# 2024 CCAA TRACK & FIELD CHAMPIONSHIPS EVENTS SCHEDULE

May 2-4, 2024 | Al Brenda Track at Warrior Stadium | Stanislaus State, Turlock, Calif.

# Thursday, May 2

9:50 a.m. National Anthem

#### **Combined Events**

10:00 a.m.	Decathlon	100 Meters
10:40 a.m.	Decathlon	Long Jump
11:00 a.m.	Heptathlon	100 M Hurdles
11:40 a.m.	Heptathlon	High Jump
11:55 a.m.	Decathlon	Shot Put
1:15 p.m.	Decathlon	High Jump
1:25 p.m.	Heptathlon	Shot Put
2:15 p.m.	Heptathlon	200 Meters
3:15 p.m.	Decathlon	400 Meters

### Field Events (All Events are Finals)

11:00 a.m.	Women's	Hammer
2:00 p.m.	Men's	Hammer
3:00 p.m.	Women's	Discus
5:00 p.m.	Men's	Discus

#### Running Events (All are Prelims except noted)

5:00 p.m.	Women's	800 Meters
5:20 p.m.	Men's	800 Meters
5:40 p.m.	Women's	200 Meters
6:00 p.m.	Men's	200 Meters
6:30 p.m.	Women's	400m Hurdles
6:50 p.m.	Men's	400m Hurdles
8:10 p.m.	Women's	10,000 Meters (Final)
9:00 p.m.	Men's	10.000 Meters (Final)



# Friday, May 3

Compined Events			
11:00 a.m.	Decathlon	110 M Hurdles	
11:00 a.m.	Heptathlon	Long Jump	
11:40 a.m.	Decathlon	Discus	
12:30 p.m.	Heptathlon	Javelin	
12:35 p.m.	Decathlon	Pole Vault	
2:00 p.m.	Heptathlon	800 Meters	
4:00 p.m.	Decathlon	Javelin	

#### Field Events (All Events are Finals)

3:50 p.m. National Anthem

5:20 p.m. Decathlon

1:30 p.m.	Women's	Shot Put
2:00 p.m.	Men's	Long Jump
2:00 p.m.	Women's	Pole Vault
4:00 p.m.	Men's	Shot Put
4:30 p.m.	Women's	Long Jump

### Running Events (All are Prelims except noted)

1500 Meters

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4:15 p.m.	Women's	100m Hurdles
4:35 p.m.	Men's	110m Hurdles
4:55 p.m.	Women's	1500 Meters
5:15 p.m.	Men's	1500 Meters
5:30 p.m.	Women's	400 Meters
5:40 p.m.	Men's	400 Meters
5:55 p.m.	Women's	100 Meters
6:05 p.m.	Men's	100 Meters
6:20 p.m.	Women's	Steeplechase (Final)
6:35 p.m.	Men's	Steeplechase (Final)

## Saturday, May 4

<u>Field Events (All Events are Finals)</u>			
11:30 a.m.	Men's	Triple Jump	
Noon	Women's	Javelin	
Noon	Women's	High Jump	
2:00 p.m.	Men's	Pole Vault	
2:30 p.m.	Men's	Javelin	
2:30 p.m.	Men's	High Jump	
2:30 p.m.	Women's	Triple Jump	

12:55 p.m. National Anthem

### **Running Events (All Events are Finals)**

1:05 p.m.	Women's	4x100 Relay
1:15 p.m.	Men's	4x100 Relay
1:25 p.m.	Women's	1500 Meters
1:35 p.m.	Men's	1500 Meters
1:50 p.m.	Women's	100m Hurdles
2:00 p.m.	Men's	110m Hurdles
2:10 p.m.	Women's	400 Meters
2:20 p.m.	Men's	400 Meters
2:35 p.m.	Women's	100 Meters
2:45 p.m.	Men's	100 Meters
2:55 p.m.	Women's	800 Meters
3:05 p.m.	Men's	800 Meters
3:20 p.m.	Women's	400m Hurdles
3:30 p.m.	Men's	400m Hurdles
3:45 p.m.	Women's	200 Meters
3:55 p.m.	Men's	200 Meters
4:05 p.m.	Women's	5000 Meters
4:30 p.m.	Men's	5000 Meters
4:50 p.m.	Women's	4x400 Relay
5:00 p.m.	Men's	4x400 Relay
5:15 p.m.	Awards Pres	entation

\*If more than 18 competing, there will be two heats

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