



Fifth Annual BAD DOGS **Middle School Track & Field Invitational**

Hosted at Hemet High



May 9th, 2024 at Hemet High School (41701 Stetson Ave., Hemet, CA)

- Meet begins at 3:45 pm at Hemet High Stadium (field events at 3:45, running events at 4:30)
- Combined grade level meet; 6th, 7th, & 8th grade
- Each athlete is limited to 4 total events - Each school is allowed 3 athletes per event
- One girl team and one boy team per school in each relay.
- Track spikes allowed, (3/16ths needle only). No starting blocks will be used.

Order of Events (CIF order)

- 4 X 100 Relay
- 1600
- 100 Meter Hurdles (30 inch)
- 400
- 100
- 800
- 300 Meter Hurdles (30 inch)
- 200
- 4 X 400 Relay

Field Events

- High Jump
- Long Jump
- Triple Jump
- Shot Put (4kg/8.8lb)
- Discus (1.0 kilo)

* **Medals awarded for 1st- 5th places**

* **Full concession stand**

* **Meet professionally timed and scored by Finished Results**

(Score Top 8: 1st/10pts, 2nd/8 pts, 3rd/6pts, 4th/5pts, 5th/4 pts, 6th/3 pts, 7th/2 pts, and 8th/1pt)

- **must register through www.finishedresults.com (Mile Split) by May 3rd, at 11:59 pm**

* **Plaques to the top 3 teams in each gender**

* **Meet t-shirts for sale**

For more information:

Tom Siebold: email: tsiebold@hemetusd.org phone: (951) 415-9263

Location: This track is a 9 lane metered all weather track located at Hemet High School.

Meet Address: 41701 Stetson Ave., Hemet, CA 92544

Entry Fee: \$285 per school or \$30 per athlete. Entry fee must be paid prior to start of the meet. Checks can be mailed to Hemet High, or hand delivered the day of the meet.

Checks payable to: HHS Track and Field

Mail to: Hemet High School attn: ASB, 41701 Stetson Ave., Hemet, CA 92544

Please include the school name when mailing a check. Multiple schools come from the same district and it is confusing as to which schools have paid when a check comes with just the school district listed on the check and no school name.

Attention All Coaches: Please be aware and prepared for all team health concerns. Please bring a first aid kit as well as water for your team. Hemet Unified School District, and any meet official and/or volunteer cannot be held responsible for any injuries or lost/stolen items during this meet.