

April 29-30, 2023 @ Univ of La Verne; Ortmeyer Stadium

<u>Location</u>



University of La Verne; Ortmeyer Stadium 1950 Third Street LaVerne, CA 91750

Parking

Limited parking will be available in the parking structure next to the stadium. Parking for buses will be available on ULV Auxiliary Parking Lot, approx. ½ way between Ortmeyer Stadium and ULV Campus West.

Championship Meet Website and Live Streaming

.

Coaches Meeting

Saturday April 29 and Sunday April 30 @ 2:00pm

Entries

Entries must be made on line through DirectAthletics. Entries will close at 5pm on Tuesday 4/25. Meet Program will be emailed by the end of the day on Wednesday 4/26.

No adds/scratches will be permitted after the entry deadline.

Heat Sheets

Heats and Flights will be posted on the meet website, and be emailed to all Head coaches by Friday (4/28) morning.

Results

Live Results will be posted at <u>https://finishedresults.com</u> during the meet. Full Meet/Official results will be posted at <u>www.leopardathletics.com</u>, TFRRS.org and <u>www.thesciac.org</u> after the event.

Scoring

The meet will be scored: 10-8-6-5-4-3-2-1 for all events. Eight athletes will advance to the FINALS in all individual track events 800m and under. 12 will advance in the 1500m. 9 athletes will advance to the FINALS in all field events.

Implement Weigh-Ins

Implements will be certified daily, according to the events taking place that day.

- Saturday April 29: Starting @ 11:30am @ Campus West (W.HT, M.HT, W.JT, M.JT)
- Sunday April 30: Starting @ 8:30am @ Ortmeyer Stadium (W.DT, M.DT, M.SP, W.SP)

Athlete Check In

- Track Events: Clerk of the Course will be located ______1 hour prior to event start time
- Field Events: @ the event site, 90 min prior to event start time

Warm Ups

Due to limited warm up space, warm ups will take place on the infield or in ULV Parking Lot A (north of the track)

<u>Rules</u>

The 2023 SCIAC Track & Field Championships will be conducted under NCAA DIII Track & Field Rules

Opening Heights

















<u>Spikes</u>

Spikes must be ¼" or shorter, Pyramids preferred

Designated Entrances

Access to the track infield, will be by accreditation only. Access to the track will only be allowed through designated gates.

Championship Entrance Fees

Tickets will be available for purchase, and should be done ahead of time for all spectators @ <u>https://sciac.ticketleap.com/2023-sciac-track-field-championships</u>

- All tickets purchased in advance are \$8 each. Tickets purchased at the gate will be \$10 each
- Children under 12 and spectators with a SCIAC Institutional ID are FREE of charge.

Championship Credentials

Tournament Credentials are required for all championship participants, officials and staff. The credentials will be provided to teams upon arrival at the championship site on Day 1. The credentials are to be worn at all times, except during competition. The credentials may not be given to family, friends, etc.

Media Credentials

Requests for media access should be sent to David Jordan; ULV Sports Information, as soon as possible. He can be reached at: djordan@laverne.edu

SCIAC Championship T-Shirts

((Fine Designs will be present at the stadium selling a variety of SCIAC Track & Field Championship apparel, Saturday and Sunday))

Restrooms / Locker Rooms

- Restrooms will be located inside the ULV Sports and Science Pavilion as well as several portable restrooms around the facility. Restroom facilities on Campus West are adjacent to the throwing areas.
- Locker Rooms and Showers are not available

TEAM Areas

TEAM Camps will be allowed in a couple of different areas. First will be at the top of the bleachers. All TEAM tents must be placed at the top of the bleachers, nothing lower. Other TEAM tent areas will be just outside the track fence on the grass area nearest the North Eastern corner (near the 200m start line) or on the concrete area, just outside the 1500m start line)

Athletic Training

Certified Athletic Trainers will be on site throughout the championships. The Sports Medical tent will be located just past the common finish line in the South West corner of the facility. Sports Medicine staff will be available 2 hours prior to the start of the first event and remain on site for 30min following the conclusion of the final event of the day. If athletes require special treatment or protocols, communication from the institution's athletic training staff and the ULV Athletic Training staff must take place prior to the championships.

Hospitality

Lunches will be provided for officials and championship staff. Light hospitality items will be provided for coaches at

Concessions

There will be concessions available at Cornies Corner inside the stadium. The concession stand will be CASH only.

National Anthem

We will stop all activities and play the National Anthem prior to the start of track events, each day.

Awards

All SCIAC awards (medals) will be presented to the top 3 finishers in each event, and will be awarded on the infield, just behind the finish line. Coaches, please tell your athletes to be ready soon after the completion of their event.

Key Contacts

| Jenn Dubow, SCIAC Executive Director | Email: jdubow@thesciac.org |
|---|---|
| Jenna Panatier, ULV Athletic Director | Email: jpanatier@laverne.edu |
| Kelly Beck, ULV Compliance Officer | Email: <u>kbeck@laverne.edu</u> |
| David Jordan, ULV Sports Information | Email: <u>djordan@laverne.edu</u> |
| Keith Savage, ULV Athletic Training | Email: <u>ksavage@laverne.edu</u> |
| Kevin Reid, ULV Track & Field, Meet Director | Email: <u>kreid@laverne.edu</u> |
| Jamie Norton, ULV Track & Field, Co-Meet Director | Email: inorton2@laverne.edu |

Saturday; April 29

Field Events

| 1:30pm | Women's Hammer (ULV Campus West) |
|--------|-----------------------------------|
| 3:00pm | Men's Hammer (ULV Campus West) |
| | Men's Long Jump |
| | Women's Pole Vault |
| 4:30pm | Women's Javelin (ULV Campus West) |
| | Women's Long Jump |
| 6:00pm | Men's Javelin (ULV Campus West) |

Running Events

| 3:30pm | Women's 1500m |
|--------|----------------------------------|
| 3:45pm | Men's 1500m |
| 4:00pm | Women's 100m Hurdles |
| 4:10pm | Men's 110m High Hurdles |
| 4:20pm | Women's 400m |
| 4:30pm | Men's 400m |
| 4:40pm | Women's 100m |
| 4:55pm | Men's 100m |
| 5:10pm | Women's 800m |
| 5:25pm | Men's 800m |
| 5:40pm | Women's 400m Hurdles |
| 5:50pm | Men's 400m Int. Hurdles |
| 6:00pm | Women's 200m |
| 6:15pm | Men's 200m |
| 6:30pm | Women's 3000m Steeplechase FINAL |
| 6:50pm | Men's 3000m Steeplechase FINAL |
| 7:05pm | Women's 10,000m FINAL |
| 7:50pm | Men's 10,000m FINAL |
| | |

| 10:00am | Women's Discus (Ortmeyer Stadium) |
|----------------|-----------------------------------|
| 12:00am | Men's Discus (Ortmeyer Stadium) |
| 2:00pm | Women's High Jump |
| | Women's Shot Put |
| | Men's Pole Vault |
| | Men's Triple Jump |
| 4:30pm | Men's High Jump |
| | Men's Shot Put |
| | Women's Triple Jump |
| | |
| Running Events | |

Women's 4x100m Relay 3:30pm 3:35pm Men's 4x100m Relay Women's 1500m 3:40pm Men's 1500m 3:50pm 4:00pm Women's 100m Hurdles Men's 110m High Hurdles 4:10pm Women's 400m 4:20pm Men's 400m 4:30pm 4:40pm Women's 100m 4:45pm Men's 100m 4:50pm Women's 800m Men's 800m 5:00pm Women's 400m Hurdles 5:10pm Men's 400m Int. Hurdles 5:20pm Women's 200m 5:30pm Men's 200m 5:35pm Women's 5000m 5:40pm Men's 5000m 6:05pm Women's 4x400m Relay 6:25pm Men's 4x400m Relay 6:30pm

Sunday; April 30

Field Events