## Thursday 2/15

TENTATIVE SCHEDULE OF EVENTS FOR MULTIS - All event times are approximate and may be adjusted as needed. Please stay alert and aware of any day-of changes that may occur. We will limit Decathlon entries to 10 entries total.

Multi @ CUI
Thursday 2/16

## Heptathlon

1:00 pm. Heptathlon 100 H
1:45 pm. Heptathlon High Jump
4:00 pm. Heptathlon Shot Put
$5: 15$ pm. Heptathlon 200 m

## Decathlon

12:00 pm. Decathlon 100m
12:45 pm. Decathlon Long Jump
2:15 pm. Decathlon Shot Put
3:30 pm. Decathlon High Jump
6:00 pm. Decathlon 400m

## Friday 2/16

TENTATIVE SCHEDULE OF EVENTS - All event times are approximate and may be adjusted as needed. Please stay alert and aware of any day-of changes that may occur.

FIELD EVENTS @ OCC

9:00 AM Women's Hammer Throw followed by Men's Hammer Throw
2:00 PM Women's Discus Throws followed by Men's Discus Throw

## Multi @ CUI

Friday 2/17

## Decathlon

12:00 pm Decathlon 110HH<br>12:45 pm Decathlon Discus<br>2:00 pm Decathlon Pole Vault<br>4:30 pm Decathlon Javelin<br>6:00 pm Decathlon 1500

Heptathlon
1:00 pm Heptathlon Long Jump
2:15 pm Heptathlon Javelin
3:30 pm Heptathlon 800m

## Saturday 2/17

TENTATIVE SCHEDULE OF EVENTS - All event times are approximate and may be adjusted as needed. Please stay alert and aware of any day-of changes that may occur.

## FIELD EVENTS

| 9:00 AM | Women's Long Jump followed by Men's Long Jump |
| :--- | :--- |
| 10:00 AM | Women's High Jump followed by Men's High Jump |
| 1:00 PM | Women's Triple Jump followed by Men's Triple Jump |
| 4:00 PM | Women's Pole Vault Followed By Men's (CAPPED AT 12 VAULTERS) |
| 5:00 PM | Women's Shot Put followed by Men's Shot Put |

## RUNNING EVENTS

| 1:15 PM | DMR | Women |
| :--- | :--- | :--- |
| 1:30 PM | DMR | Men |
| 1:45 PM | 60 m Hurdles | Women |
| 2:00 PM | 60 m Hurdles | Men |
| 2:20 PM | 60 m | Women |
| 2:40 PM | 60 m | Men |
| 3:00 PM | $5,000 \mathrm{~m}$ | Women |
| 3:20 PM | $5,000 \mathrm{~m}$ | Men |
| 3:40 PM | $4 \times 800$ | Women |
| 3:50 PM | $4 \times 800$ | Men |
| 4:00 PM | 400 m | Women |
| 4:20 PM | 400 m | Men |
| 4:50 PM | Mile | Women |
| 5:05 PM | Mile | Men |
| 5:15 PM | 600 m | Women |
| 5:35 PM | 600 m | Men |
| 6:00 PM | 200 | Women |
| 6:30 PM | 200 | Men |
| 7:00 PM | 800 | Women |
| 7:20 PM | 800 | Men |
| 7:40 PM | $4 \times 400 \mathrm{~m}$ Relay | Women |
| 8:00 PM | $4 \times 400 \mathrm{~m}$ Relay | Men |
| 8:10 PM | $3,000 \mathrm{~m}$ | Women |
| 8:25 PM | $3,000 \mathrm{~m}$ | Men |

