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TRACK & FIELD

2024 ARIZONA SPRING BREAK FIESTA MEET INFORMATION

FINAL

ROY P. DRACHMAN STADIUM ~ UNIVERSITY OF ARIZONA

Committed DI NCAA: Arizona, ASU, BYU, GCU, NAU, UNLV, Utah State, UTEP, Washington St.
DII, NAIA and NJCAA: Western New Mexico, Park Gilbert, Mesa CC, Pima CC
And Unattached by Invitation

SATURDAY, MARCH 16th, 2024

ARIZONA SPRING BREAK FIESTA
TRACK & FIELD EVENTS



HEATHER FRUSHOUR
MEET DIRECTOR

PHONE: 520-621-4082

EMAIL: HFRUSHOUR@ARIZONA.EDU

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2024 ARIZONA SPRING BREAK FIESTA

MARCH 16TH, 2024

University of Arizona – Meet Management Staff

Fred Harvey	Director of Arizona Track & Field	flh@arizona.edu	(520) 621-2124
Heather Frushour	Director of Operations – Meet Director	hfrushour@arizona.edu	(520) 621-4082
Francesca Green	Associate Head Coach – Sprints	fegreen@arizona.edu	(520) 626-8300
Bernard Lagat	Head Coach – Distance	blagat@arizona.edu	
Bobby Carter	Assistant Coach – Horiz Jumps + Multis	bcarterii@arizona.edu	
Dominic Johnson	Assistant Coach- Pole Vault	dominicjohnson@arizona.edu	
Lucais Mackay	Assistant Coach – Throws	lmackay@arizona.edu	(520) 621-8420
Bob Myers	Assistant Coach- High Jump	robertmyers@arizona.edu	
Priscilla Schultz	Assistant Coach – Distance	pschultz@arizona.edu	
Egle Uljas	Assistant Coach- Distance	euljas@arizona.edu	
Nippy Feldhake	Head Track & Field Officials	nippy-mr-smarty-pants@juno.com	

MEET DIRECTOR: All meet-related communication should be directed to Heather Frushour.

Meet Format and Team Entry Information

Athletes will be seeded into sections based on times listed in a descending order list. We will not have more than **6 heats in the running events** and will limit based on entries for **field event flights** at the discretion of meet management (**2 or 3 depending on event**). We will publish an Accepted Entries list so teams can plan accordingly.

Entries must be submitted on Direct Athletics by Sunday, March 10, 2024 by 11:59pm PST. Once entries close there will be no additional entries accepted. All submitted entries to direct athletics by the March 10 deadline would be considered FINAL.

Payment must be made through DirectAthletics.com by Sunday, March 10, 2024 by 11:59pm. Scratch deadline will be Monday March 11th at 12:00pm. We will have an accepted entries posted on Monday March 11, 2024 by 5pm.

The Arizona Spring Break fiesta will not adhere to the NCAA requirement for non-speculative marks. Please use your discretion when doing entry performances. The University of Arizona Track & Field Program reserves the right to make additional changes in the seeding process.

If you have a specific athlete with accolades such as a **Conference Champion, All American, National Champion, or Olympic Qualifier** please add that in the notes section in their entry in DirectAthletics.net. Any **annunciation spellings of names to assist** as well would be great in the notes too.

Relay Event Entry Procedure

Teams will be allowed to enter more than one relay team per school. Please enter actual relay marks that have been achieved in the **2023/24 season only**. After entering your seed mark for each relay event on-line, you will have spaces to enter up to 8 athlete's names per relay. Please include all four runners (in order, spaces 1-4) and any alternates (up to 4 per event, spaces 5-8) in the 8 spaces provided under each relay. You must enter each member of the relay team and any alternate(s) for the relay so we may assign a bib number for each member. Any relay runners who may compete on a relay team must be entered into the meet and have a bib number to compete.

ENTRY DEADLINE: MARCH 10th, 2024 by 11:59pm
DIRECTATHLETICS.COM

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MEET INFORMATION

ENTRY FEE INFORMATION

THE ONLY METHOD to enter the Arizona Spring Break Fiesta is via www.directathletics.com. The entry fee is \$800 per team per gender.

Men and Women teams are considered separate, and all entry fees are non-refundable and nontransferable. Teams entering with less than 16 athletes will pay a fee of \$50 per athlete. Teams must pay the entry fee online at directathletics.com. All payments must be received by Sunday March 10, 2024 at 11:50pm. Teams must pay a LATE FEE of \$100 and \$25 for Individuals for late entries or payment. Team packets will not be released if payment is not received.

TIMING AND RESULTS

Finished Results Professional Timing Company will do all seeding and timing for the Arizona Spring Break Fiesta. Accepted entries, Heat sheets, and final results will be posted on www.finishedresults.com as well as on our website www.arizonawildcats.com. Finished results will also provide a live results link where results will be posted during the competition, as well as a live results App for heat sheets and results to be followed during the competition. This information will be sent via email prior to the start of the competition.

Post-meet results posted at www.arizonawildcats.com and on www.directathletics.com.
Contact Finished Results for meet entry questions: brian@finishedresults.com



IMPORTANT DATES

- | | |
|----------------------------|---|
| ▪ Sunday, March 10, 2024 | <u>ENTRY DEADLINE at 11:59pm (PST) !!!</u> |
| ▪ Sunday, March 10, 2024 | Payment for all Accepted Entries ONLINE ONLY at DirectAthletics.com |
| ▪ Monday, March 11, 2024 | Scratch Deadline 12:00pm (PST) |
| ▪ Monday, March 11, 2024 | Accepted Entries Posted (5:00pm PST) |
| ▪ Thursday, March 14, 2024 | Final Meet Schedule will be posted |
| ▪ Thursday, March 14, 2024 | Heat Sheets posted and sent via email (5:00pm PST) |
| ▪ Friday, March 15, 2024 | Team Packet Pickup at Drachman Stadium (4:00-6:00pm) |
| ▪ Saturday, March 16, 2024 | Team Packet pick-up at Drachman Stadium (7:00-9:00am) |
| | Please make arrangements for someone to pick up your packets at this time. |

Please contact Heather Frushour for all other questions: hfrushour@arizona.edu or (520) 621-4082.

**ENTRY DEADLINE: MARCH 10th, 2024 by 11:59pm
DIRECTATHLETICS.COM**

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MARCH 16TH, 2024

MEET INFORMATION

COMPETITION DAY INFORMATION

Admission

Arizona Track and Field is going DIGITAL at Roy P. Drachman Stadium. All Spectators must purchase a ticket. You can purchase a ticket early online and your ticket will be scanned at the entrance. Avoid long lines by getting your ticket online in advance.



New this year purchase a [Season Fast Pass for \\$25 and cruise through the gate!](#) That is a 50% off day of tickets!

Purchased in Advance

\$25.00 – Season Fast Pass

\$8.00 – Adults

\$5.00 – Seniors & Youth

Willie Williams Classic 2 Day Pass

\$15.00 – Adult 2day Pass

\$8.00 – Senior & Youth 2day Pass

Game-day Prices

\$10.00 – Adults

\$7.00 – Seniors & Youths

Group Programs

Contact Ticket Office

(520) 621-2287

Spectators can purchase tickets ahead of time online at the website at arizonawildcats.com/sports/track-and-field.

Track and Warmup Areas

We will be utilizing credentials for entrance for coaches and staff and athletes will use their bibs. Team areas will be marked off in NW corner of the stadium. Spectators are NOT allowed on the track at any time. No active eating or food consumption will be permitted in the meet area or warm-up area.

Athlete & Coaches Entrance

Coaches and student-athletes will enter Roy P. Drachman Stadium off of 15th St. in between the track complex and the soccer complex ONLY.

Wristbands

Each team will be provided with wristbands in their packets. Wristbands will only be distributed to the competitors and staff.

Bib Numbers

All Athletes are to wear their bib numbers on the front of their uniforms, except for the field event athletes, who can wear it on the back of your uniform. It is VERY important that competing athletes always have their bibs on, this will serve as your credential. If there are any lost or forgotten bib numbers, please go to the clerk's tent for a replacement.

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Hip Numbers

All sprint or lane races, hip numbers are to be worn on both hips. For all distance races and 4x800m relays, the runners will wear a hip number on both hips plus one on the upper left chest of the athlete. For the 4X100 Meter and 4X400 Meter relay only the last or anchor runner will wear hip numbers.

Check-In Procedure

Running events:

The clerk's tent (final staging) will be located on the Northwest side of the stadium, by the start of the final straight away (See Map).

Athletes may check in up to a half hour prior to their running event. But must report no later than **15 MINUTES** prior to their event to get hip numbers and to be staged. When athletes are escorted out to the start line...**they must be race ready**. No sweats or warm-ups/ **should be in uniform and spikes**. Please keep hipping tent clear of any athletes that are not being staged for a race.

- First Call: 30 minutes before start of event
- Final Call: 20 minutes before start of event
- Report to Clerks Tent: 15 minutes before start of event
- Final Staging & Hipping: 10 minutes before start of event

Field Events:

Field participants must check-in with the head judge of their event **NO LATER THAN 30 MINUTES** prior to the start of their event. If they are not checked-in they will be scratched from the event. Field event competitors in the 2nd flight of a horizontal jump or throwing event must check in before the 1st flight of the event starts, per NCAA rules.

Throws and Horizontal Jumps: If there are multiple flights there will be flight specific warm-ups. There will be 15 min. flight specific warm-up for throws and up to 30 min. flight specific warm-ups for horizontal jumps.

Vertical Jumps: Athletes can be in their event area up to 90 minutes prior to start.

Student-athletes competing in both running events and field events at the same time must check in at the clerk's tent for your running event and then proceed to check-in with the head judge of their field event. They must get their hip number for their race at the final staging tent as they are responsible for reporting to the starting line for their running event, if they are in a field event. We will be making all scratches at the clerk's tent and **scratches will be made if an athlete has not checked in 15 mins prior** to the start of their race. This will be strongly enforced, and heats will be reseeded as needed.

Coaches Boxes

Coaches will **NOT** be allowed on the track and/or infield for all events. Please instruct student-athletes, athletic trainers, managers, etc. to stay behind the fence that circles the track when not in competition or attending to an injured student-athlete. There will be coaches' boxes set up for the pole vault only to be utilized during the warm-ups, but they will be asked to leave the infield at the start of the event.

Electronic Devices

Please be advised: "The use of personal stereo devices (e.g. Video cameras, cell phones, headphones, etc.) are prohibited in the competition areas (designated by the host institution) during the course of the competition. The meet referee will issue a warning to anyone using such a device. A second violation of the rule at the same meet would result in disqualification from that meet." That will include anywhere within the stadium fences, except the training tent, bleachers, warm-up area and spectator.

Field Access

Coaches will **NOT** be allowed on the track and infield. Please instruct athletes, trainers, managers, etc. to stay behind the fence that circles the track when not in competition or attending to an injured athlete. Coaches will only be allowed on the

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field for warm-ups of the following events, pole vault, high jump, and final hurdle prep. After warm-ups they must leave the field of play.

Implement Inspection

Implement weigh-ins are in the building located just outside of the track in the soccer building adjacent to soccer field. (See Map) and must take place during the listed times below. All implements will be impounded at the time of weigh-in. Certified implements will then be transported to the event site. **Only certified implements may be used during official warm-ups and competition.** Meet management will provide a small selection of implements for use by any competitor. If your implement is not certified...it cannot be used for warm-ups or competition. WEIGH-INS WILL BE OPEN ONLY DURING THE FOLLOWING TIMES:

- Saturday 7am-9am

Shot Putters

DO NOT put the shots on the grass or on the track. Putting the shot in any other area other than the shot impact area will result in disqualification!!!

Meet Flow

For all running events, athletes must report to the initial clerk's tent minimum **15 MINUTES** prior to the start of their event for hiping and escorted out to the start line. At the conclusion of their race they will exit the stadium at the Southwest end of the stadium (See Map).

Packet Pick-up

Packet pickup will be at the designated times listed below. Please make arrangements to have someone pick up packet before your team arrives so bibs can be given out. The packet pickup table will be located inside stadium near entrance off of 15th St., in front of soccer building

- Friday, March 15, 2024 Team Packet pick-up at Drachman Stadium from 4pm-6pm
- Saturday, March 16, 2024 Team Packet pick-up at Drachman Stadium from 7am-9am

Parking

Parking around the fenced area of Roy P. Drachman Stadium is free of charge. There is also parking in the north parking area for free. Parking inside of the stadium and by the soccer field will be closed and is for meet staff only. Parking is available on a first come, first serve basis.

Preferred Lanes

When preferred lanes are needed for seeding purposes, the following will be used: 5-6-4-7-3-8-2-9-1.

Spikes

Spikes with one-quarter (1/4") will be required and three-eighths (3/8") will be allowed on high jump.

Warm-up/Cool-Down Area

Murphey Soccer Complex will be used for warm-up and cool-down, located on the northeast side of the stadium. The backstretch will also be utilized for final preparation. (Men in 110HH will have final warm-ups at start line. Women 100mH will have final warm-ups on backstretch.)

Relay Cards

Relay Cards will be included in your packet and will only need to be filled out if you have a change in order. All cards will need to be handed in at the CLERKS TENT no later than 30 MINUTES before the start of the race.

Team Tents/Area

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Teams will be allowed to set up their tents in the northwest corner of the track stadium. There will be designated spaces that are sectioned off with flagging for team areas. To order a tent for your team, please contact **Arizona Party Rentals at 520-327 6678**. Official team areas are in the NW corner of the track stadium.

Media

Visiting team SID's will be asked to either remain in the team area or utilize space at the top of the main grandstands. Field access will be restricted to photographers only. **All Photographers or other Media Personnel must have a Media Credential. Please reach out to Jeff Bowe at jeffb1@arizona.edu prior to meet day.**

Medical Staff and Athletic Trainers

Medical Staff & Athletic Trainers

The University of Arizona athletic trainers will set up in the North end of the track stadium (See Map). Your trainer can set up in your team area. Emergency Medical Services & First Aid technicians will be onsite to provide first aid care if it becomes necessary. Please contact Lukas Passalacqua with any questions: lpassalacqua@arizona.edu or (520) 621-4674.

We would like to welcome you and your athletes to Tucson, Arizona for the Arizona Spring Break Fiesta. Our EAP is attached.

The following Athletic Training Services will be available for this meet and will be in the NE corner of the Drachman Stadium near the 200m dash start area outside of the track.

- First aid and taping supplies
- Hot Packs and Ice Bags
- Splints/Crutches
- Water

Team Physicians and EMS will be available and on call for the meet.

If there is anything you need before or during your stay, please contact us for assistance. If your team is traveling without an athletic trainer, please contact us ahead of time to plan.

Lukas Passalacqua, MSAT, LAT, ATC

Athletic Trainer- Track and Field/XC

Cell: (360) 631-4819

E-mail: lpassalacqua@arizona.edu

Taylor Webb MSAT, LAT, ATC

Athletic Trainer- Track and Field/ XC

Cell: (704) 681-1425

E-mail: twebb1@arizona.edu

Genna Williams, MAT, LAT, ATC

Junior Athletic Trainer- Track and Field/XC

Cell: (520) 621-4622

E-mail: gennawilliams@arizona.edu

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ARIZONA SPRING BREAK FIESTA SCHEDULE – FINAL SATURDAY, MARCH 16, 2024

FIELD EVENTS

9:00am	Hammer	Women
9:00am	Javelin	Women
11:00am	Hammer	Men
11:00am	Javelin	Men
11:00am	Pole Vault	Women
12:00pm	Long Jump	Women
12:00pm	Long Jump	Men
12:30pm	High Jump	Women
1:00pm	Discus	Women
1:00pm	Shot Put	Men
2:00pm	Triple Jump	Women
2:00pm	Triple Jump	Men
2:30pm	Pole Vault	Men
2:30pm	High Jump	Men
2:30pm	Shot Put	Women
3:00pm	Discus	Men

RUNNING EVENTS

12:57pm	National Anthem	
1:00pm	110 Meter High Hurdles	Men
1:15pm	100 Meter High Hurdles	Women
1:25pm	3000 Meter Steeple	Women
1:40pm	4 x 100 Meter Relay	Men
1:50pm	4 x 100 Meter Relay	Women
2:00pm	1500 Meter Run	Men
2:10pm	1500 Meter Run	Women
2:20pm	400 Meter Dash	Men
2:30pm	400 Meter Dash	Women
2:40pm	100 Meter Dash	Men
2:50pm	100 Meter Dash	Women
3:00pm	800 Meter Run	Men
3:10pm	800 Meter Run	Women
3:20pm	400 Meter Hurdles	Men
3:30pm	400 Meter Hurdles	Women
3:40pm	200 Meter Dash	Men
3:55pm	200 Meter Dash	Women
4:10pm	3000 Meter Run	Men
4:25pm	3000 Meter Run	Women
4:40pm	4 x 400 Meter Relay	Men
4:50pm	4 x 400 Meter Relay	Women