



Final Meet Schedule
2023 Triton Invitational
 Triton Stadium

Friday April 7, 2023

Friday Field Events			Flights/Location
9:30 AM	Hammer (Invitational) - 3 prelims throws, top 9 to finals for 3 final throws	Women	3 Flights - Throwing Field
1:00 PM	Pole Vault (Leon T. Roach III Invitational) - starting height 3.20/10-6	Women	Stadium
1:30 PM	Discus (Invitational) - 3 prelims throws, top 9 to finals for 3 final throws	Women	2 Flights - Throwing Field
4:00 PM	Discus (Open) - 3 prelims throws, top 9 to finals for 3 final throws	Women	2 Flights - Throwing Field

Saturday April 8, 2023

Throwing Events			Flights/Location
9:30 AM	Hammer (Invitational) - 3 prelims throws, top 9 to finals for 3 final throws	Men	3 Flights - Throwing Field
10:00 AM	Javelin (Invitational) - 3 prelims throws, top 9 to finals for 3 final throws	Women	3 Flights - Stadium Infield
11:00 AM	Shot (Invitational) - 3 prelims throws, top 9 to finals for 3 final throws	Men	3 Flights - Stadium Outside Ring
1:30 PM	Discus (Invitational) - 3 prelims throws, top 9 to finals for 3 final throws	Men	2 flights - Throwing Field
2:00 PM	Javelin (Invitational) - 3 prelims throws, top 9 to finals for 3 final throws	Men	2 flights - Stadium Infield
2:00 PM	Shot (Open) - 3 prelims throws, top 9 to finals for 3 final throws	Women	3 Flights - Stadium Outside Ring
4:00 PM	Discus (Open) - 3 prelims throws, top 9 to finals for 3 final throws	Men	3 Flights - Throwing Field
5:00 PM	Shot (Invitational) - 3 prelims throws, top 9 to finals for 3 final throws	Women	1 Flight - Stadium Outside Ring

Horizontal Jumping Events			Flights/Location
11:00 AM	Long Jump (Invitational) - 3 prelims jumps, top 9 to finals for 3 final jumps	Men	3 Flights - Southeast Pit
11:00 AM	Long Jump (Invitational) - 3 prelims jumps, top 9 to finals for 3 final jumps	Women	4 Flights - Center Pit
3:00 PM	Triple Jump (Invitational) - 3 prelims jumps, top 9 to finals for 3 final jumps	Men	1 Flights - Southeast Pit
3:00 PM	Triple Jump (Invitational) - 3 prelims jumps, top 9 to finals for 3 final jumps	Women	2 Flights - Center Pit

Vertical Jumping Events			Location
11:00 AM	High Jump (Invitational) - starting height 1.52/5-0	Women	Stadium
1:00 PM	Pole Vault (Leon T. Roach III Invitational) - starting height 4.10/13-6	Men	Stadium
3:00 PM	High Jump (Invitational) - starting height 1.86/6-1.25	Men	Stadium

Track Events			Approx. Heats
9:55 AM	National Anthem		
10:00 AM	400m Relay	Women	2
10:10 AM	400m Relay	Men	1
10:15 AM	400m Relay - UCSD Triton Athletes Council Team Challenge	Men/Women	1
10:20 AM	3000m Steeplechase	Women	1
10:35 AM	3000m Steeplechase	Men	1
10:50 AM	1500m	Women	6
11:35 AM	1500m	Men	5
12:05 PM	100m Hurdles	Women	5
12:25 PM	110m Hurdles	Men	3
12:45 PM	400m	Women	5
1:05 PM	400m	Men	6
1:30 PM	100m	Women	8
1:55 PM	100m	Men	7
2:15 PM	800m	Women	9
3:00 PM	800m	Men	9
3:50 PM	400m Hurdles	Women	3
4:10 PM	400m Hurdles	Men	3
4:30 PM	200m	Women	12
5:05 PM	200m	Men	8
5:30 PM	5000m	Women	1
5:55 PM	5000m	Men	1
6:15 PM	1600m Relay	Women	2
6:35 PM	1600m Relay	Men	2