

UC Riverside Spring Classic Invitational

March 21-23, 2019 • UC Riverside Track and Field Facility



RIVERSIDE

Meet and Entry Information

Rob Hansen | Meet Director | Email: rhansen@ucr.edu

UC Riverside Spring Track Classic
Thursday-Saturday, March 21-23, 2019
UC Riverside Track & Field Stadium - Riverside, CA
Multi-Event Competition Thursday & Friday

TENTATIVE MEET INFORMATION
(Tentative Schedule Included)

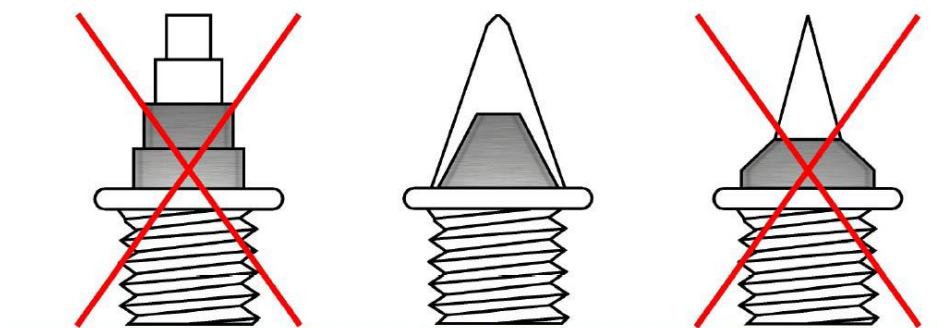
The University of California Riverside is pleased to host our 6th Annual Spring Track Classic. The following bulleted items will answer some general questions.

- **Entry Information:** The 2019 UCR Spring Track Classic is by invitation only. Team entries are only accepted through www.directathletics.com. No email or fax entries will be accepted for team entries. Unattached athletes must email the Meet Director (rhansen@ucr.edu) to be accepted into the competition. To compete unattached and have an entry fee waived, unattached athlete must volunteer to work a total of 4 hours of meet set up or meet day assistance as arranged (before the close of entries) by Meet Staff. No ENTRIES/CHANGES will be accepted after the entry deadline. No high school athletes or PSA's may obtain a waived entry fee
- **Entry Fees/Entry Marks:** \$500/full team or \$250/gender. Make checks payable to UC Regents. ****An additional \$25 fee will be charged for every multi-event athlete****
- **Entry Procedure: ONLY TFRRS marks from 2018 and 2019 Indoor/Outdoor seasons will be accepted.** All entries must be submitted on **DirectAthletics**. Please submit your entries by **Monday, March 18, 2019 at 6:00PM PST**. Placement in heats/flights will be at the discretion of the meet management staff. If an athlete does not have a TFRRS mark, they must enter a time that can be verified online.
The established entry standards for the meet are listed below:

| <u>Men</u> | <u>Women</u> |
|---------------------------|---------------------------|
| 100m: 11.25 | 100m: 12.60 |
| 200m: 23.00 | 200m: 26.00 |
| 400m: 51.00 | 400m: 60.00 |
| 800m: 1:57 | 800m: 2:22 |
| 1,500m: 4:05 | 1,500m: 4:55 |
| 5,000m: No Standard | 5,000m: No Standard |
| 110mH: 15.80 | 100mH: 15.80 |
| 400mH: 57.00 | 400mH: 66.00 |
| Steeplechase: No Standard | Steeplechase: No Standard |
| Shot Put: 13.40m | Shot Put: 12m |
| Discus: 42m | Discus: 38m |
| Javelin: 47m | Javelin: 33m |
| Hammer: 40m | Hammer: 40m |
| Long Jump: 6.30m | Long Jump: 5.20m |
| Triple Jump: 13.40m | Triple Jump: 11.30m |
| High Jump: 1.83m | High Jump: 1.50m |
| Pole Vault: 4.15m | Pole Vault: 3.20m |
- **Check-in Procedure:** Check-in for all running events will take place at the Clerk of Course table located by 100m start area. Check-in 15 minutes prior to your race for hip numbers and to be escorted onto the track. Athletes failing to do so may be scratched from competition. Check-in for field events will take place at your field event site 30 minutes before competition.
- **Timing System:** Finished Results (<http://www.finishedresults.com>) will cover timing and results.
- **Scoring/Field Event Info:** Scoring will be 10-8-6-5-4-3-2-1. Only three athletes from each team per event can score. In field events, top 9 advance to finals for 3 more attempts.
- **Hammer Throw:** Hammer throw will be contested at the UC Riverside Ag Ops Throwing Facility (see

map at bottom of meet information).

- **Weigh-in of Implements:** Multi-event implements can be weighed in Thursday and Friday between 9:30am-11:15am. Weigh-ins for Women's Hammer throw will be from 1:00pm-2:15pm, and Men's Hammer will be from 12:15pm-3:00pm at the Ag Ops Throwing Facility. Throwing implements must be weighed in between 8:45-10:30am on Saturday at the Track Shed, on the south end of the Track Stadium.
- **Sports Medicine:** UC Riverside Sports Medicine Staff will be set-up and located at the southeast end of the track stadium. A licensed Physician will be on call throughout the duration of the event.
- **Warm-up Area/Team Camps:** Grass field behind softball will be available for warm-up. Team camps can be set up in grass on the outside of the backstretch and 2nd curve along the East & North fences.
- **Spectator Info:** Ticket prices – Spectators (\$5) / UCR Undergrad w/ ID, Ages 3 & below (Free)
- **About the Track:** UC Riverside's track is an 8-lane (9-lane straightaway) Rekortan M99 track surface. There are two adjacent LJ/TJ runways with sand pits at both ends. The discus, shot, and javelin are contested within the track stadium (upper field). Hammer throw is contested at the UC Riverside Ag Ops Throwing Facility (1.5-mile drive).
- **Parking/Directions:** Team Bus Drop-off will be on Canyon Crest by Parking Lot #24 (adjacent to track stadium). **DO NOT ATTEMPT** to park your team bus in lot #24 due to the incline of the entrance. Team Bus Parking will be available in Parking Lot #26 (next to baseball complex) Or in the Stater Bros. parking lot on Iowa Ave. Spectator parking will be available in Parking Lot #24 for \$6.00. **Directions to Parking Lot #24:** From the 215 South / 60 East freeway, take University Ave. Exit. Head east on University Ave. towards campus (University Ave. turns into Canyon Crest). Parking Lot #24 is located on the right immediately after the Softball Field. Parking Lot #26 is located another ½ block down Canyon Crest on the left hand side by the baseball complex.
- **Facility Availability and Practice Times:** The UC Riverside track facility will be open to teams for workout during the following times/days. During Thursday and Friday there is a Multi-Event competition taking place that will take precedence over any team workout or pre-meet activities on the track or throws areas. Please be respectful of the athletes competing on these days and be watchful of the infield as the javelin may be taking place. Additionally, due to the multi-event competition and for safety concerns, no discus will be allowed on the upper field until day of competition. Hammer is NOT to be thrown on the upper field at any time. For throws practice, please contact candace.fuller@ucr.edu
 - Monday-Tuesday – By appointment ONLY. Please schedule with Rob Hansen if time is needed
 - Wednesday – 12:00pm – 6:00pm (If Hammer/Disc needed, please schedule with candace.fuller@ucr.edu)
 - Thursday – 12:00 – 6:00pm throws by appointment candace.fuller@ucr.edu
 - Friday – 12:00-6:00pm throws by appointment: candace.fuller@ucr.edu
 - Saturday – Competition warm-ups only
- **Spike Pin Type and Size:** The only spike pin allowed for our facility is the ¼" pyramid spike. Athletes can be disqualified from the meet if they do not comply with this rule (High Jump and Javelin events are allowed a 3/8" pyramid spike). **NO NEEDLE SPIKES OR CHRISTMAS TREE SPIKES ALLOWED** (see image below). No permanent spike shoes allowed. Shoes will be checked at last call in the clerk area prior to getting on the track.



UC RIVERSIDE SPRING TRACK CLASSIC MULTI'S, HAMMER & TRACK UNOFFICIAL SCHEDULE**UC RIVERSIDE TRACK AND FIELD STADIUM****Thursday-Friday, March 21-22, 2019**

| Thursday, March 21, 2019 | | |
|---------------------------------|------------|-----------|
| 11:00 AM | 100 meters | Decathlon |
| | Long Jump | Decathlon |
| | Shot Put | Decathlon |
| | High Jump | Decathlon |
| | 400m | Decathlon |

| | | |
|----------|--------------|------------|
| 12:00 PM | 100m hurdles | Heptathlon |
| | High Jump | Heptathlon |
| | Shot Put | Heptathlon |
| | 200m | Heptathlon |

| Friday, March 22, 2019 | | |
|-------------------------------|-------------------|-----------|
| 11:00 AM | 110 meter hurdles | Decathlon |
| | Discus | Decathlon |
| | Pole Vault | Decathlon |
| | Javelin | Decathlon |
| | 1,500 meters | Decathlon |

| | | |
|----------|------------|------------|
| 12:00 PM | Long Jump | Heptathlon |
| | Javelin | Heptathlon |
| | 800 meters | Heptathlon |

| | | |
|-----------|--|----------------|
| 2:00 PM | Hammer | Women – Ag/Ops |
| To Follow | Hammer | Men – Ag/Ops |
| 6:40 PM | 4x200m Relay | Men |
| 6:48 PM | 4x200m Relay | Women |
| 6:56 PM | 5000m | Men |
| 7:12 PM | 5000m | Women |
| 7:34 PM | Sprint Medley Relay (200, 200, 400, 800) | Men |
| 7:43 PM | Sprint Medley Relay (200, 200, 400, 800) | Women |

UC RIVERSIDE SPRING TRACK CLASSIC UNOFFICIAL SCHEDULE

UC RIVERSIDE TRACK AND FIELD STADIUM

Saturday, March 23, 2019

| Saturday, March 23, 2019- Field Events | | |
|--|--|------------------|
| 10:00 AM | Shot Put | Women |
| 10:00 AM | Javelin | Men |
| 10:00 AM | Pole Vault | Women |
| 10:30 PM | Long Jump | Women – West Pit |
| 10:30 PM | Long Jump | Men – East Pit |
| 12:00 PM | Javelin | Women |
| 12:00 PM | Shot Put | Men |
| 12:00 PM | High Jump | Women |
| 12:00 PM | Pole Vault | Men |
| 2:00 PM | Discus | Women |
| 2:00 PM | Triple Jump | Women – West Pit |
| 2:00 PM | Triple Jump | Men – East Pit |
| 4:00 PM | High Jump | Men |
| 4:00 PM | Discus | Men |
| Saturday, March 23, 2019 - Running Events | | |
| 12:40 PM | Opening Ceremony / Team Introductions | |
| 12:55 PM | National Anthem | |
| 1:00 PM | 400 meter Relay | Women |
| 1:10 PM | 400 meter Relay | Men |
| 1:15 PM | 1500 meters | Women |
| 1:30 PM | 1500 meters | Men |
| 1:50 PM | 100 meter Hurdles | Women |
| 2:10 PM | 110 meter Hurdles | Men |
| 2:25 PM | 400 meters | Women |
| 2:50 PM | 400 meters | Men |
| 3:05 PM | 100 meters | Women |
| 3:30 PM | 100 meters | Men |
| 3:40 PM | 800 meters | Women |
| 3:50 PM | 800 meters | Men |
| 4:10 PM | 400 meter Hurdles | Women |
| 4:25 PM | 400 meter Hurdles | Men |
| 4:40 PM | 200 meters | Women |
| 4:55 PM | 200 meters | Men |
| 5:05 PM | 3,000 meter Steeplechase | Women |
| 5:30 PM | 3,000 meter Steeplechase | Men |
| 5:50 PM | 1,600 meter Relay | Women |
| 6:00 PM | 1,600 meter Relay | Men |
| | | |

Competition Track, Parking, Throws Areas and Warm-up Field



Preferred Hotel

Marriot Courtyard
1510 University Avenue
Riverside, CA 92507
1-866-576-5620

Additional Lodging

Hyatt Place Riverside Downtown
3500 Market Street
Riverside, CA 92501
Contact: Donna Esparza
951-248-0727
donna.esparza@hyatt.com

**Riverside Marriott at the
Convention Center**
3400 Market St
Riverside, CA 92501
Phone: (951) 784-8000

