



## 2019 Meet Information

The 2019 Team 4 Titus & Ely Meet will take place **Saturday, March 30, 2019** at Concordia University, 1530 Concordia West, Irvine, CA. *There is no HAMMER or JAVELIN competition scheduled to take place in the 2019 meet. There is also no 3,000m SteepleChase. If there is an interest in having a steeple we are happy to consider.*

**SCHEDULE & ENTRIES (updated 2/14/19):** Please see below for the Meet Schedule. The Final Schedule will be updated after the entries close. The entries are DUE by March 26, 2019 at 5:00pm PST on Direct Athletics. **Please use actual marks from the 2018-19 outdoor seasons.**

## Spike Length

1/4" pyramid spikes ONLY! No needle or christmas tree spikes allowed on the surface

## Live Results

Live results will be available at Finished Results Live Results App.

## Entry Fee and Instructions

The cost of entry is \$250 per gender per team. If a team has less than 14 entries on either gender entries will be \$20/athlete (Men's or Women's team of 14 or more athletes will be capped at \$250). Unattached entries fee will be collected on D.A. Late entries will not be accepted, and there will be no refunds for scratches.

## Check-In

Runners must check in with the clerk at the Clerk Tent at least 30 minutes before their event, or they will be scratched. Field event athletes must check in 20 minutes prior to their event site.

## Implement Weigh-Ins

These will take place from 8:00am-9:30am on Saturday. They will take place at the East side of the track in the weight room (behind the shot).

## Rules

The meet will operate under NCAA standard rules. A wind-gauge will be used for sprints and jumps. Jumpers and throwers will get *three* attempts, with the top nine marks advancing to finals for three additional attempts. Timing will be fully automatic (FAT) for all running events. *Athletes must wear 1/4" spikes or shorter.*

## **Field Events**

Each individual throw/jump athlete will receive **(4) attempts with no finals**. Each mark will be measured. Starting heights will be determined when final entries have been received.

## **Warm-Ups**

Running warm-ups may be conducted on the inside of the track on the West Side. In addition there will be warm-up space on the lower practice field to the North of the track and field.

## **Team Camp Areas**

The hill between the baseball and track and field complexes. There will also be team camp areas on the lower practice field. Please make sure all trash is picked up when departing.

## **Sports Medicine**

Our trainers will be on site. We do request you bring your own needed supplies.

For further information contact Glory Fung, ATC or Vanessa Lopez, ATC, at 949-214-3245, or at [glory.fung@cui.edu](mailto:glory.fung@cui.edu) or [Vanessa.Lopez2@cui.edu](mailto:Vanessa.Lopez2@cui.edu)

## **Concessions**

A variety of food and beverages will be available for purchase throughout the day.

## **Results**

Unofficial results will be posted on the results board throughout the meet. Final results will be available at Finished Results website.

## **Contact**

Should you have any questions, please contact Keegan Bloomfield at 949-214-3243 or [Keegan.Bloomfield@cui.edu](mailto:Keegan.Bloomfield@cui.edu)

For more information about parking, directions, etc. Please see Visiting Team Guide.