

MEET INFORMATION

Orange Empire Conference Multi-Event Championships

Hosted by Golden West College @ GWC

Day 1: Wednesday, March 9, 2022

Day 2: Thursday, March 10, 2022

Decathlon Start (Day 1 & 2): 9:30am Heptathlon Start (Day 1 & 2): 10:00am

Wednesday

Weigh – Ins: 9:00am

All implements will be weighed. Implements for the 2nd day will also be weighed and impounded at this time.

- Entries:** Entries are due through www.directathletics.com by Monday, March 7th @ 6:00 pm. There will be no adds nor scratches after this deadline. After the deadline, all athletes will be considered declared and the failure to participate rule will be in effect.
- Entry Fee:** Entry fees include all 3 championship meets, and will be **\$2450 per school (includes men and women's programs)**. **Make checks payable to: GWC College** (mail checks to 15744 Goldenwest Street, Huntington Beach, CA 92647). **The deadline for all entry fees to be turned in is February 7, 2022, and if you could send them earlier it would be greatly appreciated.**
- Spikes:** ¼" or 3/16th" pyramid spikes (no needles or Christmas trees) maximum for all surfaces, runways and take-offs within the stadium.
- Weigh-Ins:** Implement certification for all throwing events will be conducted from **9:00am to 10:00am** on the first day of competition. Implements for day 2 will be impounded.
- Scoring:** Each event shall be scored for 8 places with the following points: 10-8-6-5-4-3-2-1
- Assignments:** Officials and GWC volunteers will cover each event area.
- Results:** Results will be posted on www.directathletics.com following the conclusion of the meet. Hard copies of the final results for each day will be handed out at the conclusion of the meet.
- Check In:** Athletes must check in before the start of the event or they will be scratched, and will be subject to the "Failure to Participate Rule" for all subsequent events on that day of competition.
- Restrooms:** Restrooms are located at on the soccer field or south end of the track.
- Athletic Trainer:** Athletic trainers will be available. Trainers will provide taping, ice and treat injuries. Coaches/athletes are responsible for providing their tape and pre-wrap.
- Canopy:** Canopies will only be allowed on the soccer field or north end of the track near the pole vault area.
- Warm-Up Area:** Warm-up area will be located on the soccer field. **Only athletes who are about to compete or field athletes warming up at their event area are allowed on the track and field. Please have running event athletes warm up on the soccer field.**

CCCAA Decorum Policy: Decorum policy will be in effect and strictly enforced at the meet site for all meets.

If you have any questions contact: Monique Henderson (619) 623-0833

Hotel Information:

The Hotel Huntington Beach
7667 Center Avenue
Huntington Beach, Ca 92647
\$99/night
<http://www.hotelhb.com/>

Springhill Suites Huntington Beach
7872 Edinger Ave.
Huntington Beach, Ca 92647
\$259/night
(657) 200-7500
<https://www.marriott.com/hotels/travel/snahu-springhill-suites-huntington-beach-orange-county/>

RULES OF COMPETITION:

**** **PLEASE REVIEW THESE RULES WITH YOUR ATHLETES** ****

Failure to Participate RULE:

The failure to participate rule is in effect for all entered athletes. Any scratch, failure to compete in an entered event, failure to complete a running event, or failure to produce a legitimate competitive effort will result in the disqualification of that athlete from all competition (including relays!) for the remainder of that day. With regards to this rule, the Prelims and Finals meets are considered to be separate days of competition.

UNIFORM RULE:

NCAA and COA uniform rules are in effect. All competing athletes must be clothed in official school-issued uniforms. This includes lower body garments (i.e., shorts or warm-up pants), head wear (hats, beanies, etc.), and t-shirts. Males should also be made aware of the fact that removing one's shirt or rolling down one's body suit to expose their bare chest while in the field of competition is a violation of the uniform rule. These rules apply to all competitors including weight throwers – NO EXCEPTIONS! The first infraction will be a warning, after one warning the second infraction will result in the disqualification of the athlete.

ELECTRONIC DEVICES:

Absolutely no electronic devices are allowed on the field of competition. This includes cell phones, portable music players, video cameras, boom boxes, etc.

FIELD OF COMPETITION:

Once the meet begins, absolutely no one is allowed on the track, infield, or any other field of competition unless they are actively competing in an event or working at an event! This rule applies to coaches, teammates who are not actively competing in an event, family, friends, spectators, etc. Athletes who have completed their competitive event should immediately exit the field of competition, after receiving their awards, and not linger to cheer on or socialize with their competing teammates. Failure to comply with these conditions may result in the disqualification of the competing athlete from that college.

Qualifying from Conference Prelims to Conference Finals

Advancement from Prelims to Finals in the running events and from the qualifying trials to the finals in the field events will always exactly follow the procedure used that year for the SOCAL championship and outlined under rule 6 and rule 8 of the Rules and Policies booklet. In the case of the 1500meter run, this policy may be suspended and the event may be run as a finals only event if there are fewer than 16 entrants in the event. Wind gauges will not be used for advancement, but for record purposes only.

Qualifying from Conference to Southern California Prelims

The top 6 finishers from each conference will advance to the Southern California Prelims as long as they have reached the minimum qualifying mark at sometime during the season. That will leave 3 remaining spots in each event. If there are any automatic qualifiers, they would come in first, but no more than 3 would be moved into an event. If there are still spots remaining they will be filled by the best non-qualifying mark from the conference championship meets if they have reached the Minimum Qualifying mark at sometime during the season. All qualifiers will be posted on the SOCAL Website www.gocollegetrack.com starting on Monday and will be updated each evening until after the scratch deadline. Mark Covert will attempt to put heats and flights up on Thursday evening before each meet.

Qualifying from Southern California to State

The first 4 place winners in the following events (100,200,400, 100/110H, 400H, 800, 4X100R, 4X400R) and Best 5th place from the two regional meets move on to the State Championships. The first 6 place winners in the following events (1500, 3,000Steeple, 5,000, 10,000 and **All** field events) move on to the State Championships. It is possible, with new state qualification rules, that the south can qualify more athletes in each event if the state qualifiers from the Nor Cal Finals do not meet minimum qualifying standards. The State Meet will be held at American River College.

INVOICE

Golden West College Track and Field

15744 Goldenwest Street, Huntington Beach, CA 92647

DESCRIPTION: Each team's equal portion of the OEC Championship Series

Teams attending: All OEC Teams

TOTAL AMOUNT PAYABLE

\$2450.00
(\$1,225/gender)

PLEASE MAIL CHECKS TO:

Golden West College Track and Field

**15744 Goldenwest Street,
Huntington Beach, CA 92647**

ATTN. Athletics/Monique Henderson

ORANGE EMPIRE CONFERENCE MUTLI-EVENT CHAMPIONSHIP

DAY 1—March 9, 2022

	Women	Men
Day 1 Start	10:00	9:30
	100H	100
	High Jump	Long Jump
	Shot Put	Shot Put
	200m	High Jump 400m

DAY 2—March 10, 2022

	Women	Men
Day 2 Start	10:00	9:30
	Long Jump	110H
	Javelin	Discus
	800m	Pole Vault
		Javelin 1500m