

# Valley League Championship

## Track & Field Meet

*Hosted at Hemet High*

**May 12<sup>th</sup> 2022 at Hemet High School (41701 Stetson Ave., Hemet, CA)**

- Meet is open to the middle schools in the Valley League (Acacia, Dartmouth, Diamond Valley, Monte Vista, North Mountain, and Rancho Viejo)
- Meet begins at 3pm at Hemet High Stadium (field events start at 3:00, running events start at 3:30)
- Combined grade level meet; 6<sup>th</sup>, 7<sup>th</sup>, & 8<sup>th</sup> grade
- Each athlete is limited to 4 total events - Each school is allowed 3 athletes per event
- One girl team and one boy team per school in each relay.
- Track spikes allowed, (3/16ths needle only, spikes checked prior to events)

Order of Events (CIF order)

- 4 X 100 Relay
- 1600
- 100 Meter Hurdles (30 inch)
- 400
- 100
- 800
- 300 Meter Hurdles (30 inch)
- 200
- 4 X 400 Relay

Field Events

- High Jump
- Long Jump
- Triple Jump
- Shot Put
- Discus

\* Medals awarded for 1<sup>st</sup> - 3<sup>rd</sup> places

\* Trophy to the top team in each gender

\*Full concession stand

Meet professionally timed and scored by Finished Results

- must register through [www.finishedresults.com](http://www.finishedresults.com) (Mile Split) by May 8<sup>th</sup>, at 11:59 pm

**For more information:**

Tom Siebold: email: [tsiebold@hemetusd.org](mailto:tsiebold@hemetusd.org) phone: (951) 415-9263

**Location:** This track is a 9 lane metered all weather track located at Hemet High School.

Meet Address: 41701 Stetson Ave., Hemet, CA 92544

**Entry Fee:** \$250 per school or \$25 per athlete. Entry fee must be paid prior to start of the meet.

Checks can be mailed or hand delivered the day of the meet.

**Checks payable to:** Dartmouth ASB

**Mail to:** Dartmouth Middle School  
attn: Tom Siebold  
41535 Mayberry Ave.  
Hemet, CA 92544

**Attention All Coaches:** Please be aware and prepared for all team health concerns. Please bring a first aid kit as well as water for your team. Hemet Unified School District, and any meet official and/or volunteer cannot be held responsible for any injuries or lost/stolen items during this meet.