamaca	32.48m	106-07	1
	32.48m FOUL FOUL				

Event 5 Men Long Jump

Name	Year School	Prelims	Wind	H#
Preliminaries				
1 Justin Reed	SO Riverside	7.01mq	+0.0	23-00.00 1
	6.89m(+0.0) 6.66m(0.2) 7.01m(+0.0)			
2 Titus Houston	FR Cerritos	6.92mq	2.1	22-08.50 2
	6.54m(+0.0) FOUL(2.2) 6.92m(2.1)			
3 William Dower	FR Riverside	6.91mq	1.7	22-08.00 2
	6.91m(1.7) 6.84m(0.2) FOUL(0.1)			
4 Steven Ashby	FR West Los Angeles	J6.91mq	0.1	22-08.00 1
	FOUL(+0.0) 6.79m(+0.0) 6.91m(0.1)			
5 Qwintin Workman	SO El Camino	6.74mq	0.1	22-01.50 1
	6.74m(0.1) 6.59m(+0.0) FOUL(2.0)			
6 Andrew Mercado	SO Canyons	6.66mq	1.6	21-10.25 1
	6.53m(+0.0) FOUL(1.6) 6.66m(1.6)			
7 Troy Cristobal	FR SD Mesa	6.57mq	1.2	21-06.75 1
	6.57m(1.2) 6.08m(0.3) FOUL(1.9)			
8 Jared Whitt	FR Pasadena	6.55mq	0.4	21-06.00 2
	6.55m(0.4) 4.08m(+0.0) PASS			
9 Ezekiel Cruz	FR Southwestern	6.51mq	0.2	21-04.25 2
	6.49m(+0.0) 6.51m(0.2) 6.29m(-0.3)			
10 Delon Buncio	SO Canyons	6.43mq	1.3	21-01.25 1
	FOUL 6.43m(1.3) FOUL(1.5)			
11 Shay Nelson	SO Santa Monica	6.41mq	0.6	21-00.50 2
	6.41m(0.6) 6.36m(0.4) 6.39m(+0.0)			



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....Event 5 Men Long Jump

12	Reece Smith	FR Moorpark	6.39mq	1.5	20-11.75	1
	6.23m(1.5) 6.39m(1.5) FOUL(1.9)					
13	Adam Kasten	SO Riverside	6.38m	1.9	20-11.25	1
	FOUL FOUL 6.38m(1.9)					
14	Robert Clayton	SO Moorpark	6.35m	+0.0	20-10.00	2
	6.29m(1.1) 6.24m(+0.0) 6.35m(+0.0)					
15	Andrew Aguilar	FR Mt. Sac	J6.35m	1.4	20-10.00	2
	6.35m(1.4) FOUL(+0.0) 6.06m(+0.0)					
16	Cahari Allen	FR Antelope Valley	6.34m	+0.0	20-09.75	2
	FOUL 6.24m(+0.0) 6.34m(+0.0)					
17	Moise Calloway	FR SD Mesa	6.33m	1.6	20-09.25	1
	FOUL 5.49m(0.3) 6.33m(1.6)					
18	Isaiah Galloway	FR Orange Coast	6.28m	0.3	20-07.25	1
	6.26m(+0.0) 6.28m(0.3) FOUL					
19	Patrick Maria	FR Riverside	6.25m	-0.9	20-06.25	2
	6.25m(-0.9) ND(NWI) ND(NWI)					
20	James Martin	SO Long Beach	6.24m	1.0	20-05.75	2
	6.24m(1.0) 5.94m(0.4) 6.15m(-0.1)					
21	Christian Trickey	FR SD Mesa	6.13m	1.3	20-01.50	1
	6.13m(1.3) FOUL FOUL					
22	Jacob Woods	FR Riverside	6.09m	1.6	19-11.75	2
	4.96m(+0.0) 5.91m(1.1) 6.09m(1.6)					
23	Andres Ramirez	FR Santa Ana	5.98m	+0.0	19-07.50	2
	5.98m(+0.0) 5.87m(1.6) 5.73m(0.6)					
24	Timothy Sloan Jr	SO Cerritos	5.89m	1.7	19-04.00	1
	5.77m(-1.0) FOUL(1.9) 5.89m(1.7)					
--	Travion Phillips	FR Mt. Sac	FOUL	NWI		2
	FOUL FOUL FOUL					
--	Jordan Baylis	FR El Camino	FOUL	NWI		1
	FOUL FOUL PASS					
--	Billy Hale	FR SD Mesa	FOUL	NWI		1
	FOUL FOUL FOUL					

Event 6 Women Long Jump

Name	Year School	Prelims	Wind	H#
1 Holly Stallman	SO SD Mesa	6.10mq	+0.0	20-00.25 1
	5.47m(-0.0) 5.95m(-0.0) 6.10m(+0.0)			
2 Daizhiana Ebert	FR Bakersfield	5.95mq	1.5	19-06.25 1
	5.33m(-0.0) 5.77m(-0.0) 5.95m(1.5)			
3 Kierra King	SO Cerritos	5.89mq	0.4	19-04.00 1
	5.02m(-0.0) 5.89m(0.4) 5.78m(-0.0)			
4 Imani Jones	SO Cerritos	5.73mq	0.8	18-09.75 2
	5.54m(-0.0) 5.70m(-0.0) 5.73m(0.8)			
5 Ashlie Curenton	SO West Los Angeles	5.69mq	+0.0	18-08.00 2
	5.33m(-0.0) 5.59m(-0.0) 5.69m(+0.0)			
6 Justice Smith	FR Cerritos	5.43mq	+0.0	17-09.75 2
	FOUL 5.43m(+0.0) FOUL			



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**....Event 6 Women Long Jump**

7	Myrna Gillas	SO Fullerton	5.42mq	2.0	17-09.50	1
	FOUL	5.22m(-0.0)	5.42m(2.0)			
8	Samantha Ealy	FR El Camino	5.09mq	2.2	16-08.50	1
		4.89m(-0.0)	5.01m(-0.0)	5.09m(2.2)		
9	Samantha Starkey	FR Fullerton	5.03mq	2.1	16-06.00	2
		4.79m(-0.0)	4.83m(-0.0)	5.03m(2.1)		
10	Charlotte Kraushaar	FR Orange Coast	5.02mq	+0.0	16-05.75	2
		4.69m(-0.0)	5.02m(+0.0)	4.88m(-0.0)		
11	Alicia Zappia	FR Palomar	5.01mq	2.6	16-05.25	2
		5.00m(-0.0)	5.01m(2.6)	4.90m(-0.0)		
12	Aliyah Grissett	SO El Camino	4.99mq	1.6	16-04.50	1
		4.55m(-0.0)	4.93m(-0.0)	4.99m(1.6)		
13	De'Chanelle Goynes	SO West Los Angeles	4.90m	1.0	16-01.00	2
		4.76m(-0.0)	4.90m(1.0)	4.79m(-0.0)		
14	Keanna Daramola	FR Cerritos	4.88m	2.1	16-00.25	2
		4.57m(-0.0)	4.88m(2.1)	4.69m(-0.0)		
15	Zaila Clark	FR Bakersfield	4.75m	0.3	15-07.00	2
		4.75m(0.3)	4.58m(-0.0)	4.64m(-0.0)		
16	Darlena Robinson	SO Cerritos	4.73m	1.5	15-06.25	2
		4.47m(-0.0)	4.68m(-0.0)	4.73m(1.5)		
17	Diana Giraldo	SO Golden West	4.72m	2.5	15-06.00	2
		4.59m(-0.0)	4.72m(2.5)	4.51m(-0.0)		
18	Annie Doherty	FR Moorpark	4.67m	1.4	15-04.00	1
		4.25m(-0.0)	4.64m(-0.0)	4.67m(1.4)		
19	Julie Mariano	SO Orange Coast	J4.67m	1.5	15-04.00	1
		4.30m(-0.0)	4.39m(-0.0)	4.67m(1.5)		
20	Davina Valerio	FR Allan Hancock	4.59m	1.5	15-00.75	2
		4.59m(1.5)	4.59m(-0.0)	4.36m(-0.0)		
21	Daila Bell	FR Cerritos	4.58m	+0.0	15-00.50	1
		4.38m(1.0)	4.58m(+0.0)	PASS		
22	Roxanne Cuevas	FR Fullerton	4.51m	1.7	14-09.75	2
		4.42m(-0.0)	4.51m(1.7)	4.39m(-0.0)		
23	Angela Hicks	SO Riverside	4.28m	NWI	14-00.50	1
		4.28m(NWI)	FOUL	FOUL(-0.0)		
24	Deborah Jackson	FR Cerritos	3.92m	1.1	12-10.50	1
		3.92m(1.1)	3.40m(-0.0)	FOUL		
--	Lachelle Autry	SO Southwestern	FOUL	NWI		1
	FOUL	FOUL	FOUL			
--	Kayla Castro	FR Southwestern	FOUL	NWI		1
	FOUL	x	x			
--	Skyler Weiden	FR SD Mesa	FOUL	NWI		1
	FOUL	PASS	PASS			

**Event 7 Women Pole Vault**

Name	Year School	Prelims
1 Darla Gonzalez	FR Mt. Sac	3.45mq 11-03.75
		3.45
		XO



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....Event 7 Women Pole Vault

2	Karen Orozco	SO Riverside	3.00mq	9-10.00
	2.70 2.85 3.00			
	0 0 0			
2	Amy Campos	FR Mt. Sac	3.00mq	9-10.00
	3.00			
	0			
2	Amanda Amundson	SO Saddleback	3.00mq	9-10.00
	2.85 3.00			
	0 0			
2	Alison Young	FR Orange Coast	3.00mq	9-10.00
	2.85 3.00			
	0 0			
6	Kiersten Wilbourn	SO Mt. Sac	J3.00mq	9-10.00
	2.70 2.85 3.00			
	XO 0 0			
7	Mayara De Souza	FR Mt. Sac	J3.00mq	9-10.00
	3.00			
	XO			
8	Bailey Price	SO Cuesta	2.85mq	9-04.25
	2.55 2.70 2.85 3.00			
	0 0 0 XXX			
9	Lyling Irwin	FR Long Beach	J2.85mq	9-04.25
	2.70 2.85 3.00			
	0 XO XXX			
9	Thy Pham	SO Riverside	J2.85mq	9-04.25
	2.55 2.70 2.85 3.00			
	0 0 XO XXX			
11	Davina Valerio	FR Allan Hancock	2.70mq	8-10.25
	2.40 2.55 2.70 2.85			
	0 0 0 XXX			
11	Mayra Aranda	FR Saddleback	2.70mq	8-10.25
	2.55 2.70 2.85			
	0 0 XXX			
11	Eli Arnaudo	FR Cuesta	2.70mq	8-10.25
	2.40 2.55 2.70 2.85			
	0 0 0 XXX			
14	Clarissa Orna	SO Cerritos	J2.70m	8-10.25
	2.55 2.70 2.85			
	XO XO XXX			
15	Izzy Devera	FR SD Mesa	2.55m	8-04.25
	2.25 2.40 2.55 2.70			
	XO 0 0 XXX			
16	Mackenzie Perez	FR Saddleback	J2.55m	8-04.25
	2.40 2.55 2.70			
	0 XO XXX			
17	Diana Giraldo	SO Golden West	J2.55m	8-04.25
	2.10 2.25 2.40 2.55 2.70			
	0 0 XXO XO XXX			



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....Event 7 Women Pole Vault

18	Natalie Seelenfreund	FR Cuesta	J2.55m	8-04.25
	2.40 2.55 2.70			
	O XXO XXX			
19	Kyra Hendrickson	FR Palomar	2.40m	7-10.50
	2.25 2.40 2.55			
	O XO XXX			
20	Alexandria Stuart	FR Orange Coast	2.25m	7-04.50
	2.10 2.25 2.40			
	O O XXX			
21	Erin Williams	FR Cuyamaca	J2.25m	7-04.50
	2.10 2.25 2.40			
	XO O XXX			
--	Nikki Liddicoat	FR Cuesta	NH	
	2.55			
	XXX			

Event 8 Women High Jump

Name	Year School	Prelims
1 Myrna Gillas	SO Fullerton	1.50mq 4-11.00
1.50		
O		
2 Toriana Palacki	FR SD Mesa	1.45mq 4-09.00
1.35 1.40 1.45		
O O O		
2 Isabella Molony	SO Santa Barbara	1.45mq 4-09.00
1.35 1.40 1.45		
O O O		
2 Anyese Kirkland	FR Santa Monica	1.45mq 4-09.00
1.45		
O		
5 Victoria Vally	FR Moorpark	J1.45mq 4-09.00
1.35 1.40 1.45		
XO O O		
5 Darlena Robinson	SO Cerritos	J1.45mq 4-09.00
1.30 1.35 1.40 1.45		
O O XO O		
5 Julie Mariano	SO Orange Coast	J1.45mq 4-09.00
1.40 1.45		
XO O		
8 Jasmine Perez	FR SD Mesa	J1.45mq 4-09.00
1.35 1.40 1.45		
O O XXO		
9 De'Chanelle Goynes	SO West Los Angeles	1.40mq 4-07.00
1.35 1.40 1.45		
O O XXX		
10 Elizabeth Chidester	FR Mt. Sac	J1.40m 4-07.00
1.30 1.35 1.40 1.45		
O XO XO XXX		



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**....Event 8 Women High Jump**

11	Lyling Irwin	FR Long Beach	1.35m	4-05.00
	1.35 1.40			
	O XXX			
11	Daila Bell	FR Cerritos	1.35m	4-05.00
	1.30 1.35 1.40			
	O O XXX			
11	Roxanne Cuevas	FR Fullerton	1.35m	4-05.00
	1.35 1.40			
	O XXX			
14	Skyler Weiden	FR SD Mesa	J1.35m	4-05.00
	1.35 1.40			
	XO XXX			
15	Annie Doherty	FR Moorpark	J1.35m	4-05.00
	1.30 1.35 1.40			
	O XXO XXX			
16	Keanna Daramola	FR Cerritos	1.30m	4-03.25
	1.30 1.35			
	O XXX			
16	Yasmine Cocotis	SO Orange Coast	1.30m	4-03.25
	1.25 1.30 1.35			
	O O XXX			
16	Crystal Vongphrasouk	FR Mt. Sac	1.30m	4-03.25
	1.30 1.35			
	O XXX			
19	Sierra Browne	FR Orange Coast	1.25m	4-01.25
	1.25 1.30			
	O XXX			
--	Hanna Lauritzen	FR Palomar	NH	
	1.25			
	XXX			

**Event 9 Women Hammer Throw**

=====									
Name	Year School			Finals	H#		=====		
Finals									
1	Taylor Salley	FR Riverside			47.16m	154-09	2		
	FOUL	47.16m	45.72m	FOUL FOUL FOUL					
2	Keiana Turner	FR Riverside			46.00m	150-11	2		
	FOUL	42.02m	45.64m	46.00m FOUL FOUL					
3	Jay Rhambo	SO El Camino			43.83m	143-09	2		
	43.83m	FOUL	40.16m	41.45m 42.42m 43.78m					
4	Patricia Valle	SO Moorpark			42.73m	140-02	2		
	38.70m	39.99m	36.96m	42.73m FOUL 36.61m					
5	Nanati Alailefaleula	SO Cerritos			41.84m	137-03	1		
	37.14m	41.65m	FOUL	32.92m 41.84m FOUL					
6	Cyan Gutierrez	FR Antelope Valley			41.24m	135-04	2		
	37.90m	41.24m	FOUL	37.36m 39.78m FOUL					
7	Kyja Free	SO El Camino			41.19m	135-02	2		
	38.30m	FOUL	38.78m	41.19m 38.29m 37.67m					



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Results - Prelims

....Event 9 Women Hammer Throw

8	Alexis Kotey	FR Fullerton	39.61m	129-11	2
	36.90m 35.96m 39.61m 38.83m 33.46m FOUL				
9	Cara Jones	FR Cuesta	39.31m	129-00	2
	38.74m 39.01m 38.87m FOUL 39.31m 37.62m				
10	Estafani Flores	FR Riverside	35.79m	117-05	2
	35.79m FOUL 35.62m FOUL 35.44m FOUL				
11	Kimberly Mataia	SO Fullerton	35.43m	116-03	2
	FOUL 35.43m 29.49m 32.69m FOUL 29.78m				
12	Zulema Juarez	SO Orange Coast	34.96m	114-08	2
	34.96m 24.31m FOUL 26.21m 29.41m 28.11m				
13	Gianna Jacoub	SO Mt. Sac	34.58m	113-05	2
	FOUL 34.58m FOUL				
14	Raelynn Denson	SO Orange Coast	34.07m	111-09	1
	29.55m 33.03m 34.07m				
15	Brittney Allen	FR Cuyamaca	33.92m	111-03	1
	33.47m 33.92m 32.33m				
16	Leslie Valoaga	SO Ventura	33.03m	108-04	1
	33.03m 31.15m FOUL				
17	Yarabi Campos	FR Bakersfield	32.97m	108-02	2
	32.97m 31.80m 29.03m				
18	Emily Gamboa	SO Cerritos	32.45m	106-05	2
	31.07m 32.45m 32.39m				
19	Sarah Hernandez	FR Cerritos	31.28m	102-07	1
	31.28m 26.64m FOUL				
20	Bianca Encio	FR SD Mesa	30.77m	100-11	1
	30.77m FOUL FOUL				
21	Doinielle Hutchinson	FR Riverside	29.31m	96-02	1
	28.35m 25.68m 29.31m				
22	Samantha Mabee	FR Mt. Sac	27.81m	91-03	1
	27.81m 23.48m FOUL				
23	Ashley Dearing	FR Moorpark	27.76m	91-01	1
	FOUL 26.28m 27.76m				
24	Caroline Chee	FR Moorpark	26.81m	87-11	1
	26.81m 26.59m 23.40m				
25	Leah Mitchell	FR Mt. Sac	26.61m	87-04	1
	26.61m 23.68m 24.20m				
26	Stefani Valdez	FR Santa Barbara	25.38m	83-03	1
	24.92m 25.38m 20.70m				
27	Jessica Dutton	FR Palomar	24.57m	80-07	1
	FOUL 22.83m 24.57m				
--	Karleigh Cundiff	FR Moorpark	FOUL		1
	FOUL FOUL FOUL				

Event 11 Men High Jump

Name	Year School	Prelims
------	-------------	---------

Preliminaries



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**Results - Prelims**

**....Event 11 Men High Jump**

1	Vincent Ketelaar	FR Cuesta	1.90mq	6-02.75
	1.70 1.75 1.80 1.85 1.90			
	O O O XO O			
2	Destin Flucas	FR Cerritos	J1.90mq	6-02.75
	1.80 1.85 1.90			
	O O XO			
2	Shallamar Poole	FR Mt. Sac	J1.90mq	6-02.75
	1.90			
	XO			
2	Robert Clayton	SO Moorpark	J1.90mq	6-02.75
	1.85 1.90			
	O XO			
5	Timothy Sloan Jr	SO Cerritos	J1.90mq	6-02.75
	1.85 1.90			
	XO XO			
6	Travion Phillips	FR Mt. Sac	J1.90mq	6-02.75
	1.85 1.90			
	O XXO			
7	Justin Campbell	FR Pasadena	1.85mq	6-00.75
	1.80 1.85 1.90			
	O O XXX			
7	Mles Johnson	FR Pasadena	1.85mq	6-00.75
	1.80 1.85 1.90			
	O O XXX			
7	John Skocilic	FR Golden West	1.85mq	6-00.75
	1.80 1.85 1.90			
	O O XXX			
10	Jordan Baylis	FR El Camino	J1.85m	6-00.75
	1.80 1.85 1.90			
	XO O XXX			
11	Jaycion Vasquez	FR Antelope Valley	J1.85m	6-00.75
	1.80 1.85 1.90			
	O XO XXX			
11	Victor Anthony	FR Glendale	J1.85m	6-00.75
	1.75 1.80 1.85 1.90			
	O O XO XXX			
11	Chayin Osgood	FR Southwestern	J1.85m	6-00.75
	1.75 1.80 1.85 1.90			
	O O XO XXX			
11	Reece Smith	FR Moorpark	J1.85m	6-00.75
	1.80 1.85 1.90			
	O XO XXX			
15	Troy Cristobal	FR SD Mesa	1.80m	5-10.75
	1.75 1.80 1.85			
	XXO O XXX			
16	Justin Reed	SO Riverside	J1.80m	5-10.75
	1.80 1.85			
	XXO XXX			
16	Dylan Coleman	FR Cuyamaca	J1.80m	5-10.75
	1.80 1.85			
	XXO XXX			



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**Results - Prelims**

**....Event 11 Men High Jump**

18	Jarrood Morris	FR Riverside	J1.80m	5-10.75
	1.75 1.80 1.85			
	XXO XXO XXX			
19	Demetrius Houston	FR Riverside	1.75m	5-08.75
	1.75 1.80			
	O XXX			
20	Patrick Maria	FR Riverside	J1.75m	5-08.75
	1.75 1.80			
	XXO XXX			
21	Layne Larsen	FR Cuyamaca	1.70m	5-07.00
	1.70 1.75			
	O XXX			
21	Ian Koontz	FR Orange Coast	1.70m	5-07.00
	1.70 1.75			
	O XXX			
23	Jacob Maldonado	FR Orange Coast	J1.70m	5-07.00
	1.65 1.70 1.75			
	O XXO XXX			
--	Justin Phan	SO Moorpark	NH	
	1.70			
	XXX			
--	Billy Hale	FR SD Mesa	NH	
	1.65			
	XXX			
--	Daniel Nichols	FR Bakersfield	NH	
	1.85			
	XXX			

**Event 12 Men Pole Vault**

=====				
Name	Year	School	Prelims	
=====				
1	Ryan Fegan	SO Orange Coast	4.45mq	14-07.25
	4.45			
	XXO			
2	Shane Peterson	FR West Los Angeles	4.30mq	14-01.25
	4.15 4.30			
	O XXO			
2	Brian Lantan	FR Cerritos	4.30mq	14-01.25
	4.15 4.30			
	O O			
2	Jimmy Escobar	SO Cuesta	4.30mq	14-01.25
	4.00 4.15 4.30			
	O O O			
2	Nathaniel Carranza	FR Mt. Sac	4.30mq	14-01.25
	4.15 4.30			
	O XXO			
2	Tyler Harper	SO Riverside	4.30mq	14-01.25
	4.15 4.30			
	O O			



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**Results - Prelims**

**....Event 12 Men Pole Vault**

2	Victor Zuniga	SO Moorpark	4.30mq	14-01.25
	4.15 4.30			
	XO XXO			
2	Giulio Giordani	FR Santa Barbara	4.30mq	14-01.25
	4.15 4.30			
	O XO			
9	Wesley Coleman	FR Cuyamaca	4.15mq	13-07.25
	3.85 4.00 4.15 4.30			
	O XO O XXX			
9	Jack Porter	SO Moorpark	4.15mq	13-07.25
	3.70 3.85 4.00 4.15 4.30			
	XO O XXO O XXX			
9	Armon Gorgani	FR El Camino	4.15mq	13-07.25
	3.85 4.00 4.15 4.30			
	O O O XXX			
12	Ryan Lopez	FR Mt. Sac	4.00m	13-01.50
	4.00 4.15			
	O XXX			
12	Nico Fitzgerald	FR SD Mesa	4.00m	13-01.50
	4.00 4.15			
	O XXX			
12	Daniel Starkey	SO Mt. Sac	4.00m	13-01.50
	3.85 4.00 4.15			
	O O XXX			
12	Declan Harman	FR El Camino	4.00m	13-01.50
	4.00 4.15			
	O XXX			
12	Dustin Davis	FR Riverside	4.00m	13-01.50
	4.00 4.15			
	O XXX			
12	Tyler Young	FR Orange Coast	4.00m	13-01.50
	3.55 3.70 3.85 4.00 4.15			
	XO P XO O XXX			
12	Brian Castillo	SO Cerritos	4.00m	13-01.50
	4.00 4.15			
	O XXX			
12	Christian Virga	FR Long Beach	4.00m	13-01.50
	3.85 4.00 4.15			
	XO XXO XXX			
12	Andrew Aguilar	FR Mt. Sac	4.00m	13-01.50
	3.55 3.70 3.85 4.00 4.15			
	XO O O O XXX			
21	Vincent Ketelaar	FR Cuesta	3.85m	12-07.50
	3.55 3.70 3.85 4.00			
	O O XO XXX			
22	Moise Calloway	FR SD Mesa	3.55m	11-07.75
	2.95 3.10 3.25 3.40 3.55 3.70			
	O XO XO O XO XXX			



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**Results - Prelims**

**....Event 12 Men Pole Vault**

23	Thomas Rusnak	FR Cuyamaca	3.40m	11-01.75
	3.25 3.40 3.55			
	XO O XXX			
24	Alan Perez	FR Cuyamaca	3.10m	10-02.00
	3.10 3.25			
	XO XXX			
--	Timothy Weaver	FR Orange Coast	NH	
	3.55			
	XXX			
--	Calvin Oury	FR Mt. Sac	NH	
	4.00			
	XXX			

**Event 13 Women Shot Put**

Name	Year	School	Finals	H#
<b>Finals</b>				
1	Angelique Hudson	SO Riverside	13.70m	44-11.50 2
	12.76m 13.66m FOUL	13.70m 12.89m 13.32m		
2	Kimora Pooler	FR Ventura	11.90m	39-00.50 2
	11.74m 11.11m 11.05m	11.80m 11.12m 11.90m		
3	Nanati Alailefaleula	SO Cerritos	11.81m	38-09.00 2
	11.42m 11.24m 11.81m	FOUL 11.57m FOUL		
4	Bianca Encio	FR SD Mesa	11.60m	38-00.75 2
	11.60m 11.39m 11.57m	11.23m 10.94m 10.97m		
5	Sarah Hernandez	FR Cerritos	11.42m	37-05.75 2
	10.20m 9.34m 10.99m	10.56m 11.42m FOUL		
6	Keiana Turner	FR Riverside	11.26m	36-11.50 2
	10.46m 10.86m 11.26m	11.18m 11.25m 10.97m		
7	Chloe Wood	SO Cuesta	11.24m	36-10.50 2
	9.95m FOUL 10.60m	11.24m 11.18m 11.05m		
8	Alexis Kotey	FR Fullerton	11.18m	36-08.25 2
	FOUL 10.26m 11.18m	FOUL 10.78m 10.48m		
9	Hannah Katches	SO Cuesta	10.93m	35-10.50 2
	9.67m 10.16m 10.93m	10.88m 10.88m 10.38m		
10	Callissa Candalot	FR Long Beach	10.91m	35-09.50 2
	10.91m 10.87m FOUL	10.41m 10.38m 10.56m		
11	Kimberly Mataia	SO Fullerton	10.85m	35-07.25 2
	10.36m 9.65m 10.57m	10.85m 8.88m 9.65m		
12	Jocelyn Galloway	FR Long Beach	10.72m	35-02.00 2
	10.72m FOUL 10.56m	10.34m 10.67m FOUL		
13	Elizabeth Chidester	FR Mt. Sac	10.54m	34-07.00 2
	10.51m 10.54m 10.22m			
14	Raelynn Denson	SO Orange Coast	10.47m	34-04.25 1
	10.43m 10.25m 10.47m			
15	Kyja Free	SO El Camino	J10.47m	34-04.25 1
	10.47m 10.15m FOUL			
16	Estafani Flores	FR Riverside	10.25m	33-07.50 1
	10.25m 9.60m 9.92m			



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**Results - Prelims**

**....Event 13 Women Shot Put**

17	Jay Rhambo	SO	El Camino	J10.25m	33-07.50	2
	FOUL 10.25m FOUL					
18	Deja Marsh	SO	Glendale	10.11m	33-02.00	1
	10.04m FOUL 10.11m					
19	Megan Robles	FR	Golden West	9.96m	32-08.25	1
	9.31m 8.73m 9.96m					
20	Jessica Dutton	FR	Palomar	9.85m	32-03.75	1
	8.64m 9.36m 9.85m					
21	Defries Alexis	FR	Golden West	9.84m	32-03.50	1
	FOUL 9.84m 9.15m					
22	Patricia Valle	SO	Moorpark	9.60m	31-06.00	1
	9.43m 9.60m 8.78m					
23	Malan Baxter	FR	Santa Monica	9.36m	30-08.50	1
	9.19m 9.34m 9.36m					
24	Domonique Tanori	FR	San Bernardino	9.32m	30-07.00	1
	9.11m 9.00m 9.32m					
25	Daila Bell	FR	Cerritos	9.19m	30-02.00	1
	9.19m 8.74m 8.22m					
26	Amanda Robles	FR	Golden West	8.99m	29-06.00	1
	7.95m 8.99m 8.94m					
27	Ashley Duniphan	FR	Palomar	7.75m	25-05.25	1
	7.75m 7.53m 7.29m					
--	Leslie Valoaga	SO	Ventura	FOUL		1
	FOUL FOUL FOUL					

**Event 14 Men Triple Jump**

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1	Joseph Anderson	SO West Los Angeles	14.40mq	2.1	47-03.00 2
	14.02m(1.1) 13.75m(2.3) 14.40m(2.1)				
2	Titus Houston	FR Cerritos	14.14mq	2.6	46-04.75 2
	FOUL 14.14m(2.6) FOUL				
3	Jared Whitt	FR Pasadena	14.05mq	2.4	46-01.25 2
	14.05m(2.4) PASS PASS				
4	Shay Nelson	SO Santa Monica	13.92mq	1.7	45-08.00 2
	13.27m(2.1) 13.92m(1.7) 13.44m(1.2)				
5	Isaiah Mitchell	FR Mt. Sac	13.79mq	1.8	45-03.00 1
	13.79m(1.8) 12.79m(2.0) 12.05m(1.5)				
6	Isaiah Galloway	FR Orange Coast	13.73mq	0.7	45-00.50 2
	13.73m(0.7) PASS PASS				
7	James Martin	SO Long Beach	13.67mq	0.1	44-10.25 1
	13.61m(2.1) 13.23m(1.8) 13.67m(0.1)				
8	Darius Jackson	FR Cuesta	13.64mq	1.9	44-09.00 1
	13.20m(0.4) 13.64m(1.9) 13.08m(2.8)				
9	Adam Kasten	SO Riverside	13.35mq	1.3	43-09.75 1
	12.76m(0.6) 13.03m(2.9) 13.35m(1.3)				
10	Reece Smith	FR Moorpark	13.31mq	1.3	43-08.00 2
	13.31m(1.3) 13.08m(0.7) 13.31m(2.4)				



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....Event 14 Men Triple Jump

11	Christian Gbla	FR Riverside	13.23mq	1.6	43-05.00	1
	13.23m(1.6) 13.11m(2.2) 13.00m(1.3)					
12	Brian Nnoli	SO Santa Barbara	13.22mq	1.6	43-04.50	1
	12.63m(0.6) 13.10m(1.3) 13.22m(1.6)					
13	Semaj Lewis	FR Long Beach	J13.22m	1.3	43-04.50	2
	12.90m(1.9) 12.88m(1.1) 13.22m(1.3)					
14	Jarrod Sanchez	FR Mt. Sac	13.16m	1.8	43-02.25	2
	13.16m(1.8) 12.98m(1.8) FOUL(3.4)					
15	Nathan Wong	FR Fullerton	13.09m	1.9	42-11.50	2
	12.93m(2.0) 13.07m(2.3) 13.09m(1.9)					
16	Jesus Vasquez	FR Cuyamaca	13.04m	0.8	42-09.50	1
	13.04m(0.8) 12.22m(1.4) 13.01m(1.8)					
17	Tevin Gordon	SO Riverside	12.81m	1.5	42-00.50	2
	FOUL FOUL 12.81m(1.5)					
18	James Mazzeo	FR Orange Coast	12.74m	2.2	41-09.75	1
	12.32m(+0.0) 12.74m(2.2) 12.16m(2.0)					
19	Andres Ramirez	FR Santa Ana	12.73m	2.0	41-09.25	2
	12.73m(2.0) 12.07m(2.8) 12.54m(+0.0)					
20	Chayin Osgood	FR Southwestern	12.63m	1.2	41-05.25	1
	12.26m(0.9) 12.63m(1.2) 12.21m(2.4)					
21	Da'Vean Randall	FR West Los Angeles	12.62m	1.7	41-05.00	1
	12.47m(3.0) 12.53m(1.1) 12.62m(1.7)					
22	Isaiah Mageo	SO Long Beach	12.58m	1.5	41-03.25	2
	12.58m(1.5) 12.32m(1.1) 12.55m(2.4)					
23	Dakari Bell	FR Glendale	12.54m	+0.0	41-01.75	2
	11.74m(1.5) 12.20m(1.2) 12.54m(+0.0)					
24	John Skocilic	FR Golden West	12.45m	+0.0	40-10.25	1
	11.75m(2.7) 12.30m(1.5) 12.45m(+0.0)					
25	Adam Hokoki	FR Saddleback	12.26m	2.3	40-02.75	1
	12.20m(2.3) FOUL(1.4) 12.26m(2.3)					
26	Justin Phan	SO Moorpark	12.15m	2.2	39-10.50	1
	11.75m(0.3) 12.15m(2.2) 12.08m(3.3)					
27	Rylan Gray	FR Long Beach	12.02m	1.6	39-05.25	2
	12.02m(1.6) 12.00m(1.1) 12.02m(2.1)					
28	Lam Nguyen	SO Santa Barbara	12.01m	1.7	39-05.00	1
	11.85m(1.4) FOUL(4.0) 12.01m(1.7)					

Event 15 Women Triple Jump

Name	Year School	Prelims	Wind	H#
1 Justice Smith	FR Cerritos	12.18mq	2.5	39-11.50 1
	FOUL(-0.0) 12.07m(1.7) 12.18m(2.5)			
2 Imani Jones	SO Cerritos	12.03mq	1.5	39-05.75 2
	FOUL 12.03m(1.5) 11.88m(2.2)			
3 Zaila Clark	FR Bakersfield	11.45mq	2.9	37-06.75 1
	7.29m(3.1) 11.45m(2.9) 10.98m(2.7)			
4 Samantha Ealy	FR El Camino	11.22mq	3.0	36-09.75 2
	11.22m(3.0) 10.36m(2.1) PASS			



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**....Event 15 Women Triple Jump**

5	Aliyah Grissett	SO El Camino	11.12mq	1.3	36-05.75	2
	10.69m(3.8)	11.12m(1.3)	FOUL(2.2)			
6	Kierra King	SO Cerritos	10.90mq	2.6	35-09.25	1
	10.47m(0.4)	FOUL	10.90m(2.6)			
7	Lachelle Autry	SO Southwestern	10.68mq	2.3	35-00.50	1
	FOUL	FOUL	10.68m(2.3)			
8	Aaliyah Graves	FR El Camino	10.59mq	1.5	34-09.00	2
	FOUL	10.59m(1.5)	10.57m(1.4)			
9	De'Chanelle Goynes	SO West Los Angeles	J10.59mq	2.1	34-09.00	2
	10.27m(1.5)	10.59m(2.1)	9.77m(1.7)			
10	Beth Andrade	FR Cuesta	10.09mq	2.1	33-01.25	2
	9.83m(1.7)	10.09m(2.1)	FOUL(1.8)			
11	Julie Mariano	SO Orange Coast	10.06mq	2.3	33-00.25	1
	FOUL	10.06m(2.3)	9.74m(3.1)			
12	Isabella Molony	SO Santa Barbara	9.96mq	1.8	32-08.25	2
	9.96m(1.8)	9.95m(2.8)	9.83m(2.1)			
13	Ashlie Curenton	SO West Los Angeles	J9.96m	3.7	32-08.25	1
	9.96m(3.7)	FOUL				
14	Yasmine Cocotis	SO Orange Coast	9.77m	1.3	32-00.75	2
	FOUL	FOUL	9.77m(1.3)			
15	Lilly Christenson	FR Ventura	9.59m	0.4	31-05.75	1
	FOUL	FOUL	9.59m(0.4)			
16	Joie Cosentino	FR Santa Monica	9.54m	3.0	31-03.75	1
	9.49m(0.6)	9.54m(3.0)	FOUL(1.5)			
--	Darlena Robinson	SO Cerritos	ND	NWI		1
	ND(-0.0)	x				
--	Elisa Poeiry	FR Santa Barbara	FOUL	NWI		2
	FOUL	FOUL	FOUL			

**Event 16 Men Shot Put**

Name	Year	School	Finals	H#
Finals				
1	Jordan Palmer	FR Canyons	16.02m	52-06.75 2
	14.75m	15.04m	FOUL	FOUL 16.02m
2	Blake Baloun	FR Saddleback	15.08m	49-05.75 2
	FOUL	14.79m	FOUL	14.48m 15.08m
3	Alec Jones	SO Riverside	14.96m	49-01.00 2
	13.13m	14.38m	14.88m	14.91m 14.96m
4	Spencer Blake	FR Golden West	14.80m	48-06.75 2
	14.57m	14.80m	14.76m	FOUL 14.40m 14.34m
5	Davey Folsom	FR SD Mesa	14.74m	48-04.50 1
	14.47m	FOUL	FOUL	FOUL 14.58m 14.74m
6	Marquice Bowman	SO West Los Angeles	14.51m	47-07.25 2
	13.45m	13.06m	13.10m	14.21m 14.51m 14.37m
7	Jorge Gonzalez	SO Cerritos	14.38m	47-02.25 2
	14.02m	13.71m	FOUL	14.38m 14.27m
8	Jacob Whitby	SO Bakersfield	14.29m	46-10.75 2
	14.29m	13.57m	13.63m	FOUL



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**....Event 16 Men Shot Put**

9	Reuben Jacob	FR Ventura	14.11m	46-03.50	2
	13.38m 13.61m 13.38m 13.26m 13.54m 14.11m				
10	Riley Center	FR Glendale	13.85m	45-05.25	2
	13.66m 13.85m FOUL				
11	Luis Marquez	FR Fullerton	13.51m	44-04.00	2
	12.87m 12.84m 13.51m 12.63m 12.97m 13.14m				
12	Matt O'Henley	FR Cuesta	13.42m	44-00.50	1
	11.86m 12.56m 13.42m 13.08m FOUL FOUL				
13	Austin Freeman	FR Cerritos	13.08m	42-11.00	1
	FOUL 12.68m 13.08m				
14	Kevin Oliva	FR El Camino	13.05m	42-09.75	2
	13.05m 12.89m 12.98m				
15	Russell Bedre	SO Riverside	13.02m	42-08.75	2
	12.81m 13.02m FOUL				
16	John Estaban-Carlos	FR Santa Barbara	J13.02m	42-08.75	2
	12.39m 13.02m FOUL				
17	Terrence Allen	FR SD Mesa	12.86m	42-02.25	1
	11.95m 12.86m 12.69m				
18	Trevor Nakata	SO Riverside	12.83m	42-01.25	1
	11.85m FOUL 12.83m				
19	Brandon Harris	FR Riverside	12.81m	42-00.50	2
	12.62m FOUL 12.81m				
20	Thomas Pool	SO Long Beach	12.44m	40-09.75	1
	FOUL FOUL 12.44m				
21	Andrew Mitchell	FR SD Mesa	12.38m	40-07.50	1
	11.32m 12.35m 12.38m				
22	Darius Johnson	FR Ventura	12.04m	39-06.00	1
	12.04m 11.92m 11.57m				
23	Jacob Guzman	FR Ventura	11.97m	39-03.25	1
	11.97m FOUL FOUL				
23	Brendan Jordahl	SO Orange Coast	11.97m	39-03.25	1
	FOUL FOUL 11.97m				
25	Jonathan Vaoifi	FR Cerritos	11.35m	37-03.00	1
	11.35m 10.85m 11.27m				
26	Andrew Aguilar	FR Mt. Sac	11.23m	36-10.25	1
	11.01m FOUL 11.23m				
27	Kyle Ebersole	SO El Camino	11.19m	36-08.50	1
	10.50m 11.19m 11.11m				
28	Travis Allen	FR SD Mesa	10.76m	35-03.75	1
	10.76m FOUL FOUL				

**Event 17 Women 3000 Meter Steeplechase**

**12 Advance: Top 4 Each Heat plus Next 4 Best Times**

Name	Year School	Prelims	H#
Preliminaries			
1 Pheobe Forsyth	FR Glendale	11:53.50Q	2
2 Maribel Madera	SO Riverside	12:11.99Q	1
3 Yesenia Flores	FR Mt. Sac	12:19.03Q	2



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....Event 17 Women 3000 Meter Steeplechase

4	Genesis Siam-Alvarez	SO Glendale	12:23.71Q	1
5	Destiny Diaz	FR Long Beach	12:19.43Q	2
6	Hannah Lopez	SO Palomar	12:27.00Q	1
7	Annette Jimenez	SO Cuyamaca	12:23.37Q	2
8	Estrella Montiel	SO West Los Angeles	12:29.35Q	1
9	Evelyn Peralta	FR Mt. Sac	12:44.51q	1
10	Cayla Porter	FR Saddleback	12:45.07q	2
11	Darilyn Hernandez	SO San Bernardino	12:53.11q	1
12	Hailey Hunner	FR Saddleback	13:02.55q	2
13	Aily Camacho	FR Riverside	13:18.34	2
14	Holly Morales	FR Saddleback	13:27.19	1
15	Rosalina Castro	SO Glendale	13:27.52	1
16	Brianna Frain	FR Palomar	13:31.60	2
17	Genesis Obispo	FR Riverside	13:33.72	1
18	Analisa Arrington	FR Cuyamaca	13:35.70	1
19	Julianne Ibarra	FR Mt. Sac	13:52.09	2
--	Alyssa Armendariz	SO Mt. Sac	DNF	2
--	Chloe Davis	FR Mt. Sac	DNF	2

Event 18 Men 3000 Meter Steeplechase

12 Advance: Top 4 Each Heat plus Next 4 Best Times

Name	Year	School	Prelims	H#
1	Ariel Conde	SO West Los Angeles	9:35.53Q	1
2	Colby Penn	SO Mt. Sac	9:46.36Q	2
3	Caleb Ko	SO El Camino	9:35.57Q	1
4	Phillip Rocha	FR Mt. Sac	9:50.13Q	2
5	Joseluis Pluma	FR Mt. Sac	9:39.09Q	1
6	Spencer Geck	FR Glendale	9:50.42Q	2
7	Sal Salinas	SO Cuyamaca	9:48.29Q	1
8	Ethan Comeaux	FR El Camino	9:52.35Q	2
9	Bobby Brana	FR SD Mesa	9:54.33q	1
10	Mauro Rosales	FR Fullerton	9:56.34q	1
11	Cam Goldstone	FR Cuesta	10:02.98q	2
12	Usiel Ulloa	FR Glendale	10:03.59q	2
13	Alejandro Hernandez	SO Riverside	10:06.66	2
14	Jose Jaques	FR Cuyamaca	10:12.37	1
15	Jaime Quinones	FR Cerritos	10:15.39	1
16	Wesley Poulson	FR Cuesta	10:16.69	2
17	Nicholas Dorsett	SO Mt. Sac	10:17.30	2
18	Adrian Hernandez Jr.	FR Mt. Sac	10:26.70	1
19	Cutberto Salgado	SO Bakersfield	10:29.48	2
20	Lizandro Hernandez	SO Santa Ana	10:34.08	1
21	Armando Lozano	SO West Los Angeles	10:34.28	2
22	Michael McHugh	FR Riverside	10:35.57	2
23	Harrison Wykoff	SO Bakersfield	10:35.73	1
24	Angel Flores	FR Glendale	10:43.14	1
25	Jacob Acosta	SO Canyons	10:55.43	1
26	Luis Garcia	FR San Bernardino	11:04.79	2



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**....Event 18 Men 3000 Meter Steeplechase**

27 Cameron Poole	SO Riverside	11:17.25	1
28 Giovanni Medina	SO Riverside	11:18.81	2

**Event 19 Women 4x100 Meter Relay**

**8 Advance: Top 1 Each Heat plus Next 6 Best Times**

School		Prelims	H#
1 Cerritos		45.67Q	1
1) Kenyla Miles FR	2) Kierra King SO		
3) Mahlaya Salter FR	4) Alona Davis FR		
2 West Los Angeles		47.02Q	2
1) Aria Calhoun FR	2) Aja Hill FR		
3) Tania Cunningham SO	4) Ashlie Curenton SO		
3 Long Beach		47.91q	1
1) Destinee Augustus FR	2) Cicely Arana FR		
3) Aazalet Danage FR	4) Vanessa Marchorro FR		
4 SD Mesa		48.39q	1
1) Carli Nosler FR	2) Holly Stallman SO		
3) Kayla Walker FR	4) Skyler Weiden FR		
5 Fullerton		49.86q	1
1) Alicia Victoria FR	2) Myrna Gillas SO		
3) Samantha Starkey FR	4) Shenise West FR		
6 Bakersfield		50.35q	1
1) Bree McCabe SO	2) Joycelind Currie SO		
3) Noemi Esparza SO	4) Daizhiana Ebert FR		
7 Santa Monica		50.48q	1
1) Valeria Romo FR	2) Sienna James FR		
3) Joie Cosentino FR	4) Sarah Smith FR		
8 El Camino		50.60q	2
1) Samantha Ealy FR	2) Aaliyah Graves FR		
3) Aliyah Grissett SO	4) Elizabeth I bidunni SO		
9 Mt. Sac		50.62	2 50.614
1) Elizabeth Chidester FR	2) Kayla Rodriguez SO		
3) Maia Harvey FR	4) Terra Valadez SO		
10 Southwestern		50.62	2 50.618
1) Kryschiana Pharr SO	2) Lachelle Autry SO		
3) Gabriela Montini-Maxwell FR	4) Tajanique Bell SO		
11 Antelope Valley		50.86	2
1) Tamear Newsome FR	2) Estrella Bradford FR		
3) Briann Brazil FR	4) Kim Crosby FR		
12 Orange Coast		51.65	1
1) Paige Fults SO	2) Katherine Ngo FR		
3) Jordyn Martin SO	4) Charlotte Kraushaar FR		
-- Riverside		DNF	2
1) Selena Tucker FR	2) Annayah Pelt FR		
3) Alana Wilson FR	4) Victoria Williams FR		



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**Results - Prelims**

**Event 20 Men 4x100 Meter Relay**

**8 Advance: Top 1 Each Heat plus Next 6 Best Times**

School	Prelims	H#
1 Riverside	40.45Q	2
1) Antonio Mitchell SO		
3) William Dower FR		
2 Cerritos	41.35Q	1
1) Jacobi Hardy FR		
3) kawika Jones FR		
3 El Camino	42.02q	2
1) Jordan Baylis FR		
3) Christopher Pitts FR		
4 Moorpark	42.24q	1
1) James Galindo FR		
3) Ryan Matlock FR		
5 West Los Angeles	42.46q	1
1) Darrian Boyd FR		
3) Da'Vean Randall FR		
6 Canyons	42.48q	2
1) Delon Buncio SO		
3) Tony Collier FR		
7 Antelope Valley	42.85q	1
1) Jalen Perdue FR		
3) Evan Adams FR		
8 Mt. Sac	43.40q	2
1) Jonathan Jackson-Williams SO		
3) Brandon Chau FR		
9 Long Beach	43.68	2
1) Darnelle Harris SO		
3) Emari Bennett FR		
10 Ventura	43.77	1
1) Jaedon Rodgers FR		
3) Dillon Chong FR		
11 Santa Barbara	43.91	2
1) Nathan Brooks FR		
3) Sean Fitzgerald FR		
12 Pasadena	44.37	1
1) Uri S. Mafate FR		
3) Asher Smith FR		
13 Orange Coast	45.14	2
1) Uriah Shaw FR		
3) James Mazzeo FR		
-- Southwestern	DNF	1
1) Cullin Paisely FR		
3) Diego Sanchez FR		
-- Fullerton	DQ	2 zone 3
1) Dejonte Thomas FR		
3) Conley Hillegas FR		
-- Santa Monica	DQ	1 zone 2 violation
1) Dajone Averett SO		
2) Chris Davis FR		



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Results - Prelims

....Event 20 Men 4x100 Meter Relay

3) Nigel Davis SO 4) Shay Nelson SO

Event 21 Women 1500 Meter Run

12 Advance: Top 4 Each Heat plus Next 4 Best Times

Table with 5 columns: Name, Year School, Prelims, H#. Lists 19 female runners with their names, years, schools, times, and heat numbers.

Event 22 Men 1500 Meter Run

12 Advance: Top 4 Each Heat plus Next 4 Best Times

Table with 5 columns: Name, Year School, Prelims, H#. Lists 17 male runners with their names, years, schools, times, and heat numbers.



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Results - Prelims

...Event 22 Men 1500 Meter Run

18	Daniel Morales	FR East LA	4:13.06	2
19	Ricardo Cruz	FR Riverside	4:13.35	1
20	Humberto Guzman	SO San Bernardino	4:13.70	1
21	Ken Valdez	SO El Camino	4:13.73	1
22	Carlos DeLaTorre	SO San Bernardino	4:14.81	2
23	Farooq Tariq	FR El Camino	4:15.60	1
24	Adam Angel	FR Orange Coast	4:17.32	2
25	Isaiah Gonzalez	FR San Bernardino	4:19.03	1
26	Michael Yaskowitz	FR El Camino	4:21.83	1
27	Ian Ibarra	FR SD Mesa	4:28.92	2
28	Andrew Fernando	SO Fullerton	4:31.80	2

Event 23 Women 100 Meter Hurdles

8 Advance: Top 1 Each Heat plus Next 4 Best Times

Name	Year	School	Prelims	Wind	H#
1	Tajanique Bell	SO Southwestern	14.17Q	1.0	1
2	Alia Scott	FR Cerritos	14.93Q	2.0	2
3	Sha'quan Matthews	SO Riverside	15.04Q	1.5	4
4	Daila Bell	FR Cerritos	15.13Q	0.5	3
5	Terra Valadez	SO Mt. Sac	15.18q	1.0	1
6	Anyese Kirkland	FR Santa Monica	15.85q	0.5	3
7	Kessa Rychlick	FR Pasadena	16.01q	2.0	2
8	Kayla Rodriguez	SO Mt. Sac	16.23q	1.5	4
9	Alana Sinclair	SO Cuyamaca	16.26	0.5	3 16.255
10	Mckayla Edwards	FR Riverside	16.26	1.0	1 16.258
11	Charlotte Kraushaar	FR Orange Coast	16.42	2.0	2
12	Alicia Victoria	FR Fullerton	16.57	2.0	2
13	Tria Ismay	FR Palomar	16.60	1.5	4
14	Darlana Robinson	SO Cerritos	16.86	1.0	1
15	Tamear Newsome	FR Antelope Valley	16.93	0.5	3
16	Elizabeth Chidester	FR Mt. Sac	17.04	1.5	4
17	Alondra Osuna	FR Southwestern	17.08	2.0	2
18	Crystal Vongphrasouk	FR Mt. Sac	17.10	1.5	4
19	Tania Cunningham	SO West Los Angeles	17.25	0.5	3
20	Kim Crosby	FR Antelope Valley	17.70	1.0	1
21	Jennifer Pedroza	FR Palomar	17.73	1.0	1
22	Annie Doherty	FR Moorpark	17.92	1.5	4
23	Diana Giraldo	SO Golden West	18.19	2.0	2
24	Claire Chen	FR Pasadena	18.81	2.0	2
25	Cameron Chang	FR East LA	19.12	1.5	4
26	Marlene Erwing	FR Moorpark	22.04	0.5	3
--	Hanna Lauritzen	FR Palomar	DQ	1.0	1 hand pushed hurdle



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**Results - Prelims**

**Event 24 Men 110 Meter Hurdles**

**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Name	Year School	Prelims	Wind	H#
1 Leroy Williams IV	SO Mt. Sac	14.46Q	2.3	1
2 Victor Williams	SO Cerritos	14.54Q	2.0	2
3 Patrick Washington	SO El Camino	14.56Q	0.6	3
4 Timothy Mates	SO El Camino	15.00Q	2.0	4
5 Dajone Averett	SO Santa Monica	14.99q	0.6	3
6 Dillon Lay	SO Riverside	15.07q	2.0	4
7 Justin Minor	SO Mt. Sac	15.30q	2.3	1
8 Nicholas Albi	FR Moorpark	15.31q	2.3	1
9 Samuel Scott	FR El Camino	15.35	2.0	4
10 Dillon Mendoza	FR El Camino	15.36	2.0	4
11 Dylan Coleman	FR Cuyamaca	15.42	2.0	2
12 Isaiah Mitchell	FR Mt. Sac	15.44	2.0	2
13 Zach Hicks	FR Cuesta	15.48	2.0	4
14 Josue Vargas	FR El Camino	15.48	2.0	2
15 Robert Taft	FR Mt. Sac	15.56	0.6	3
16 Jacob Mitchell	FR Fullerton	15.63	0.6	3
17 Jamar Sims-Drummonds	FR Moorpark	15.66	0.6	3
18 Collin Hurd	FR Saddleback	15.76	2.3	1
19 Evan Vigrass	FR Riverside	15.93	0.6	3
20 Octavio Moreno	SO Santa Ana	16.04	2.0	2
21 Andy Orozco	FR SD Mesa	16.04	2.0	2
22 Jack Franklin	FR Moorpark	16.41	2.0	4
23 Charles Parker	FR West Los Angeles	16.42	0.6	3
24 Ian Koontz	FR Orange Coast	16.58	2.3	1
25 Elijah Ward	FR Antelope Valley	16.63	2.3	1
26 Ayries Palmer	FR San Bernardino	16.78	2.0	4

**Event 25 Women 400 Meter Dash**

**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Name	Year School	Prelims	H#
1 Annayah Pelt	FR Riverside	57.24Q	1
2 Shoelle Bruhin	FR Santa Barbara	58.64Q	2
3 LaDaijah Wright	FR Riverside	58.85Q	3
4 Azalet Danage	FR Long Beach	59.06q	1
5 Elizabeth Ibiidunni	SO El Camino	59.29q	2
6 Rylee Kerr	FR Saddleback	59.47q	2
7 Precious Alugbue	FR Cerritos	59.82q	2
8 Jayea McMillan	SO Riverside	59.89q	1
9 Glenn Nance	SO Cerritos	59.94	3
10 Breyani Holoman	SO Riverside	60.11	2
11 Alycia Turner	FR Saddleback	60.31	3
12 Giselle Alvarado	FR Canyons	60.97	3
13 Katherine Ngo	FR Orange Coast	61.30	2
14 Forshae Pllum	SO Riverside	61.93	2
15 Joycelind Currie	SO Bakersfield	62.47	1



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**....Event 25 Women 400 Meter Dash**

16 Brianna Helsley	SO Canyons	62.57	3
17 Toriana Palacki	FR SD Mesa	62.83	3
18 Valeria Romo	FR Santa Monica	62.97	1
19 Ashley Reamer	FR El Camino	67.09	3
20 Angela Chelik	FR Southwestern	67.30	3
21 Victoria Lennon	FR Bakersfield	67.73	1
22 Skyler Weiden	FR SD Mesa	69.28	1

**Event 26 Men 400 Meter Dash**

**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Name	Year School	Prelims	H#
1 Jacore Johnson	FR Canyons	47.90Q	2
2 Christian Shakir-Ricks	FR Cerritos	48.19Q	3
3 Daniel Stokes	SO Cerritos	48.22Q	1 48.216
4 Keylan Dennis	SO Riverside	48.44Q	4
5 Christopher Pitts	FR El Camino	47.92q	2
6 Charles Price	FR SD Mesa	48.22q	3 48.217
7 Eric Vivanco	SO Riverside	49.18q	4
8 Phil Griggs	SO Riverside	49.19q	3
9 Rodrick Mahoney	FR Cerritos	49.42	1
10 Julian Rodriguez-Richards	FR Riverside	49.45	2
11 Donovan Wilson	SO Riverside	49.51	3
12 Nigel Davis	SO Santa Monica	49.55	3
13 Chris Davis	FR Santa Monica	49.75	1
14 Saliou Ndiaye	FR SD Mesa	50.00	2
15 Christian Santifer	SO Cerritos	50.16	2
16 Isaiah Brown	FR Southwestern	50.30	4
17 Gregory Hennes	FR Mt. Sac	50.83	1
18 Alan Nichols	FR Ventura	51.02	1
19 Andre Nieto	FR El Camino	51.31	4
20 Noah Nathan	FR West Los Angeles	51.33	3
21 Jake Burton	FR SD Mesa	51.35	4
22 Alec Froning	FR El Camino	51.38	1
23 Alan Soto	FR Fullerton	51.66	3
24 Tommy Bui	FR Cerritos	51.73	2
-- Isaiah Batis	FR Ventura	DQ	2 steps on line
-- Keanon Dennis	SO Riverside	DQ	4 3+ steps on line

**Event 27 Women 100 Meter Dash**

**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Name	Year School	Prelims	Wind	H#
1 Kierra King	SO Cerritos	11.60Q	2.5	2
2 Kenyla Miles	FR Cerritos	11.82Q	1.1	1
3 Aria Calhoun	FR West Los Angeles	12.02Q	1.0	4 12.011
4 Tajanique Bell	SO Southwestern	12.06Q	1.1	3
5 Mariah Allain	FR Riverside	11.90q	2.5	2



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**...Event 27 Women 100 Meter Dash**

6	Alana Wilson	FR Riverside	12.02q	1.0	4	12.019
7	Mahlaya Salter	FR Cerritos	12.08q	1.1	3	
8	Holly Stallman	SO SD Mesa	12.10q	2.5	2	
9	Alona Davis	FR Cerritos	12.11	1.1	1	
10	Shyanne Carrigan	FR Cerritos	12.17	1.1	3	
11	Victoria Williams	FR Riverside	12.23	2.5	2	
12	Briann Brazil	FR Antelope Valley	12.26	1.1	3	
13	Destinee Augustus	FR Long Beach	12.27	1.1	3	
14	Aja Hill	FR West Los Angeles	12.31	1.1	1	
15	Cicely Arana	FR Long Beach	12.38	1.1	1	
16	Carli Nosler	FR SD Mesa	12.43	1.0	4	
17	Tania Cunningham	SO West Los Angeles	12.50	1.1	3	
18	Tatiana Smith	FR Canyons	12.56	1.0	4	
19	Selena Tucker	FR Riverside	12.59	2.5	2	
20	Aaliyah Graves	FR El Camino	12.72	1.1	1	
21	Paige Fults	SO Orange Coast	12.75	1.1	1	
22	Hannah Wiese	SO Cuesta	12.79	1.0	4	
23	Sienna James	FR Santa Monica	12.85	1.0	4	
24	Caroline Smith	FR Santa Barbara	13.00	1.1	1	
25	Kayla Walker	FR SD Mesa	13.01	1.1	3	
26	Kryschiana Pharr	SO Southwestern	13.07	2.5	2	

**Event 28 Men 100 Meter Dash**

**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Name	Year	School	Prelims	Wind	H#
1	Antonio Mitchell	SO Riverside	10.12Q	2.1	2
2	Kendall Turner	FR Cerritos	10.49Q	1.9	1
3	Jabriel Smith	FR Riverside	10.51Q	1.4	3
4	Jamal Palmer	SO Riverside	10.64Q	1.5	4
5	Trevor Reid	SO Cerritos	10.68q	1.9	1
6	Anthony Palumbo	SO Moorpark	10.75q	2.1	2
7	William Dower	FR Riverside	10.77q	1.4	3
8	Jalen Perdue	FR Antelope Valley	10.77q	1.5	4
9	Xavion Steele	FR Fullerton	10.79	1.9	1
10	Jacobi Hardy	FR Cerritos	10.80	2.1	2
11	Lavell Bailey	FR Canyons	10.80	2.1	2
12	Ryan Matlock	FR Moorpark	10.87	1.4	3
13	David Lopez	FR Ventura	10.88	1.9	1
14	Corey Howland	FR Riverside	10.90	1.5	4
15	kawika Jones	FR Cerritos	10.92	1.9	1
16	Dre'von Macon	SO West Los Angeles	10.94	1.4	3
17	Marquel Angelo	SO Long Beach	10.95	1.5	4
18	Taj Wilson	SO Cerritos	10.96	1.5	4
19	Kelly Brown	SO Cerritos	10.97	2.1	2
20	John Chambers	FR West Los Angeles	10.99	1.5	4
21	Cullin Paisely	FR Southwestern	10.99	2.1	2
22	James Galindo	FR Moorpark	11.03	1.9	1
23	Asher Smith	FR Pasadena	11.05	1.9	1



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**Results - Prelims**

**...Event 28 Men 100 Meter Dash**

24	Daniel Smith	FR Riverside	11.16	1.4	3
25	Marvin James	FR Southwestern	11.26	1.4	3
26	Ezekiel Cruz	FR Southwestern	11.28	1.4	3
27	Diego Sanchez	FR Southwestern	11.43	1.5	4
28	Darnelle Harris	SO Long Beach	12.29	2.1	2

**Event 29 Women 800 Meter Run**

**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

Name	Year	School	Prelims	H#
1	Brenda Rosales-Coria	SO West Los Angeles	2:16.72Q	1
2	Dana McGrath	FR Saddleback	2:19.11Q	3
3	Brieanna Tafoya	FR Ventura	2:19.52Q	2
4	Andrea Gonzalez Macias	SO West Los Angeles	2:18.36Q	1
5	Megan Good	SO Saddleback	2:19.12Q	3
6	Daisy Romero	SO Glendale	2:19.66Q	2
7	Monica Bautista	SO Cerritos	2:23.61q	3
8	Cassandra Pielow	FR Riverside	2:24.79q	2
9	Jasmine Perez	FR SD Mesa	2:25.38	1
10	Gabriella Lugo	SO Bakersfield	2:33.79	1
11	Elizabeth Chidester	FR Mt. Sac	2:34.81	2
12	Hailey Hunner	FR Saddleback	2:35.36	3
13	Crystal Vongphrasouk	FR Mt. Sac	2:35.43	3
14	Isabelle Garcia	SO Riverside	2:35.88	3
15	Dasani Zavala	FR Long Beach	2:36.18	1
16	Emelie Cobian	SO Riverside	2:37.04	1
17	Monique Azpeitia	SO Santa Ana	2:38.09	2
18	Patricia Valencia	SO Mt. Sac	2:41.20	2
19	Rebeca Perez	FR Fullerton	2:41.79	2
20	Lessli Maldonado	FR Palomar	2:44.47	3
21	Jazmin Negro	SO Glendale	2:45.84	1

**Event 30 Men 800 Meter Run**

**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Name	Year	School	Prelims	H#
1	Mohamed Mohammed	FR Riverside	1:55.85Q	3
2	Abdi Hussein	FR Cuyamaca	1:56.32Q	2
3	Justin Frando	FR Bakersfield	1:57.73Q	4
4	Phillip Rocha	FR Mt. Sac	1:59.54Q	1
5	Julian Robles	SO Riverside	1:57.19q	3
6	Adan Castellanos	FR Mt. Sac	1:57.24q	2
7	Juan Calvo	FR West Los Angeles	1:57.44q	3
8	Enrique Villa	SO Riverside	1:57.59q	2
9	Cory Ricketts	FR El Camino	1:57.99	4
10	Carlos Rivera	SO Glendale	1:58.37	4
11	Isaiah Wilson	FR Mt. Sac	1:58.46	3
12	Myles Aguilar	FR Orange Coast	1:58.57	4



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....Event 30 Men 800 Meter Run

13	Joshua Briscoe	FR Riverside	1:58.73	2
14	Ryan Sheatz	SO Fullerton	1:58.98	2
15	Alberto Serrano	FR Cerritos	1:59.72	3
16	Daniel Morales	FR East LA	1:59.87	3
17	Israel Haik	FR West Los Angeles	2:00.08	1
18	Matthew Lieberman	FR Riverside	2:00.48	1
19	Cameron Stohs	FR SD Mesa	2:01.82	3
20	Jesus Gutierrez	SO Glendale	2:02.59	1
21	Fernando Duenas	FR San Bernardino	2:02.90	4
22	Adrian Lopez	FR Bakersfield	2:03.67	1
23	Ricardo Garcia	SO SD Mesa	2:04.05	1
24	Max Collier	FR SD Mesa	2:06.17	2
25	Carlos DeLaTorre	SO San Bernardino	2:07.78	1
26	Adam Angel	FR Orange Coast	2:08.26	2
27	Bryce Butler	FR Mt. Sac	2:09.15	4

Event 31 Women 400 Meter Hurdles

8 Advance: Top 1 Each Heat plus Next 5 Best Times

Name	Year School	Prelims	H#
1	Alia Scott	FR Cerritos	62.30Q 1
2	Tajanique Bell	SO Southwestern	63.44Q 2
3	Madeline Corner	SO Riverside	63.46Q 3
4	Alicia Victoria	FR Fullerton	65.77q 2
5	Kayla Rodriguez	SO Mt. Sac	66.25q 3
6	Tria Ismay	FR Palomar	67.55q 3
7	Jennifer Pedroza	FR Palomar	67.58q 1
8	Anyese Kirkland	FR Santa Monica	67.81q 1
9	Kaleigh Giannone	FR Riverside	67.87 2
10	Kessa Rychlick	FR Pasadena	67.89 2
11	Tamear Newsome	FR Antelope Valley	68.52 1
12	Terra Valadez	SO Mt. Sac	69.28 3
13	Lizette Manese	FR Mt. Sac	69.70 1
14	Kim Crosby	FR Antelope Valley	70.90 1
15	Selena Tucker	FR Riverside	71.98 2
16	Noemi Esparza	SO Bakersfield	73.24 3
17	Rayvan Childs	FR Bakersfield	73.86 3
18	Sienna James	FR Santa Monica	74.64 2
19	Maia Harvey	FR Mt. Sac	76.10 1

Event 32 Men 400 Meter Hurdles

8 Advance: Top 1 Each Heat plus Next 4 Best Times

Name	Year School	Prelims	H#
1	Qwintin Workman	SO El Camino	53.78Q 1
2	Timothy Mates	SO El Camino	54.10Q 4
3	Dillon Lay	SO Riverside	55.07Q 3
4	Malik Young	SO Santa Monica	55.92Q 2



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**Results - Prelims**

**....Event 32 Men 400 Meter Hurdles**

5	Collin Hurd	FR Saddleback	54.61q	4	
6	Patrick Washington	SO El Camino	55.60q	4	
7	Octavio Moreno	SO Santa Ana	56.04q	2	56.031
8	Delon Buncio	SO Canyons	56.04q	3	56.037
9	Aaron Mahlow	FR Mt. Sac	56.08	1	
10	Jesus Vasquez	FR Cuyamaca	56.30	1	
11	Emari Bennett	FR Long Beach	56.36	4	
12	Evan Vigrass	FR Riverside	56.48	1	
13	Corey Lakin	SO Riverside	56.56	2	
14	Robert Taft	FR Mt. Sac	57.76	3	
15	Tyler Young	FR Orange Coast	57.82	1	
16	Sean Fitzgerald	FR Santa Barbara	57.86	2	
17	Andy Orozco	FR SD Mesa	57.87	4	
18	Sergio Aguilar	FR Glendale	58.11	4	
19	David Hernandez	FR San Bernardino	58.80	2	
20	Eugene Leduc	SO Cerritos	58.88	2	
21	Phillip Ulloa	FR Mt. Sac	59.31	3	
22	Elijah Ward	FR Antelope Valley	59.63	3	
23	Nicholas Albi	FR Moorpark	60.47	1	
24	Ricardo Murillo Guerrero	SO Southwestern	61.30	2	
25	Zach Hicks	FR Cuesta	61.47	3	
26	Julius Ojajuni	FR Southwestern	63.51	3	
27	Moise Calloway	FR SD Mesa	67.13	4	

**Event 33 Women 200 Meter Dash**

**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Name	Year	School	Prelims	Wind	H#
1	Kierra King	SO Cerritos	24.15Q	1.5	1
2	Kenyla Miles	FR Cerritos	24.49Q	2.5	2
3	Alana Wilson	FR Riverside	24.60Q	2.7	3 24.597
4	Annayah Pelt	FR Riverside	24.92Q	2.1	4
5	Mariah Allain	FR Riverside	24.60q	2.5	2 24.593
6	Mahlaya Salter	FR Cerritos	24.86q	2.7	3
7	Victoria Williams	FR Riverside	25.21q	2.7	3
8	Azalet Danage	FR Long Beach	25.24q	1.5	1
9	Shyanne Carrigan	FR Cerritos	25.26	1.5	1
10	Aria Calhoun	FR West Los Angeles	25.30	2.5	2
11	Destinee Augustus	FR Long Beach	25.55	1.5	1
12	Myrna Gillas	SO Fullerton	25.57	2.1	4
13	Elizabeth Ibiidunni	SO El Camino	25.60	2.1	4
14	Aja Hill	FR West Los Angeles	25.67	2.1	4
15	LaDaijah Wright	FR Riverside	25.73	2.7	3
16	Briann Brazil	FR Antelope Valley	25.76	2.5	2
17	Alycia Turner	FR Saddleback	25.82	2.7	3
18	Alona Davis	FR Cerritos	25.94	1.5	1
19	Precious Alugbue	FR Cerritos	26.04	2.1	4
20	Carli Nosler	FR SD Mesa	26.11	2.1	4
21	Tatiana Smith	FR Canyons	26.41	2.5	2



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**...Event 33 Women 200 Meter Dash**

22 Glenn Nance	SO Cerritos	26.53	2.7	3
23 Kayla Walker	FR SD Mesa	27.22	2.5	2
24 Katherine Ngo	FR Orange Coast	27.65	1.5	1
25 Kryschiana Pharr	SO Southwestern	27.84	2.7	3

**Event 34 Men 200 Meter Dash**

**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Name	Year School	Prelims	Wind	H#
1 Antonio Mitchell	SO Riverside	20.84Q	1.0	3
2 Daniel Stokes	SO Cerritos	20.96Q	1.9	1
3 Keylan Dennis	SO Riverside	21.21Q	4.2	4
4 Kendall Turner	FR Cerritos	21.33Q	2.3	2
5 Christian Shakir-Ricks	FR Cerritos	21.50q	2.3	2
6 Jamal Palmer	SO Riverside	21.56q	4.2	4
7 Charles Price	FR SD Mesa	21.66q	1.0	3
8 Trevor Reid	SO Cerritos	21.71q	2.3	2
9 Dhahran Woods	SO El Camino	21.74	1.9	1
10 kawika Jones	FR Cerritos	21.77	4.2	4
11 Jacobi Hardy	FR Cerritos	21.79	1.0	3
12 Xavion Steele	FR Fullerton	21.90	1.0	3
13 John Chambers	FR West Los Angeles	21.99	1.9	1
14 Anthony Palumbo	SO Moorpark	22.02	1.9	1
15 Julian Rodriguz-Richards	FR Riverside	22.03	2.3	2
16 Corey Howland	FR Riverside	22.16	1.0	3
17 Dre'von Macon	SO West Los Angeles	22.24	2.3	2
18 Lavell Bailey	FR Canyons	22.37	4.2	4
19 Cullin Paisely	FR Southwestern	22.49	2.3	2
20 Philip McElroy	FR Cuyamaca	22.50	1.9	1
21 Jalen Perdue	FR Antelope Valley	22.53	1.9	1
22 Saliou Ndiaye	FR SD Mesa	22.70	2.3	2
23 Daniel Smith	FR Riverside	22.71	4.2	4
24 Diego Sanchez	FR Southwestern	23.14	4.2	4

**Event 37 Women 4x400 Meter Relay**

**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

School	Prelims	H#
1 Cerritos 1) Alia Scott FR 3) Mahlaya Salter FR	2) Glenn Nance SO 4) Kenyla Miles FR	3:57.11Q 2
2 Riverside 1) LaDaijah Wright FR 3) Annayah Pelt FR	2) Alana Wilson FR 4) Madeline Corner SO	3:57.86Q 1
3 Saddleback 1) Rylee Kerr FR 3) Dana McGrath FR	2) Megan Good SO 4) Alycia Turner FR	3:59.24Q 3
4 Mt. Sac		4:03.07Q 2



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**Results - Prelims**

**....Event 37 Women 4x400 Meter Relay**

1) Kayla Rodriguez SO	2) Terra Valadez SO		
3) Lizette Manese FR	4) Elizabeth Chidester FR		
5 West Los Angeles		4:06.55Q	3
1) Aja Hill FR	2) Andrea Gonzalez Macias SO		
3) Brenda Rosales-Coria SO	4) Tania Cunningham SO		
6 Long Beach		4:09.43Q	1
1) Destinee Augustus FR	2) Cicely Arana FR		
3) Aazalet Danage FR	4) Vanessa Marchorro FR		
7 Bakersfield		4:03.57q	2
1) Joycelind Currie SO	2) Daizhiana Ebert FR		
3) Noemi Esparza SO	4) Gabriella Lugo SO		
8 Canyons		4:13.73q	1
1) Brianna Helsley SO	2) Celeste Gonzalez SO		
3) Tatiana Smith FR	4) Giselle Alvarado FR		
9 Santa Barbara		4:14.34	3
1) Shoelle Bruhin FR	2) Christy Chavira SO		
3) Isabella Molony SO	4) Caroline Smith FR		
10 Ventura		4:14.72	1
1) Lilly Christenson FR	2) Michelle Meugniot FR		
3) Maria Elizarraraz FR	4) Brieanna Tafoya FR		
11 Santa Monica		4:15.60	2
1) Anyese Kirkland FR	2) Sienna James FR		
3) Sarah Smith FR	4) Valeria Romo FR		
12 SD Mesa		4:18.25	1
1) Skyler Weiden FR	2) Jasmine Perez FR		
3) Toriana Palacki FR	4) Carli Nosler FR		
13 El Camino		4:18.36	3
1) Samantha Ealy FR	2) Aaliyah Graves FR		
3) Aliyah Grissett SO	4) Elizabeth Ibidunni SO		
14 Palomar		4:56.01	2
1) Jennifer Pedroza FR	2) Lessli Maldonado FR		
3) Hannah Lopez SO	4) Brianna Frain FR		
-- Fullerton			FS 3
1) Alicia Victoria FR	2) Myrna Gillas SO		
3) Roxanne Cuevas FR	4) Rebeca Perez FR		

**Event 38 Men 4x400 Meter Relay**

**8 Advance: Top 2 Each Heat plus Next 2 Best Times**

School		Prelims	H#
1 Cerritos		3:14.30Q	2
1) Rodrick Mahoney FR	2) Christian Shakir-Ricks FR		
3) Christian Santifer SO	4) kawika Jones FR		
2 Riverside		3:19.95Q	1
1) Keanon Dennis SO	2) Antonio Mitchell SO		
3) Phil Griggs SO	4) Keylan Dennis SO		
3 Mt. Sac		3:20.88Q	3
1) Gregory Hennes FR	2) Robert Taft FR		
3) Phillip Rocha FR	4) Travion Phillips FR		



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**Results - Prelims**

**....Event 38 Men 4x400 Meter Relay**

4	El Camino	3:14.51Q	2
	1) Alec Froning FR	2) Timothy Mates SO	
	3) Mario Marsetti FR	4) Andre Nieto FR	
5	Bakersfield	3:23.30Q	3
	1) Justin Frando FR	2) Cutberto Salgado SO	
	3) Derek Crawford SO	4) Lorenzo Maldonado FR	
6	Santa Monica	3:24.37Q	1
	1) Nigel Davis SO	2) Shay Nelson SO	
	3) Jeremy Sacristia FR	4) Chris Davis FR	
7	SD Mesa	3:23.15q	2
	1) Andy Orozco FR	2) Jake Burton FR	
	3) Saliou Ndiaye FR	4) Charles Price FR	
8	West Los Angeles	3:25.02q	1
	1) Juan Calvo FR	2) Noah Nathan FR	
	3) Israel Haik FR	4) Dre'von Macon SO	
9	Ventura	3:25.87	3
	1) Alan Nichols FR	2) Isaiah Batis FR	
	3) Jason Mesa FR	4) Darren Houston FR	
10	Canyons	3:27.26	3
	1) Delon Buncio SO	2) Aaron Sooknanan SO	
	3) Lavell Bailey FR	4) Jacore Johnson FR	
11	Saddleback	3:27.43	3
	1) Benjamin Huynh SO	2) Connor Yartz SO	
	3) Collin Hurd FR	4) Conner Buwalda FR	
12	Long Beach	3:27.94	2
	1) Evan Ridgeway FR	2) Aaron Cox FR	
	3) Marquel Angelo SO	4) Emari Bennett FR	
13	Orange Coast	3:30.62	2
	1) Tyler Young FR	2) John Synowsky FR	
	3) Brandon Morse FR	4) Javier Molina SO	
14	Glendale	3:31.80	3
	1) Sergio Aguilar FR	2) Jaime Huerta FR	
	3) Carlos Rivera SO	4) Jesus Gutierrez SO	
15	San Bernardino	3:39.84	1
	1) Carlos DeLaTorre SO	2) Fernando Duenas FR	
	3) Isaiah Gonzalez FR	4) David Hernandez FR	

**Event 39 Women 10000 Meter Run**

Name	Year School	Finals
=====		
Finals		
1	Rebecca Ruiz FR Mt. Sac	38:50.38
2	Sophia Cortina FR Moorpark	39:57.83
3	Sujej Esteva SO Riverside	40:01.98
4	Cynthia Melendez SO West Los Angeles	40:10.15
5	Olivia Quezada SO West Los Angeles	40:39.88
6	Montserrat Celis FR Mt. Sac	41:03.84
7	Estrella Montiel SO West Los Angeles	41:22.31
8	Andrea Anaya FR Orange Coast	41:31.26



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**Results - Prelims**

**....Event 39 Women 10000 Meter Run**

9	Emiliana Merida Cano	FR Riverside	41:58.68
10	Sadie Encinas	FR Mt. Sac	42:16.34
11	Deana Takoaka	SO El Camino	42:32.81
12	Meagan Silves	FR Orange Coast	42:54.85
13	Sarah Simpson	SO El Camino	43:05.20
14	Maria Marroquin	FR Santa Ana	43:12.76
15	Ariel Martinez	FR Riverside	43:23.06
16	Alexis Park	FR Saddleback	43:24.48
17	Kirsten Whieldon	SO Saddleback	44:34.04
18	Maia Chaffin	FR Palomar	45:20.74
19	Carmen Hernandez	FR El Camino	45:31.56
20	Amanda Finn	SO Canyons	45:33.66
--	Kristal Silva	SO Moorpark	DNF
--	Marleen Aranda	SO Cuyamaca	DNF
--	Maribel Madera	SO Riverside	DNF

**Event 40 Men 10000 Meter Run**

Name	Year School	Finals
1 Salvador Capetillo	SO Mt. Sac	31:53.66
2 Stefen Rasmuson	FR SD Mesa	31:58.43
3 Adan Cruz	FR Ventura	32:15.51
4 Kibrom Elias	SO Cuyamaca	32:25.50
5 Jose Melchor	SO Mt. Sac	32:35.54
6 Matt Arruda	SO El Camino	32:36.45
7 Luis Huerta	SO Mt. Sac	32:41.89
8 Michael Ramirez	SO San Bernardino	32:47.66
9 Juan Martinez	FR Moorpark	32:52.38
10 Austin Dai	SO Riverside	32:55.73
11 Baltazar Bucup	SO West Los Angeles	32:58.03
12 Medhane Woldu	FR SD Mesa	33:51.85
13 Albert Serrano	FR Glendale	34:04.17
14 Mauricio Ramos	SO San Bernardino	34:09.05
15 Alex Valle	SO Moorpark	34:14.43
16 Donovan Zavala	FR Long Beach	34:21.54
17 Ian Rusk	SO Fullerton	34:21.76
18 Moises Marquez	SO Long Beach	34:47.92
19 Akol Malong	SO Glendale	35:07.69
20 Jason Smith	FR Cuyamaca	35:49.25
21 Justin Dominguez	FR Orange Coast	36:06.13
22 Jerry Martinez	FR Riverside	36:12.93
23 Kevin Keller	FR Glendale	36:41.83
24 Robby Riggs	FR Moorpark	36:57.28
25 Cole Goldman	SO El Camino	37:18.91
26 Adrian Casas	SO Cerritos	37:19.82
27 Michael McHugh	FR Riverside	37:44.46
-- Giovanni Barajas	FR Santa Ana	DNF



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Results - Prelims

**Event 43 Women 3000 Meter Race Walk**

Name	Year School	Finals
1 Casey Shaw	FR Cuesta	21:17.76
2 Savannah Dinco	FR Riverside	24:07.78
3 Mireya Martinez	FR Allan Hancock	24:54.67
4 Jannet Olivarez	FR Riverside	24:55.61
5 Sandra Espinoza	FR Riverside	27:02.67

**Event 44 Men 3000 Meter Race Walk**

Name	Year School	Finals
1 Francisco Aguiar	FR Cuyamaca	15:22.22
2 Garnett Smith	FR Riverside	22:10.06
3 Samuel Tick	FR Riverside	22:10.95
4 Melecio Gonzalez	FR Cuesta	29:56.23
-- Connor Sharp	FR Riverside	DQ

Women - Team Rankings - 5 Events Scored

1) Riverside	45	2) Cerritos	34
3) Mt. SAC	23	4) Cuesta	20
5) Moorpark	16	6) West Los Angeles	11
7) Orange Coast	10	8) Ventura	8
8) El Camino	8	10) Santa Monica	5
10) SD Mesa	5	12) Long Beach	4
13) Antelope Valley	3	14) Fullerton	2
15) Palomar	1		

Men - Team Rankings - 4 Events Scored

1) Riverside	31	2) Mt. SAC	26
3) SD Mesa	24	4) Canyons	13
5) Cuesta	8	5) Saddleback	8
7) El Camino	7	8) Santa Monica	6
8) Orange Coast	6	8) Ventura	6
11) Cuyamaca	5	11) Golden West	5
13) Cerritos	3	13) Southwestern	3
13) West Los Angeles	3	16) Bakersfield	1
16) San Bernardino	1		



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