



Bob Larsen Distance Carnival
Rafer and Betsy Johnson Track/Drake Stadium
Friday, March 25th, 2022

Friday Track Events		
Time	Event	Notes
5:00 PM	Women's 1500m	Heat 3
5:10 PM	Men's Mile	Heat 3
5:20 PM	Men's Mile	Heat 4
5:30 PM	Women's 5000m	Open
6:00 PM	Men's 5000m	Open
6:20 PM	Women's 3000m Steeple	2 Heats
6:50 PM	Men's 3000m Steeple	2 Heats
7:10 PM	Women's 1500m	2 Heats
7:25 PM	Men's Mile	2 Heats
7:35 PM	Women's 5000m	Invite
7:55 PM	Men's 5000m	Invite
8:20 PM	Women's 10,000m	1 Heat
9:00 PM	Men's 10,000m	1 Heat

Friday Field Events		
Time	Event	Notes
12:00 PM	Men's Hammer Throw	Invite
	Women's Hammer Throw to follow Men's	Invite
2:00 PM	Men's Javelin Throw	Invite
	Women's Javelin Throw to follow Men's	Invite
4:30 PM	Men's Javelin Throw	Open
	Women's Javelin Throw to follow Men's	Open
7:00 PM	Men's Hammer Throw	Open
	Women's Hammer Throw to follow Men's	Open

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