

HOME MEET INFORMATION:

The 2023 Team 4 Titus & Ely Meet, will take place Saturday, March 25, 2023 at Concordia University, 1530 Concordia West, Irvine, CA.

SCHEDULE & ENTRIES: The Final Schedule will be updated after the entries close. The entries are DUE by March 25, 2022 at 6:00pm PST on Direct Athletics.

SPIKE LENGTH: 1/4" pyramid spikes ONLY! No needle or Christmas tree spikes allowed on the surface **RESULTS:**

Live Results will be available at Finished Results Live Results App. Final results will be available at the Finished Results website.

FEES: Late entries will not be accepted. Collegiate Teams: \$25 per athlete to a max of \$400 per gender per team. Thus, the men's team of 16 or more athletes will be capped at \$400 and the women's team of 16 or more athletes will also be capped at \$400. Payment through Direct Athletics will also be REQUIRED. Unattached and Non-collegiate team entries are \$25 per person and is invite only; To be considered for invitation email head coach, Keegan Bloomfield at Keegan.Bloomfield@cui.edu, fee will be collected when entering on Direct Athletics; there is no refund available once you have entered.

CHECK-IN: Runners must check in with the hip number tent at least 30 minutes before their event, or they will be scratched. Field event athletes must check in 15 minutes prior to their event at the site of the event. All runners should be at the start of their event AT LEAST five minutes prior to the start.

IMPLEMENT WEIGH-INS: Weigh-ins will take place from 8:00am-9:30am. They will take place at the East side of the track in the weight room (behind the shot).

JUMPS: Boards for Triple Jump: women, 30' men, 38' or 42' High jump and Pole Vault opening heights will be decided once entries are submitted and finalized. High Jump will progress 5 cm at a time until national qualifying marks are available at which time it could be 3 cm. Pole Vault will increase 15cm at a time until national qualifying marks are available at which time it could be 5 cm.

RULES: The meet will operate under NCAA standard rules. A wind-gauge will be used for sprints and jumps. Timing will be fully automatic (FAT) for all running events. Athletes must wear 1/4" spikes or shorter.

FIELD EVENTS: Each individual throw/jump athlete will receive 3 attempts with finals. Each mark will be measured.

WARM-UPS: Running warm-ups may be conducted on the inside of the track on the West Side.

TEAM CAMP AREAS: Team camps will be in the grass area near the basketball courts. There will also be team camp areas on the upper lawns. Please make sure all trash is picked up when departing. A detailed map will be provided in further communication.

PARKING: Van Parking will be available adjacent to the track and field facility. Bus parking will be in the baseball parking lot on the west side of campus.

SPECTATOR SEATING: Spectators are welcome to sit on the outside edge of the track during the running events. Seating for field events will be near the event itself. Once running events begin we need extreme caution from those crossing the facility. Spectators will need to provide their own chairs.

SPORTS MEDICINE: Our trainers will be on site. We do request you bring your own needed supplies. For further information contact Rayna Harrison at rayna.harrison@cui.edu

ADMISSION: Free admission for CUI students with student ID, Spectators 12 and under, and Military with ID. Seniors \$5 everyone else \$7.

CONTACT: Should you have any questions, please feel free to contact Lauren Magneson or Keegan Bloomfield, Lauren.Magneson@cui.edu or Keegan.Bloomfield@cui.edu