



# 1st Annual JSerra Invitational

February 17th, 2024



Thank you for your interest in attending the 1st Annual JSerra Invitational, hosted by JSerra Track & Field. Our event will be held on our campus and will accept up to 40 entries per event (Not all CIF events will be contested, see below for event list and schedule)

## **ENTRY INFORMATION AND FEES**

\$15.00 per event, \$45.00 per relay

\$300 Team Fee Cap (Per Gender), \$600 Total per school

Make your checks/payments out to ***JSerra Catholic High School***

*Please remember that all entry fees must be paid on or before picking up your team packet at Coaches Check-in. School or Head Coaches personal checks will be accepted. Receipts will be issued.*

**\*\*We will accept no more than 40 entries per event.**

If we receive MORE than 40 entries in any event, only the best 40 verified seed/entry marks will be accepted.

**Running Events** will be seeded **\*Fastest to Slowest**

**Field Events** will be seeded **\*Worst to Best**

**(Not all CIF events will be contested, see below for event list and schedule)**

Entries will be done on Milesplit. Entries are set to close on Feb 12th at Midnight.

A **PERFORMANCE LIST** of accepted entries will be posted on **Tuesday, Feb. 13th by 10:00am.**

The **HEAT SHEETS** will be posted on **Wednesday, Feb. 14th by 1:00pm.**

**Results** for this event will be provided **LIVE**, courtesy of **Finished Results**

- **LIVE RESULTS LINK:** <https://finishedresults.com/meets/5161>

## **EVENT INFORMATION**

**Running Events begin at 8:30am, and will continue on a rolling schedule. There are no divisions, other than by Gender. All athletes will be placed into appropriate heats based on their seed time.**

### **EVENT LIST**

- **Sprints/Hurdles**
  - 100m, 200m, 400m, 100/110m H, 300mh
- **Distance**
  - 800m, 1600m, 3200m
- **Relays**
  - 4x100m, 4x400m
- **Field** (No Throwing Events)
  - Long Jump, Pole Vault, High Jump

*(Time schedule/Order of Events will be available soon, and posted on our Finished Results meet page - <https://finishedresults.com/meets/5161>)*

### **HORIZONTAL JUMPS**

- 3 attempts only.
- Top 9 from all flights will advance to finals and get 3 additional attempts.

### **OPENING HEIGHTS FOR VERTICALS**

- Boys Pole Vault Varsity - 10'6"
- Girls Pole Vault Varsity - 8'6"
- Boys High Jump Varsity - 5'4"
- Girls High Jump Varsity - 4'4"

### **CLERK OF THE COURSE:**

- The clerk of the course will be located at \_\_\_\_\_.
- Athletes need to come to the clerk ready to run and are responsible for checking in with the clerk by the last call for their event.
- If this is not done an athlete may be replaced by an alternate.
- Field event athletes should report directly to their event.

Events will be called **3 times ONLY:**

- 1st Call, 30 minutes scheduled start time
- 2nd Call, 20 minutes scheduled start time
- Final Call, 10 minutes from start time

**3/16" PYRAMID SPIKE ONLY - YOUR ATHLETES WILL HAVE THEIR SPIKES CHECK UPON ARRIVAL!**

## **PARKING**

- SPECTATOR PARKING IS FREE
- BUSES-Instructions for Buses will be sent out to attending schools upon request.

## **ORDER OF EVENTS (First event begins at 8:30am)**

- Girls 1600m Run
- Boys 1600m Run
- Girls 4x100m Relay
- Boys 4x100m Relay
- Girls 100m Hurdles
- Boys 110m Hurdles
- Girls 400m Dash
- Boys 400m Dash
- Girls 100m Dash
- Boys 100m Dash
- Girls 800m Run
- Boys 800m Run
- Girls 300m Hurdles
- Boys 300m Hurdles
- Girls 200m Dash
- Boys 200m Dash
- Girls 3200m Run
- Boys 3200m Run
- Girls 4x400m Relay
- Boys 4x400m Relay
- Girls Long Jump
- Boys Long Jump
- Girls Pole Vault
- Boys Pole Vault
- Girls High Jump
- Boys High Jump