



UCSB Invite with Sam Adams Combined Events

Wednesday – Friday, March 8-10, 2023

Field Event Schedule: Friday, March 10th

8:00 – 11:00am	WEIGH-INS	@ Weight Shed
9:30am	Hammer	Women (Men Follow)
Following Hammer (12pm)	Discus	Women (Men Follow)
12:00pm	Long Jump	Men and Women
12:00pm	Pole Vault	Men (Women Follow)
1:30pm	High Jump	Women (Men Follow)
3:00pm	Triple Jump	Women and Men
2:00pm	Shot Put	Women (Men Follow)
3:15pm	Javelin	Women (Men Follow)

Track Event Schedule: Friday, March 10th

12:00pm	Alumni Mile	Men/Women
12:30pm	3000m Steeplechase	Women
12:45pm	3000m Steeplechase	Men
1:00pm	400m Relay	Women
1:05pm	400m Relay	Men
1:10pm	1500m	Women
1:15pm	1500m	Men
1:35pm	100m Hurdles	Women
1:50pm	110m Hurdles	Men
2:05pm	400m	Women
2:10pm	400m	Men
2:15pm	100m	Women
2:25pm	100m	Men
2:35pm	800m	Women
2:45pm	800m	Men
2:55pm	400m Hurdles	Women
3:05pm	400m Hurdles	Men
3:15pm	200m	Women
3:25pm	200m	Men
3:35pm	5000m	Women
4:00pm	5000m	Men
4:20pm	1600m Relay	Women
4:30pm	1600m Relay	Men



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Day 1 Schedule: Wednesday, March 8th

Decathlon:

12:00pm	100m
12:45pm	Long Jump
2:00pm	Shot Put
3:00pm	High Jump
5:00pm	400m

Heptathlon:

12:30pm	100m Hurdles
1:15pm	High Jump
3:00pm	Shot Put
4:00pm	200m

Day 2 Schedule: Thursday, March 9th

Decathlon:

12:00pm	110m Hurdles
12:45pm	Discus
2:00pm	Pole Vault
4:30pm	Javelin
5:45pm	1500m

Heptathlon:

1:00pm	Long Jump
2:15pm	Javelin
3:15pm	800m



Meet Information Packet

Meet Director: Mitch Modin, mitchmodin@ucsb.edu, (805) 698-4898

Collegiate entry by invitation only: Westmont, UC Irvine, Cal Poly, Cal State Northridge, Utah Valley
Unattached entries will be admitted at the discretion of the meet director

All entries will be completed on Direct Athletics by Monday, March 7th at 5:00pm

Team entry: \$400 per gender; \$60 per entry for heptathlon/decathlon

Individual/Unattached entry: \$30 per event; \$60 per entry for heptathlon/decathlon
Payment due in Direct Athletics at time of entry – no refunds

All meet updates will be sent directly to head coaches

Heat sheets will be available Tuesday, March 8th for the multi-event and Thursday, March 10th for the invitational

Spectators will be allowed at no cost

Seating will be available in bleachers along home straight or overlooking the shotput pit
Recommended to park in Lot 27 or Lot 30

Team camps and warm-ups located on field adjacent to the north corner of the track Please remind athletes that all communication with officials should be done by their coaching staff if needed

1/4th inch spikes only, with the exception of javelin and high jump where 3/8th inch spikes will be allowed
Pyramids only, no Christmas tree or needle spikes

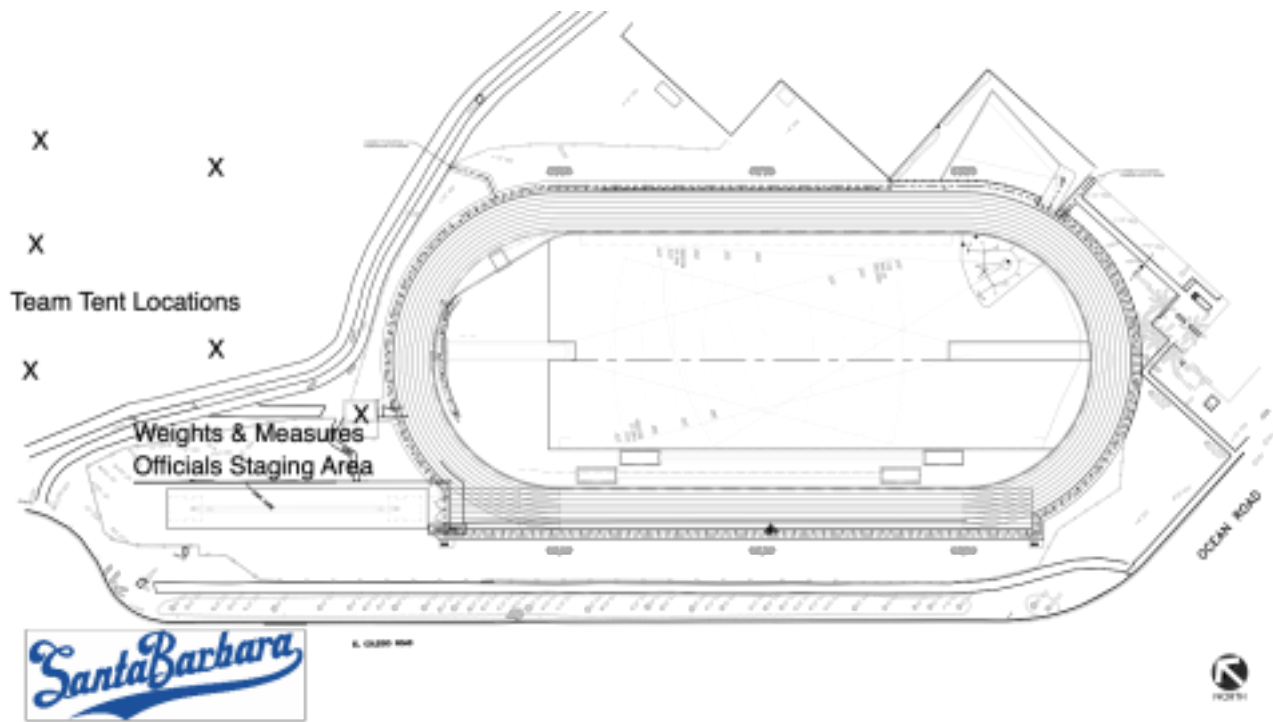
Weigh-ins will be from 8-11 am each day of the meet in the shed at the north end of the track

Chalk will not be allowed on runways/aprons; use of tape for marks will be permitted

Food/drink: Food is not permitted inside the track facility; water/sports drinks are allowed



Pauley Track and Facility Layout Map



SANTA BARBARA



Parking:

Bus parking will have two options (see arrows on above map):

1. Frontage road leading to Lot 38, in front of Harder Stadium (Off Stadium Road)
2. Loading Dock area at the Events Center, across the bike path at the Thunderdome